

## VASANT'S TALKS IN TURKEY

You will see rapid changes in weather patterns. This is only the beginning of such abnormalities. This year, people's gardens are plagued by more insects than before. Then as has been told the floods and droughts have already begun. It is everywhere. We say we wish to move from one area because tension is high in that area but anywhere you go you will find the same tension.

By practicing Agnihotra this tension is lessened. Disciplines become more stringent as the world becomes more difficult. Things must change according to the environment. We should not resist the change but take it as an aid to healthier minds and bodies. Still it will be a problem to maintain our health in times of crises.

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## AGNIHOTRA MEDICINES WORK WITHOUT BELIEF

West Germany

Berthold Jehle

I learned recently from the son of a farmer of the problems facing owners of modern cowsheds. Conventional remedies for the cows have become less effective. (This is also true for humans.)

In Vedas we read about ancient medicines and decided to test them.

We started our experiment with herpes. Thomas, the farmer's son, told me how the sickness spread in his cowshed and that there was no known medicine for its cure. He wanted to try Agnihotra medicine which is prepared from the ash of daily Agnihotra.

We prepared Agnihotra cream and paste together and gave each medicine to one cow afflicted with the herpes. This disease causes severe itching which after scratching tends to spread to many parts of the body. If a farmer comes in contact with the cow he can be infected himself.

The cows resisted our applying the ointment the first time because of the pains of the wounds. The second time they kept quiet as substantial healing seemed to have taken place.

After one day the scabs fell off of the treated cow that had been given the Agnihotra cream (mixture of ghee, ash and water prepared in a copper plate). After three days the skin had healed. After 14 days there was nothing visible of the prior wounds. Agnihotra paste or ointment (ash/ghee mixture) did not heal as quickly so we treated all cows with Agnihotra cream. Our experience was the same as with the first cow.

Encouraged by these results the farmer wanted to know more about Agnihotra and he allowed further experiments. One cow had a swollen ankle which forced her to stand on only three legs. Agnihotra ash was rubbed in and after three days she stood again on all legs and after a week the ankle was normal.

One cow had diarrhea. We put ash into the feed and after one day the yield of milk was again normal. Another cow refused to eat and with chanting of Mantras and stroking (love) she began eating. Inflammation of an udder can be cured if Agnihotra paste is applied. Regular application can prevent occurrence of such inflammation. We began practicing Agnihotra regularly in the cowshed. It was a nice experience. The cows liked the smell and inhaled deeply extending their necks. After Agnihotra they had enormous appetites even though they had eaten before.

The farmer told me that the bullocks were more quiet. They normally fought with each other.

The experiment lasted one month. We wanted to see if the milk yield and cream yield would change. This was the season when the food changes from hay to green grass. Normally cream yield decreases at this time. Nonetheless in our experiment yield *increased* 8%!

Results made the farmer curious and he wants to start a longer experiment. Perhaps someone wants to try this so results can further encourage farmers.

One possible conclusion from these experiments is that the experience of the thousands of people in the world who have practiced Agnihotra and used ash and ash medicines for health is not based on belief. There must be other energies working since cows don't believe.

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**PSSST, WANNA KNOW THE SECRET OF A GREAT PRACTICE?**

Ernest Collier

How does a mere practice get marked for stardom?

First, of course, you start by realizing the great need to heal the atmosphere (anything less won't do).

Then your unpolluted atmosphere will reduce tension on the mind (you think of AGNIHOTRA).

The real key to success—is YAJNYA. Incredible, but YAJNYA, the science given through the Vedas to purify the atmosphere through the agency of fire is the only way out. It is the way to make the atmosphere nutritional and to fill all the biosphere with love. (Ever wonder why much of the world needs the aid of psychiatry? Pollution has thrown Prana—the life energy which pulsates thru all minerals, plants, animals, birds, fish, man—out of harmony.)

Performance of YAJNYA truly heals the atmosphere and Prana comes into harmony. So AGNIHOTRA, the smallest form of YAJNYA, was revived and freely taught to humankind when it was most needed to counteract the various kinds of pollution of soil, water, atmosphere and that above the atmosphere.

AGNIHOTRA makes the air medicinal and reduces proneness to disease when modern medicine is failing and much of the world is suffering. AGNIHOTRA gives nutrition to plant life and helps better absorption of solar energy by the water resources of the planet. AGNIHOTRA rebuilds the soil, also you can make AGNIHOTRA ASH MEDICINES. It all adds up to a healthier, happier planet with fresh, clean air to breathe.

This is why it's instructed that everyone practice AGNIHOTRA and perform YAJNYAS.

At least for the benefit of those who breathe.

Got it?

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## **GRACE IS WHAT IT'S ALL ABOUT**

Barry

At the bottom line the question is “Do we or do we not want to attract Grace?” And then if we do want it are we willing to make the necessary effort—in a spirit of devotion and humility—to attract it?

We are constantly faced with decisions and choices. Many of us who have been following some disciplines for some years now find greater levels of concentration and peacefulness.

Some of us have heard it said that the greatest danger to those on the spiritual path — even for the highest of Yogis— is the EGO. When we forget that we are not the doers of our actions (in the highest sense) our actions can serve to bind us further in the law of Karma. As we continue to bow to egoistic desires our intellects may become clouded and choices we make may APPEAR to be correct but actually turn out not to be. To compound matters, we may not even realize it even when the results are in.

So some of us continue to strut about “proud as peacocks” as NBC says, thinking we are saving the world when in fact we’re doing very little or nothing at all.

As the second half of a year that to many must seem to be an eternity, rolls on, 1980 has indeed become the YEAR OF CHAOS that SATSANG said two and a half years ago it would be (see SATSANG Volume V Number 16, January 5, 1978). The crop destruction SATSANG had predicted for the past years has now happened. And this destruction has not limited itself to the Third World. It is now the United States that finds its corn and wheat crops being devastated by drought and unprecedented heat.

Certainly now is *not* the time for us to sit back and rest on any accomplishments we feel we may have made in the past. THERE IS TOO MUCH WORK THAT REMAINS TO BE DONE IN A VERY SHORT TIME.

Hate and anger and the consequent stress related thereto surrounds us everywhere— in our homes, offices, schools and in political areas where wars and conflicts and revolutions appear in all parts of the world.

We were told long ago that SERVICE = DEVOTION.  
EGO

And we were also told that devotion attracts Grace.

It is so absurdly easy to at least understand intellectually, it is a wonder sometimes that some of us claim not to understand this.

Back to the original question. “Do we or don’t we want to attract Grace?” One definition of Grace we have heard is that Grace is the intervention of the Divine into the Law of Karma to “give us a break.”

In other words though it is true that law of Karma operates and we reap what we sow, through repentance, faith, devotion and surrender to His Will we can avoid the misery that is yet to come. Thus the law of Karma can be bent, if you will, in our favor.

Thinking of it in this way, perhaps we can better appreciate why such great effort on our parts is required. A basic physical and superphysical law of nature is being acted upon and modified FOR OUR OWN BENEFIT. How truly magnificent this is. And having experienced it we soon realize—though we seem to sometimes forget—that there is nothing greater. Nothing turns us on as much.

It seems appropriate to recall a message sent to us in January, 1979 from Vasant.

“Now you will see so much difficulty everywhere. This is a time given WHEN ALL OF YOU CAN RISE MUCH HIGHER SEEMINGLY OVERNIGHT. WITH INTENSE EFFORT SO MUCH STRENGTH IS GIVEN. STRENGTH TO OVERCOME THE SEEDS OF DESIRE AND ATTACHMENT, STRENGTH TO FORGET WORRY AND DESPAIR. ALL AROUND THE WORLD SUFFERING INCREASES. THE DESTRUCTION OF THE WORLD IS IMMINENT. ALL OF US MUST COME TOGETHER AND MAKE SINCERE EFFORTS TO DISCIPLINE OUR LIVES SO THAT WE CAN BE STURDY FOUNDATIONS FOR OUR CHILDREN AND THOSE WHO COME TO US FOR SHELTER.

We cannot always think of our own comfort. We must train ourselves to become instruments through which the message of Love can pass clearly and unobstructed. If it means a little less sleep, more motivation on our part, who cares? The body can take far more usage than it is given by most people. If you eat healthy diet the rest you need you will get.

Often our own enemy is our own mind. Our thoughts pull us in many directions when we wish to remain one-pointed. So many distractions are there, more now and there are more coming. It never ends. What gradually cease through discipline and yoga are the pulls of our own minds in opposite directions. We can train our minds to go directly ahead. Make one single effort and the rest is given so easily. It will become more and more difficult to resist even the slightest temptation if more disciplines are not applied in our lives. The world is getting such that everyone will be going to and fro, trying to recall some semblance of order in his life. It's just too bad. We must overcome these influences. “Agnihotra is the way.”

## **WORLD IN UPHEAVAL**

Iain

Finland

The obscurity of these times calls for a new clarity. All the upheaval and cataclysm we sense has happened before in previous ages. Yes it will happen again. Men will be wiped out in large numbers as they have been before when worlds have been in upheaval and planets in collision.

Mankind will not lose footing for man's place is in a hierarchy that is of the Divine. He must and will continue to climb towards God. Our sense of urgency must call that forth because it is the course man is on as world aspirant and disciple, initiate and server.

Fire is not destruction; it is purification. Agnihotra fire sets harmony in the energy cycle of the planet.

All should be urged and called on to give their best and strive their hardest. They should not be alarmed and frightened by what we might see and say.

Those interested can read Immanuel Velikovsky's books "Worlds in Collision," "Earth in Upheaval," "Ages in Chaos" and others from Abacus books for research and documentation of cataclysms in the solar system that have shaken earth into new states, changed its axis and brought about catastrophes we have not really reckoned with. They have been recorded but also now labeled as primitive fancy and poetic vision because we have not seen the facts before us and have inappropriate concepts of the nature of earth and life around us.

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## **FROM VASANT'S CORRESPONDENCE**

Only thing you can do is to improve yourself. You can not work out other persons karma. Even if you see exactly what must be done for that person to improve—whether quitting pot, improving eating habits etc.—still you can not do it for him. All you can do is work on yourself.

However, in the process of this self improvement you find the other person's habits detrimental to your growth then you have to decide. Then you have to say: "Well, if I can not change this individual can I remain with him or her?" Is this to my benefit or detriment." You have to take much into account. You should not act hastily. Take time before you act. If you leave you must do so for your own peace of mind, not with the idea that this could change or shock the other person.

In the case of. . . you do not know what effect your departure would have. Maybe it would make him change his bad habits. Maybe it would make him think seriously. But you do not know this. You should talk to him. Then both of you can discuss this with your counsellor. Some decision should be reached shortly. Do not worry. You will receive sufficient guidance in any case.

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**\*Practice AGNIHOTRA**

for purification of the atmosphere which leads to unburdening the mind.

**\*Practice DAAN**

(Sharing of assets in a spirit of humility) for reducing attachment to worldly possessions.

**\*Practice TAPA**

(self-discipline) for fruition of thy affirmations.

**\*Practice KARMA**

(good actions without attachment to the fruit thereof) for self-purification.

**\*Practice SWADHYAYA**

(self study, Who am I?) for liberation.

This is the Fivefold Path. Start the spiritual discipline today. The span of life will not be extended. What is given unto you is to utilize wisely every moment of your existence. Let us engage ourselves in meritorious deeds without expectation of reward in the form of name or fame. We can live only in the present moment. The past is no more. The future is yet to be. Do not waste the precious moments in trivia.

Practice the Fivefold Path and you become a better member of your family or community. You will become a more righteous Christian, Jew, Buddhist, Muslim, Hindu, Zoroastrian, Sikh, Jain, whatever be your formal religious label. You may be an atheist or an agnostic, you will benefit by practicing the Fivefold Path. The Fivefold Path sets up life patterns based on biopsychological techniques given through Vedic knowledge. You need not carry the hypothesis of God to practice the Fivefold Path. You start the practice and knowledge will be unfolded to you from within. Believe only what you experience. This is the approach of a true scientist.

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