

# Homa Therapy News

#### Australian and International

July 2018

Dear Friends,

We will be conducting a workshop on Agnihotra and Homa Therapy in Melbourne (The Venny, Kensington) Sunday 19<sup>th</sup> Aug. We will be sharing applications and experienced benefits worldwide:

#### Various results have been scientifically documented and benefits include:

- Enhancing organic food growing with vitality and micro-nutrients and neutralising pollution influences
- Increases wellbeing of home and community by purifying and harmonizing both the physical and mental atmosphere
- How individual health and wellbeing increases with the greater vitality available and stress simply dissolves
- Excellent aid in de-addiction and psychotherapy
- Uplifts consciousness and brings balance to the mind, therefore a wonderful aid for meditation and mental peace



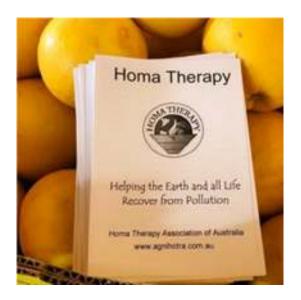
A recent Agnihotra workshop in Sydney

If you live in Melbourne and would like to explore taking up this marvellous simple practice, see attached Flyer for details of Kensington Workshop.

## Some activities at Om Shree Dham, Homa Therapy Centre for Australia



Manufacture of Copper Pyramids and copper implements, chemical free and in Homa atmosphere



Providing information through website, social media, pamphlets. Books available through website shop. See <a href="https://www.aqnihotra.com.au">www.aqnihotra.com.au</a>



Drying cow dung patties for Homa Therapy practice; mailed out all over Australia



We are also a Homa Organic farm which includes the Homa Resonance System



Outreach through Talks, Workshops, Open Days at Om Shree Dham and outstation



Building a Retreat Centre to run courses on Homa Therapy and other beneficial practices





Creating high vibrational, sacred jewellery. Sales support our voluntary Homa Therapy work. If interested to purchase email us for photos of recent creations.

## Healing of body and mind through Agnihotra and Agnihotra ash medicine:

For the past 30 years, Frits and I and our children, now grown up, have been experiencing fast relief from illness and disturbances in the body through consuming Agnihotra ash medicine and neutralising stress in our environment by practicing Agnihotra daily.

#### Healing our pet dog of major wound

Currently we are witnessing miraculous healing of our young dog, Bolo. Hit by a car, he received a serious wound to his paw, the main pad of his hind foot badly mutilated. The prognosis of 2 local vets was not good - they were talking about possible gangrene and amputation. After 2 expensive trips to the vet, offering not much hope for a good outcome, we decided to take things into our own hands, daily cleaning his wound and applying a mixture of Agnihotra ash, ghee, aloe Vera and turmeric. Each time we remove the bandages we a so surprised to see how quickly the wound is healing, how the body is rebuilding the paw miraculously, without any infection. One of the main reasons we took the decision to take things into our own hands was so that we could apply Agnihotra ash directly to the wound, knowing its miraculous healing properties. A new member to our small community Karen, is a US trained physiotherapist. Part of her training is in dressing wounds. She has said she has never witnessed such fast and efficient healing of such a serious wound.



Bolo, our dog with funnel to stop him from biting off his bandages

Below are excerpts from the most recent Homa Health Newsletter from South America detailing equally wonderful healing experiences of body, mind and family dynamics:

### Healing of the intense pain of a frozen shoulder and insomnia



Gladys Bardales Serón, Los Tallanes, Piura, Peru, South America

"I'm 50 years old. I came to Homa Therapy one month ago. I suffered from much pain in my arms. I could not raise my arm. It was such an intense pain. The doctor told me that I have to take collagen and that these pains are due to my age. But I'm not the person that likes to take a lot of medicine.

Then someone told me about Homa Therapy and from the first day until today, I attend, because I definitely do not have these pains anymore. I can lift my arms without any pain. The therapeutic Yoga exercises have also helped me to be able to raise my arms above the head. I take the Agnihotra ash and I also mix it with the ghee and rub it on my shoulders, mostly at night. Now, I also sleep much better. I have always been a very active person, but now I am super active. My husband asked me what was going on in the Homa sessions and so I invited him to accompany me. However, for work reasons he cannot always come. He has seen an enormous change in me and we are both very happy. So truly, I feel very good! Thanks be to God for bringing me to Homa Therapy."

#### Healing of depression and anxiety



Yovana Calle Vásquez, Los Tallanes, Piura, Peru, South America

"I am 39 years old. I have a son named Salvador. I came feeling very desperate to Homa Therapy. I prayed to God to connect me with people who could help me. I have had years of depression and anxiety.

Then, one lady, also waiting in line for a doctor consultation, asked me why I came, and I told her my story. She told me about a very good therapy which had helped her with her sleeping problem. I also had this problem. I could hardly sleep. I was irritated, and I could not handle my son.

That very same day I went with Salvador to the Homa Therapy session at the Municipal Library and I began to feel calmer. I sleep peacefully now and I sleep a lot, like never before in years; and my son too. Now, we get along better and little by little my level of anxiety is lowering. But I already feel calmer, more relaxed. I have lost weight too and I feel that the Homa Fires do me good. I even feel that the pain in my chest, due to the many problems, is melting away and leaving me. I feel more love and more understanding and I am a much more tolerant person. I'm calmer and feel at peace. When the time for Agnihotra approaches, I am unable to stay at home, I have to go to the Homa Therapy sessions.

My son asks me: "Mama give me my ash." He is also doing well in school and we understand each other better.

Homa Therapy is so very good for me and my son. And I am going to get my own Agnihotra kit!

Healing of intense debilitation after an operation



Pramadevi Viswanadham, Kharagpur, West Bengal, India

I have been doing Agnihotra for 10 years. Before knowing Agnihotra, I suffered a lot. I could barely walk and could not see. I used to cling to the walls when I had to move. All these problems occurred after an operation to remove the gallbladder stones. I could not eat properly and I lost all my energy. I was in this situation for almost 3 years despite all the medications I took and visiting so many doctors.

Then my friend, Laxmi, told me about Agnihotra and suggested that I practice it. The day I started its practice, my recovery began. After performing Agnihotra for 40 days at sunrise and sunset, my health was re-established. In our family, we continue to practice Agnihotra, because it has helped us all, not only physically, but it has also shown its positive effects on our minds and souls.

#### Healing of negative thinking and a stressful atmosphere in the home



M. Venkata Laxmi (eldest daughter of Mrs. Pramadevis), Kharagpur, West Bengal, India

Agnihotra has truly helped me with my health, with my mind and in my soul.

By performing Agnihotra, our thoughts have changed. Now, I think in a very positive way. The pure atmosphere created through the practice of the Homa fires has helped to change our thinking. This refers to all the people who live in this home. I am telling you this from the bottom of my heart! Whatever has been our previous thinking, I do not want to mention. But with the performance of Agnihotra, we feel PEACE and positive energy. I firmly believe that our thoughts, our minds and our hearts have been purified.

## **Homa Agriculture**

Satsang Farm, Chile, by Carolina Morales Pavez, Agricultural Engineer



Homa organic farming at Satsang farm, located in Curacaví-Chile, has made important advances in agro-ecological design. Developed by Karina Ohme and Juan José Rodrigues, it involves the establishment of a greater diversity of species, including functional and native flora, medicinal and aromatic herbs and horticultural food crops.

The basic agricultural operations on this Homa farm are:

- Twice daily Agnihotra
- Weekly applications of Agnihotra ash to the crops
- Use of ash for the preparation of seedlings, sowing, composting piles and vermiculture .
- Propagation of forest species
- Application of Homa Biosol every three days to the growing crops

Satsang farm receives volunteers who are interested in learning about Homa Therapy, its application in agriculture and who wish to experience a wholistic lifestyle in a remote area.

Photo above Juán and Agronomost Carolina working in Satsang garden; Below: healthy and wonderful harvests with the practice of Agnihotra and using its ash - pomarola tomato, Spanish paprika and eggplant.









Juan Rodríguez (Venezuela), Rodrigo Lampasona (Bolivia), Pail Wegner (Germany), Dante Miquelon Alaimo (Brazil) working on a reforestation bed with native seeds. They add Agnihotra ash and cut the dry stubbles to give way to new shoots.

Source for Homa Health excerpts and Satsang farm- http://www.homa1.com/noticias/newsletter 143 144.htm

For the details on the Agnihotra workshop in Kensington Melbourne on Sun 19<sup>th</sup> of August, see attached PDF Flyer

Warm wishes for a healthy peaceful world,

Lee and Frits Ringma



'A nonprofit Association for Homa Therapy education and support to create vital, peaceful environments and people'

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Visit Our Website www.agnihotra.com.au

Information, Services and Supplies for Homa Therapy.

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