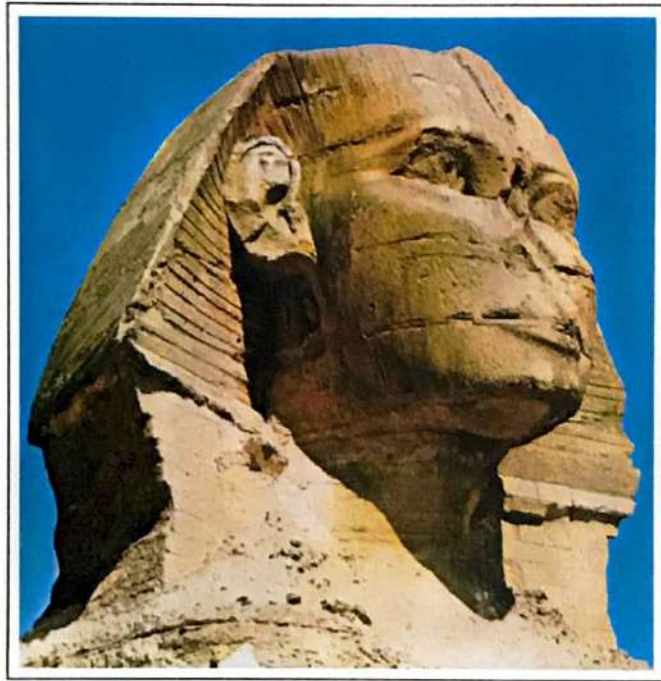


S A T S A N G

VOL.9 NO.15

NEW ERA 38

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Sphinx: The Symbol Of Animal Man	3
Vasant's Talks With Homa Therapy Teachers	4
Heal The Atmosphere Perform Agnihotra	5
From Satsang Correspondence	6
Autumn Equinox Healing Gathering	7
Anecdotes From Autumn Equinox Healing Gathering	8

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Publisher

Fivefold Path, Inc.

Parama Dham (House of Almighty Father)

RFD #1, Box 121-C

Madison, Virginia 22727, U.S.A.

Published on the first and third Thursdays of each month.

All *Satsang* correspondence should be directed to Editor.

Printed by

Agnihotra Press, Inc.

Post Office Box 13

Randallstown, Maryland 21133, U.S.A.

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Cover

Sphinx: Animal body as expression of worldly instrument body, Human head as Divine source of action for this being.



Sphinx: The Symbol Of Animal Man

Let us learn to frequent a quiet place.

Let us be free from all active attachment. Active attachment is one's own attachment to something else.

Let us be free from passive attachment. It is passive attachment when others are attached to you.

Others cling to you when they see you, pay attention to you, speak to you, touch you, send their noise to you etc.

Escape their grasp in the sure calmness when you wish to surrender perfectly. Then your own attachment follows you. Confront it and give it away that your perfect unmoved *Being* remains that can reflect *Shree*, be *Shree*.

When you reach this state and still have your human body at your disposal let this highest level be the motive power and commander for your worldly instrument.

Then you reach your original true state allotted to man and can work *Truth*.

This is the symbol of animal man, *Sphinx*.

Sphinx: Animal body as expression of worldly instrument body.
Human head as Divine source of action, power for this being.

3

To achieve this state of mind which is 'peace that passeth understanding' Agnihotra is the basic material first aid.

Agnihotra removes tension from the mind.

You can grow large crops in a small area with Agnihotra Homa Therapy Farming.

People in several countries make medicines from Agnihotra ash.

Agnihotra heals the atmosphere and the atmosphere heals you.

(Homa is a Sanskrit word from the science of Vedic medicine meaning fire prepared under certain biorhythmic disciplines.)

Vasant's Talks With Homa Therapy Teachers

4 We are reaching a time of great importance in this work. This is where it all comes to light. *Now scientists will see the truth in what we have been telling all these years. This is that time.* All of you are being spun to perfection. Very quickly work hard to rid yourselves of unhealthy habits and desires. Desire does not mean normal needs of man or woman but more, your compulsions that lead to disorder rather than an orderly life. We must work very hard in coming months.

All across the globe people will start doing Homa in their backyards for garden, for plants, for their own well-being. People will begin to realize what the fire brings to them is far more important than money or fame. Their desires will become less and less. Then so much more will be given unto them.

There is so little time to do all we must do. People all over the world have become so disturbed. There are many paths which claim to lead to enlightenment, bliss. Some paths are very fine. Others are deceptive. What we offer can be utilized with any path, any spiritual discipline.

Quickly people have to set up healing centers in various countries. Europe of course but also Asian countries now and Middle East. There is very little time.

Agnihotra has to go in various languages in different countries. It has to reach the very lowly ones. This is not to say the rich can not benefit. Of course we will go to all people but special effort has to be taken to go to the poor people who may not otherwise come to know. They may not attend lectures given in a hall or at some college. But we go into the neighborhoods and they will come.

We must go among the very poor of every race. It is there so many people will learn this *Yajnya* healing fire.

You must teach this to children all over the globe.

Heal The Atmosphere Perform Agnihotra

With your room as ideal place you have the chain of evolution perfectly present in the right form when Agnihotra is introduced in your room. Agnihotra is the special fire done in a copper pyramid tuned to the biorhythm of sunrise and sunset.

Earth is represented as stone, metal, etc.

Plant as rice, mat, etc.

Animal as cow's ghee (clarified butter from cow's milk), wool blanket, etc.

Man is the switch.

Fire comes as pure power that brings about change in circling spheres.

You have the ability to introduce a transformation when you utter with your conscious power a Mantra and thereby activate the levels according to the special Mantras and program them to transform power with fire as mediator.

According to special Mantra you activate different levels which according to the laws create different effects and fire is the mediator to help you direct this effect to different levels.

It is better when one puts back the Yajnya pyramid (Agnihotra is the basic form of Yajnya) always in the same manner, at the same place.

The side of the pot which was directed, for example, due North thus shows again to the North and thus all other sides also point in the same direction of the compass.

The metal thus can adjust to the qualities of this particular direction (N S E W) and the resonance is better.

Doing the fire correctly is a science which is now slowly given again according to the understanding of men.

From Satsang Correspondence

6 The public communication centre KOMM is a popular meeting place in Nuremberg and is known for its medley of New Age activities. Located in a historic building in the city the place is busy with anywhere from 800 to 2,000 visitors coming daily.

From November, 1980 'til March, 1981 everyday Agnihotra and two hours of Homa were practiced in the Chai House Restaurant. This gave the youth an opportunity to experience and expose themselves to Homa fire. This was done to introduce Homa to this famous city. Several people meditated around the table on which the copper pyramid used for Homa was kept.

Jutta
Nuremberg, West Germany

(*Homa* is a Sanskrit word from the science of Vedic medicine meaning fire prepared under certain disciplines and biorhythms.)

In August we held a three day festival in Oshima, an island near Tokyo. Everyday Agnihotra was demonstrated to new people. Many young people participated. We made arrangements for Agnihotra supplies from a farmer in Nagano.

We thank you for your warm love and for having come to Japan. We hope we shall meet again.

Teruo Otomo
Kasuo Numa
Tokyo, Japan

I learned Agnihotra at the London Festival and I am practicing it now since four weeks. It is very clear to me that Agnihotra has a strong purifying effect because I am doing it in a dome which is specially used for meditation. I used to do meditation in the same dome but I knew that the room accumulated not only good energies. Now with Agnihotra the energy in this dome is always pure and seems to me so much alive than before.

I had kept a plant in the dome and it had violet leaves. With Agnihotra the leaves have now changed to green!

Further on we will find out about the healing effect of Agnihotra and also we wish to make Homa Farming.

Ramon
Ibiza, Spain

Autumn Equinox Healing Gathering

Various groups interested in healing gathered at Heathcote School of Living near Maryland-Pennsylvania line on September 19 to share their experience. On a wooded lot of 40 acres with a chuckling brook the meadow was set aside for small spontaneous healing circles.

In the morning after sunrise Agnihotra was performed people gathered and formed one large circle. Holding hands in silence, everyone seemed to tune into the beauty and quiet of the place as well as the vast amount of energy available for sharing.

Evan Grant demonstrated Vyahruti Homa to several people who had previously heard of Agnihotra. We explained how the ancients used Agnihotra purification process for healing and Agnihotra ash as folk medicine and plant fertilizer.

Yajnya (Homa) makes plants happy. According to the ancient science of bioenergy and agriculture given through the Vedas, Homa Therapy farming restores natural energy cycles and gives nutrients to the atmosphere, soil and water. Homa farming techniques assure growth of healthy crops and increase in the quality and quantity of the harvest.

A little before 12 noon we started a six hour Homa and many people joined us. One lady immediately wanted to learn the Om Tryambakam chant. She learned it and also stayed through sunset Agnihotra at which time Noni Ford of Agnihotra University joined us. She wanted a copper pyramid used in the process of Agnihotra and we gave her the last one we had with us.

Next morning we performed Agnihotra again at the same spot and soon afterwards a lady from South America decided to use that very spot for what appeared to be an American Indian healing ceremony. She asked that we leave the copper pyramid with Agnihotra ash in it exactly as it was when we performed Agnihotra. People seemed to feel and appreciate the good healing energies that were made available through Yajnya. Agnihotra is the smallest form of Yajnya.

Karen Jeffreys

Anecdotes From The Autumn Equinox Healing Gathering

- 8 When we explained the nutritional and healing aspects of Yajnya (Homa) Therapy the reactions were interesting. We told the gathering that we had arrived quite early while it was dark in order to perform sunrise Agnihotra and one Tai Chi instructor smiled and called us "guerilla meditators." He said "Why, you move into an area do Agnihotra and cheer everyone up even without their knowing it." He was right for Homa is a process that benefits not just the person who performs but has an impact on the entire vicinity.

At sunset Agnihotra we were joined by a Buddhist lady. "It's so good to meet some turned on people," she said and then she set to work learning the Mantras. She practically took over the Yajnya herself.

Next day we returned to the same spot for sunrise Agnihotra. We were told that the area was going to be used for a healing circle for a patient with a bone condition. The circle was to be led by a lady who, interestingly enough, used fire for healing. She smiled and remarked, "It's all the spirit of fire."

Evan Grant

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