



Satsang

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Contents

Self Development

Activation of Sacred Sites: Fires and Healings in England

5 A.M. Mantras--Purport (Sapta Shloki, Dharmadesa, Sharanagati)

Homa Healing at Teresa de Calcutta School

From Vasant's Correspondence

Self Development

Vasant

We are not here to change people. If they change or evolve in this atmosphere or in our presence, wonderful. If they are willing to serve, to help the work, spread Agnihotra then we say, "Thank you. Do this. Do this. Thank you."

Process of self development is just that--SELF DEVELOPMENT. Not I develop you. I develop me. You develop you. It is like that. If you can be instrumental in assisting others to change that is different. Assisting others to change infers that:

- a) They are willing to change.
- b) They are already in the process of change.

Perhaps they asked you that you help them. That is also different.

Do not offer your opinions or ideas or suggestions unless asked. If someone asks you, you say, "If it is Divine will, whatever words I speak, let them be HIS." Then when you open your mouth to speak, out will come TRUTH.

Just temper the personality so that there is only this PURE TRUTH. Speak less and listen more. Once quiet, all words will be HIS.

Activation of Sacred Sites: Fires and Healings in England

Parvati Bizberg



In Chalice Wells gardens: (l-r) a friend, Lindsay, Caroline, Chris, Parvati, Renchi, Vanessa & Anne
“And now in England, these ancient sites of ceremony from the past are being activated. At one such place, there will be special Yajnya done to rejuvenate this area, as it is key in the formation of new civilizations. Now is that time.”

Through Orion Transmissions we were told it was time to activate a sacred site in England. Glastonbury was the specific location of the site later mentioned in meditation, so, on 12th October, Jarek and I left Poland for England. We arrived at Heathrow Airport and were met by Anne Godfrey (from Australia) and Margaret More (from England). Anne is currently in England for Homa Therapy work. Margaret recently started Agnihotra during Anne’s last visit in May. This gracious woman was a great help in arranging meetings and connecting interested people both for the fires and for healings. We drove directly to her home, a beautifully restored 15th century barn only an hour from the centre of London. There we stayed the first three days.

On the first evening, a group of women gathered at sunset for Agnihotra and a meditation for world peace. Everyone was very open and friendly. What a wonderful welcome to England, as it was my first time there. The following days were filled with individual healings.

Our plan was to go to Glastonbury by bus, but grace intervened and we were offered a lift from Renchi and Vanessa who were to be our hosts at their Bed and Breakfast in Glastonbury, which was to be our home for the next few days. They happened to be visiting an area nearby and were planning to return on the same day we were to leave.

As we drove through the beautiful English countryside, we were amazed to see Stonehenge along the way. We stopped for a short walk there.

When we arrived in Glastonbury we were met by an enthusiastic group that had assembled at the B & B just in time to do sunset Agnihotra. Renchi and his wife Vanessa

had already been practicing Agnihotra for some months.

That evening I received another message indicating the exact point to be activated on 17th of October. It was a funny message for me because it mentioned the “tale” or “tail” of the serpent, which I didn’t know the meaning of. This comment turned out to be the key to the exact location of the place to be activated. There are several sacred sites in Glastonbury area, but the “tail of the serpent” indicated the exact location. I had originally written “tale” as I didn’t know anything about the layout of Glastonbury being in the form of the serpent. When I read this passage to our hosts, they immediately understood it to mean “tail” and the location was determined. There is said to be the shape of a serpent running through the landscape connecting all the sacred sites, some known and some not so known. The tail of the serpent is a place known as Bride’s Mound or Bridget’s Mound and Bridget is known as the “Goddess of Fire.” In ancient times, this was the first place pilgrims came to when they arrived in Glastonbury area. It turns out that the group had all felt the place to be activated was Bride’s Mound and this only confirmed it. This activation was planned for 17th evening and people were invited to join us.

On 16th, following a day of individual healings, we were guided to do a cleansing of the energies in Chalice Well Gardens, a sacred site in Glastonbury, where a group was organized to meet for sunset Agnihotra. As we walked the lovely path through the gardens looking for just the right spot, we stopped by two large yew trees. I laid my head on the one tree and immediately felt to go up the path and to the left! We walked that way and were led to the exact spot where previous fires had been done for the place’s activation several months before. The energy was amazing there. We sang some songs after the fire went out. Then we gently sprinkled the Agnihotra ash into the eternal spring. Many people come there to drink the sacred water, which is said to be healing. Now it will be even more so.

On 17th evening, the rains were relentless and the cloud cover was very low. We set out for Bride’s Mound, which is actually an open field on the edge of town. One hour before the time of activation, the clouds parted in a circle above us. The rains stopped. As we began the fire, sun streamed down upon us.

Our group formed a triangle within a circle. Anne, Jarek and I were at the points of the triangle, encircled by the other members of the group. During the fire ceremony, three of the people saw beings of Light circling around the fire. Also there were three “visits” from birds that were not all common to the area. The first was a heron that flew up from the area where the fire was being performed. The second was a sparrow hawk that marked the spot where the pyramid was to be buried. The third was a pair of swans flying into the sunset. Heather, an Agnihotri whom I met in India over twenty-five years ago, drove three hours from Tintagel to be present for this activation of the land. She expressed her feeling that much of the past events that had happened on the site had been healed during this ceremony. There was a very powerful feeling of unity among us and we joyfully joined together in song.

The following day we met Narayan and his wife Christina. Narayan is a Babaji devotee who regularly performs specific Yajnyas at his home. We were invited to their house to give healings and also to do Agnihotra for a group of people. This proved to be a warm sharing and felt like a reconnection with old friends. Following the evening potluck dinner, Lindsey and Chris, who also began Agnihotra several months earlier, drove us to their home in Cheddar, about twenty minutes outside Glastonbury. There we stayed in their lovely home for the duration of our visit in the area.

Everywhere we went, Anne and I introduced our Bhrgu Aranya Healing Essences to the people and they had very positive experiences with them. The effects of the essences were immediate and we were really encouraged by the people's responses.

We organized a public talk for Jarek to give the following evening on Agnihotra and Homa Therapy. Chris quickly printed flyers, which were then posted throughout the town on the day of the talk. Everyone told us all we needed was one day and everyone would come. Still, no room had been found in which to hold the talk, as most places had smoke alarms. It was left to us to find a location. Trusting the process, we set out to find a good room for the talk. The first place we were led to was Glastonbury Trust. We were warmly welcomed and shown the possible room, which was aptly named the "Miracles Room."

On Saturday evening, we were most surprised when streams of people kept coming into the room. Word had gotten around! By the time of the talk, the room was full and abuzz with energy. Jarek began the talk before sunset and answered many sincere questions from the people, who were totally concentrated on the topic. Agnihotra was performed by four people in the centre of the circle--Jarek, Renchi, Chris and myself. The atmosphere was electric! Following the meeting, everyone gathered and over sixteen pyramids were sold and more ordered for later. One lovely woman had been in London when she heard about our meeting and had driven down four hours to be present, with her five-month-old baby. We were told that all the people present were key people in the spiritual and healing scene in Glastonbury. Some referred to a core group as "the elders", although there were many young people also present. We were amazed at the huge turnout of people with such short notice. Godfrey, a Ramana Maharishi devotee and teacher, who came with his radiant wife Dahlia commented that when something is TRUTH, the people come. The right people are just drawn to it.

That evening, we returned to another wonderful gathering at Narayan's home. They also purchased an Agnihotra pyramid. We all sang and words cannot really capture the amazing feeling of oneness and love that was experienced by all.

The following day, more healings took place in Lindsey and Chris's home. We were guided to go to Avebury the next day for further healing. Avebury is at the centre of an area where crop circles are most prevalent.

There is a circle of standing stones quite similar to those at Stonehenge. It is said to be a sacred place from ancient times. There an interesting healing took place as well. We returned to Cheddar that night.

The next morning we reluctantly left the Glastonbury area which was like leaving home and family. Again, we were planning to take buses, but instead, Chris and Lindsey drove us to our next destination of Farnham where healings were scheduled the next day. We stayed at Myrcinni's home where we were welcomed with open arms. There we shared Agnihotra with more people and gave healings.

The last two days we stayed at Jimena's home in Cranleigh, in Surrey. Jimena has been doing Agnihotra for many years, since learning it in her native Chile before moving to England. We spent one day in London revisiting Jarek's old home there. The next day we met Nancy, a wonderful networker who had been helpful in finding publishing contacts for Orion Transmissions and connecting us with people interested in Agnihotra in England. She also practices Agnihotra in her home.

While at Jimena's we received an enthusiastic email from Khi Deva, a woman we met in Glastonbury, with an invitation for Jarek to return in the New Year to address a group of organic and permaculture farmers in Wales. So, we are already thinking of our next visit. Anne remains in England, continuing Homa Therapy work teaching the fire everywhere she goes.

It is always really amazing the sense of family that we feel with people we never met before, in this life anyway. England is ready for the fires now. Everywhere we went we met people who were not only open, but who all echoed the comment, "This is exactly what I have been waiting for."

5 A.M. Mantras--Purport

SAPTA SHLOKI (Seven Verses)

**yada srushtam jagat sarvam tada lokapitamahah
chaturveda samayuktam shashwatam dharmamadishat**

Purport:

Along with creation, Almighty Father revealed the eternal principles of religion (Law) embodied in four Vedas. (All this is given in Sanskrit language. Sanskrit was nobody's mother tongue at any time on Earth. All languages have words coming from Sanskrit. There is no word in Sanskrit which has come from another language. Hence, Vedas do not belong to any particular region. Since all the universes are under the command of Almighty Father, Vedic knowledge pervades all universes and not only our Earth.

Being the composition of the all-knowing Almighty Father, the message of Eternal Principles of religion given through Vedas is ever applicable. The word VEDA comes from the verb VID, meaning "to know", and hence Veda means knowledge.

**kim satkarma kim adhyatmam yadi vijnyatum arhati
sarva shastreshu grantheshu pramanam paramum shrutih**

Purport:

What is good Karma, what is the spiritual path? If you wish to know, of all the sciences and writings, SHRUTI (Vedas) is the standard reference. What is good Karma, what is the opposite of that, why man becomes bound by Karma, how one can free himself from the chain of Karma (chain of "reap as you sow"), what is individual life, what is the manifest and unmanifest world, what is Creator, all this can be known truly through Vedas.

The word SHRUTI means, "that which was heard", from the verb "shru" which means, "to hear". It is not human composition.

**aspashtam cha kada spashtam tatwajnyana wiwechanam
anyatra labhyate kintu pramanam paramam shrutih**

Purport:

Sometimes clearly, sometimes not so clearly, we find the knowledge of THAT (Almighty Power) discussed in various writings. However, Shruti (Vedas) is the standard reference. (Generally speaking, the writings which are not based on Rishis' teachings are one-sided intellectual discourses and hence tend to create confusion for the common man. Vedas being the composition of Almighty Father which were "heard" and memorized by Rishis contain all sciences relating to manifest and unmanifested worlds and hence is the standard reference.)

**arsha grantheshu sarveshu shruti pramanya mewacha
Sarvatah saramadadyat Nijakalyan hetawe**

Purport:

Of all the writings of Rishis, Vedas is the standard reference. Extract the essence for thy eternal benevolence.

**shushkawadaratah kechin nanyadasteeti wadinah
sarwe te wilayam yanti mithya kalaha karinah**

Purport:

Some people (either due to ignorance or prejudice or selfishness) interpret things wrongly and proclaim that theirs is the only truth and others are wrong. People who indulge in such dry discussions will be powerless. (The truth given by the Rishis will prevail.)

**nastikah wedanindakah pakhandah wedadooshakah
ete sarwe winashyanti mithyachar prawartakah**

Purport:

Those who malign the Vedas, those who follow life patterns whereby Vedas are maligned, those who find fault with Vedic knowledge, those who follow life patterns whereby blemish comes to Vedic knowledge will bring about their own destruction. (In the end the teachings of Vedas will prevail.)

**yajnyadanatapahkarma svadhyayanirato bhavet
esa eva hi srutyuktah satyadharmah sanatanah**

Purport:

Be engrossed in the practice of Yajnya, Daan, Tapa, Karma, and Swadhaya, the Fivefold Path. This is the Eternal Religion given through Vedas:

1. YAJNYA (The whole world is polluted, be it acid rain, ozone holes, radiations of all sorts, water and soil contamination, accoustic pollution, etc., hence so much suffering, misery, violence, greed, psychiatry, disease, sorrow and scarcity of pure water and healthy soil. By purifying the atmosphere we can have minds full of love, peace, prosperity and bliss. This is YAJNYA. Agnihotra copper pyramid healing fire tuned to the biorhythm of sunrise/sunset, is the basic YAJNYA.)

2. DAAN Share your material assets in a spirit of humility without expectation of name, fame or other benefit.

3. TAPA Learn to become better managers of your body and mind energy. Train the mind to take the coloration of total love. "Be thou transformed by the renewal of the mind."

4. KARMA Always do good Karma in the spirit of offering to the Lord without attachment to the fruit thereof.

5. SWADHYAYA (Self study) Who am I?

The eternal principles of religion denoted by these five words, YAJNYA, DAAN, TAPA, KARMA and SWADHYAYA is the Fivefold Path. This is the basis of the teachings of all prophets, all Avatars, all saints, all Gurus.

Either due to nonperformance or wrong performance of ordained duties, resultant Karma accumulates and society falls into wrong ways. Then Almighty Father sends messengers, prophets to stop the evil and practice the right thing for the times in which these messengers come. They reiterate various aspects of Fivefold Path in words suited to the times and the social conditions in which they appear on Earth. Thus came Krishna, Buddha, Zarathushtra, Abraham, Moses, Jesus, Mohammad and others. They do not come to start a new religion. People who come after them form sects and divisions due to ignorance or vested interest. The Messengers fulfill their allotted task and leave.

“Mankind were one community and Allah sent (unto them) Prophets as bearers of good tidings and as warners and revealed therewith the Scripture with truth.”--Holy Koran

“Think not that I have come to destroy the Law or the prophets. I am not come to destroy, but to fulfill.”--Matthew 5:17.

DHARMADESA

Yajnya dharmam carami

Daan dharmam carami

Tapo dharmam carami

Karma dharmam carami

Swadhyaya dharmam carami

Punarapi yajnya dharmam carami

Punarapi daan dharmam carami

Punarapi tapo dharmam carami

Punarapi karma dharmam carami

Punarapi swadhyaya dharmam carami

Punah punarapi yajnya dharmam carami

Punah punarapi daan dharmam carami

Punah punarapi tapo dharmam carami

Punah punarapi karma dharmam carami

Punah punarapi swadhyaya dharmam carami

Purport:

I practice Yajnya

I practice Daan

I practice Tapa

I practice Karma

I practice Swadhyaya

Again I practice Yajnya

Again I practice Daan

Again I practice Tapa

Again I practice Karma

Again I practice Swadhyaya

Again and again I practice Yajnya

Again and again I practice Daan

Again and again I practice Tapa

Again and again I practice Karma

Again and Again I practice Swadhyaya

TRISATYA SHARANAGATI

Satyam saranam gachhami

satyadharmam saranam gachhami

satyadharmasangham saranam gachhami

(Recite three times)

Purport:

“Satya” means truth. Here the word refers to all messengers, prophets, paigambar who appeared on various parts of the Earth, at various times to reiterate the Vedic message of Fivefold Path, e.g. Krishna, Buddha, Zarathushtra, Abraham, Moses, Jesus, Mohammad and others. I bow to and take refuge (surrender) in all these prophets. I bow to and take refuge in the eternal principles prescribed by all messengers and prophets. (They all come to reiterate the Eternal Religion and that is the way to self-realization leading to, “I and my Father are one.”) I bow and take refuge among people where these eternal principles are practiced.

DHARMA etymologically means “that which holds the Universe together.” Love is that bond.

Practice of AGNIHOTRA, the basic Yajnya, injects nutrients into the atmosphere and makes minds full of love.

If, at a place where Agnihotra is regularly practiced and where some simple HOMAS (healing fires) are done we sing the above Mantra it has a beneficial effect on the front portion of the brain, according to the now nearly lost science of AYURVEDA, i.e. science of medicine. After Vyahruti Homa this Mantra should be sung.

(For more information, please refer to the books Homa Therapy, Our Last Chance and Light Towards Divine Path.)

Homa Healing at Teresa de Calcutta School

Monica Agurto Trelles, Piura, Peru

(The following letter was sent to Dr. Abel Hernandez and Aleta Macan, Homa Therapy teachers in Piura, Peru.)

Piura, August 21, 2002

DOCUMENT N° 021-2002 - C.E.P.

TERESA DE CALCUTTA SCHOOL DE PIURA

I want to greet you and at the same time introduce you to the educational practices of our school, Teresa of Calcutta. We work with and experience Homa Therapy as an important resource. We consider it the most beautiful gift that has allowed us to see positive changes in our children.

Our school assists children with behavioral and learning problems. I am the director, Marcela Agurto Trelles, with ID#: 02779780.

I will begin my testimony by saying that in the month of December 2001 we began to practice the Homa Therapy fires. We did not practice them regularly, but by the end of the month I noticed changes. In the year 2002, I received support from Mrs. Pili Agurto Plata, who is an art teacher and Homa Therapy practitioner.

As our school is always concerned about the child's total development--physical, intellectual and spiritual, we considered it necessary to incorporate Homa Therapy along with our therapies to achieve this goal. We evaluate our educational work every two months. In the first evaluation we found that we had not focused on all three areas. We believed it was necessary to make some adjustments and created a program called, "The Inner Development of the Child," which consists of three parts:

"I love my body" Workshop

"Homa Therapy" Workshop

"Spiritual Awakening of the Child" Workshop

All three workshops are held as part of the established school schedule, giving them the same level of importance as is given to the areas of mathematics, communications, English, etc; the type of problems that our children confront are of vital importance.

The following is some general information about the school and our children:

Students: children between 4 and 14 years.

From 1st to 5th grade primary school.

Both sexes.

Number of children: 35

Number of teachers: 5 for the class room, 5 for the workshops

1 language therapist

1 psychologist

The following table illustrates our observations.

<i>Before Homa Therapy</i>	<i>After Homa Therapy</i>
<p>hyperactive</p> <p><i>perceptual function deficient</i></p> <p>low I.Q.</p> <p><i>little capacity to express their imagination</i></p> <p>limited creativity</p> <p><i>children are shy and participate very little in activities in front of public</i></p> <p>difficulties in structuring language</p> <p><i>follow rhythms with difficulty</i></p> <p>lack of motor coordination</p> <p>behavior problems</p> <p><i>dispersed attention</i></p> <p>communication problems</p> <p><i>respiratory problems</i></p> <p>convulsions</p> <p><i>hyperactive</i></p> <p>fears</p> <p><i>absence of parental help for the child</i></p> <p>indifference of parents to their child's problems</p>	<p>children are quiet and more attentive; it is possible to work in groups</p> <p><i>perceptual function sharpened</i></p> <p>higher I.Q. (Intelligence Quotient)</p> <p><i>express imagination with more ease</i></p> <p>big creative potential</p> <p><i>children are friendlier, more easygoing and more self-confident in public</i></p> <p>achieve better structuring of language</p> <p><i>follow rhythms with ease</i></p> <p>better coordination</p> <p>better behavior</p> <p>work with direction, achieving good results</p> <p>show concentration in activities</p> <p>pay attention and understand</p> <p>follow orders without delay</p> <p>they relax with painting, singing, acting and dancing</p> <p>create their own designs</p> <p><i>notable improvement.</i></p> <p>notably improved</p> <p><i>notably improved</i></p> <p>have not again occurred.</p> <p><i>have become manageable</i></p> <p>mostly eradicated</p> <p><i>little participation of parents</i></p> <p>little determination and comprehension of their</p> <p>child's problem and solution</p>



Mrs. Pili with students practicing the Tryambakam fire. It is done daily for 15 minutes

with each class as part of the school curriculum. Agnihotra is done morning and evening in the school by teachers, parents, and volunteers.

In summary, to the date we can say that thanks to the practice of Homa Therapy (even though only applied 50%) we were able to create a favorable atmosphere for our children. Our efforts are beginning to take a direction which truly brings satisfactory results for all. If we are able to give happiness and peace to our children it will reflect in the ones who look at them and the chain will grow.

We thank you for transferring the knowledge of these Homa healing fires and thanks to all those people who join in the effort and practice this discipline for the well-being of humanity.

Sending our best regards and a brotherly hug,



Sincerely,

Director Monica Agurto Trelles
OUR PASSION IS TO EDUCATE HAPPY BEINGS!

From Vasant's Correspondence

Regarding the body, though there is cause for concern, there is no cause for alarm. When one is concerned, one seeks solutions and takes action. When one is alarmed, one tends to worry and takes no action. So be concerned. Then get proper diagnosis and go to work to make best use of alternate healing. There are many tools.

Body cannot go on being abused or neglected. Body is given as instrument here on earth. It is to be reasonably cared for and kept clean and well fed. It is not to be obsessed over and thus the center of one's attention, but conversely it is not to be denied or ignored. Somewhere in the middle. Generally speaking, EXERCISE IS THE KEY.

If you think others should practice Tapa, self-discipline, you practice Tapa. If you want others to do good unto you, do good unto others. Learn from your own experiences. What makes me happy? What brings me greatest joy? You will find many times it is when we are truly serving others that a great feeling of fulfillment comes over us.

How to express one's feelings clearly without emotions? There are techniques. One is breathing. One is to use agency of fire to release and transform negative emotions. Never anger.

You must rid yourself of the source of conflict, not only solve the conflicts as they arise. You must actually destroy the source of conflict itself. What is that source? When one is separate from the Divine, one will always find oneself in conflict. Therefore, effort must be made to open the channel, which lies inside one, which connects with the Divine. This has to be a constant effort. Here Mantra is great help. Now is the time to intensify Sadhana. Repeat the Name. Repeat the Mantra. Let there be sound.

To blame oneself is the same as to blame others. If there is some area, any area, where you see improvement can be made, then treat that as an opportunity that by Grace one is able to recognize and make all efforts to improve. With proper attitude, great growth potential is actualized.

The seeds of truth have been planted. You reap what you sow. If you are part of sowing seeds of love, that is what you will reap.

Practice Swadhyaya. Swadhyaya is, "Who am I?"— not "Who is the next person?" It is, "What is my purpose?", not, "What should my friend be doing?" Swadhyaya is the simple solution to fault-finding. Look at yourself.

FIVEFOLD PATH for Happy Living

1. Perform AGNIHOTRA for purification of the atmosphere which leads to automatic purification of mind.
2. Practice DAAN (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).
3. Practice TAPA (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).
4. Perform KARMA (every action for self purification only and thus no expectations which bind us to the material world).
5. Practice SWADHYAYA (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.