

Satsang

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Twice Monthly

Ring In The New - 1976

...By Vasant

Showers of Love to all
O Seekers of Eternal Truth
O Travellers of Divine Path
Grace of Almighty Father which is in Heaven
always be with you
Kingdom of Heaven is nearing now
OM TAT SAT

This is the message of the Divine Messenger who has come to set right the energy cycle of the planet. It is not necessary that you know his name. Study carefully his message of the Fivefold Path of the Vedas and start treading the Path of Light. The Christ within you, the Light of Allah within you will manifest and you will realize that you are Buddha, the Enlightened One.

You plant an apple seed. You water the plant. That is all you can do. The power (Shakti) which turns the seed into a sapling and then into a tree is beyond you. You may designate it as GOD or DOG. When the energy cycle of the planet is reset people can easily attune themselves to this Shakti. You become aware that when pride and passion dwindle the Light is within you. It is I AM THAT I AM.

Even a few steps on the Fivefold Path will transform your whole life. Start with AGNIHOTRA, the method of purification of the atmosphere through the agency of fire. This comes from the ancient Vedic science of bioenergy. It is based on rhythmic cycles experienced by our planet earth due to its rotation around itself and its revolution around the sun. Our sun is one amongst the billions of solar systems. The cosmic gait of heavenly bodies and especially the sun affects all bio-organisms. Earthly life receives all nourishment from the sun. Attuning yourself to this rhythm by the process of AGNIHOTRA has a great impact on the subtle matter called mind.

What is Divine Path? "Be ye transformed by the renewing of the mind". This is the modus operandi which lands you into peace and bliss, into 'peace that passeth understanding'.

EXPERIENCE THE EFFECT OF AGNIHOTRA ON THE MIND. SAY GOODBYE TO PSYCHIATRY AND MENTAL SYNDROMES.

Your intellect tells you 'it is not nice for me to do this thing'. However, the mind which is in the grooves of past impressions and the body which is a slave of learned patterns called habits, pull you in the opposite direction. You get involved into wrong Karma and then you must reap as you sow. AGNIHOTRA will put this process in the reverse gear. You have brought yourself down into the deep by Karma which was wrong. You can rise above again by Karma that is right. This process is called AWADHOOT, i.e. cleansing from below.

Nature has no favorites. The superphysical power which you do not cognize has its fixed laws. Life is nothing but the intricate manifestation of this law of Karma, the law of 'reap as you sow'.

Science is the search for the laws of nature. Technology is the making use of one law to overcome another. You know the law of gravity. You also know that if proper thrust is given the plane can take off the ground. Making the right effort to renew the mind is the thrust. GRACE manifests as soon as you start making the right effort. You take one step and ten steps are taken for you. Unfoldment of GRACE is also an aspect of the law of Karma, the law of 'reap as you sow'.

A fish swimming in a river acquires the velocity of the current of water. However, if the velocity of the current of water is accelerated by Divine Will, it is easier for the fish to make the journey. NOW is the time when the flux is gaining momentum. That is why it is easier for us to achieve higher states with only a little effort. Some describe it as descent of the Divine and ascent of man to cosmic consciousness.

Start treading the Fivefold Path and you will soon notice that much of your effort is taken over by some other power. Dive deep into the ocean of joy which surrounds you. Train the mind and it is BLISS eternal. This is the message which the new year brings. Let us hear the message and start treading the Path of Light.

New York City

...By Victor Bennett

People in New York City are seeking, looking and attempting to find an alternative to what is at present. Some fortunate few have had the opportunity to be introduced to AGNIHOTRA and the Fivefold Path and these few are spreading the message.

The people of New York City represent a microscopic picture of the people of the world. For people of the Western world, absorbing the tenets and cannons of AGNIHOTRA and the Fivefold Path can be extremely difficult or relatively simple. It is difficult for those with closed minds, who have organized their lives along the rigid, narrow and confining paths of 'vested interest' spiritual philosophies. Myself having been one of such persons, it's easy to understand that for genuine seekers of Truth such religious philosophies will not and cannot suffice. In contrast, the Fivefold Path adds dimensions to people, whatever be their spiritual persuasion. In my own experiences, I remember that I was limited to accept only the rigid and narrow path espoused by my spiritual leaders with the consequence of deviations being damnation to a life of fire and brimstone. This was totally incomprehensible. The Fivefold Path however, proclaims that the spiritual practice of those who accept it is not limited to any one religious or spiritual philosophy. What it does in fact is to enhance the spiritual gifts of anyone regardless of his spiritual persuasion.

For those earnest seekers who hold no particular religious view, AGNIHOTRA and the Fivefold Path is the most welcome blessing. It is received like an old friend who has returned from a long vacation abroad. Those who accept the teaching will find it no more difficult than conversing with a friend. There are countless persons in New York City who are ready to receive the word. It is our hope that we may be instrumental in passing the word to them.

AGNIHOTRA and Today

...By Ernest Collier
New York

As a common individual living in New York City who has experienced AGNIHOTRA of the Fivefold Path, certain things are now known with razor-edged clarity.

There are not enough words to state the many problems of today unless some are used over and over again. So vast is today's mess that hardly anything undesirable is left for the imagination. It is all too real.

In this last quarter of the twentieth century, unlike any other part of human history, the whole race is sitting atop a gigantic powder keg. The world's resources are devoted to bigger and better arms, while the betterment of human life is - in general - only an abstract notion.

There is more today to fill and occupy the human mind than ever before. More to deceive it, more to corrupt it and more to destroy it. It would seem that today's prayers are by and large going unanswered.

Today's individual, however, goes to make up a unique people holding the future of the human race in his and her hands. What happens to either, happens to the population.

In other words, what's done today, unlike what was ever done at any prior moment, may or may not leave children to ponder where grown-ups went wrong. What's done today is the balance of all history flowing into the present, while it's what the living do this hour that is going to decide whether the individual will survive another day.

Never has the pressure been so great. Never the need so demanding. So crucial is the minute that all the world waits in a strange and stunned silence. It waits and it hopes.

The Western world in particular sits upon its technological brink. Never before has it been clearer than now to the individual that man himself is his worst enemy. "None holds ye, but yourself", says the noble Buddha.

The race is dying of famine, disease, pollution, wars, etc., while the inventions of man offer ways to kill.

In an otherwise chaotic, divided and strife-torn world, comes a complete unity and utter calm freely given to all humankind. This universal gift is AGNIHOTRA: the light of today's world.

The smallest form of purification of the atmosphere, AGNIHOTRA of

the Fivefold Path, is a material aid to remove the tension from the mind. The burning of the combination of four basic ingredients - firewood, dried cow dung, cow's ghee, and raw brown rice - inside a prescribed semi-pyramid shaped copper pot induces change in the atmosphere and correspondingly change in PRANA (Life Energy). "PRANA and the mind are like two sides of the same coin and hence, the beneficial effect is transposed to the realm of the mind."

Practice of AGNIHOTRA, the first aspect of the Fivefold Path, unburdens the mind to allow the individual to actually feel free. It helps one to rise above the pull and sway of passions, putting you in total, conscious control of your own actions.

As a result, therefore, AGNIHOTRA is a wish fulfiller and dream materializer.

The practice itself is both old and new. According to the ancient law given through Vedas, AGNIHOTRA is required to be done in every household. The specific timings at which AGNIHOTRA is performed are sunrise and sunset. If you miss the timings it is not AGNIHOTRA. This meditation can be done with any number of participants and is especially good for the family.

AGNIHOTRA, today, like breath and sunshine, is truly something literally for everybody. AGNIHOTRA is PEACE.

AGNIHOTRA in the Parking Lot

...By Tom Dorfman

Whenever I have to leave the house I always try to remember to bring my AGNIHOTRA supplies with me; just in case I don't make it back in time. Especially so if I am going over to my parents' or a friend's house because there is always the possibility of spending the night. A few days ago I had parked my car in the parking lot of Security Mall and sunset was approaching. I put the AGNIHOTRA pot in a tin can and secured it on the seat of the car with a couple of bricks that I always keep in the car for that purpose. I lit the fire and had just said the Mantras when there was a knock at the car window. I rolled the glass down and to my surprise the person says, "Hello, are you doing AGNIHOTRA?" I invited him in. Pretty soon, as Vasant says, "You may call for a car mechanic and he will say, "Oh, I will be there as soon as

I finish my AGNIHOTRA."

SATSANG NEWS

Nederland

...By Carola

I start the talk on the Fivefold Path in general and then go more in particular into AGNIHOTRA, the ancient process of purification of the atmosphere from the Vedic science of bio-energy.

I give weekly Yoga classes at several places in Holland. I can see how people benefit from the proper way of breathing and from simple relaxation exercises. Mere bodily postures are not enough, especially so in the present time of atmospheric pollution and stress. Bodily postures are means to relax the mind. However, now the people are just ready and waiting for spiritual nourishment to find finally the support within themselves. They are really searching, looking around and trying to find out the TRUTH. Who can help them?

The Fivefold Path, which is Kriya Yoga, is the base of all Yoga, religion and science is the answer. It is ETERNAL TRUTH, SATYA DHARMA.

Especially on weekends we have Fivefold Path meetings where AGNIHOTRA is performed and explained. People like it much. They have asked me several times to make these meetings regular. I have promised them to do so and I start in January. Not only pupils, but also their friends and relations are much interested in the teachings of the Fivefold Path. I received an invitation to go and show AGNIHOTRA to a Catholic priest in the south of Holland at Oisterwĳk. We performed AGNIHOTRA in October early in the morning in the church in front of the altar. It made such a deep impression on all four of us. Vasant had taught me passages from the Bible to be able to teach the Fivefold Path. The words to explain came all through HIS GRACE. Peace was so deeply felt. The girl who arranged this meeting later invited me to give a talk on the Fivefold Path and to perform AGNIHOTRA on a weekend. A talk of about forty minutes was given. AGNIHOTRA was performed and questions could be answered easily. They were so impressed that they asked me to give both regular Kriya Yoga classes and Hatha Yoga. So I will see what can be done in the next few weeks.

Several meetings were held in the towns of Sittard, Utrecht, Bilt-hoven and Amsterdam. Amsterdam is a world famous tourist centre and it was Vasant's wish that I start giving Kriya Yoga classes at Kosmos in Amsterdam. We had made tentative arrangements when Vasant was in Amsterdam this year. It is a real cosmopolitan place. Before the lesson starts one has first to ask the question from which country the people come. The lesson is given in Dutch, but many times in English, and sometimes in German. In October the number of participants started swelling and we had to arrange for a second class regularly. We perform AGNIHOTRA regularly and I start the lesson with AGNIHOTRA. In November we had several American visitors and one of them, coming from Washington, D.C. started a new life six weeks ago. He is being trained as teacher. He enjoys the practice of daily AGNIHOTRA.

After Christmas and New Year time we start regular Yoga sessions on the weekend afternoons. By Divine Will His Message of Love is spreading fast. In August, 1975 when Vasant was in Holland we used totell how fast the message was spreading. Vasant said, "If you think this is fast, wait till tomorrow. You will have no time to think about yourself. It is always His Work. If you follow the Divine Plan you are free from the bonds of Karma. The moment you start thinking about yourself around the personality, you get trapped in the Law of Karma and then it is 'reap as you sow'. Forget everything else. Be engrossed only in this work. If you don't, you miss the biggest opportunity in history. Do not trade your jet plane for a jackass. Liberation will be yours for the price of a candy."

From SATSANG Correspondence

"Human love is a stepping stone, an experience through which human beings pass to achieve God realisation, the realisation of the 'Kingdom' within the bodily tabernacle. Human relationships are not to be uprooted but merely transformed into Divine Love. The object of human love is to be transformed into Divine object. This is Self purification. We learn through suffering and bitter experience that the nature of our human love is transitory. The yearning for something higher begins. When it comes it needs to be consolidated and 'Operation Fulfilment' begins. Through human love we learn to become unselfish.

In the Upanishads the sage tells his wife:

"The husband is dear, not for the sake of the husband,
but for the sake of the Self. The wife is dear not
for the sake of the wife but for the sake of the
Self...Nothing is adored for the sake of itself but
for the sake of the Self."

Vasant

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