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**Twice Monthly** 

Vasant

**BIOSPHERE DISTURBED** 

CADMIUM, BARIUM AND CARBON FUSING. CATALYST IS NITROGEN. GASES GIVEN OFF BY CHEMICAL REACTION POISONOUS. BEWARE.

SUN IS NOW BEING FILTERED THROUGH OZONE LAYER IN SUCH A WAY THAT IT DRIES UP THE OILS IN BIRDS' FEATHERS, PROHIBITING OR LIMITING FLIGHT.

CHANGE IN COGNITION OF MAN DUE TO POLLUTION. MAN IS LIM-ITED IN HIS ABILITY TO DISCERN PROPERLY IN DECISION MAKING. PSYCHIATRISTS COULD BECOME MILLIONAIRES IF PEOPLE DON'T SOON TURN TO YAJNYA. ANYWAY, WHO WILL TREAT THE PSYCHIA-TRISTS? IT WILL HAVE TO BE A YOGI AND A YOGI WILL TELL THEM TO PERFORM AGNIHOTRA. IT IS THE ONLY WAY OUT.

TREES ARE UPROOTED BY THE WINDS ALL OVER THE UNITED STATES ESPECIALLY IN THE AREAS WHERE NORMALLY IT IS NOT WINDY.

BEHAVIOUR OF ANIMALS BECOMES ERRATIC, ESPECIALLY THE CAT FAMILY. PEOPLE SHOULD BE WARNED TO BE CAREFUL.

EXPOSURE TO SUN'S RAYS FOR A PERIOD OF MORE THAN FIFTEEN MINUTES DURING THE HOURS 12-3 P.M. IS DANGEROUS. IF ONE HAS TO BE IN THE SUN THEN THE HEAD IS TO BE COVERED.

BIRDS WILL BE GETTING SICK NOW AND SPREADING DISEASE EVERY-WHERE TO BOTH HUMAN SPECIES AND VEGETATION EXCEPT AROUND FIRE TEMPLES WHERE THEY FIND SHELTER.

SOON AT AGNIHOTRA PRESS AND IN MADISON IT WILL SEEM LIKE THERE IS A MENAGERIE.

INSECTS ARE TERRIBLE. MOTHERS IN U.S. WILL FIND THEM CRAWL-ING EVERYWHERE UNLESS AGNIHOTRA IS PERFORMED IN THAT HOUSEHOLD. THE INSECTS, THE BIRDS, THE FISH ALL CARRY DISEASE. Birds and plants will tell scientists much.

There are plants in the Himalayas through which the secrets of creation will be learned.

-2-

Some mist in atmosphere proves harmful to health, causes extreme respiratory ailments.

Bee is a carrier.

Cattle dying in herds now. It is no longer safe to eat meat. All animals carry toxins that will cause serious diseases in humans. TURN TO ORGANIC GARDEN-ING WITH USE OF AGNIHOTRA AND GROW YOUR FOOD AS IT WAS INTENDED.

Certain manifestations of subtle and very highly charged energies that come around the plants now. Must take care.

SPACESHIP TO LAND IN OMAHA, NEBRASKA. A SMALL GIRL IS EN-COUNTERED BY SPACESHIP AND THEY TEACH HER VEDA MANTRA. SHE RECOUNTS THIS TO A NEWSPAPER MAN. HE INVESTIGATES IT AND ALL THE FINDS SHOW SHE IS TELLING TRUTH. THIS HAPPENS AROUND JUNE 12th.

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## SHAPE THE MIND EFFORTLESSLY

People, perform Agnihotra as much as possible in the center of the room. The Agnihotra pot should be kept in that same spot except of course to empty it. If this is done as much as possible and one meditates in that room where Agnihotra is done and sits as closely as possible to the pot the vibrations coming from the pot make the endeavor more facile and push the mind in a state more conducive to concentration.

Things have gotten so bad now that just by performance of Agnihotra as soon as the mantras are uttered one can see the immediate reaction, the relief from tension. On the other hand when Agnihotra is not performed exactly at those times there is an increase in tension. This is especially evident when one has performed Agnihotra in the past and without being aware of the time and an increase in tension is felt.

When at Agnihotra Press one feels like he never wants to leave, never has to leave.

#### Vasant

The mind is reshaped so nicely, so delicately, so effortlessly by sitting in Agnihotra atmosphere.

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## HOMA THERAPY

Can we use Agnihotra ash as a filtering agent in our water purification kits? How to introduce ash into water resources for purification?

If Agnihotra ash could be put at water source and Agnihotra performed there regularly it will help the whole community. This is part of Homa Therapy.

ELECTRICITIES, ENERGIES, ALL SUBTLY PLAY UPON AGNIHOTRA AT SUNRISE AND SUNSET. THE CHANGE OF EVENTS THAT OCCUR SETS UP ENERGY PATTERNS THAT GIVE A PUSH TO THE MIND IN THE DIRECTION OF LOVE. THE PRANA AND MIND FEEDBACK ON ONE ANOTHER.

Do not be disillusioned. Agnihotra smoke from the fire is medicinal, is therapeutic.

IN ADDITION TO THE OTHER EFFECTS, IF YOU NOTICE, AT CERTAIN INTERVALS BURSTS OF ENERGY EMANATE FROM THE AGNIHOTRA POT DEPENDING ON PHASE OF THE MOON AND POSITION OF EARTH IN RELATION TO THE SUN. THESE BURSTS OF ENERGY THRUST NU-TRIENTS AND FRAGRANCE THROUGH THE SOLAR RANGE HAVING A PROFOUND IMPACT ON THE MIND.

Showers of Love to all. The Kingdom of Heaven is opened by the Grace of Almighty Father. It is here. Experience.

Ideals will carry us so far but never further. What is practiced gives experience and experience is truth.

Weather now begins to fluctuate drastically day by day. Agnihotra ash should be made up and taken by everyone. So much of disease there will be.

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## SATSANG NEWS

Homa Therapy in Jackson, Mississippi

Report by Jan, February 22, 1978

Homa Therapy now spreads through Jackson, Mississippi and from this point it spreads throughout the Southeastern states of the U.S. Adelle Street Fire Temple

Vasant

-3-

is located in a poor area of Jackson. The Fire Temple is open to the entire community and currently children's classes are taught by Barbara.

Vasant has stated "Henceforth without fire temples nothing will work. All fire temples will be protected and become places of refuge and they must be established quickly in all areas."

Elwood has set up a house in Jackson where Ashramic disciplines, fixed timings for mantras and meditations are observed.

A large acreage of farming land has been acquired by a group of Homa Therapy practitioners and they will adopt Homa Therapy farming techniques. The land is located very near to Jackson city. Vasant performed Vyahruti Homa on the farmland and also special mantras were done. Elwood is guiding "operation farming" where no chemical fertilizers, insecticides or pesticides will be used and Homa Therapy techniques only will be adopted. The planting of seeds would be done based on the phases of the moon and Agnihotra will be performed at a few points on the land according to the biorhythm of sunrise-sunset.

Ronnie, Beth, Jan, Barbara, Clifton, Melvin, Jeff, Gregory, Thomas and Derrick make up the core in the Jackson area. Our love and thanks to Vasant for his patience and love for us all.

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### Vasant in Philadelphia

by Henry Haney Director, LaMott Community Center

Vasant arrived in Philadelphia on January 5 and held a brief talk with a group of Agnihotra teachers and students in North Philadelphia. Vasant stressed the importance of teaching and understanding the process of Agnihotra from a scientific viewpoint. Following are some of the suggestions made.

Do Agnihotra in more public places where it is allowed.

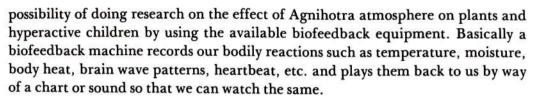
Go in groups to any festival and do Agnihotra.

Do Agnihotra in parks.

Study the laws and start center for drug addiction based on Homa Therapy.

Perform Agnihotra with groups of hyperactive children.

I arranged a meeting between Vasant and Mr. Daniel Singleton, a field systems engineer working with IBM computers. Vasant suggested to Mr. Singleton the



Vasant gave a short talk on Homa Therapy to a group assembled at Mr. Singleton's residence. Our host videotaped the talk and we were able to watch on a special television set in the room at the same time.

Mr. Singleton arranged a talk by Vasant at the National Biofeedback Resource Center located in center of Philadelphia. Vasant talked with the chief administrator and the chief therapist and explained to them the science of Homa Therapy as given in Vedas. Vasant specifically laid stress on the process of Agnihotra and the beneficial effects of Agnihotra on plants. Vasant explained how Homa Therapy can be introduced as supportive psychotherapy in psychiatry practice.

Vasant presented the chief administrator Mr. William Lobel and other staff members copies of *Satsang* and 'Light Towards Divine Path' as we were leaving the facility. Vasant told us in the tour group that this meeting was only a beginning and more meetings and seminars with American scientists had to be arranged soon.

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Vasant was in Germany for one week in April. Two new fire temples were inaugurated by him in Bodensee area of South Germany. Mr. and Mrs. Schmidt and Mr. and Mrs. Jehle are in charge of these two places.

Fred Clifton reports that two new fire temples were inaugurated in New York city in April and May. Victor and Miriam Bennett are in charge of Brooklyn Fire Temple.

In a fire temple there is no priest and nothing is worshipped. Only Agnihotra is performed twice daily corresponding to biorhythm of sunrise and sunset and silence is maintained all the time. Any person from the community may come and sit as long as he likes to experience the tranquility resultant upon the process of Agnihotra.

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-5-

by Barry Rathner

# FROM VASANT'S HOMA THERAPY CLASS ANTIOCH COLLEGE

Homa Therapy transforms the mind. This Homa Therapy existed all over the planet. Now it is nearly extinct and is being revived by Divine Will.

You give a medicinal herb to a patient and the patient is cured. You put the same medicinal herb into fire under certain disciplines and it benefits the whole area and therefore several other patients.

You release the mind energy by practice of Homa Therapy and life becomes happy. Now it is recognized that if the mind is tense and under much pressure and the effect is transposed to the stomach it becomes stomach ulcer. It is also admitted that you treat the mind and the ulcer disappears.

These days we hear of a disease called "businessman's tumor." What is businessman's tumor? Sometimes when the sales graph starts falling or you find it difficult to write enough checks for the wage bill or the Internal Revenue Service refuses to accept some of the expenses shown in the account books a person starts getting tumor due to anxiety and worry. This is "businessman's tumor." So you can see how the disturbed mind gives rise to tumors. If you can cure the mind and set into motion certain energies at the level of the mind this tumor can also be taken care of. So train the mind and get away from these anxieties. This idea is now at least accepted by the establishment. A time is soon coming when the next generation will say "How people were so dumb! They could not think in terms of Prana and the mind and subtle energies. It is as simple as anything."

Prana is the leader and the controller of the mind. Change in atmosphere brings about change in Prana. These are the two basic things in Homa Therapy.

Homa Therapy covers the whole of psychosomatic man and a little more. Let us look at this psychosomatic man. When he says "I did this, I did that" how far this is true? Literally this is not true. It is easy to observe how little control one has over the functioning of the body and the mind and therefore we use the word involuntary system in physiology and anatomy. The practice of Homa Therapy gives a little better control over this so called involuntary system of the body.

Can this Prana or the functioning of this Prana be brought within the range of modern instrumentation which we term as sophisticated? It is difficult to do so. There are various tiers of energy below the electromagnetic level and it appears that science knows little about it at present. If experiments are made regarding the effect of Homa Therapy on plant kingdom it will open the doors to miraculous things in creation. It is for the scientist to do so.

Some people think that Kirlian photography might prove a handy tool but there are various opinions on this subject. Recently an argument has been put forward that the different pictures of energy patterns that we get in Kirlian photographs are the result of functioning of sweat glans. How far this is true and how far Kirlian photography can be useful tool to measure the changed conditions of nervous system, it is for the scientist to check.

Anyway, Homa Therapy directly affects the nervous system. This can be checked. We tell a person "Well, if you do not do or cannot do Agnihotra at home then go in a fire temple and sit there. Do this at least for one week at Agnihotra timings, that is sunrise-sunset. Then you may note the change in yourself. The first effect will be on the nervous system if you keep both the sunrise-sunset cycles."

The effect of morning Agnihotra lasts till evening Agnihotra and the effect of evening Agnihotra will last till the next morning. This is how Agnihotra, the main tool in Homa Therapy is described in the Vedas."

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## HOMA THERAPY CLASSES

#### **Johns Hopkins University**

Classes at Johns Hopkins started in February. I was asked if we could have Vyahruti Homa at the sessions and I agreed to that. We covered thoroughly Homa Therapy farming experiments to grow more and better crops.

Karen Jeffreys

As I was teaching the various aspects of rainmaking Yajnyas as given through the Vedas I was shown a newspaper article about rain being made in Los Angeles area by some county officials. In that process quicksilver pellets were used to impregnate the clouds and when the rain started it did not stop soon. I was told that the officials who enunciated the rainmaking process were being sued by county residents whose homes had been washed away. In this context I explained to the class that Homa Therapy as given through the Vedas also mentions processes to stop rains.

One session was devoted to Agnihotra Ash Medicine as practised in Germany. This subject was of great interest to the people and I was asked to translate into English the reports from German research laboratory regarding Agnihotra Ash Medicines.

### Charlottesville

Homa Therapy classes started in mid March and students from as far away as Michigan and Kentucky attended. As the planting season was about to begin we talked more extensively about Homa Therapy farming practices. I explained the significance of planting by phases of the moon as several people were getting ready to seed and plant their gardens.

I also explained the change in breathing system that takes place exactly at sunrise and its correspondence with the phases of the moon and the scientific reason for getting up at least one hour before sunrise.

Homa Therapy as cure and prevention for disease was discussed using Monica Jehle's article from *Satsang* Vol. V No. 16 captioned "Agnihotra Ash Medicinal Research".

After three sessions another person from Agnihotra Press took over the classes as I had to leave for Denmark to continue to spread the message of Love given through Agnihotra. Siniti Oneda assisted me while teaching Yoga exercises.

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