

Satsang

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Twice Monthly

Excerpts From Vasant's Talks With a Group of Fivefold Path Teachers in Germany

"You give chocolate to a plant and it will not eat it. Similarly you give chlorophyll tablets to man and he will disdain you. Man and plant are different. There is no need to be surprised. However, you give plant AGNIHOTRA and the plant is happy. You give man AGNIHOTRA and he is happy. The universality of Agnihotra also covers different forms of life."

"If you tell people that you have found true religion, God, soul, AVATAR, they will laugh at you in some places and label you as another sect. Hence the scientific approach is the greatest beginning. Once a person starts practicing Agnihotra the rest of what we know is true comes to him in silence in his own home."

"The ancient science as shown in the Vedas, Upanishads has now come. Utilise the knowledge given to you by the Almighty. No hydrogen bomb can harm you if you practice this ancient science now."

"Destruction of man's grand universe is coming soon. Love conquers all hatred, anger, greed. This ancient wisdom of Vedas teaches us a science which ushers into our own home, our own heart, the love required to overtake the forces of destruction now growing in our environment. The atmosphere needs to be purified. No amount of money will do; talking will not do. Even praying alone can not bring about this TOTAL LOVE required."

"The world is full of pain and desire. We are thrown from one to the other daily, minute to minute. We do not eat properly. We do not breathe properly. We do not live properly."

"The rich man is unhappy. The poor man is unhappy. Money does not solve problems. Oftentimes it creates greater disturbance on the mind due to attachment to this bitter sweet fruit we dedicate our

lives for. We cannot afford to waste our precious lives over the pursuit of material plenty. Cancer and leukemia strike the rich man's family as completely as the poor."

"In the Law of Karma there lies no provision for income or status or power. In the Law of 'reap as you sow' there is no in or out depending on who you know. If you know a great saint and you walk with him to and from work everyday and talk to him on weekends and dream of him in the night, still it is reap as YOU have sown not as he has sown."

"Many of us will come to realise the deeper meaning which intellect can not bear to perceive. The time approaches quickly when one neighbour will rise and the other will fall. The wicked shall perish on because of their evil deeds. The good shall rise because the flame of love long since kindled in their hearts will now brightly shine for all to see. Even the children will not be spared. It is each person's Karma which determines his fate."

"Begin to work out your own Karma. LOVE THY NEIGHBOUR AS THYSELF. Atmospheric purification eases tension on the mind and ushers in a state of happiness. This reduces Karmic burden. You at least begin to LOVE. For achieving this, practice AGNIHOTRA. Do not be attached to the fruit of your action. Look to yourself when you search for the truth. Know thyself."

Message Given by Vasant to a School in Pforzheim, W. Germany

"The sun has risen on a new era. Henceforth, it will be either total love or total destruction. The days of paroachial thinking are over. Henceforth the scientist will have to be a Yogi. The energy cycle of the planet is disturbed. The unhappiness that we see is only a fraction of the great crime committed. LOVE is the only weapon which can destroy this wrong energy pattern and bring happiness to mankind. The FIVEFOLD PATH which is total KRIYA YOGA is the essence of the teachings of all saints and prophets. It begins with AGNIHOTRA. AGNIHOTRA is the panacea to all ailments of the mind.

May this school become a powerful instrument to spread the message of LOVE. With love and gratitude to Frau Marialu and Herr Krementz

Vasant

Pforzheim
February 26, 1976

Quotes From Vasant's Talks in Germany

Memmingen

"It is safer to keep our faith in the scientist than a priest. At least he knows what he is talking about. Fifty years ago the scientist used to say, 'I do not know it but I will know it one day.' Today the topmost scientist says, 'I do not know it; I can not know it.' Why? The limitations of human reason have been recognised by the scientist of today. This is one of the biggest steps that science has taken in recent years."

"After Max Planck a fresh breeze of indeterminacy entered the realm of scientific thinking. All the moorings of yesterday were torn apart and the mechanistic concept of universe finally collapsed like a house of cards. Science is now pointing in the direction of the Vedas, the ancientmost literature known to humankind. The science of bioenergy comes from the Vedas. The Fivefold Path of happiness which is the path of eternal peace and bliss is based on Vedic knowledge. Agnihotra comes from this ancient wisdom."

"In the beginning of the century the scientists used to say, 'We will banish misery from the planet.' However only drudgery is banished and misery continues. It continues in a larger measure. The chief maulader for this trouble is atmospheric pollution. Agnihotra is the panacea to banish misery as it has a great effect on the mind. When the atmosphere is starved of nutrients which result from YAJNYA atmosphere all plant life suffers. The medicinal qualities of plants have deteriorated. Many varieties of plants and fish are totally disappearing from the planet. The energy cycle is disturbed. Agnihotra helps to reset the energy cycle. It makes you feel happy."

"The science of medicine stands to benefit much from Vedic knowledge. We shall soon start our dialogue with the science of medicine. It will be based on Agnihotra and the Fivefold Path."

Auerbach

"To bring out proper music from a violin the metal of the wire has to be correct, the wood has to be properly seasoned and it is necessary to give the correct tension. TAPA, the third aspect of the Fivefold Path gives proper tension to the bodily instrument. Agnihotra eases out our effort in this direction. However merely a good

instrument can not produce music. You need a master musician to do that. You start practicing the Fivefold Path. It brings about the transformation of the mind and gives it the total coloration of LOVE. The Master musician comes without your knowing it. The LIGHT that resides within shines. Grace is the method. Your belief in God, soul, reincarnation is beside the point. Believe what you experience."

Vahingen Enz

"You go to a supermarket to buy a TV set. The salesman offers you the goods. He does not ask you whether you believe in God, soul or reincarnation. The Fivefold Path which begins with Agnihotra is offered to you without any conditions. It is offered to you at your doorstep. It caters to the whole psychosomatic man and even more. Practice it."

"Do not underestimate it because it is offered free. We are not used to getting things free. However the highest things in life are always free. They are yours for the asking. 'Knock and it will open'."

"Why trouble your mind and intellect with the question of God and reincarnation? If God appears before you what is he going to tell you? He is going to say, 'Do good Karma because you reap as you sow.'"

Esslingen

"The other person can abuse you but he can not dictate to you how you should react to his abuse. It is your free will. Exercise this free will in the proper direction and get rid of the chains of Karma. This is liberation. You reap as you sow and hence be unattached to the fruit of your action."

Schweiberdingen

At a meeting arranged by Rolland Geisselhardt at Hotel Schloss Hof Vasant spoke on the Fivefold Path. Following are some of the questions asked by a Doctor of Medicine.

Doctor: If people say Agnihotra works it can be only autosuggestion. It is not scientific. It is faith.

Vasant: AGNIHOTRA removes tension on the mind as a change takes place in the atmosphere. The conditions obtained at sunrise sunset are a part of Agnihotra. Anything that is autosuggestion is not necessarily excluded from the domain of

science. However this is besides the point. If thousands of families in Europe and America coming from different background experience the same result then this itself is enough reason for starting the investigation from the point of view of experimental science.

You are not asked to keep faith in anything. You are asked to believe only what you experience. In a psychiatry clinic in America the patients were asked to sit regularly in a room where Agnihotra was performed. The patients knew nothing about Agnihotra. However the effect of Agnihotra helped. If as you say, Agnihotra functions by autosuggestion how do you explain the working when no conscious attempt is made by the practitioner towards autosuggestion? In practicing Agnihotra there is no question of a therapist trying to impose his will on the practitioner in the direction of autosuggestion. The practice of Agnihotra does not imply entering a programme run by a psychotherapist where he can make you amenable to autosuggestion. Still, if you insist it is autosuggestion it becomes necessary to investigate how this autosuggestion originates at all times and all conditions. If the change in the atmosphere leads to the faculty of autosuggestion you have already proved the basis of Agnihotra.

Doctor: I still think Agnihotra is not scientific and is based on faith.

Vasant: It depends on what you mean by the term scientific. This may land us into the investigation of the sources of obtaining knowledge by the scientist. It could be easily proved that his sources are hardly reliable. Then we have to investigate the existence of various states of consciousness and their ability to allow the flow of knowledge. However, let us not go into it now. I might say that it is possible that at a certain stage faith may become an aspect of intellect and the two may not be necessarily exclusive.

It was clearly stated in my talk that you are not required to keep any faith to begin the practice of Agnihotra. If in spite of it someone keeps faith it is his business. Agnihotra will work without any prior committment of opinion on your part.

When you construct a building you are required to keep faith in geometry. Geometry says "Let AB be a straight line". A

line is supposed to have length but no breadth. Such a line can not be drawn. It is like asking someone to eat a cake lengthwise but not breadthwise. Even this little faith is not a prerequisite to benefit from Agnihotra.

A few years ago the scientist used to say that electricity was a particle and now he says it is a wave function without explaining clearly of what it is a wave function. However, a child switches on the button and can watch the picture on television. It is for the physicist and the electronic engineer to explain how it works. The child need not be a physicist to watch the picture on TV. Agnihotra experience comes in a similar manner.

Doctor: I will try Agnihotra if you can walk on water.

Vasant: I have offered you Agnihotra without any conditions attached. Hence the question of walking on water does not arise at present. However, if you prefer to do it under certain conditions I might suggest the conditions. Examine whether it seems plausible that burning of something can have an effect on the atmosphere, whether vibrations can have an effect on the atmosphere, whether the sunrise sunset cycle can produce a rhythm that might affect the biological functioning of man. Whether the effect is beneficial or harmful is another matter. Then you can start the practice. If you get the experience you may continue. This is knowledge and it does not matter whether it comes from the moon, America or India.

Agnihotra comes from the ancient science of bioenergy given through the Vedas. Vedas are in Sanskrit language. Go to any university in Germany and they will tell you that Sanskrit is the mother of all European languages. Hence you have an equal claim on this knowledge as anyone else. For you Sanskrit is not a "foreign" language. Sanskrit was nobody's mother tongue on earth any time.

The science of Agnihotra could only be understood when one is prepared to discard superstition. Let us remember that scientists could also be superstitious when they bar the entry of knowledge. Science today is pointing in the direction of the Vedas and there is no place for superstition in Vedic knowledge.

Question: Will Agnihotra show result on the electroencephalogram?

Vasant: Practice of Agnihotra induces a blissful state of the mind.

E.E.G. records the so called electrical activities of the brain as produced in different patterns. Brain is merely an instrument. How far can you assume that E.E.G. pattern necessarily reflects in toto the state of the mind? Can a variable state of mind produce the same E.E.G. pattern? What are the parameters to gauge the effect on the mind? All these things will have to be settled first.

It was stated in the talk that mind is subtle matter. It was also stated that Agnihotra has a good effect on the body. Perhaps we may expect to face a situation where the electroencephalographic and electrocardiographic recordings show a normal pattern after a few days of practice of Agnihotra but the electrical skin resistance test may show a changed pattern. Since the tension on the mind is removed by Agnihotra it could be presumed that the sympathetic nervous system is affected. Thus in the absence of emotional undulatory excitements the electrical skin resistance increases. We must not forget, however, that the intake of drugs which have a bearing on the sympathetic nervous system may also raise electrical skin resistance. I speak about this with a view to impress upon you that a great care is needed before we can pronounce any judgement on Agnihotra by means of the methods of experimental science. When we deal with the mind we enter a totally new area about which modern science knows but little. The very definitions are lacking.

Modus operandi of Agnihotra is

Change in atmosphere → Change in Prana → Change in mind.

In case of Pranayama i.e. Yoga rhythmic breathing, the movement of Prana through the nervous system is affected and the machine may record a state of relaxation in muscular structures or the nervous system. Mind is subtle and how are we going to record the changes in the mind? When a surgeon removes the segments of brain the mind still seems to carry on as before. This shows how the E.E.G. test which has a bearing on the electrical activity of the brain may not be useful to gauge the effect on mind. However, a breakthrough is possible in the methods if experimentation.

Very recently science has discovered that there is a ratio between the atomic molecular matter that constitutes the physical body and the plasmic state of the so called bio-

logical plasma body. It would be worthwhile to investigate the effect of change in the atmosphere on this plas- mic state. When there are changes in the intensity of solar flares biological changes take place in all forms of life. How do these things affect the mind? A search may be made in this direction.

SATSANG NEWS

Stuart Masill of Agnihotra Press arrived from Washington, D. C. to Stuttgart to join Vasant in his tour of Germany to spread the message of the Fivefold Path of Vedas. John Brown drove him from Randalls- town to Dulles International Airport to bid him farewell. Stu was received at Stuttgart airport by Fran, also from Agnihotra Press who accompanied Vasant when he departed from America for Europe on this historic mission.

Philadelphia

Barry Battista dispatched one hundred Agnihotra copper pots to Stutt- gart airport for the benefit of new people who are taking to Agniho- tra.

Philadelphia newsletter will appear in our next issue.

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