

## **MORE ABOUT LONDON EXHIBITION— HOMA THERAPY BOOTH**

Barry Rathner

I arrived at the mammoth Olympia in London ten minutes prior to the start of the 3rd International Festival For Mind-Spirit-Body. Donald Weatherby from London and Peter Stahl from West Germany were busily putting the finishing touches on booth Number 28, HOMA THERAPY.

The booth, about 8' x 5', stood out in the massive hall by its simplicity, beautiful unstained English pine rising 12 feet into the air with HOMA THERAPY painted by hand in black.

We completed the carpentry, arranged literature, displayed pictures of plants and vegetables grown in HOMA FARMING experiments in England and U.S.A. and began speaking with visitors to the booth.

For the next 10½ hours a virtual unending stream of people visited Number 28. This Festival was attracting thousands—expectations were that 150,000 would attend the nine-day program. Booths representing almost every imaginable aspect of New Age programs were there.

At a gathering of this size with so much to see and do, I would have expected many people would “window shop” through our booth, stopping just long enough to look and see. But that did not seem to be the case. Invariably, as soon as we would begin to explain to someone the significance of the copper pyramid-shaped pot they were looking at, five more people would come by and it was as if on cue, a class had begun.

And then very often as the five or six people stayed, six or seven others arrived. And the people were not window shopping. They stayed and seemed to want to hear more and more about Agnihotra. Homa Farming and the Homa Therapy approach to WHOLISTIC HEALING. Our literature was selling fast at the booth.

We announced to people that we would be doing Agnihotra at sunset and they could gather at our booth at 8 p.m. At 7:55, no one had arrived yet and I was a bit curious about that. As the fire was lit at 8:04, 40 people had come, sat on the

floor, just to the side of the main aisle and experienced Agnihotra. Though the background noise and music from other booths and from the thousands of attendees could be heard, as soon as the Agnihotra Mantra was said, it was as if a ripple effect of silence emanated from the copper pot. The immediate area silenced perceptively and the background sounds seemed to blend together harmoniously into half-real dreamlike sounds. This effect seems to occur quite often when circumstances result in Agnihotra being done in noisy places and it is most interesting to experience.

On April 22, the second day of the Festival, we performed a seven-hour OM TRYAMBAKAM Yajnya at the rear of our booth. We had hoped to do a 24-hour Yajnya, but were refused permission as no one could remain overnight because of security reasons. People were so attracted and interested and after a couple of hours the atmosphere seemed so pleasant and high that visitors to our booth stayed longer.

One young woman said she was not feeling well and asked if she could sit by the fire. We set up another chair for her; after ½ hour she had learned the Mantra and was putting ghee into the fire herself. She smiled and smiled and was so happy at having experienced the curative effects of the fire.

At 9:30 p.m. Peter did a Vyahruti Homa. We had a wonderful short meditation in the now silenced hall and returned to Donald's home to prepare for Day Number 3.

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## **SURRENDER TO THE YAJNYA FLAME**

Ernest Collier, New York

Survival into the 21st Century implies that human health must assume top priority today. Getting back to basics, i.e. food, water, clothing, shelter, and air is a must. Otherwise it appears all is lost.

The individual today has now come full swing inasmuch as he has painted himself into the technological corner of the 20th Century room and a simpler and more disciplined life has become necessary to survive. The space within which the individual must operate works like a slip-knot, getting tighter and smaller with each movement, however seemingly harmless it may at first appear.

A good example is the production of electricity and the automobile. Electric power plants, through the burning of coal and oil, account for a large percentage of sulphurdioxide in the atmosphere. The resulting sulphuric acid is the main component of acid rain. This along with nitric acid, which makes up a third of the

acid in rain and comes from the nitrogen oxide of all combustion fuels but mostly from automobile exhausts — combine with water vapor in the atmosphere, convert to acids and then wash down in rain or snow.

The effect is not only to kill off wildlife and poison fishing waters. Acid rain damages crops, stunts plants and forest growth and weakens stone or metal building structures.

Many scientists are not optimistic about bringing about a reduction in acid rain. One estimate states that the U.S. injects over 20 million tons of sulphur dioxide into the atmosphere annually and projections are for a two to fivefold increase by the year 2000. Thus another stroke with the technological paintbrush is made each time a car's motor is started or an electric light is switched on.

Forewarned, it is said, is forearmed. *Satsang* has repeatedly pointed to the ecocidal encroachment of acid rain with the INSTRUCTION THAT YAJNYA IS THE ONLY WAY OUT.

Yajnya is a process given through the science of biogenetics, bioenergy, bacteriology and weather engineering given through the Vedas. Based on rhythms of nature consequent on the rotations and revolutions of the planets we can bring about a change in the atmosphere through the agency of fire. Change in the atmosphere brought about by Yajnya brings down nutrition from the solar range to the planet in a solar system where a Yajnya is performed. Thus plant life is vitalized and the plant kingdom gives a feedback effect of love to the human mind and makes humans happy. This in short is the process of Yajnya which leads to purification of the atmosphere which in turn unburdens the mind and all tension disappears.

Yajnya atmosphere timely lends itself to the basic areas of human need. It rebuilds the soil to a healthier state than that accomplished by the use of chemical fertilizers, insecticides, pesticides, etc. It gives nutrition to plant life and helps better absorption of solar energy by the water resources of the planet. Yajnya atmosphere, in addition to providing other life sustaining benefits directly counteracts acid rain.

Good health, by and large, is no accident. It can however result from proper effort. Catering to the above basic areas in an effective way goes far towards good health. The rise of vegetarianism, health food stores, the increasing demand for pure water (many boil cold faucet water ten minutes before use), use of non-fossil or solar energy in home and building heating, even the refusal to wear animal clothing and the GROWING REGULARITY OF 24-HOUR YAJNYAS IN MANY PARTS OF THE WORLD, are all examples of how people have significantly touched all these areas.

The air, purified through Yajnyas, touches and helps clean the water and the soil. When the unconditional and total surrender to the Yajnya purification Flame becomes a planetary way of life, the planet not only will be saved and healthy, but also happy.

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## **HOMA THERAPY AT HEALTH FAIRS**

Victor Bennet

During the past year Amarka, one of the customers at the Alternative Store in Brooklyn, New York had the opportunity to be introduced to Agnihotra ash medicines which she used for herself to clear blemishes on her face (Agnihotra ash and ghee) and to eliminate mucus congestion from her infant daughter (Agnihotra ash and pure honey). The medicines were prepared by herself with the Do-It-Yourself method. She spoke of her wonderful benefits to a supervisor at the Brooklyn Health Center. Then she was invited to give talks on the ancient process of Agnihotra ash medicine at two health fairs in New York in March, 1979.

The theme of both the fairs was Preventive Medicine For Children. One part of the program consisted of films concerning inoculations for various children's diseases with short case histories narrated by the moviestar Cliff Robertson and the other was a talk on Homa Therapy Wholistic Healing and Agnihotra ash medicines.

The importance of proper nutrition especially live foods without flesh was explained as a means of preventing illness in children. Agnihotra was then introduced as a positive measure to aid in preventing malfunctions in child development. It was explained that exposure to Agnihotra atmosphere is the best method for combating the effect of pollution on the mind and the body. It was further stated that Agnihotra atmosphere was a potent deterrent to the formation, development and growth of pathogenic bacteria. The explanation given in the ancient science regarding how plants thrive and respond with love and become healthy in Agnihotra atmosphere was also given. A general survey was made regarding how the ancients used Agnihotra ash and Agnihotra ash medicines with much benefit to human body and mind and also to agriculture.

In the end many questions were asked about the process and science of Agnihotra and replies were given in accordance with the statements made by Vasant in Homa Therapy Farming Bulletins, in *Satsangs* and in his book "Light Towards Divine Path." Heal the Atmosphere fliers were distributed to the audience and the staff. I was further invited to participate in future health fairs. It was a wonderful experience to be graced in this endeavor of "filling all the spheres with Love."

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## **HOMA FARMING AND MEDITATION**

Berthold and Monica Jehle

Modern methods of agriculture have become synonymous with intensive use of chemical fertilizers, insecticides and pesticides. Only in recent years the agricultural scientist has realized the great damage done to the soil by this practice. It is also now recognized that food grown with chemical fertilizers, insecticides and pesticides may have damaging effect on human health. Hence we witness the growing number of health food stores and macrobiotic restaurants.

Thinking people have already begun the search for alternate farming practices. However modern science does not appear to lay enough stress on ATMOSPHERE as an important element in farming practice.

A few years ago we started taking trials with Homa Therapy farming methods and we now grow better and healthier vegetables, corn and medicinal plants. Following are some of the pertinent points in Homa Therapy farming:

1. Planting needs our special attention. It is more like an event and the way it is done will have great influence on the growth and nutritive structure of the plant. Have a mind full of love when you plant a seed. Use Agnihotra ash while planting. (For further details please refer to Farming Buletting No. 3 of 1978 published by Agnihotra University, U.S.A.)
2. Prepare the soil with compost and other organic material. Pay attention to the aeration of the soil and watering. Spread Yajnya ash in the area. This is in addition to the Yajnya atmosphere which nourishes the soil.
3. In the centre of your farm and at the four extreme corners of your farm—North, South, East and West—perform Agnihotra.

Agnihotra is the smallest form of Yajnya which has a great impact on atmospheric fertility and also the soil. Agnihotra is performed daily at sunrise and sunset. At these two times terrific changes take place in the atmosphere and Agnihotra is to be performed only at these times.

4. It is not difficult to take care of your plants if you practice Agnihotra Plant Therapy. (Please refer to Farming Buletting No. 2, 1978, Agnihotra University, U.S.A.)

If you bear in mind the above points you will be assured of rich harvest. We get healthy and abundant crops by this method. Consequently this has a good effect on the health of the family when we eat food prepared by Homa Therapy farming practice.

We would like to state some of our experiences. We generally leave the Agnihotra pot untouched till the next Agnihotra time. Homa ash in the pyramid shaped Agnihotra copper pot gets more energized when we do this. As the pot with ash in it remains the whole day at the same place we notice several times that birds and even cats sit beside the pot and eat the ash. One day we saw two birds sitting simultaneously on the pot and eating the ash peacefully.

In our garden there grew a wild (not planted by us) "Königskerze" (*Verbascum Thapsiforme*) which normally reaches a height between 0.8 to 2.0 meters. In our garden it grew 3 meters high totally unattended. Usually this plant has only one flowering top but our plant had more than six flowering tops. This is a medicinal plant. We also grew large and beautiful vegetables and huge sunflowers.

We took trials with climbing beans. We planted four beans with Mantras and Agnihotra ash and nearby the same seed with Mantra but without Agnihotra ash. The seeds with the ash grew very quickly. Both the control plants and experimental plants were grown in Agnihotra atmosphere.

While growing crops we have to pay attention to several areas such as soil, atmosphere and mind. It is very important that we become full of love when we do any farming operation. Love may be considered as a powerful energy which is going to help things grow. If plants are grown in Agnihotra atmosphere they give a feedback effect of love to human mind.

Food grown by Homa Therapy farming helps the mind in its effort towards meditation. The very practice of making love to plants takes away much of our effort in meditation.

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## **FROM VASANT'S CORRESPONDENCE**

You should make efforts to iron out any differences you have with other people. If people on the Fivefold Path cannot be full of love with each other then it defeats the whole purpose. In an argument or disagreement between two parties neither side is correct. Both sides have their strong feelings either way.

If someone is using you or you feel they have taken you for granted you can explain this in a loving way but to continue feeling badly is just self-destructive. Other people should take into consideration your feelings, your condition, financial and otherwise and all should help each other. Still you have every right to your privacy. Neither of you should be vindictive. Just remember to be loving even if you need

to be firm. Some agreement should be made. If you are both going to be living in the same area you should learn to work together. Then strength comes in that union.

D. is under stress now and has been for some time. Her actions may not be loving to you and you may see it as a personal affront. But you have felt this way before. So try to be more understanding and help her in her situation as best as you can.

Let these so-called animosities fade away. Let them clear the air. You can be of greater support to each other if you try now to mend the situation.

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\*Practice AGNIHOTRA

for purification of the atmosphere which leads to unburdening the mind.

\*Practice DAAN

(sharing of assets in a spirit of humility) for reducing attachment to worldly possessions.

\*Practice TAPA

(self-discipline) for fruition of thy affirmations.

\*Practice KARMA

(good actions without attachment to the fruit thereof) for self-purification.

\*Practice SWADHYAYA

(Self study, Who am I?) for liberation.

This is the Fivefold Path. Start the spiritual discipline today. The span of life will not be extended. What is given unto you is to utilize wisely every moment of your existence. Let us engage ourselves in meritorious deeds without expectation of reward in the form of name or fame. We can live only in the present moment. The past is no more. The future is yet to be. Do not waste the precious moments in trivia.

Practice the Fivefold Path and you become a better member of your family or community. You will become a more righteous Christian, Jew, Buddhist, Muslim, Hindu, Zoroastrian, Sikh, Jain, whatever be your formal religious label. You may be an atheist or an agnostic, you will benefit by practicing the Fivefold Path. The Fivefold Path sets up life patterns based on biopsychological techniques given through Vedic knowledge. You need not carry the hypothesis of God to practice the Fivefold Path. You start the practice and knowledge will be unfolded to you from within. Believe only what you experience. This is the approach of a true scientist.

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