



# SATSANG

Perform Agnihotra----Heal The Atmosphere

New Era 58

MARCH & APRIL 2001

Vol. 28 No. 6

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## Homa Therapy Progress in Venezuela

*Maria Alejandra Mendez*

**May, 2000**



*A healthy cacao criolle plant full of fruit, from a farm in Rio Frio, Merida, Venezuela. The photo was taken two months after Homa Therapy work began there.*

Shree Vasant, Irma Garcia and Juan Rodrigues arrived in Venezuela from Peru. The Great Universal Fraternity (GFU) offered us accommodations in their ashram in Sta. Cruz de Mora, near El Vigia in Merida. Since Shree Vasant's arrival there have been showers of Grace. May 17th was Shree Gajanan's birthday. That night we did a Vyahruti Homa, chanted the OM SHREE mantra, performed OM TRYAMBAKAM Homa and sang.



*Maria Alejandra Mendez teaching Agnihotra  
at the GFU Ashram in Santa Cruze de Mora, Merida.*

John, the young man who works and lives at the ashram, told us that everything he cultivated there, such as corn and beans, could not grow because it got diseased, starting from the roots and drying up the leaves, not letting the produce grow. The orange and tangerine trees get black on the outside.

John eagerly learned how to do the Homas, and said, “ Homa Therapy is definitely the basis of all the teachings.” This was the first time he had heard about Homa Therapy.

Mary Fuentes, Juan's mother from La Guiara, has been enthusiastically teaching all the Homas here. She chants mantras while drying large quantities of cowdung. The mantras make the fires more powerful.

I went to set up a resonance point at a farm in Valera, in Trujillo state. There the main crops are coles, onions, corn, peaches and ficus trees. They all have plagues and the fruit trees are all diseased; many of them have died. The whole family who lives there learned Agnihotra and Om Tryambakam Homa. When the Purusha Suktam Homa was done for the inauguration of the Agnihotra hut, one of the eldest brothers said, “ The Indians have awakened from their graves with these mantras and fire. Their presence is here with us.” This used to be the land of ancient Indians who planted here all the time.

In less than a month they have been healing their cows with Agnihotra ash. They are also using the ash to make seed beds.

We started working on a cacao farm in Rio Frio, in Merida state, which exports cacao to France. the cacao plants were infested by a disease called Monilia and also Phytophthora, terrible fungi that directly affect the fruit. On the outside the shell becomes black and inside the seeds rot. This, of course, affects the production. A resonance point was established here and in two

months the plants grew new green leaves. In four months you could see a substantial reduction of the disease. Also, it was surprising to see the personnel who work there change their attitudes. One of the technicians would arrive in the mornings dancing and singing mantras! He said there had been more peace and harmony since the Homas have been done there. The workers in the fields saw how the plants were getting beautiful and were healing without the use of chemicals in the forty hectares.

Besides being at the cacao farm, I have been giving “Yoga and Meditation for Children” workshops at the Arco Iris Foundation in El Vigia. It is a place where they work with crystals, homeopathy and of course Homas. They have felt a big difference since Homa Therapy arrived there.

Giving the children’s workshops fills me up with so much joy! I felt the Grace all the time. On Sundays I worked with a group of children who usually spent their time on the streets. Most of these children come from very poor families. We have shared experiences and songs based on the Fivefold Path. The children did Tapa (self-discipline) of not eating junk food for one week! They also learned Agnihotra, Om Tryambakam and Gayatri Mantras! At the end of the sessions they always yelled, “Hurray! Thank you, thank you!” Actually, I’m the one who’s grateful!



*Aquiles Mendez and Tania Barreto doing Agnihotra with children at the GFU Ashram*

July, 2000

Since Shree Vasant’s return to Venezuela on 23rd of July, everything has been moving very quickly. He arrived at the GFU ashram in Sta. Cruz de Mora. At that same time one guru of the GFU, Pedro Rubalcaba from Mexico was there. He was delighted and impressed by Homa Therapy and wants to tell many people about this wonderful science. The energy at the GFU ashram was very beautiful, with everyone sharing and getting together with the Homas. The children there took to it very quickly. Then Shree Vasant went to Caracas. There he stayed with his Homa team at Silvia Briseno’s house. She works for an international cable channel called HBO OLE. She has been traveling all over the world filming Homa Therapy projects for a special documentary, and now she and her TV team all do Agnihotra and are teaching many people. Also, Irma Garcia did a wonderful TV program about Agnihotra on a very popular station. Every day many people come to Silvia’s house.



*At Silvia Briceno's house in Caracas, Christa Mena talks about wonderful crops at her Homa farm in Algodonales, Spain.*

Another beautiful experience was with Tania Barreto, a lady who does Agnihotra. She put Shree Vasant in contact with a Christian priest who has a foundation for personal development which helps poor people, drug addicts, murderers, etc. The priest said his doors were open to propagate Homa Therapy, for this is a blessing to greatly help many people. It has been said that we have to reduce the violence and the tension in Caracas now with Agnihotra, especially in the shanty town areas. One lady, a psychologist, already had a wonderful experience, after just three weeks of practicing Agnihotra. On the third week she went to a very dangerous and violent area in Caracas and did the fires there. In just a few days she saw the reaction and the change in the people and said, " Please help me propagate Homa Therapy all over!"

It is important now to spread Homa Therapy on a large scale in Venezuela, to grow healthy, chemical-free crops, help the trees in the Amazon and reduce the violence and misery of the people. Homa Therapy is the ancientmost science that comes from the Vedas and it is the most effective way to help save Planet Earth in these modern times.

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## **Ahimsa (Nonviolence)** *commentary by Vasant*

### **From *Ten Commandments of Parama Sadguru***

Purport: Violence to the innocent is a terrible sin.

Commentary:

One is apt to remark that no decent individual indulges in violence to the innocent. However, violence to the innocent has a much wider connotation than it might apparently warrant. AHIMSA (nonviolence) is much more comprehensive than what it is considered to be in common parlance. We have to observe Ahimsa in thought, word and deed. Refusal to inflict willful injury or pain on any living being is Ahimsa.

Before any Yogic discipline can seriously begin the science of Yoga ordains Ahimsa in thought, word and deed. If the mind is full of hatred it will manifest in acts of violence. Hence, control over passions is a necessary prerequisite for a happy life. Violence in thought precedes violence

in action and therefore has to be avoided. Yoga deals with inhibiting the outgoing tendencies of the mind and is thus concerned with reducing or eliminating all factors that lead to the disturbance of the mind. The load of anxiety and tension has to be eliminated. Unless the tendency towards disturbance is reduced no true spiritual practice can begin. When we attempt to tackle the cruder aspects of these mental attitudes the subtler aspects begin to dawn on us. We then have to direct our efforts towards eliminating the subtler aspects.

There is underlying unity of life and the practice of AHIMSA establishes us in an attitude of love towards all. We first cognize the unity of life and then pattern our behaviour accordingly. AHIMSA means “ Love thy neighbour as thyself” . AHIMSA is termed total virtue in ancient wisdom. The meaning is stretched further to include, “ One who neglects to help others in any situation is committing injury.” AHIMSA is the removal of desire to injure or to inflict pain by thought, word or deed.

People resort to violence because they believe that violent methods bring quick results. This is an expression of disharmony between mind and intellect. Violence brings in its train many calamities which the clouded intellect has never thought of. If we reduce the urge to seek happiness through the gratification of more and more desires the tendency towards violence will be curbed. In ancient times this was practiced on an individual scale. In the space age this will have to be practiced on a mass scale if we wish to survive.

Buddha laid stress on AHIMSA as the virtue of all virtues. The first of his ten precepts (KUSALAS) states, “ You shall kill no creature. You shall have regard for all life”

Mahavira, the great contemporary of Buddha, made the tenet of AHIMSA the focal point of his teachings. His teachings which are presently known as Jainism prescribe a moral code called ANUVRATAS. AHIMSA is the focal point around which all the conduct of a Jain is woven. AHIMSA means not to injure any creature by thought, word or deed, directly or through an agent.

Advance in physical sciences has simultaneously landed us in the midst of nuclear armory. It has the potential to destroy human existence from the planet. In the age of mass production fear has assumed mass proportions. Hence, a little love and a little hate will no longer work. It will have to be total love. Violent methods to bring about peace belong to an age which is past. AHIMSA is no more a mere slogan to be hurled out during spiritual discourses. It is the poignant need of the time.

Practice of AHIMSA in thought, word and deed destroys the seeds of jealousy. A little observation will show us that people who have risen high in worldly scales are steeped in jealousy. They are as far away from the “ Kingdom of Heaven within you” as are others who are not so successful in worldly affairs.

St. Francis of Assisi was asked, “ How shall I love my neighbour?” He replied three times, “ Love thy neighbour” . Once we make a beginning to inculcate this virtue our intellect is purified. Our power of discernment between right and wrong gets sharpened. This strengthens our effort to do the right thing under any circumstances. People who have not attempted to

practice this virtue in life sometimes indulge in imaginary dialectic about hypothetical cases when this virtue cannot be practiced. Sharpened power of discernment will guide us on all occasions.

“ When one is truly established in non-violence, hostility disappears in his presence.”  
—Patanjali Yoga Sutras II-35

AHIMSA is not mere harmlessness. It is dynamic love. With sufficient practice it automatically puts us into the state of “ Love thy neighbour as thyself” . A person steeped in this virtue is compassion and mercy personified. He emanates holy vibrations which catch up with others. He becomes attuned to all life. He spreads and instills love in others. Those who come near him drop their fangs of venom and become enamoured within his aura. Any person who approaches him with evil intent is calmed down and becomes harmless. This brief rendezvous leaves an indelible mark on the visitor and he is uplifted. Love is a force which binds all life and when one is imbued with love his consciousness becomes attuned to all life. By practice of AHIMSA one can delve deep into the mystery of life and bliss reigns supreme. These achievements are not mere baby talk. They have been experienced by all Yogis in all parts of the world. Even a beast of prey sheds its ferocity when it comes into the orbit of holy vibrations that are concomitant to this state. One may ask, “ Is such practice of AHIMSA within the reach of each aspirant to the Kingdom of Heaven?” This is beside the point. That this potency could be impinged on the atmosphere is demonstrable. This is ‘ Peace which passeth understanding’ .

“ But I say unto you love your enemies ... and pray for them which despitefully use you and persecute you.” --Matthew 5:44

If you ignore the above command, you simply pass the initiative into someone else’ s hands.

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## News from Tapovan *Bruce Johnson*

At sunset, March 25th, 2001 we are commencing a twenty-four-hour round-the -clock Om Tryambakam Yajnya. We invite any interested Western people to come and participate in this. It would be ideal if people could visit for a period of one month minimum. Also, we are offering hands-on opportunities in different ongoing projects:

--Building with Clay

An opportunity to learn by experience how to build your own house, cheaply and on an eco-friendly basis. Emphasis on natural energy sources for power and temperature control.

--Opportunity to learn about Ayurvedic herbs and uses.

--Hands-on experience in designing and producing mosaic floor designs.

--Pancha Karma treatment by qualified Ayurvedic practitioners for detox at ten percent discount.



For more information:

“ Tapovan” , PO Ratnapimpri, Tal: Parola,

Dist: Jalgaon, Maharashtra State

Tel: 91-2597-35-203

email: annegodfrey@pocketmail.com.au (text only, no attachments or pictures)

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## Agnihotra Resonance Points in the Konkan Bruce Johnson

In the West we marvel at the feats of great warriors such as Genghis Khan and Alexander the Great. But their feats pale beside those of Lord Parshuram, the Divine Incarnation. According to Indian tradition, when the royal dynasties had become immoral, unethical, irreligious, cruel, greedy and exploitative of the masses, routinely committing atrocities on the citizens, Lord Parshuram circled the globe twenty-one times, wiping out all the evil kings. He then gave as Daan to Sage Kashyap all the lands He had conquered which actually amounted to the entire Earth. When it was pointed out to Him that technically He now had no place to stay, He created a new piece of land for Himself which today is known as the Konkan strip. It is a narrow strip of land which runs all the way down the west coast of India to the tip.

Here in this Konkan region at the end of last year, Fivefold Path Mission was invited to establish resonance points on several farms.

In December Abhay Paranjpe traveled to the farm of Mr. Ravindra Wadekar near Rajpur, about five hundred kilometers south of Bombay. Abhay established the resonance point using the ten-pyramid configuration as shown by the Master Vasant. Six of these pyramids are activated with Mantra. First Purusha Sukta Yajnya is performed in one pyramid. This is then buried in the Agnihotra hut near the eastern wall at a depth of about one-half metre. Then a second pyramid activated with Vyahruti Homa is placed on a column of mud approximately one metre directly above the buried pyramid. Four more pyramids are activated with Vyahruti Homa and are installed on four columns of mud at the perimeter of the farm in each of the four directions. Two pyramids are kept for daily use in the Agnihotra hut next to the mud column and two more are kept in the Yajnya hut where Om Tryambakam Yajnya is practiced daily, one pyramid for Om Tryambakam and the other for Agnihotra if necessary.



*Resonance point on Ghag farm, Chiplun*

The second farm which Abhay and I visited together with noted botanist Prof. Jambhale is in Dahanu, about 150 kilometers north of Bombay. It is owned by Mr Vinayak Bari. The farms in this area are famous for their chikoo fruit (also known as nespriro or sapodilla plum). Now for the first time in the one hundred-year history of growing this fruit in this area, the trees are being attacked by a type of fruit fly, causing severe decrease in marketability and hence financial loss to the farmers of this area. Mr Bari is the first farmer in Dahanu to take up Agnihotra as a means of eradicating this troublesome pest. The whole process of establishing the resonance point was captured on video by Frank Lusmann, along with interviews with Mr. Bari and Prof. Jambhale giving technical explanations of the effect of the fruit fly on the chikoo fruit.

Then during the first days of the new year, Abhay and I traveled this time to Chiplun, about three hundred kilometers south of Bombay, to the farm of Mr. Avinash Ghag. We were accompanied by Mr. Waman Soman and Mr. Kiran Samant, longtime Agnihotris from Bombay, and we were met at the farm by Mr. Hari Borsutkar, also from Bombay who had been staying at the farm for several weeks practicing Agnihotra and establishing some vegetable gardens. We arrived in Chiplun late afternoon and decided our first stop would be the famous temple of Lord Parshuram in the village of Parshuram high up overlooking Chiplun. We arrived just before sunset and were able to do Agnihotra at the temple. Next day we inspected the two huts which had previously been constructed to house the Agnihotra and Om Tryambakam fires. It was decided that the Agnihotra hut, being a grass hut, was a little too small at three meters by two meters to safely practise Agnihotra. But since it was constructed simply from natural local materials there would be little problem in enlarging it. Later that day we established the resonance point. This farm has been lying idle for several years but now this group of friends from Bombay plans to help Mr. Ghag develop the farm by first planting vegetables. They have also committed to traveling from Bombay each full moon and new moon to maintain twenty-four-hour round-the-clock Om Tryambakam Homa.

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## Uluru – Australia’ s Red Centre *Bruce Johnson*



In February Frits and I left Sydney for Ayres Rock (also known as Uluru by the Australian aboriginal tribal people). Uluru is situated very near the geographical center of the Australian continent, commonly known as the Red Centre because of the red colour of the desert sand. Uluru is a huge monolith standing more than three hundred metres high and about ten kilometers around the base, rising majestically out of the flat desert landscape. In esoteric terms it is regarded energetically as one of the chakras on the planetary grid system. As we flew into the airport near the Rock we noticed that the usually parched landscape was softened by a layer of greenery resulting from some recent rains in the area.



We joined the many tourists, who had come to see the Rock at close quarters, on the shuttle bus from the airport to the Ayres Rock Resort. After settling in we rented a car and traveled the twenty kilometers to the Rock for sunset Agnihotra. We found a secluded spot among some fallen boulders at the base of Uluru where there was not so much wind and there we performed Agnihotra. After Agnihotra we walked for some time around the Rock seeking out a good site at which to achieve the main purpose for our visit to Uluru – a Rudra Yajnya which we proposed to do the next day. Being aware that Uluru is of great spiritual significance to the aboriginal people and not wanting to cause any offense or controversy, we carefully chose a secluded site which would serve our purpose the following day.

The next morning we rose early and set off for the Rock while it was still dark. We managed to find our selected position at the base and prepared to commence the Rudra Yajnya. Under the brilliantly lit desert sky we started a little before sunrise and completed the first of the eleven rounds of the Rudra Suktam just in time for morning Agnihotra. After a short pause we continued with the Rudra.

As the sun began to climb into the morning sky we became aware of the spectacular nature of the great rock's features. Watching at such close quarters as this megalithic shape came to life bathed in the rays of the sun was an awesome and unforgettable experience.

The weather was very kind to us. It soon became obvious that a thin layer of cloud cover was keeping the normally scorching summer temperatures of the desert at a reasonably comfortable level. We both felt highly energized throughout the period of the Yajnya, possibly due to the influence of Uluru itself. At last, having completed the eleven rounds of Namakam and Chamakam which comprise the Rudra Yajnya, we gave thanks for the Grace to be able to successfully fulfill our mission and returned to our apartment at the resort.

As we left next morning to return to Sydney, a big desert storm was brewing, maybe a legacy of the Yajnya.

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## **Agnihotra Healing Experiences** *compiled by Dr. Abel Hernandez and Aleta Macan*

**Manuel Natividad Barqui Rojas**

**Maria Barqui Angeles**

Lamud-Luya, Peru

High cholesterol level

Stress

Headache

Hemorrhoids

Lack of memory

Bad temper

I am sixty years old and was suffering from stress and depression, hemorrhoids, high cholesterol level and lots of headaches. Ing. Mines talked to me about Homa Therapy and the possibility of doing these healing fires on his farm. So I started doing the Agnihotra, which is the fire of morning and evening sunset and sunrise and the Om Tryambakam fire. I also taking the Agnihotra ashes. Now I feel healthy, more relaxed and sleep better, especially when I listen to the Tryambakam Mantras. Even my memory has improved thanks to the Homa Therapy.

His daughter Maria Barqui Angeles comments:

My father used to have a very bad temper. It was very difficult for all of us in the family to get along with him. Then he started with the Homa Therapy fires and now he is healthy and has changed his manners to the good. The whole family is very grateful for this change.

## **JUANA CASTRO**

Urb. Piura. Calle - Luis Agurto # 113

Piura, Peru

Breast pain

Dermatitis

Eczema

I am from Piura, Peru and I am forty-two years old. My husband advised me to go the Homa Therapy session, since I was suffering from some pain in my left breast. Doctors had detected in three different places two masses measuring two centimeters each. Even my arm was in pain. I got the pyramid and started to do the Agnihotra. I was hypersensitive and anxious and believed that my problem had no cure and therefore I had stopped taking medicines. Later when I went back to the oncologist, he told me that I did not have anything. That was one month after I had started with the healing Homa fires.

I also had some dermatitis on my right foot, which was healed very quickly with the application of the Agnihotra ash.

My father had eczema on his head. He had been going to the dermatologist for many years. He would heal partially, but the skin problems would come back again. One day I saw that the spots were also on his face, so I prepared some of the Agnihotra creme, which is Agnihotra ash mixed with ghee, and I applied it in the affected areas. Amazingly they healed very fast. He also takes the Agnihotra ash three times daily, orally.

My son has a dog called Ray. One day, while I was doing the Agnihotra fire in my room, the dog was crying in front of the door. The next day I left the door a little open and started the Agnihotra fire. The dog got into the room and started running in circles in front of me. He was so very happy. And when my son saw this, he started doing the Om Tryambakam fire with me. Then the dog came and rested his head on my son's legs. My son looked at me and said, "After I finish my exams, I will participate more in the fires of the Homa Therapy." Lately my son has changed a great deal. He is more communicative, friendlier and loving. David is my only son.

**Daniel Marchán**

Piura, Peru

Gastritis

Gall bladder

I was suffering with heartburn and was being treated for gastritis and gall bladder problems. Now with the healing fires of the Homa Therapy I have felt a great relief, as if something has left my stomach. I feel renewed and much better.

**Koysi Yvone Crisanto Garcia**

Tambogrande KM 1057

Piura, Peru

Painful scar

I am seventeen years old, and three years ago I had a heart surgery. The surgery was satisfactory, but it left a scar that was itching and painful all the time. Then I applied the Agnihotra ash with ghee on the skin and also took the Agnihotra ash with orange juice or milk and performed the Homa Therapy fires. After one month all my discomfort and pain went away. I continue performing the healing fires of the Homa Therapy in the farm of my grandfather, where I live. I also came to experience that this technique helps the plants to get a better production, and better quality products besides healing them.

**Eduardo Preciado Urbina**

Sullana

Piura, Peru

Peptic ulcer

Addiction

Low weight

The doctor did an endoscopy and told me I had a peptic ulcer. I had pain day and night for two years. But when I started with the practice of the Agnihotra healing fire about two months ago, it changed. From the very beginning I found relief. I feel so good. I have not felt this good in the last two years.

I do not have any pain. I do the healing Agnihotra fire daily, morning and evenings. I quit smoking and do not even drink any more. I feel very well. I also regained some body weight.

I noticed also that the practice of this fire has helped to change the coloration of the leaves of the papaya trees. They were yellowish and are now becoming greener and are full of flowers. I live on the farm, do my fires there daily and take the Agnihotra ash.

**Isabel da Silva Pacaya**

La Union

Piura, Peru

Epileptic seizures

I was suffering for about two years. My problem was the shaking of the arms and legs and neck. My whole body would go into an epileptic seizure almost every day and each time it would last for about three hours.

Now I have been coming to the Homa Therapy for a month and since then I feel very well. Now I can leave the house without any company, walk by myself and I feel clear and quiet. During all this time that I have been coming to the Homa Therapy I have had only three convulsions, which lasted half an hour. I feel happy and can leave and return home now by myself. My children and husband are waiting at home quietly without worrying.

### **Clara Zapata Pena**

Ave. Arequipa # 572  
Piura, Peru

Fear

Family relationship problems

Fungi

Financial problems

I have been doing the Homa Therapy for over a year nonstop and I have realized that I am no longer afraid of talking to a group of people. I used to be very emotional and cry for any little thing. Now I am stronger and feel very confident in my actions. The relationship between myself and my daughter has improved a great deal. Now we show much more love and affection for each other.

Before I was very anxious about the bills to be paid. Now I am more relaxed and I always do have the money I need to keep up with my debts.

For many years I had some fungi on my finger nails; I was afraid to show my hands. But they are gone now.

I really cannot express all the great joy I feel within that comes with the practice of the Homa Therapy fires.

### **Delia Sahid Villanueva de Castillo**

Las Castañitas #1003  
San Isidro, Lima, Peru

Breast tumor

Some time ago I was diagnosed a small tumor in my left breast and was told to have it surgically removed. Then someone told me about the Homa Therapy, which I have practiced now for ten days. Yesterday I went to the doctor who had scheduled the surgery. Surprisingly, he said that there was no trace of the tumor and that I will not need any surgery. I only to have the area checked once a year. I took half a teaspoon of Agnihotra ash with breakfast, lunch and dinner,

besides doing the Agnihotra fire daily. Even my husband feels that I am transmitting him positive energies after the practice of the healing fires. I am so happy and feel relieved.

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## From Vasant' s Correspondence

The seeds of truth have been planted. You reap what you sow. If you are part of sowing seeds of love, that is what you will reap.

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Great aspirations can be realized in a short time now. Just begin to receive.

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When you are led by desire, minute to minute desires change. When you are led by the inner voice you cannot go wrong.

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Don' t say, " Oh! There is no love here." Bring your love here.

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Faith is something which comes from the heart.

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Take refuge in silence. All else will come.

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All houses in which Agnihotra is performed regularly will be blessed. No harm will come.

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Those who seek personal gain only find their own destruction. Seek ye first the Kingdom of Heaven and all shall be added unto thee. Let not seeds of past desire confuse the state of happiness you are still capable of reaching. Surrender and " Thy will be done."

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Editor: Lisa Powers. Publisher: Fivefold Path Inc. Parama Dham (House of Almighty Father) Rt. 8, Box 369 Madison, VA 22727 USA. Published seven times yearly. Please direct all Satsang correspondence to the Editor. Opinions expressed by contributors are not necessarily those of Satsang. ISSN 0735-1321

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