

## NEW AGE HAS DAWNED

Vasant

All Love is coming now. All Light is coming to the great souls of the earth. They are just kept waiting. They are placed. They are just ready.

A new age has dawned. The Divine Plan is so nice. We do not have to burden people's minds with intellectual stuff. Just give them a few simple things that are easy to understand, universal and total.

There is disease everywhere and medicines do not work. In several countries large areas have been attacked by swarms of insects and they have become immune to insecticides and also cold. Acid rains have fallen in Sweden and parts of U.S.A. Under such conditions Fire Temples become places of refuge. They will be protected by Divine Will. If we make an environment ready people will come for shelter and feel relief. This is great work and brings all blessings.

**THE SCIENTISTS ARE TERRIFIED AS THEY KNOW MORE ABOUT THE SITUATION. IF PEOPLE TAKE TO HOMA GARDENING THEY WILL BE ABLE TO GROW LARGE CROPS IN A SMALL AREA.**

Medicinal centers need to be started now where people are treated in old Ayurvedic methods having base in Agnihotra ash preparations. Other Ayurvedic medicines should also be made available.

First one has to establish the Agnihotra healing cycle in a place. Then if one can do four hours "OM TRYAMBAKAM" Homa daily it would help much to make it a healing place. During Agnihotra much of the energy is expelled upward and somewhat to the East. If one is ill one should ideally sit close to the pot or face West.

Normally one should face East and the Agnihotra pot is best kept square to the East and to the person doing it.

## HOMA HEALING CENTRES

Monica Jehle

Remarks on healing centres based on Yajnya

I. The aim of such healing centres is to give immediate help in terms of wholistic

healing. If we understand illness as a state of mind which is away from Love then we see a starting point for wholistic healing. By Yajnya (i.e. fire with special ingredients and disciplines) a live energy pattern is created which initiates healing.

That is why in such a healing center based on fire everything one does or thinks should be directed towards this goal. An example is given of a collective effort by all collaborators who can help all of those who suffer. Furthermore this example strengthens all those who are on the spiritual path and it is a steady model for the surrounding.

To achieve this, several things are important. The most essential is the state of mind of the collaborators. They should wholly orientate their lives according to the Fivefold Path and should consider service as the highest duty and greatest right. This can be achieved by discipline and Yajnya. All collaborators should strive steadily for purity, Love and understanding.

A specimen of daily schedule for collaborators.

5:00 a.m.	Mantras
Sunrise	Agnihotra, afterwards 4 hours Yajnya
Breakfast	
10:00 a.m.	Vyahruti, Meditation, Mantras
12:00 noon	Vyahruti, Meditation, Mantras
12:30 p.m.	Lunch
1:00 p.m.	Rest
3:00 p.m.	Vyahruti, Meditation, Mantras
6:00 p.m.	Vyahruti, Meditation, Mantras
Sunset	Agnihotra
7:00 p.m.	Evening Meal
9:00 p.m.	Vyahruti, Meditation, Mantras
9:30 p.m.	Going to bed

Additional possibilities: fasting one day per week, regular times of silence, taking shower before performing Agnihotra.

II. Now let us consider the practical work to be done in such a healing center.

The main point is Yajnya. There should be one room reserved only for this purpose. Rules for this room: There should be open and free access for everybody. Twenty four hours silence every day. Room to be entered only without shoes. Room to be cleaned daily. The room should contain only materials necessary for the fire and seating accommodations. For seats, a cover of white cotton is recommended. Plants

love Yajnya atmosphere.. They may be put into the room and they grow better.

The forces which activate health are created by Yajnya. These fires are enormously efficient and can lead to harmonization of the physical and more subtle human bodies. At first the cycle of daily sunrise and sunset Agnihotra has to be established. This is a must. This energy is the basis on which further fires can be built, intensifying the results. At least four hours Tryambakam Yajnya and Vyahruti Homa often are recommended to obtain a stronger harmonizing effect in the Yajnya room.

In order TO ACHIEVE HARMONIZATION OF A SUFFERING PERSON several aids can be used. Thus it is helpful if the person can take bath or shower beforehand. Water is able to drain off several disturbances.

Afterwards direct application of Agnihotra ash may follow. Detailed information on applications of Agnihotra ash can be obtained freely as supplement to this paper.

After these applications it is advisable to place the person directly besides the burning fire in the Yajnya room and let him take rest there for certain time according to the disturbance. Thus the activated healing forces of the human body can get an amplified energization and the best possible result is obtained.

As a rule all people looking for help should participate twice daily in Agnihotra to initiate a general stabilization of their health.

III. The following facility for Homa healing centres is advisable:

1. A separate Yajnya room with facilities for sitting and resting.
2. Therapy room (with Agnihotra ash medicines, first aid kit etc.)
3. Fully equipped bathroom for various kinds of bath.
4. A place reserved for preparing Agnihotra medicines.

The utensils used for Agnihotra medicines and the containers for keeping these medicines should be new. They should be kept clean and should be used only for this purpose. Purity and Love are the highest rules for preparing Agnihotra medicines. Before preparing them one should take bath and during the preparation one should keep one's mind in harmony by Mantra. This is extremely important.

5. For emergency cases outside the healing center, a readily available emergency kit has proved useful. It contains everything necessary for performing Yajnya outside and Agnihotra powder and Agnihotra water.

## HOMA HEALING CENTRE

*(Monica Jehle gave the following suggestions for personal development to Ulrich Berk who runs the Center in Radolfzell.)*

Moses was taught by Fire (Burning Bush).

It is most important to start this healing center to set free the healing energy for the country.

Twice daily Agnihotra and four hours of Yajnya should be done here. The Fire will teach us.

If you do Yajnya before having breakfast or if you generally eat less the instruction by Fire would be easier. (There would be more energy on the subtler level otherwise more energy on material level.)

After getting the message one must live it.

Do Homa for each meditation because then the subtle powers could work better. Then sing the Seven Verses and thrice "Satyam Sharanam Gachhami."

The fire is the catalyst for the transmission. Take care that you keep your thoughts and words pure for this purpose. We have been commanded by SHREE "Send out LOVE."

Eat less and do more Pranayama (Yoga rhythmic breathing to harmonise Pranic energy).

Act according to your inner perception.

Outwardly be a pure instrument. Inwardly always concentrate on SHREE. SHREE blesses you in His steady presence. You must keep your energies always pure. In return SHREE is with you always.

Talk less with people. Love be with you. Many will be blessed by this Healing Centre.

When Yajnya Fire is going on the healing energy is working more actively.

Agnihotra ash or Agnihotra water applied at places of perspiration, hair, decreases bad evaporation.

One can treat the lower part of the body with Agnihotra ash and Agnihotra water. Lowest CHAKRA is energised. Also treat the armpits accordingly.

Taking showers often helps to keep the body pure. Ladies should wash their hair twice a week. Shower is good against sleep, Pranayama against hunger.

More knowledge can be given but first the body must tune to the high energy vibration.

Your consciousness can reach more subtle levels better when you learn to eat less, when the material body is tired, when the ego is weakened.

The more hours of Yajnya fire you do the higher becomes the subtle frequency. Material energy becomes transformed into subtle energy. On the contrary, negative things (special therapies, sex, addiction) pull subtle energy into the material level.

Fire is the transmitter. Therefore perform more hours of Yajnya fire. Meditate with fire. Keep yourself pure for the higher task.

Keep away from needless talk, too much eating, too much sleeping. Your prayer should be "Lord help me that I have the power to serve unselfishly and to keep the energies pure and let them flow purely through me. Please keep me as pure instrument."

**BRING OTHERS TO THE PATH AND PROVIDE THEM WITH ENERGY. NOURISH THE GOOD INSIDE THEM AND THE BAD WILL SLOWLY DISAPPEAR. LET US BE THE CHANNEL THRU WHICH LOVE SPREADS, LOVE WHICH LEADS HIGHER.**

If you are hungry do special PRANAYAMA and you get the energy.

When you make big Yajnya fire the power speaks louder.

**AGNIHOTRA ASH HAS AN ENERGY ERUPTION AT SUNRISE AND SUNSET AS IT IS ACTIVATED.**

Sleep makes you heavy and takes off your spiritual mobility. Therefore avoid too much sleep.

If you take a cold or a little cool shower the protection system of the body works better.

You need not wash all your clothes with soap. Water is enough.

Drink no coffee or black tea. Agnihotra water, herb tea, water or milk is good.

It is no accident that Pan plays the flute. Flute sound is the first level of the unstruck music. The sound of bells or roaring sound of the sea are higher vibrations.

Let the world run as it will. Be always full of love. Time is precious and much is to be done still. On the wings of Fire one can fly away.

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## **FROM VASANT'S TALKS IN EUROPE**

Breakdown in ozone layer has lead to increase in suicide, mind breakdown etc. Homa acts as an antidote. Homa healing centre restores balance in nature.

Sun rays passing through ozone layer become poisonous due to pollution. Performance of Agnihotra is an antidote.

Gravitational field surrounding the earth weakens due to pollution. Agnihotra reverses this trend.

Circular air movements are caused by pollution. There is disturbance in microcosm of biosphere and this leads to change in climate. There is intense pressure on Earth's core. Agnihotra which is the basis of Homa Healing Centre acts as an antidote.

Thermal degree of reproduction cycle of certain animals push the species towards extinction. Agnihotra atmosphere helps.

Temperatures rise. Atmosphere of earth becomes thin. There is less protection from solar rays that prove harmful. Oxygen seems to be getting less. This causes great strain on the people. Agnihotra relieves this strain.

Chemical accidents have introduced new trends of diseases. **AGNIHOTRA ATMOSPHERE & AGNIHOTRA ASH MEDICINES ARE THE ONLY WAY OUT.**

Elements that sustain life on the planet change due to pollution. The change is in compositions etc. **HOMA THERAPY IS THE ONLY WAY OUT.**

Earth's crust is becoming thick. Nitrogen fixing bacteria is going wrong. This brings great disturbance to whole of biosphere. Life is weakening and it can no longer stretch for nutrients. Nutrients of life are disappearing. Life is starving. **ONLY WAY TO REPLACE NUTRIENTS IS YAJNYA OF WHICH AGNIHOTRA IS THE BASIC FORM.**

## **REVELATIONS**

**THE PLANET MARS HAS HIGH FORMS OF LIFE ON IT. IT BEGINS TO INFLUENCE OUR PLANET IN MANY WAYS.**

MT. SAINT HELENS WILL CAUSE MAJOR PROBLEMS IN U.S.  
JAPAN WILL SOON START TO HAVE TREMENDOUS EARTHQUAKES.  
THE DROUGHT CONTINUES. THIS BECOMES A WORLDWIDE HEAT  
WAVE.

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### **FROM VASANT'S CORRESPONDENCE**

THE ANDES ARE A SPECIAL PLACE FOR US. THERE IS SOME PLACE WE  
MUST EXPLORE. THERE ARE YAJNYAS THAT GO ON THERE NOW. SOME  
OF THE HIERARCHY IS THERE. THEY ARE IN CONTROL OF IT. THEY  
ARE LOOKING OVER IT.

THE MOUNTAINS OF CHILE HAVE GREAT SIGNIFICANCE FOR US.

So much Grace is operating but in His way and not in the way we would like or the  
way we would expect.

Perform YAJNYA—for purification of the atmosphere

Practice DAAN—to reduce attachment to possessions

Practice TAPA—for streamlining body and mind to make it a purer vehicle to  
Grace.

Practice KARMA—for self purification

Practice SWADHYAYA—for liberation

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Editor: Vasant V. Paranjpe  
Publisher: Fivefold Path, Inc.  
Parama Dham (House of Almighty Father)  
RFD #1, Box 121-C  
Madison, Virginia 22727, U.S.A.  
Published on the first and third Thursday of each month.  
All *SATSANG* correspondence should be directed to Editor.  
Printed by: Agnihotra Press Inc.  
P.O. Box 13  
Randallstown, Maryland 21133, U.S.A.  
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