



SATSANG

Perform Agnihotra ----Heal The Atmosphere

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Message from Vasant

We are ending an era in which many have been turned to science for their answers. HOMA THERAPY IS LIKE SUPERSCIENCE FOR THE NEW ERA. However, we must also turn within for the answers now to the problems facing our environment as well as ourselves. To perform the healing fires, Agnihotra and other YAJNYAS for healing of the atmosphere, assists agriculture, medicine and the physical needs of each human being. Now, to look further inside in order to set things right within is essential. Never before have we focused on the idea of self development with such emphasis, but now it is necessary.

Practice SWADHYAYA (self study, 'Who am I?') and rid yourself of what is unnecessarily burdensome for your personal development. Why? In order to become more and more a pure instrument in the service of the Divine.

Organic Farms

One way to reduce cost and increase efficiency would be to form NETWORKS of such HOMA farms. That is to say that those who are able economically, for example, to form their own HOMA FARMS should do so without hesitation, but keep close connection or NETWORK, if you will, with other such farms of this nature. There can be some crops grown at one farm that are not at the others. Perhaps one farm has a mature orchard and can provide fruit for more families while another can have mass production of cow dung required for all fires.

One farm may be a central place for ongoing Yajnyas, at all full moon and new moon. At another farm there may be production of crafts for sale or other such possibilities for earning income.

There is strength in numbers of like-minded beings with same aim in life. If there is need for a larger plot of land, for example, and it is not possible to expand, being in connection with other farms as such will be one way to meet the needs of a community without actually living on the same land.

Instead of competing with one another for who has biggest and best, better to join together and show support for each.

It would be good to have pilot projects run by youth.

Healings with Homa Therapy

compiled by Dr. Abel Hernandez and Aleta Macan, Piura, Peru

Paula de Olivo

Consuelo de Velasco M13L8 - Los Geranios

Piura, Peru



Back pain

I suffered from back pain for more than 27 years. I had gone to many doctors and received many treatments, but the pain continued.

Then I began with my husband Jorge Olivo Castillo to practice Homa Therapy and I improved a lot. The total healing came with the application of circular massages starting from the lower back up to the top for approximately fifteen minutes every day with the Agnihotra ash mixed with ghee and the application of several yantrams along the spine during the nights for four weeks.

Ana-Claudia Zapata

Felipe Cossio de Pomar Y3L22

Piura, Peru



I am 12 years old. I have my own pyramid and I have practiced Agnihotra and Om Tryambakam Homa for almost two years. I feel very good. I am an excellent student, my mother says I am a wonderful daughter, and I am very happy. I wish that more of the world knew about Homa Therapy.

Since I began with the Homa Therapy many beautiful episodes have happened in my life. First I began to make the fires with my pyramid. Then, when I went on vacation to the house of my grandparents in Chulucanas I did the fires there. And I noticed that when I gave Agnihotra ash to my grandfather, he didn't send me to buy cigarettes and it even

happened that sometimes he stayed at home and didn't leave to play casino in the club. Usually I had to get him cigarettes every day and he went to the club to play daily.

We were visiting a lady that suffered from cerebral problems. One could not speak with her because she didn't react; she only looked. We visited her every other day and we made the Agnihotra fire in her house. In a few days we asked her, "Lucy, how are you?" "Well, I am well, I am much calmer now," she told us, and conversed with us.

My friends saw me with the Yantram and I told them that Solange, my girlfriend, and I practice the Homa Therapy and we invited them so that they also attend the Agnihotra, because it makes everybody feel well.

I have cured myself from colds and flus without needing to take pills.

On my shoulders I had some stubborn white stains, which I treated with Agnihotra ash and ghee, and they are disappearing.

Tania Cano

Jr. Libertad 518

Castilla, Piura, Peru



Problem: Juvenile Arthritis

I have an 11 year-old daughter, her name is Juana Talia. She was diagnosed six years ago with juvenile arthritis. This illness makes it impossible for her to move alone. She cannot walk by herself. She has had constant pain generalized in the whole body, so much that at nights she could not sleep because of the pain. It is really a very expensive and difficult illness to deal with.

I came to know about Homa Therapy through a lady. I opted to take to my girl immediately to a healing session. From that day on she began to rest well at nights. When she has a lot of pain I massage her with Agnihotra ash with ghee and she feels relief. She also consumes Agnihotra ash with milk, soda, etc. at any moment.

Now my goal as mother is, with the Agnihotra pyramid I have, to practice the healing fires for the sake of my daughter.

Dieter Ehsemann

Piura, Peru



Multiple Sclerosis

I am German and work and live here in Peru with my wife Irmgard. Since November of the year 2000 we are practicing Agnihotra continually. Since I began with Homa Therapy I have not had any attack of multiple sclerosis and did not need to take cortisone. For this reason I will continue the practice of Agnihotra till the end of my life.

Elsa Angula de Alivar

Guayaquil, Ecuador



Problem: Epileptic Attacks

I am professional masseuse.

My niece fell to the floor one day and began to convulse. We took her to the hospital and then to a clinic. At the beginning they thought it was possibly trichinosis, but then we found out that she had epileptic attacks. They passed her through thousands of examinations, but our anguish continued since she doesn't have a mother and we, her aunts are responsible for her.

I visited my friend Sonia Peterson to give her a massage and I mentioned my problem. She suggested trying the Agnihotra ash. I thought that is wonderful, since I was grateful for everything that meant improvement for my niece. Later, when I arrived at home and told my mom, we began to give her the ash to see what would happen. The girl previously had at least eight attacks a day. Now, after having begun to take the Agnihotra

ash, if she has one attack a month it is a lot. From that moment on, for us, Homa Therapy has been something marvelous.

Eng. Jorge Sandoval Moscol

Calle Huascar 2306
Chiclayito, Castilla
Piura, Peru



Problems:

Diabetes

Family stress

Sick plants

I am an Engineer in Zoo technology and recently turned fifty years of age. I was born in the Talara County, on the coastal area of north Peru.

One year and seven months ago I lost my work as coordinator in an international project of technical cooperation and I stayed unemployed like so many here in this country, where it really is a privilege to have work.

I have four boys and one of them, the oldest of sixteen years, entered University and the other ones are to finish their primary and secondary studies. All the problems and the concerns I had predisposed me to getting sick and I was diagnosed with diabetes, having a glucose level of 348 in my blood.

My friend from Lima told me that Dr. Abel Hernandez is in Piura with the Homa Therapy and accidentally the very same day the teacher Vasant Paranjpe, like other voluntary professionals, came to Piura to carry out healing sessions in the Club Grau. I attended and thank God, my “New Life” began right there. I continued attending the Homa Therapy sessions along with my glucose controls. Today I am with a glucose level of less than 100 and the queasiness has almost completely disappeared.

The healing effect of this old medicinal healing science is incredible. It makes the mind, body and environment become part of a healing solar energy field by means of a

connection with the magnetic type field. A healthy state not only for the human being, but also for animals and plants, is achieved.

I was able to acquire the Agnihotra materials and now we practice it at home with the whole family, because I am convinced that the copper pyramid of the Homa Therapy emanates a lot of healing energy. Now I feel healthy and live a normal life with my wife and my four children. I have practiced Homa Therapy for approximately five months and the difficult situations have disappeared.

Before I was very nervous and had problems with my children. Today I am a very calm man and take life with love and patience, which works for the best for all. I have a strong energy to continue my life and to achieve for my children a professional education, so they can be good men for the development of this country which is in need of people healthy in body, soul and heart. Agnihotra helps us to react with love; it revitalizes our skin, it rejuvenates cerebral cells, and purifies the blood, bringing us closer to a holistic life-style.

I also want to say that I am a very happy man. I feel in my best times, and with other professionals we have created our own self- sufficient ecological project.

My ornamental plants have improved very much with Homa Therapy treatment. They were affected by a virus. My plants received the Agnihotra ash and today they are healthy and flourishing. Always during watering I talk with them and it seems that they express a lot of life and happiness. This experience also strengthens my trust in Homa Therapy.

ROLANDO CHAVEZ YALTA

Prov. de Luya

Sichischipurí Farm

Anexo el Molino- Distrito de Luya

Amazonas, Peru



Problems:

Stress

Insomnia

Drinking Habit

We have been doing the Agnihotra and the Om Tryambakam fire since September 20th, 2000. My wife and I used to have some health problems related to stress, and insomnia, but with the practice of Homa Therapy that has disappeared. Even my habit of drinking alcohol is gone. We have overcome these problems thanks to the Homa Therapy.

Commandment Ten: Surrender to His Will

(From Ten Commandments of Parama Sadguru)

Mahe cha na twamdrivah para shulkaya deyam —rgVeda 8-1-5

Purport: Under no circumstances shall I ever forget THEE.

Tapa, Swadhyaya, Ishwar Pranidhani Kriya yogah—Patanjali Yoga Aphorisms 2-1

Purport: Tapa (Self-discipline, austerities, purification), study of Self and surrender to His Will are modes of Kriya Yoga, spiritual practice.

Commentary:

Kriya Yoga is a very ancient science. Krishna refers to it in Bhagavatgeeta. Patanjali mentions it in his famous Yoga aphorisms which is a standard reference on Yoga. It has been practiced throughout millenniums. Tapa, Swadhyaya and Ishwar Pranidhan constitute Kriya Yoga that culminates into Self realization.

“And Jesus went a little further and fell on his face and prayed, saying, ‘Oh my Father, if it be possible, let this cup pass from me; nevertheless not as I will, but as Thou wilt.’”
--Matthew 26:39

“Watch and pray that ye enter not into temptation. The spirit indeed is willing but the flesh is weak.”--Matthew 26:41

“He went again the second time and prayed, saying, ‘Oh my Father, if this cup may not pass away from me, except I drink it, Thy will be done’ .”--Matthew 26:42

Jesus exemplified surrender to His will. Agnihotra Mantra states, “Na Mama,” meaning not mine. We should rejoice that His will be done. My moments of grief will no longer hold, for it is His will. This is contentment in life. Our desires are sublimated and are transmuted into cognition of His will.

We say that God is the doer of all things. Not a leaf of a tree moveth but by His will. If I abuse someone, commit theft, indulge in lust, do you mean to say that He is doing all this? God is the creator of the universe.

He has granted man free will, the power of discrimination to choose between right and wrong. You choose to act wrongly and create bad Karma. Then it is “reap as you sow”. The resultant Karma could only be destroyed by fruition. God is merciful and if you repent you can transcend the evil effect. Before you ask for mercy you must learn to merge your will into His will. This is surrender, total surrender, the culmination of all spiritual discipline.

When the yearning for spirit is generated it is the second birth.

“Unless ye be born again ye shall not enter the Kingdom of Heaven.”—John 3:3

The yearning has to be consolidated and the journey on the Divine Path has to begin. The yearning may come on any occasion or due to various reasons but it needs to be consolidated. Thus we learn to convert any adversity into an opportunity. One has to attempt to control his six deadly passions; namely, lust, anger, greed, attachment, pride and envy. One has to learn to lead a Yoga way of life. By conscious cooperation of the faculties of body, mind and intellect in practicing Kriya Yoga new vistas of life are opened. This leads to bliss eternal. The Perfect Master, Sadguru, is the guide on this path. You start taking steps on the path and further guidance will be unfolded to you from within. This is how Kriya Yoga works. By practice of Kriya Yoga you will be given a link with a living Master. You then exert your free will to choose or to deny the link. If you do not catch the link you still make progress but there is a limit beyond which you cannot go. Only through a living Master is the Divine consciousness, the Christ consciousness within you, truly unfolded. The Master then prepares his own plan for your liberation. You take one step and he takes four steps for you. All this is done in silence without a spoken word. Perfect Master never gives discourses except on rare occasions. He is beyond Time and Space.

We experience the Time-Space continuum. Time connotes change. Various events unfold in time. Have faith that it is His will. If the events bring about grief, it is the result of accumulated Karma out of which our present life is just a speck. Practice Kriya Yoga; you will thus transcend the pangs of life. Thus bring faith in God in the Time dimension.

Wherever you move, make God your constant companion. Thus you bring faith in God in the Space dimension.

Someone abuses you and you feel hurt. This someone may be the apparent cause of your grief. Ponder over it again. Have faith that it is His will that you are hurt. It was His will not to let "the cup pass" from Jesus. Subtler worlds are beyond the senses. Constant practice of Kriya Yoga enables you to cognize these subtler worlds and then Soul vision dawns. Discrimination and dispassion lead to Soul vision. When you start to tread the path of spiritual discipline knock out self-importance. The extent to which you succeed in doing this determines your true progress. Things come beyond the range of intelligence and knocking out the ego is the measure. We are prone to strut about the stage of life on all occasions. Remember, respect cannot be demanded; it is to be commanded. We sometimes become proud of our humility.

Do not imagine that all created things are for your enjoyment. Reduce your wants. "The Father knows what you have need of." However, everything you want is not everything you need. If you practice reducing your wants you will be more detached. Then gushes forth the fountain of joy as you have never known before. You cannot then but "Love thy neighbor as thyself".

The five elements that form the basis of creation need harmony for their proper functioning. (Here the word element is not used in the sense of modern chemistry.) The harmonious cycle of creation should not be disturbed. The various energies that function at different levels are designated as DEVAS in the Vedas. Yajnya, the purification

through the agency of fire, helps rebuild the energy cycle. Agnihotra is the smallest form of Yajnya wherein a new substance is formed which has an effect on PRANA (Life Force) which, in turn, has a beneficial effect on mind. Water resources are cleansed and plants get nutrition from the resultant atmosphere. This aids the natural rain cycle and keeps harmful bacteria away. Hence, Yajnya is an ordained duty. It is a great material aid for bringing harmony as the outgoing tendencies of the mind are reduced. Prana and mind are like obverse and reverse of the same coin and the beneficial effect is transposed to the realm of the mind. Lust, greed, anger are reduced. The intellect becomes to that extent unclouded and then we are established in the tendency to do the right thing. Agnihotra thus gives the right bent to your intellect and the ability to act up to the judgment pronounced by your power of discrimination is strengthened.

“He who eats without feeding the energy cycle is a thief.” —Bhagavatgeeta 3-12

Kriya Yoga is unfolded after millenniums in toto for the first time in the West at the command of The Son of Man, AVATAR, Parama Sadguru Shri Gajanan Maharaj of Akkalkot, India. The commentary of the Ten Commandments is written and published for the first time in the English language to throw light on Kriya Yoga. This is a Divine command and the author is merely an instrument in Divine hands. He who has seen has told you. It is not the case of a blind man leading the blind. The Avatar, the Divine Messenger, starts clearing your subconscious mind when you get devoted to Him and plants the seed of knowledge within you. He grants you dreams and visions. Circumstances are so arranged that you are enabled to tread the Fivefold Path with more vigor. You have only to keep your eyes open and mind alert. A day dawns when you start hearing the “unstruck Music” of the universe. This helps your concentration. Then one day you too can SEE IT. You can SEE IT unconditionally. For dream the condition of sleep is necessary but here it is unconditional, in any state. He opens a new vista before you and your Path of Self realization becomes clear. For Self realization surrender is the way. All progress and joy can come only through surrender. Even the concentration on the physical body of a Perfect Master brings about surrender.

Unless we totally surrender to God's Will no-progress on the spiritual path is truly made. This is the basic requirement. Agnihotra puts us in a mood of surrender to the Supreme and hence Agnihotra is a great material aid on the Divine Path.

Initially we have to make the affirmation, “Thou art Supreme and I submit to Thy will gladly even when the experience is not pleasant to me”. This clears away the resentment that obstructs the Path of spiritual progress. The resentment, if unchecked, piles up and finds expression at various levels of physiology, neurology and psychology. This extracts a heavy toll of our nervous system and puts a burden on the mind. Hence, the constant affirmation, “Not my will but Thy will be done.” This is the beginning.

You have to get into the habit of doing meritorious deeds without expectation of name or fame. Do what you think is right. If your power of discrimination between right and wrong tells you that it is not right to do a certain act, then refuse to do it even when the physical appetites pull you in that direction. This puts you in the direction of becoming a

conscious instrument of Divine will. The sense of self importance is to be eliminated. Any thought, word or deed that fattens the ego is to be avoided. Only when the dance macabre of the unfulfilled desires is stilled do you begin to cognize the Divine will. "I"ness dwindles and you begin to enter the subtler worlds.

To knock off "I"ness there is a simpler way within the reach of any person. When you become devoted to a Perfect Master and meditate on him, you become full of love. You attempt to follow his instructions. You begin to receive "gift waves" from him. The process of purification sinks down deeper. This establishes you in surrender to Divine will. Then there is nothing but joy. The pull of desires is enfeebled and all obstruction to joy manifestation is removed. At this stage you begin to understand the message of Krishna, Buddha, Jesus, Moses and Mohammed. The true import of scriptures is brought home to you. Without a Perfect Master, Christ consciousness can never dawn. Constant remembrance of the Master leads to constant vigilance to perform your duty. Then the Supreme Truth dawns that in all creation His will prevails, but also my will if I merge it into His will.

All this knowledge was given at the time of creation through the first revelation, Vedas. All this could be achieved by commencing Agnihotra. The Fivefold Path of the Vedas was reiterated by all the Divine Messengers that came in later periods of history.

The mind has to be brought to a seed form. This is SAMADHI with seed. The next stage is seedless SAMADHI.

What can be more reassuring than to know that by a little effort on our part in the right direction we can avoid so much misery in life? What is more exhilarating than to know that by only a little effort we can land ourselves in the Kingdom of Bliss forever and ever? Follow the commandments of the Son of Man; follow the Fivefold Path. Practice Kriya Yoga and the "Kingdom of Heaven within you" shall be unfolded.

"Let thy light shine before men that they may see your good works and glorify your Father which is in Heaven."--Matthew 5:16

Letters to Satsang

There are now four people here who have the Agnihotra pyramid. The power that the Homa Therapy radiates is incredible.

At the beginning it was me alone doing the Agnihotra fire every morning and some afternoons. Then I began to find people who walked more or less a similar path, looking for that something for which we feel a need inside. One day they participated in the Agnihotra and they stuck to it as I had in the beginning. Then, as more people participated, more people came to know Homa Therapy.

Every time I arranged for a spiritual retreat, where I went with friends to spend the night in isolated places such as mountains, lagoons and forests, we did Agnihotra at the time of sunset and sunrise. I could see how we no longer were the same people; I could even say that we no longer were people, but beings that formed one single being.

Many met the Homa Therapy in these places far from their houses and their daily routine and I believe that being alone with themselves really opened up their hearts and made it easier to feel that energy.

Of all those who made with me the Homa Therapy, four already have their pyramid. It was an adventure getting them. But now each one of them does Agnihotra in their house together with their families, neighbors and friends and for sure it is going to grow.

The other day, a lady who heals with her hands and does healings through angels gave me the surprise that she also had the Agnihotra pyramid with all the accessories.

Have it present in your mind and heart that here in Cusco are people working for humanity's well-being, although nobody knows. Wishing you all the best I say good-bye until next time. May God bless you.

JOSE LUIS DELGADO PACHECO

Cusco, Peru

jldp2001@hotmail.com

From Vasant's Correspondence

People cling to their troubles even when they are taken away. They call them back. What can we do? A person cannot change unless he himself wants to change.

When people ask for healing, remember there is an unwritten law associated with healing. Firstly, it has to be in accordance with Divine will. With friends, you never go to them and say what you feel or see about them as far as their growth is concerned. Let them ask you. Always we have to respect a person's boundaries.

You go a step higher and your opinion itself dissolves. Then all you speak is HIS WILL.

Persistence breaks resistance.

Relax, move and turn off the worries and anxieties just as if you had a faucet and turn off water that was flowing out. Then replace those thoughts, worries, fears with REPETITION OF HOLY NAME.
