

## **POLLUTION AFFECTS COSMOS**

Vasant

Rabbits carry a type of venereal disease and give to humans. Where do the rabbits contract such a thing? It is due to pollution. Medical experts have difficulty identifying the symptoms. Agnihotra Ash medicines mixed with specially prepared ghee is the solution.

Some new bacteria comes into the bloodstream of dogs. It proves fatal in a few weeks. No one knows what it is. Next it shows up in cattle and horses, then in man. It is amoebic, it is some sort of parasite.

Uranus and Jupiter out of balance causing a flood of negative energy on earth that brings famine and disease in its wake.

Bees are migrating to Fire Temples. In other warm areas all hibernating. All of life cycle is changed. Everything points to destruction. Only way is Agnihotra.

Certain Mantras now being heard from our planet on other planets in other solar systems. Messages are returned from them.

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## **ENCOURAGE ECOLOGICAL GROUPS**

Vasant

Now in many countries there are disasters. Illnesses unheard of reach places where normally disease rate is low comparatively. In every place we have gone people are just attracted. People come to us. Their minds are so troubled. They are searching for answers to their misery. Of course, for each person it is a different set of circumstances but the answer can be given universally. Agnihotra has such a far reaching effect on the nervous system that the physical and mental aspects are taken care of.

You will find instances of disease in ancient places where these particular maladies do not normally exist. Pollution is the cause. Agnihotra is the key to bring down the disease rate considerably. Of course there are numerous ecological

steps which if taken, will effect a great change in the atmosphere. The effect of Agnihotra on the atmosphere is far reaching. We encourage antipollutionary action and some such ecological groups. TO THIS WE MIGHT ADD A CATALYST—AGNIHOTRA. FOR THE SAKE OF HUMAN MINDS, BODIES, PLANT LIFE, ANIMALS, THE AIR WE BREATHE PERFORM AGNIHOTRA AND GAUGE THE DIFFERENCE SIMPLY IN YOUR OWN HOME.

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## **EDUCATING CHILDREN**

Deborah Weaver

Children are affected by the stress, tension and pollution of the environment as much as adults, if not more. As parents and teachers we see our children uptight, unable to attend to learning and in many cases miserable. They fall into the same cycles of pain and misery in which we have become entrapped.

How to get out of the cycles of happiness and unhappiness and how to prevent our young from becoming entrapped in these habits is answerable through first understanding what causes them and then taking the appropriate action.

THROUGH THE ANCIENT SCIENCE OF THE VEDAS WE CAN PROVIDE CHILDREN WITH SIMPLE PRACTICES WHICH CAN BREAK THE GRIPS OF POOR HABITS THEY HAVE DEVELOPED AND ALLEVIATE THE TOLL THAT ATMOSPHERIC POLLUTION TAKES OF THEM. THE PROCESS OF HOMA THERAPY IS ONE SUCH PRACTICE WHICH ALLEVIATES TENSION ON THE MIND BY INDUCING ATMOSPHERIC CHANGES IN THE LIFE ENERGY OR PRANA WHICH PULSATES THROUGH ALL LIVING MATTER. ONCE THE MIND IS FREE FROM TENSION THE CHILD CAN EXPERIENCE MORE POSITIVE, CREATIVE AND LOVING FEELINGS. THE TOTAL POTENTIAL OF THE CHILD WILL SOON BLOSSOM WHEN HE/SHE IS GIVEN INSTRUCTION AND GUIDANCE FROM SOMEONE WHO IS HIMSELF FREE FROM THE GRIPS OF TENSION AND MISERY.

This is not a fairy tale. It can be achieved. The contents of the lessons provided through this manual provide the framework for teaching these skills to youngsters and young adults.

Children are the future. What they perceive and learn determines the future state of the world. The responsibility lies with us to give them what we have learned of truth and then to have faith in their wisdom.



In recent years increasing number of educators have been rudely awakened to the dire need for the implementation of a more humanistic approach to classroom education which encompasses more than academic subjects. These educators and scholars point to the lack of a frame-work in the public school system that provides for open communication, development of a positive self-image and the expression of love and understanding not only between the teacher and student but at all levels of interaction. We, as educators and people must first re-examine what skills are necessary for a person to be a happy and complete human being regardless of whether the person is five or fifty-five. We must also realize that maximum learning and growth takes place when the individual is in that state. There is research to support this view. Wallenberg and Clifford studied kindergarten youngsters to determine if self-concept was predictive of reading success. Two and a half years later they found that self-concept was a better predictor than IQ. Children with poor self-concept did not learn to read as well as children with good self-concept. Think about this. Even though it may not be new information, it is extremely important information.

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#### **VASANT'S TALKS — EUROPE 1978**

In Europe now more incidence of lung disease has started. Then all over the world major disease will be this lung cancer.

Imbalance in nature exceeds limits. Just as a mother has to place a certain limitation on child's behaviour so the earth fixed natural laws to coincide with the evolutionary process and the cycles that occur in all living beings. These specific limitations are not only being reached but far exceeded in time. Time has come when nature will and already is striking back. All beings follow the natural law of cause and effect which is the same as the law of "you reap as you sow" from the Bible, the law of Karma in other terms. This is the same law by which man himself is conceived, yet modern day men and women wish to change these natural laws to suit expediency, luxury and convenience thereby causing a great disturbance on the planet. All natural cycles are beginning to be disturbed, thrown off balance. Agnihotra helps to restore that balance.

Solace will come to those who suffered long. In the hearts of many people now there is this readiness. It is as a seed which needs only proper nourishment to grow. This then, is our duty. To serve others, to deliver this nourishment in the form of Agnihotra done with love not only to be given to one country or another but to the whole universe. That is why things have to be done in a specific way and as quickly as possible.

We must seek to purify body, mind and soul. Remedies can be found for nearly every disease which is in existence today, in the ancient Vedas. But now those things are lost. Agnihotra can be given now to heal scars on the mind. Now, also proper diet. All is connected. Make efforts to better yourselves.

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## HELPING

Henry Gregory

Man is not the body. He is not the mind.

He is the executive, supposedly, directing the functioning of the mind and body.

All relationships are helping relationships. Helping is the only way we can be happy.

We all know, at some level, what real assistance is needed by our loved ones, friends and associates. Most often it is simply a warm attentive understanding coupled with a gentle but firm commitment to truth and honesty.

Unfortunately much of our conversation and intercourse is done at levels that do not have helping as the primary purpose.

Helping requires humility. Humility is necessary for one to be in position to see what action or inaction is required. Disciplined responses (of thought, speech, and action) are required in most helping situations. Discipline is required because of our tendencies toward impulse responses that reflect wants and desires but seldom needs.

Frequently our reaction to those reactionary responses is guilt or remorse. Paradoxically, only by restraining one's impulses will one have the perception to see what is best. The trick is to stay out of giving advice to others and to have faith in and accept the influence of love.

Each of us gives off a vibration. If the vibration is based in love, a sincere desire to be of service, this will have more effect than any words. Most of us do what we want regardless of what others say. What we go to others for is acceptance and understanding. We can meet this need by helping others realize where they are at.

By being a mirror that simply reflects, without interpreting or evaluating the thoughts and feelings, words and actions of the seeker, we help him see himself. Once any of us begins to see himself direction becomes clearer.

In every relationship and every communication we are either helpful or harmful. The key involves mastering an attitude of Non-Violence. Non-Violence in thought, speech and action is essential.



“Violence is one expression of the disharmony between mind and intellect.” (Vasant)

“One who neglects to help others in any situation is committing injury” (“Ten Commandments of Parama Sadguru” by Vasant)

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## FROM VASANT'S PERSONAL TALKS

People say “Oh, this makes me angry. That person made me mad.” Actually it is all in the mind. Someone cannot make you anything. So, when this anger comes say to yourself “I do not need this angry feeling. Go away.” It is unnecessary to put burden on the mind and body by becoming angry. Simply say “No, I don't want it.” And keep quiet. Always keep quiet when you have anger. You can deal big blows without anger. You can say the same thing by being firm without all that nervous energy creating disharmony in yourself as well as the atmosphere and the person with whom you are speaking. Keep silent. Let it pass and then speak.

Speak to everyone as if they were your equal. Never look down on another. It is not your place to judge who is better amongst you.

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He still has these ties to his desires and he still seeks to fulfill them. Until he leaves them they will create a strain on his mind and he will be limited in the amount of work he can do. I have strongly suggested to him on several occasions to leave it and he has not yet. So what more can I do? It is up to him. Actually he is delaying his own progress. He has to just stop completely for it to be effective. There is no time for gradual change. If one finds that something is bad for him there is no time now to leave it slowly. Opportunities are given. If we miss them, quite often, the chances are lost. It is written in *Satsang* that one has to become pure. It is a difficult process but it comes through effort and Tapa (self discipline).

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Constantly criticizing others only fosters anger and resentment. If you are strict in your disciplines then others will follow.

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Answers to all your questions will come in silence. Just be strong and fill each and every moment with love. You need not be solemn about it. Enjoy life as you are living it.

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If your relationship with XXX becomes strong then either of you can go anywhere

and it will last. Trying to stay together when it is not strong is not the answer. First become strong. Then take the necessary decisions.

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Fallen angels. That is what has happened.

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## **FROM SATSANG CORRESPONDENCE**

"We enjoyed your visit and presentation very much and have used the ashes from Agnihotra ceremony for several purposes with good results. We have a number of our people that have expressed an interest in attending your proposed workshop.

"We would like to have a copy of your cassette recording of Agnihotra mantras. Several of our group are interested in practicing the Agnihotra ceremony regularly. Thank you for your visit and courtesy."

Universal Life Church  
Baton Rouge, Louisiana

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## **Nairobi, Kenya**

"This letter may come to you as a surprise because physically we haven't met. But I know spiritually I met you from the very day I met Ross with whom I stayed burning the Fire of Agnihotra for the Greater Glory of God and the benefit of mankind.

Ross gave me the book "Light Towards Divine Path" written by you. Its content follows in the light that is not different from my way of life.

Agnihotra for the first time is now gone to Ghana, its fires wiping off the filth in the atmosphere.

Here in Kenya we are only two in number who are doing Agnihotra but we hope sooner whole Nairobi will join in if the Divine Wills it so.

I don't know why but about a week ago the 'Inner man' keeps pestering me to write to you and ask that Peace, Love, and Light that Father — Mother — Light — Love — Wisdom alone bestows be our guiding light till the final release and victory is one.

Peace and Love  
Fred Mwaa Nag Agbobli

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## A REPORT FROM INDIA

By David

Agnihotra and the Fivefold Path is spreading quickly amongst Harijans in India. Harijan is the name given by Gandhi to that section of Indian society which used to be called "untouchable" or "outcast". Harijan literally means People of God.

Shree took birth in human form in Kharagpur, West Bengal, a railway town near Calcutta. He was born in a railway quarter near one Harijan colony called Poter Kholi.

On 17th of May 1977 the first fire temple in Kharagpur was inaugurated. This is the day on which Shree was born in 1918. Fivefold Path classes for children were started in Poter Kholi as well as other Harijan colonies in Kharagpur. Harijan children were attracted to Agnihotra from the first day when we started work in these areas. It was as if they knew the Agnihotra Mantras already. Vasant in one of his visits to Kharagpur had stated: "Yogis were born in Harijan families in Kharagpur to carry the people of India towards the light of the Vedas." Our efforts to teach other Veda Mantras to Harijan children brought quick rewards. Children could be heard chanting the mantras even as they played.

I began to notice a change in the children. Their play became more harmonious and in many children I saw a change in their habits.

There are several Harijan colonies in Kharagpur composed of people coming from different states of India. Since 1977 Agnihotra has spread to ten of these colonies.

In early 1978 I suggested to some Harijan leaders that they form Fivefold Path Association to spread the message of love through Agnihotra. The idea was discussed with Mr. Baghmar, Sarwary and others in the community. It was suggested that the Association should train teachers to spread Agnihotra and the Fivefold Path to all India. The Association started functioning by end of 1978.

The first work that the Association will undertake will be to train some boys and girls to become teachers to spread this message. They will also be taught how to prepare Agnihotra Ash medicines, Hatha Yoga exercises and Yoga breathing techniques (Pranayama). Persons from four main language groups (Bengali, Hindi, Oria and Telugu) will commence the training from mid December.

The Association will hold Mantra competitions among the children of Kharagpur. Centers will be opened for free distribution of Agnihotra medicines in the various Harijan colonies.



In April 1978 I made a short visit to the towns of Bilaspur, Raipur and Nagpur. In each of these places in the Harijan colonies several people took Agnihotra pots and commenced the practice of Agnihotra for purification. In November 1978 Pradeep Das from Poter Kholi and myself visited Harijans in Calcutta where Agnihotra was taught to five families. The people there were happy to know about Agnihotra Ash medicines. Pradeep and Mohan Lal continue to visit other Harijan colonies in Calcutta to teach Agnihotra.

I visited the Mahatma Gandhi Ashram at Sevagram where we were received with open heart. We are planning to chalk out a program for this area with the help of some Harijan boys from Kharagpur.

Shree has said that from Kharagpur Agnihotra will spread to all corners of India. Already people in different cities are being contacted by mail.

Kharagpur is the birthplace of an Avatar. From Kharagpur the light of the new era spreads throughout India. This light is the light of Vedic knowledge which is a lost science. Kingdom of heaven comes through the Grace of the Avatar. Let us fill all the spheres with love.

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