

Satsang

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Twice Monthly

If A Won't Do It, B Will. Do What?

By Jamal, Baltimore

Allow Peace to come. The law since man began evolving on the planet has just been stated. There is just no way for man to win the prize of instant knowledge and wisdom except through the Grace of Almighty Father. This is the Law of Love, Life and Happiness. In this way, each man can win the prize.

By feeling peace in his own heart first, man changes sadness to joy in his life. In every circumstance, situation and condition you find yourself assured. The second thing you do is not to worry. First, find the most peaceful thought your mind can hold on to all day.

Perform AGNIHOTRA, the smallest process of purification of the atmosphere. Enter the sunrise sunset cycle. Then all the beautiful scenes, thoughts, and feelings that come to mind while inhaling AGNIHOTRA smoke stay with you all day long. The recipe is very simple. All the ingredients are right at hand. The smell is truly peacefully Divine. How can peace miss you during the day? AGNIHOTRA is the first aspect of the Fivefold Path. AGNIHOTRA, the smallest process in the ancient science of bioenergy relieves the tension on the mind and frees you from the grip of desires. Purification of the atmosphere leads to purification of PRANA. Purification of PRANA automatically leads to purification of mind.

DAAN is the second aspect of the Fivefold Path of happiness. DAAN means sharing your assets in a spirit of humility. You start DAAN one day. Peace comes first in your heart as you yearn all day to do service for the other man; service for the peace that flows from the Love Father of the Light through you out to all, everywhere. The smallest effort that you make to bring about detachment by DAAN improves yourself automatically and brings added peace and joy into your life.

Without even knowing it, you have then chosen TAPA to brighten your day. TAPA, the third aspect of the Fivefold Path meaning reducing your anger, greed, envy and pride lightens the burden of wants. Lust and greed disappear. More peace flows into your bodily tabernacle. You then come to know by your own experience the value of self-improvement. Good TAPA is done when you and only you work on improving things about yourself.

TAPA brings peace and a link with a Divine teacher comes.

"These are the portents of Allah which we recite unto thee
(Muhammed) with truth and lo! Thou are of the number of our
messengers" (Holy Koran 11-252)

When comparing your TAPA with other's TAPA make the comparison with the AVATAR, the messenger of ALMIGHTY. How does your work done on yourself

compare with the work the AVATAR does for all?

Another day and you realize what good KARMA is. KARMA, always good deeds, is the fourth aspect of the Fivefold Path of happy living. All deserving rewards for any service performed through me for another in need must go to HIM. Love Father of Light uses me to do good and Peace flows on from sunrise to sunset and further on to sunrise.

When you think that all things that move and get done do so through the Love Energy Vibrations of the Love Father of the Light of the Universe, you are doing the best action you can possibly do. This means non-attachment to the fruits of your actions. You then soar above the law of "reap as you sow". KARMA can not touch you now. You think each thought and perform each act to the Love Father of Light.

When you think "problem" you get a problem. When you think "challenge" you get a challenge. When you think "Peace comes first" you get peace first. When you think "All things move and get done through the Love energy Vibrations of the Love Father of the Light of the universe", whatever actions you perform are good actions. Very, very simple.

Shy are the higher prizes of the powers of peace and joy to give themselves to anyone. Brute strength will not bring the prize to you; nor will smart thinking, slick talking or giving. These tools open other doors than the Kingdom of Divine Light. They can never open the door to the Love Father's heart. LOVE is the LIGHT.

Peace must come into your heart so that you love more easily. In ancient wisdom, AGNIHOTRA, the smallest process of purification of the atmosphere through the agency of fire, is stated to bring fulfillment in life. When practiced daily at the peaceful timings of sunrise and sunset, a new thinking in a new body comes about. As DAAN, TAPA, KARMA, and SWADHYAYA (Self study, who am I?) go into conscious motion, you win the prize of peace and joy in every moment of your life. Healthy and wholesome you feel! Strong and confident you act!

Weed out the worries of life with your garden tools of purification: AGNIHOTRA, DAAN, TAPA, KARMA, SWADHYAYA (SELF STUDY).

Things have gone far too wrong today. An AVATAR has manifested on earth. You need not even know his name. You follow the Fivefold Path which is the basis of the message of Krishna, Buddha, Mahaveer, Moses, Jesus, Mohammed and others. Leave everything else to the GRACE VIBRATIONS of the LOVE FATHER of the LIGHT, the AVATAR.

In such a manner you cause peaceful thoughts of self-improvement from sunrise to sunset and again to sunrise. They flood your mind. Love builds in your heart. In an electrical storm, sparks jump from wire to wire; even so, love will jump from your heart to touch others with that old familiar shock of peace and joy flashing out. This is the surest way to guarantee success, health, fulfillment and joy in life.

Walk out of the world of darkness wherein you search evermore for things "to judge". Enter into the world of Light. Knowledge flows inside yourself. Answers are given to all your questions.

Other rewards are just peanuts compared to the joy you experience if you just serve on. Try again and again until love and peace occupy your bodily tabernacle for all the moments of day and night.

Flash pops the flashbulb in the camera as you are caught unconscious in the Light. Peace, peace, peace!

Offer your all in the Divine plan to reset the energy cycle of the planet and be liberated. If A does not do it, B will.

Thought for the day...

By Jamal

Thank you Master for flowing through me to my fellow man back to you again.

The stars twinkle in the daylight hours too, especially when Master's Light is seen inside the bodily tabernacle.

Grace waves knocking up against my soul's door; Spirit is flowing in taking over.

Choruses burst out chanting His name. Lights play across my mind's eye tonight.

Wash out! Emergency! Grace waves unleashed across the face of the earth.

Devotion, devotion, devotion.

Blessed are the Children

(Mrs. Lucille Clifton is an outstanding black American poet. She calls herself "an ordinary woman" (An Ordinary Woman, Poems by Lucille Clifton, 1974, New York). She has several books to her credit and her pictures have been flashed by many mass circulated American journals.)

Ingrid spent a week in Baltimore meeting many Agnihotris. She was the guest of Jerina and Tutman. This letter was sent to SATSANG jointly by Ingrid, Jerina and Karen.)

Dear Friends,

Lucille Clifton is not only an outstanding poet, teacher and mother, but she also has undertaken responsibility for the spiritual development of the children in the area. Every evening, an hour or two before sunset, children come to the Clifton house and gather with Lucille in the family room. The ages of the children range from three to fifteen. There is an air of happy calm as Lucille opens the discussion, perhaps by asking each child to relate a happy event of the day. Then, the conversation is steered in the direction of holy scriptures, whereby reflections on the quotes from the Bible, etc. are shared by all.

Soon Lucille calls attention to how all holy scriptures rest on the eternal principles of religion, The Fivefold Path, as given through the Vedas at the time of Creation. Next, Lucille will zero in on an aspect of the Fivefold Path to which the children relate, depending on the child's age and realm of experience.

One little girl told of her experience with the Law of KARMA, the Law of "reap as you sow". In this case, the effect was immediate. Three-year old Daleth burst out in the midst of quiet one day, "DAAN is sharing".

Soon it is evening AGNIHOTRA time. All is quiet. One of the children performs AGNIHOTRA. There is a daily rotating system whereby each child gets his or her turn to do AGNIHOTRA. Everyone sits quietly afterwards.

Lucille and many others are aware of the children's ability to under-

stand the Fivefold Path and see no reason to wait until the child reaches adulthood to make these truths available. The Fivefold Path is for everyone, whether three or ninety-three.

"Verily I say unto you, whoever shall not receive the Kingdom of God as a little child shall in no wise enter therein." (Luke 18:17)

The above is literally true in case of children.

There are some wonderful people in Baltimore who through bringing the Fivefold Path to children are doubly blessed themselves. The children are encouraged to take Hatha Yoga classes and to participate daily in discussions on the various aspects of the Fivefold Path. They do AGNIHOTRA and sit quietly afterwards.

A different kind of education from the one we underwent as children is taking place in some homes in Baltimore. The whole child is taken into account. More is happening than mere mind to mind communication. Rather than being thrown bits and pieces of isolated information, these children are being presented with an environment where unfolding of the Divine, which is within us, can take place. This is accomplished first by providing the children with quiet for learning concentration in the middle of the hustle and bustle of the world where things come and go with the frightening speed of the rounds of rapid fire. During quiet we can hear Master and the truth of the Eternal Principles of Religion when the illusoriness of the world starts to dawn on us. His teachings guide us from the follies of our attachments and steer us free from the trappings of desire. Through quiet emerges the quest for knowledge and the children are encouraged to explore the truth of holy writings and to compare notes, so to speak, with their personal and individual experiences whereby many pitfalls can be avoided.

Of course, the children's journey is blessed by the thrust provided through AGNIHOTRA and its subsequent purification. As Victor Clarke in one of the previous issues of SATSANG so aptly put it:

AGNIHOTRA makes us realize
Without worry, grief or strife,
How much joy there is in life.
It cleanses the air; disinfects too.
And that's just the beginning of what it does do.
You breathe easier, your mind is at rest;
In a state of love and happiness.

SATSANG News

Under Elwood's guidance, Ronnie Gochrach has been going to the city of Philadelphia almost every weekend to teach the Fivefold Path. Preparations for this class were made in early 1974 when Vasant and Elwood held the first Fivefold Path meeting at Yvonne's residence and the first AGNIHOTRA fire in the city was lit.

Sally and Ken are giving classes in Charlottesville at the University of Virginia.

John Brown has completed several sessions during the Winter of 1974. More and more people are coming.

Bill Dunwoody is arranging classes in Madison County.

Karen will be giving Fivefold Path classes in Columbia, Maryland this month. David completed two groups in Washington, D. C. and new groups will be soon

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Netherlands

Carola Waterman taught Agnihotra to several people in Utrecht and the surrounding area. During Christmas she undertook a trip to Bodensee area of South Germany to meet Agnihotri families in the area. She discussed future plans to spread the message. More stable arrangements are underway to print German and Dutch language SATSANG.

Limmy Scheres writes, "I met people who are very interested in AGNIHOTRA and the Fivefold Path. Through them I'll be meeting many more people. The message is spreading round. Grace Alone."

West Germany

Erica and Werner Metzger write to Vasant: "Yesterday (January 7, 1975) we had our first meeting in our house to speak about the Fivefold Path. Please come to us and we will guide you round Bodensee area. Carola and Mrs. Schwarz were with us last week."

Monica and Berthold Jehle write from Radolfzell, West Germany: "Your letter gives us force to do our work. We stayed one afternoon with Mrs. Meister. Carola was at Konstanz during Christmas. There are already some groups who will meet you. We start next time an evening for these people to speak about AGNIHOTRA and the Fivefold Path. Ingrid wrote to us that there is much work to be done in the Bodensee area."

Denmark

Sara Nielsen has prepared AGNIHOTRA posters and has splashed them at several prominent places. Her devotion is an example to others. She is arranging classes in Brevst area.

Susan Hejl writes from Brabrant Denmark: "AGNIHOTRA continues to burn in the centre of our home, bringing peace and space to all who enter. "He climbs highest who helps another up." In the light of now and all there is to come, I wish you joy always.

Carol Spinoso writes from Woodstock, Maryland, U.S.A.: "So many experiences. How can anyone deny Master's presence. It is even beyond blessings. It is GRACE ALONE. The love, the comfort is felt beyond the depth of my dreams. My love and joy is extended to you for being a Divine messenger of this knowledge and for being a true brother. Elwood wants me to let you know that I am writing for our yet to be published journal. My main contribution is in reference to diet and food. Let me be an instrument wherever and whenever the Master directs me."

Jimmy writes from Randallstown, Maryland, U.S.A.: "What a great blessing it is to be in the position we now find ourselves, i.e. working for the AGNIHOTRA Press and practicing the Fivefold Path for our own purification. It is truly the Grace of Shree (Master). We shall strive constantly to be more devoted, more attuned and fitter instruments for His Will."

Lisa Pappas writes from Washington, D. C.: "No matter where I go, so long as I practice Satya Dharma everything is fine."

Fivefold Path Goes to India

Mr. Oscar Marcel Hinze of West Germany delivered a lecture on AGNIHOTRA at

Marathwada University, Aurangabad. Aurangabad is a busy tourist centre with an airport that can handle jet traffic. It is famous landing ground for visitors to the Ellora caves of Buddhistic period. Ajanta, which is famous for its ancient paintings, is only sixteen miles from this place. Many of the latest American mini dresses could be seen in paint at Ajanta.

Mr. Hinze explained AGNIHOTRA in terms of the CHAKRA system of ancient Tantras and also the elements. He appealed to the people to commence AGNIHOTRA right away, as it leads to purification of the atmosphere and the mind. The development could be witnessed within ourselves, he said.

Mr. Hinze also delivered a discourse on the same subject at Poona, a famous university town about one hundred miles south of Bombay.

Vasant flew from Frankfort to Bombay to spend a few days in India to spread the Fivefold Path. He met several readers of SATSANG. SATSANG is reprinted in India for private circulation. Many people suggested that SATSANG should go into some Indian languages as it is published in German and Dutch. Several people suggested that KRIYA YOGA classes be started in a few Indian cities as it is done in Europe and America.

Whosoever be Your Guru

By Vasant

The message of the Fivefold Path is as ancient as creation. We do not intend to build up any sect around the Avatar. The Avatar has clearly stated this. We say that whosoever be your GURU, whatever be your formal religion or spiritual practice, you will notice that the Fivefold Path is the basis of all true traditions. It offers material and mental aids for loosening the grip of desires and leads you to good Karma without attachment to the fruit thereof.

If you do not have a Guru and need one you will be automatically given a link by Divine Will. We do not want people to become members of Fivefold Path organisation. We ask them to understand and study the implications of this YOGA and practice this in their own homes. They do not have to present themselves before any group or encounter. Nobody even knows what they do. Let each one search for his Guru. Even an atheist can benefit from this YOGA as he achieves tranquility of mind and peace.

Whatever culture you might have been born in, we do not intend to change it. We ask you to do what you feel is right as you get the light when the mind is freed from the grip of desires.

The Fivefold Path is no monopoly of region or tradition. It was given in the beginning.

SADGURU BECAUSE OF YOU

By Karen Jeffreys
Columbia

SADGURU because of you
Every man and nation
Have the way to happiness
Through air purification.
Agnihotra makes less
Of our worries and stress.

DAAN next will teach us to
Go beyond donation.
Sharing humbly brings a new
True realisation
Of all worldly success.
This is how you also bless.

TAPA is for purity
And end of mental agony.
Discipline is where its at.
Curb the six crocodiles
Both with patience and smiles.

We can run but never hide
As subjects of our Karma
Better learn to use as guide
Always SATYA DHARMA
Sweet surrender by GRACE
Gets us to a heavenly place.

Who am I? Who do I see?
You are all there is to me
Every day you make it clear
You are always near
I am being born anew
SADGURU because of you.

Practice AGNIHOTRA for purification of the atmosphere.
Practice DAAN (Sharing of assets in a spirit of humility) for gener-
ating non-attachment.
Perform TAPA (Self discipline, austerities, purification) for fruition
of thy affirmations.
Perform KARMA (Meritorious deeds) for Self purification.
Perform SWADHYAYA (Self study) for liberation.

This is the Fivefold Path. Start the spiritual discipline today. The
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