

Satsang

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Twice Monthly

Agnihotra Pots

One hundred pots arrived at Zurich Airport from Washington, D.C. for the use of new Agnihotris in Deutschland. The air parcel was dispatched by Elwood and Barry. These are Agnihotra pots made of copper. They are of prescribed shape and design. The process of purification of the mind through the purification of the atmosphere spreads by Divine will.

The layer of useful atmosphere surrounding our planet-Earth is a thin layer. Any tampering with this thin layer causes terrific impact on the bio-organisms. The natural cycle gets disturbed. Any change induced in the atmosphere causes a corresponding change in PRANA. PRANA and mind are like two sides of the same coin and the effect is transposed to the realm of the mind. The process of Agnihotra induces beneficial changes in the atmosphere and this leads to beneficial effect on the mind.

Fivefold Path in Deutschland

Memmingen

Meetings were addressed by Vasant in this town of South Germany. At sunset, Agnihotra was shown by Roger to a gathering of about fifty people. Carola Waterman acted as interpreter for Vasant. Vasant explained the Fivefold Path of ancient wisdom and it's extreme urgency in the conditions that we find ourselves surrounded by today. The meetings were held in the Landwirtschaftschule (Agriculture School).

Uberlingen

Two meetings were held at the Burgberschule in Uberlingen to explain the Fivefold Path. At sunset Agnihotra was shown to the group. Then followed personal interviews with Vasant.

Stochach

Two meetings were held at the Realschule at Stockach to explain Agnihotra and the Fivefold Path. Agnihotra was shown at sunset by Roger. Carola acted as interpreter for Vasant at all these meetings.

Stuttgart

Herr and Frau von Metzsch took Vasant to the Akademie fur Ganzheitswissenschaft at Renningen near Stuttgart. At the Akademie, Herr Hinze was to deliver a lecture on oriental philosophy. At the close of the lecture Vasant requested that five minutes kindly be given to him to explain regarding his mission in Germany. The request was granted. After three minutes, Herr Hinze intervened and told the audience, "It seems that this gentleman has an important message to give. Listen to him carefully. Let him have more time." Vasant said that five minutes were sufficient for that day. After Vasant's speech, Herr Hinze declared that he would forego his morning lecture the next day and give Vasant forty-five minutes out of his time. Accordingly, Vasant spoke the next day. After Vasant's speech the next day, Herr Hinze elaborated on the points made by Vasant. Vasant was requested to address another discourse to the same audience after Herr Hinze's speech. Vasant explained Agnihotra, the ancient process in the science of bioenergy to the audience.

Winterthur (Switzerland)

Agnihotra and the Fivefold Path discourse was held. Vasant was in Winterthur two weeks ago. This was his second visit. Agnihotra tape was presented to the people who had come to the meeting.

Stuelingen (Germany)

Fivefold Path discourse was held for the second time at the residence of Herr Schaeben. Agnihotra teaching tape was presented to the house.

Stuttgart

Fivefold Path meeting was held at the residence of von Metzsch. Agnihotra teaching tape was made and sent to Ludwigsberg, a nearby town.

Carola Waterman left Germany for DeBilt, Holland, her home town. She will teach Agnihotra and the Fivefold Path in her country. Roger shall be with Vasant until July 24th.

Excerpts from Vasant's discourses in Germany

"Law of Karma is inevitable. If I have an evil thought about you and you do not know it, I might pass off as a gentleman. However, if I realize the consequences of this single evil thought, I shall take care not to have an evil thought. By an evil thought, I am creating a tiger which will roar at me all the time. Karmic entanglement is subtle but inevitable. It is always reap as you sow. As you sow, so you reap."

"If you say that you shall be good to the other person only if the other person is good to you then you pass the initiative into someone else's hands. I would be a fool if I do that. I have to reap what I sow and hence, I must take care that I sow proper seeds and not wild weeds."

"A mouse sees a piece of cheese ten meters away. The mouse says, 'if I take the action of walking to the piece of cheese I must get it'. The poor creature does not realize that there are a hundred other mice which are after the same piece of cheese and there are a dozen cats ready to pounce on all the mice. Therefore, it is said that the best laid plans of men and mice go astray. The result of your action is dependent on several factors with which we are not cognizant. Imagine a lot of land. There are several automobiles on it and people are told 'Drive as you like. There are no rules of the road.' This is chaos - isn't it? Thus, the resultant Karma depends on several factors which we do not cognize."

"Do not blame anyone at once if you think he has done you any wrong. Maybe he is right and I am wrong. Maybe it is the working out of some past Karmic account. If it is my intention to improve the person, it will not be achieved by abusing him."

"Let us see how the accumulated resultant Karma works. After the First World War was over, the Treaty of Versailles was signed on November, 1919. Germany was represented by Hindenburg, Britain by Lloyd George, and France by Clemenceau. Hindenburg made a request to the Allies who had won the war that Danzig port be left to Germany. The Allies turned down the request. After the treaty was signed, Lloyd George is reported to have made a remark that within the next twenty years a second world war would break out on Danzig. It is interesting to note that on September 1, 1939 the Second World War began at Danzig. The then leaders of Germany were perhaps non-entities in 1919 when Lloyd had made the remark. But, the accumulated resultant Karma led the world to that end. This instance shows how we should be careful before we attribute any wrong action to the other person."

"Do what you think is your duty to do at the present moment. Leave the fruit of the action to the Lord. You will see that the fruit comes about in the context of several factors."

"Any intense Karma, good or bad, fructifies within a short time. Devotion to God is intense good Karma. This reduces the pangs of previous bad Karma. We say that the law of reap as you sow is unalterable. We also say that repent and ye shall be forgiven. How do we relate these two statements? By intense devotion you do intense good Karma and repentance is also intense good Karma. Thus the pangs of previous bad Karma are reduced."

"Do Karma for self-purification. Let there be no ego about it; the doership of 'I' has to go. Then you become the instrument of Divine will. Then you establish yourself in the frame of mind 'Not my will but Thy will be done'".

"Each one of us is placed in a different situation by destiny. Destiny is unfoldment of fructification of past Karma. Two children of the same parents have different destiny. The working out of destiny is to be

viewed in the context of the flux of Divine will. By proper use of free will, that is by intense good Karma, the pangs of destiny disappear.

"There is nothing that we can do about the past. Can the misery that is yet to come be avoided? This is the question. The answer is in the affirmative. The answer is emphatically 'yes'. The Fivefold Path offers you the material and mental aids to achieve this state. The past SANSKARAS (impressions) could be wiped out by practice of TAPA, the third aspect of the Fivefold Path."

"Intellect and action affect each other. Bad action weakens the power of intellect to choose between right and wrong. Bad action (Karma) weakens our ability to continue to do the right action despite provocation. Clouded intellect leads us to commit further wrong action. We thus get involved into a series of bad Karma, bad sowings that we have to reap. Even if there is an evil thought, see that it is not translated into action. No doubt the thought will have its effect, but the action will make things worse."

"A person given to vice and greed needs money. He sees somebody's purse. He opens and sees one hundred Deutsch Marks. He is a novice and his conscience troubles him. He says to himself, 'Let me take only twenty DM. It is really not nice to steal someone's money'. He takes twenty and puts back the rest in the purse. This wrong action weakens his power of discrimination and the next time he takes eighty and puts back twenty saying, 'Let the lady have some money to return home in the taxi'. This further weakens his power of discrimination to choose between right and wrong. The third time he takes all the hundred DM saying, 'Oh, to hell with it. The whole world is doing it. Why should I care?' One day he has to pay for his Karma."

"Take care of your Karma and the rest will take care of itself. First stick to the rule of always doing good deeds. Then learn to do the same without attachment to the fruit of your actions."

"Agnihotra will put you in the proper frame of mind to do the right action. A thrust will be given to your mind to do the right action. Reading hundred books or listening to hundred sermons may not achieve this result. The polluted conditions of today put a heavy burden on the mind. This weakens our power of discrimination to choose between right and wrong. This paralyzes our resolve to act up to the right judgement given by our own intellect. Practice Agnihotra and you will find the gateway to happiness opened."

Question: When shall I be free?

Answer: When "I" shall cease to be.

(An ancient catechism)

Excerpts from Vasant's letter to Washington written from Europe

"I am grateful for the love and kindness shown to me by all who attended the classes and the meetings. I want to make one thing clear - that I am not a Guru. I have surrendered totally to the Avatar and I have no desire of my own. I do not make any plans. The plans are made for me. Many have told me that after coming in contact with me, miraculous changes have taken place in their lives and they find happiness. However, I want to tell you frankly, I do nothing. I am merely the witness of those changes that take place in their lives and not the doer. I am merely an instrument in the hands of the Avatar for current dispensation. I am like the mail man who brings good news."

"I might have been instrumental to bring to you the message of the Avatar in the form of the Fivefold Path. I might have been instrumental in making you conscious of the Divine gift that the Avatar is showering all over the world. However, once you know about the Fivefold Path and the Avatar, you do not need the mediumship of Vasant to progress on the path. If you follow the Fivefold Path, meditate on the Avatar...truth will unfold within you and you do not need any outside support. Have faith, purify yourself and "Let thy light shine before the World". How grateful a person should feel even if he is instrumental in bringing happiness to one person in this world."

"When I look at the persons staying in the house and others, Elwood, Doris, Carey, Royal, Carol and Vince, Denise and Dennis, Stew and Mary Jo, John and Denise, Jimmy, Henry, Fred, Lucille, Jerina and Tutman, Jamal and Delila, Mary Watkins, Marion, Grace, Victor, Lenore Lynch, Ross and Nona, Jay and Blair and a few hundred others whom I met during my stay in the United States, I see the great efforts they are making. The efforts I make are nothing compared to the efforts they make. Talking to each one of them has been an act of purification for myself. They are the Divine instruments through whom I was enabled to execute the work allotted to me. I see nothing but the Divine in all these people. They think that they are learning from me; actually I am learning from them. The more I learn the more I know how ignorant I am. I am a mere stone and all these Divine human beings mentioned above have laid a great obligation on the stone. I have no ambition of my own. If it is the Avatar's Will that I serve these people, I deem it a privilege to do so. Even when I talk to Devin, John's little son, I realize how Devin and all the other people mentioned above are far greater than me. They work so hard and I make no effort."

"The allotted task has to be completed within the specific time. If X does not do it, Y will. It is an opportunity given to X, if X is told to do a thing. It is for our own liberation."

"The seed of TAPA blossoms into SWADHYAYA (study of who I am). When the mind gets purified, the intellect reaches the higher stage which is designated by the word BUDDHI in Yoga psychology and Upanishads. For lack of exact word in English, I use the word higher intuition. Once in this state, one will be able to cognize only partially what an Avatar is like."

"We may read many things in Yoga books, but things are not easy. The easiest way is total surrender to the Avatar and then let Him use our bodily instruments as He likes."

"Meditate on the Avatar and follow the Fivefold Path. The Avatar has given the assurance to you. 'Do the work which has been told to you. Be full of love and be in the service of your fellow man. Leave the rest to us!' (The word rest refers to your liberation.)"

"Once you are connected with the Avatar, you do not need the guidance of this body called Vasant. You get the guidance from the Avatar from moment to moment as and where you are, if you get devoted and attuned. I quote below from a letter received recently from Washington, D. C. from a mother of two children who received unfoldment in her life in the house where all of us were staying."

"So much work to be done, every moment is a mission. Please, I pray, may I not waste my energy and mix the messages that are there every minute. What a glorious life knowing Him through His Grace alone..."

"Thinking about how beautiful seemingly small adversities are like, they just call out the strength in us that we have due to His Grace alone...this beautiful consciousness from Shree so far superior and above all mortal coils." (The Avatar is referred to as Shree in India.)

"The Master plants the seed of knowledge in the inner mind. This knowledge can never be given through the spoken word, much less through the written word. Then we realize the transformation that takes place within us. This is the meaning when I used to say in the class often times, 'Things will come to you in silence'."

"To construct the building, the foundation has to be solid. However, a solid foundation is not the building. The building is erected in silence. Space and time are no barriers for Divine Grace to unfold. It is within us. The moment we cleanse the receptacle, Grace unfolds."

"We have to establish ourselves into the state of 'Not my will but Thy will be done'. Then all resentment in life disappears and we are full of love all the time. When you are on the path of the Avatar, even if you fall some time due to the various pulls of previous Karma, be sure you are still falling in the direction of Light. When a child catches hold of the arm of the mother it is not always secured as the child may leave the hand anytime. However, if the mother catches hold of the child's arm, the child is secured. We have to make our way through the forest of desires that obstruct the path. Unless a thrust is given to the mind and to the intellect, it is difficult to make the journey. Agnihotra gives the thrust. It is a material aid. Gift waves come from the other side when you meditate on the physical body of an Avatar, a Divine Incarnation. It cleanses and purifies you and your journey in life becomes an endeavor of joy."

"Once we start knowing things, we realize the illusoriness of the world and the things of the world. By further Swadhyaya, this knowledge becomes awareness. However, the person does not yet have the knowledge about Reality. Truth underlies all phenomenon. Awareness of this comes later. In the meantime, the person feels he is neither here nor there. He feels a big void in his life. He does not take pleasure in indulging in sense pursuits. However, further Light is yet to come. In this stage, sometimes one despairs and he is at a loss to know what to do. People who try to probe the mystery of Being through the instrument of the intellect always stop at this stage. However, a person attuned to a perfect Master always receives help in this state. All this takes place when you meditate on a perfect Master. In case of an Avatar, things become very easy for the devotee."

"Some people achieve liberation or self-realization in this life, and act as Light to others. But an Avatar is something different; he has descended on this planet in human garb to do a specific allotted task and He has all the powers at His disposal. He can bestow His Grace on anyone, anytime, cutting short the person's efforts. The specific task of the Avatar has to be fulfilled within a specific time and hence a very easy method is available for those who live in those times and are conscious of it..."

"Vasant just happened to be an instrument and nothing more. If you practice what has been told to you, you will make progress in your home without any outside help, because the Avatar watches over you and you get the strength if you surrender. Purification of the subconscious is a gigantic task. You will shudder at it's dimensions if you know how subtle the Law of Karma works. Therefore, follow the easiest method."

"Spread Agnihotra and the message of the Fivefold Path. You work for forty hours per week for the boss; now say to yourself, 'I will work for ten hours for myself'. Any effort that you make in spreading the material and mental aids on the Fivefold Path will bring rich dividends for you in the form of happiness and liberation. THE TIME IS NOW. Tell the person, 'You may belong to any formal religion, you may belong to any Guru, you may belong to any spiritual group, or you may not belong to any group at all.' Practice Agnihotra and follow the Fivefold Path. Your mind will be unburdened, your desires will be sublimated, and you will receive the strength to implement the decisions pronounced by your power of discrimination to choose between right and wrong. You will thus break the vicious circle and enter a virtuous circle and later go beyond virtue and non-virtue both."

It is Master's will that I have to undertake journeys to various parts of His world to spread the message. It makes no difference if somebody has to go to many places, somebody else has to go to a few places, and someone spreads the message where he is. So long as we devote ourselves to the task, it is all the same. Inundation of light comes only when you become humble; this is happiness. Misery that is yet to come is then avoided.

"I wish to express again my gratitude for all the love showered on me by all of you. Nothing that I can do can ever repay the love that you have given me. Only thing I can say is, 'Be conscious instruments in the hands of the Avatar and spread the Message of Love all around you'. I have broken open the treasury of the Avatar and I am instrumental in spreading the wealth wherever I go. The treasury is ever full and will ever be so."

"One never knows when the moment of death is going to come. When the final call comes, nobody can be of any service to you, and hence prepare yourselves to welcome that moment with joy. This is TAPA and SWADHYAYA. If you surrender yourself to the Avatar, you are always looked after by Him at the last moment and beyond. This is true irrespective of whether the Avatar is present in physical form on this earth or not, at the moment of our death. Your further journey is always assured."

"A stone from India came to you in the United States and talked about the Fivefold Path by Divine Grace. It is not necessary that the stone has to be from India; it can be from any part of His world. Once the Avatar blesses the stone, the stone starts speaking. Hundreds of Vasants, Ingrid, Elwoods, Freds, Johns, Graces, Lenores, Marys and others will be created by the Master's will. One candle lights a hundred other candles, but no one can tell which was the first candle that was to light the others, as all spread the same Light. This is Master's Grace."

"Finally, I say girdle up your loins and put your hand to the Divine wheel of resuscitation of knowledge. You will achieve your own liberation by the easiest way."

"May Master's Grace unfold deeper and deeper within you all as you become active partners in this OPERATION FULFILLMENT launched for the first time in known history."

Yours,
IN HIS SERVICE

Vasant.

From YOGA SUTRAS of Pantanjali

YAMA: Abstain from violence
Practice truth
Continence
Abstention from casting a longing eye on somebody's possessions.
Nonacquisitiveness (non-greed)

All the above are moral and prohibitive.

They are necessary to lay the foundation of spiritual life. Ethical life is only the foundation and not the building.

NIYAMA: Purity
Contentment
Self-discipline
Self-study (Who am I?)
Surrender to His will

NIYAMA involve discipline in life. Daily practice is necessary under all circumstances. Even for a person leading a solitary life, the practice is essential.

Practice Agnihotra for purification of the atmosphere.
Practice DAAN (Sharing of assets in a spirit of humility) for generating non-attachment.
Perform TAPA (Self-discipline, austerities, purification) for fruition of thy affirmations.
Perform KARMA (Meritorious deeds) for self-purification.
Perform SWADHYAYA (Self-study) for liberation.

This is the Fivefold Path. Start the spiritual discipline today. The span of life will not be extended. What is given unto you is to utilize wisely every moment of your existence. Let us engage ourselves in meritorious deeds without expectation of reward in the form of name or fame. We live only in the present moment. The past is no more. The future is yet to be. Do not waste the precious moments in trivia.

A link will be given to you by the Divine Will when you start practicing the above. You will be a more righteous Christian, Jew, Muslim, Buddhist, Hindu, whatever be your formal religious label.

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