



## **Homa Therapy News**

**Australian and International July 2019**

- *Organic Farming with Agnihotra as pivotal practice - Correcting PH of soil, decreasing salinity in ground water and eradicating viral disease - Indonesia*
- *Biodiversity through Homa Therapy- Scientific Validation*
- *Agnihotra transforming one's life*
- *A visit to sister Centre Bhruhu Aranya, Eco Village and Homa Therapy Centre Poland*
- *Om Shree Dham, Homa Therapy Centre Australasia*

## **HOMA THERAPY**

**Ancient Wisdom from Ayurveda to heal modern problems**



# Organic Farming with Agnihotra and Agnihotra ash applications in Indonesia

Correcting PH of soil, removing salinity in water and eradicating viral disease through Agnihotra Organic Farming



## Luca Foglietti, an Australian running an organic farm project in Sumbawa, Indonesia, 2018

'I ran a food production area on the island of Sumbawa, Indonesia from May to November 2018 starting completely from scratch. It is a really dry island with only two seasons: the dry and the rainy season. The Rainy season was only about a month that year.

The small farm is slightly bigger than 1 hectare, fully organic, so no use of chemicals were allowed. The project started with a foundation of scientific knowledge, as I come from a university background, plus I implemented a few intuitive wisdom principles like: moon cycle, companion plantings and the use of copper tools. The situation wasn't the best as the soil pH was above 8, the bore water salty and the soil mainly clay...rock hard clay. A big help was also given by being completely free from EMF and electro smog, cell phones having no reception at all there. Here, without EMF smog, seeds germinated over- night.

For the first few months everything was going fine, not amazingly as the conditions were pretty tough, but reasonably ok. Plants were growing alright, showing few deficiencies that I thought were related to the high soil pH; some fruits were rotting from the bottom and a few leaves were turning yellow.



Overall view of Farm



### **Mosaic virus on cucurbits Aug 2018**

Around August I couldn't lie to myself anymore and had to acknowledge that also the mosaic virus was present and proliferating throughout the farm.

At first I thought I brought over infected seeds as all our seeds were organic and heirloom imported from Australia but I then noticed it was everywhere, also in the jungle kilometres away from the farm. (Mosaic virus first arrived in 2014 with an infected batch of soybeans sent by Monsanto to a few Indonesian islands like Sumbawa, Flores and Sulawesi. I don't want to argue about the reason why but I can tell you they now only grow GMO and Hybrid vegetables). This virus affects the crop, altering the shape of leaves and significantly lowering the fruit production. With the mosaic virus that is nothing one can do, it goes in the RNA of plants, last for 50 years, and it is spread by drops of water, chewing insects, manure (if the livestock eats an infected plant the manure will be infected) and if you harvest seeds from an infected plant you will grow an infected plant. The only thing that would stop it is fire so, burning the whole place down is the scientific solution; I'd spent days researching and really the only thing to do was to burn all the crops; from a scientific approach at least.

I was desperate, already been through many kinds of pests and diseases imaginable but it was manageable and now I was faced with having to burn the place down. I didn't know what to do. While sharing this with the founder of the project he mentioned, again, to me the Agnihotra practice, or Homa Organic farming method. I had previously heard about it but I guess I was still sceptical and for sure was not ready to believe that by burning some cow poo and singing a silly song you can actually do anything. Well desperate times call for desperate measures.

Luckily the founder had a pyramid (a bit out of shape) and some ghee and cow dung to start. I searched on the internet and found Homa Therapy Association of Australia website ([www.agnihotra.com.au](http://www.agnihotra.com.au)) from where I learned the guidelines and mantras. From the next day I was practicing Agnihotra every sunrise and sunset in the middle of the farm.





**Agnihotra spot, just done on the ground in the middle of the area.**

**(Editor's note-For optimum results it is best to utilise the pyramid in its undamaged shape)**

**During the first week I noticed that the negative thoughts were gone:** I wasn't afraid about the virus anymore, I was sure instead that it would be overcome. A big shift of energy was also happening to the people working in construction just next door. Most of them were disgruntled and there were a few explosive emotions due to episodes of hunger and frustration; a few people left at the end of that week but those who stayed experienced many **benefits in their bodies and minds** with an overall growth in positivity.

In the following weeks I started **spreading Agnihotra ash on the soil and infected plants and put some Agnihotra ash in the bore water daily, performing Agnihotra every day.** Surprisingly the **virus was confined** to the already affected plants, **not spreading to any new ones.**

After about 5 weeks I was taking the soil pH in another area nearby, for future fruit tree production; the pH was above 8 there also. While walking back through the farm, holding the pH tester in my hand, I thought about sticking it in the soil to get a reading of the farm situation, while being sure that it would be still at 8 (soil pH doesn't change without any work; indeed I was about to place an order for 1600 kg of elemental sulphur to lower it down by about 1 point in around 8/12 months). I was almost shocked when it came out at **6.5, perfect for growing vegetables.** Still shocked and excited I started taking samples all around the farm, finding the highest result about 7.2 while still at 8 outside the farm. There is no scientific explanation for it. It just won't happen that **the pH drops by itself** without application of any agronomical amendment. (like Elemental Sulphur or lime).



**View of the nursery and surroundings taken on the 29th June 2018**



**View of the nursery and flourishing surroundings taken on 2<sup>nd</sup> Nov 2018**

**In another month the water from the well wasn't salty anymore and the plants were no longer manifesting lack of nutrients; I was also finally finding earth worms in the soil, another sign that the pH was lowering as they don't exist when is higher than 7.5. By October the place was flourishing, full of bees and birds...and monkeys; even though we had no rain since the beginning.**



**Okra crop December 2018**

I've been performing Agnihotra every day since. I learnt how to use the Agnihotra ash in many different ways and I now promote it to everyone willing to learn about it. Farming with Agnihotra and its ash is now part of the foundation of my agricultural method. Currently I am applying it here in Australia, implemented with other methods from a lost wisdom that must come back and walk hand in hand with science, if we want to restore our planet and save not only ourselves, but LIFE on Earth.' **Luca Foglietti**



# Homa Therapy and Biodiversity

## Insect kingdom on the way to extinction Avaas March 2019

'This is beyond worrying! A major global study just found that every insect on the planet is on track to be wiped out, causing a collapse of life on Earth -- including us! We know in our bones that our fate depends on our planet. We ARE nature. And to save it, we must be its voice! .....  
Half of life on Earth could be wiped out by 2050. Biologists say the only way to stop the next mass extinction is to put half the planet under protection' AVAAS

## Scientific Aspects of Agnihotra: Agriculture: Biodiversity



*By Dr. Ulrich Berk, Germany*

**An excerpt :** For more than a decade now a dramatic decline of the bee population has been noticed worldwide. Now we learn that a similar decline can be found regarding all insects. Recently an alarming study was published by scientists from Germany, Great Britain, and the Netherlands. Insects were captured in nature reserves throughout Germany and counted. **This long-term study found that within 25 years there was a reduction of 75%! .....**

The reasons for this dramatic reduction of insects are not clear yet, as that was not part of the study.

Important reasons seem to be:

- the increasing use of pesticides in agriculture
- monoculture is practiced on large areas
- there is a reduction of hedges, bushes, and forest rims around agricultural fields
- even light pollution may play a role, as it interferes with the normal rhythms of diurnal and nocturnal insects
- Herbicides such as glyphosate kill all plants except those which are genetically modified to resist this substance. There is a total loss of plant biodiversity in areas where such herbicides are used.



***Monoculture farming, in which a single crop is grown at a time. When practiced on large areas, habitats for many species are destroyed and biodiversity decreases.***

.....

### **Why is biodiversity important for us humans?**

Monoculture seems to be a result of a thought pattern which reduces Nature to just supplying food, water, timber, and fibre for humans. E.g., on huge areas corn or cotton is grown; any other plant will be seen as an unwanted weed to be eliminated. Same with insects etc. But Nature does not work that way. In Nature, there is no monoculture. Always there is a great variety of plants, microbes, insects, and other animals which interact and coexist in harmony.

.....

### **How does Homa Organic Farming help to calm down this “storm on the horizon,” to bring Nature back to harmony, to restore biodiversity?**

#### **Reports from Homa Organic farmers and scientific studies give some answers.**

Let us start with an observation Rita and Thomas Hirt made on their Homa Farm in Rippistal, Switzerland. When they started the farm, one big problem was that the meadows were widely covered with a tall growing weed, the broadleaf dock (*Rumex obtusifolius*). A few of these plants are okay; they can even be used as medicine. But as these meadows are used for cows who graze there in summer and hay is made for winter, it was a problem that large areas were covered by broadleaf dock, making these areas useless. All the neighbouring farmers had the same problem, but they used herbicides to control the broadleaf dock. This is not permitted on a Homa Farm, and as we have seen, this may solve one problem, but create more other problems as it brings Nature further away from harmony.

After some time of performing the Homa fires and spraying Agnihotra Ash water, green dock beetles (*gastroidea viridula*) arrived in large number and controlled the broadleaf dock. Interesting! These beetles were not found on the meadows of neighbouring farms. This is an example of how, on a Homa Farm, biodiversity is restored and automatically, beneficial insects arrived.

This also reminds one of the experience which Abhay Mutalik Desai had on his farm in India where woolly aphid was controlled by two natural predators – *Micromus igorotus* and *Dipha aphidivora*. (Contact us re this report)



**Green dock beetles arrive in great numbers, to reduce the number of unwanted dock weed plants in the pasture.**



**Green dock beetle finishing a dock leaf. No harmful herbicides needed!**

At Palampur Agricultural University (in Himachal Pradesh, India) some ground-breaking studies on Homa Farming were done. The studies were on the yield and quality of medicinal plants as well as on soil health. Results were very positive (Contact us re: [Scientific Aspects of Agnihotra: Effect of Agnihotra Atmosphere and Agnihotra Ash on Plant Growth and Soil Health](#)).

In addition to that, the following observations on various aspects of environment (land & biodiversity) were made:

- Spread of White clover (*trifolium repens*) (Legumes) & Kikyun (*pennisetum clandestinum*) grasses (soil binder) increased in farm.

- Weeds problem a little bit suppressed .
- Frequency of occurrence of Brahmi (*centella asiatica*) increased naturally in farm.
- Birds diversity and their frequency of visit has been increased
- Friendly insects occurrence has been enhanced.
- Robust health of plants, animals and microbes.

*“Earlier experiments had shown significant effects of Agnihotra ash treatment on the structure of algal/macrophyte/invertebrate communities in aquatic microcosms. Then, to assess Agnihotra effects on survival and growth of Rana temporaria tadpoles, freshly hatched ones were placed in water containers with algae, macrophytes and decaying plant debris, with addition of Agnihotra or non-ritual ashes of the same substrate against control tanks, placed each in triplicates at an Agnihotra and an organic farms in Southern Poland.*

*“Agnihotra ash treatment significantly increased growth of tadpoles by 17-32% and reduced their mortality. With non-Agnihotra ash the mortality was even higher than in controls. Also, significant differences in final yield of diatoms, filamentous algae, plants and in decomposition of plant debris were found. Agnihotra atmosphere may be responsible for faster development and emergence of frogs. This is consistent with observations of Agnihotra farmers who claim their crops ripen earlier and more simultaneously than in conventional neighbours’ farms.”*

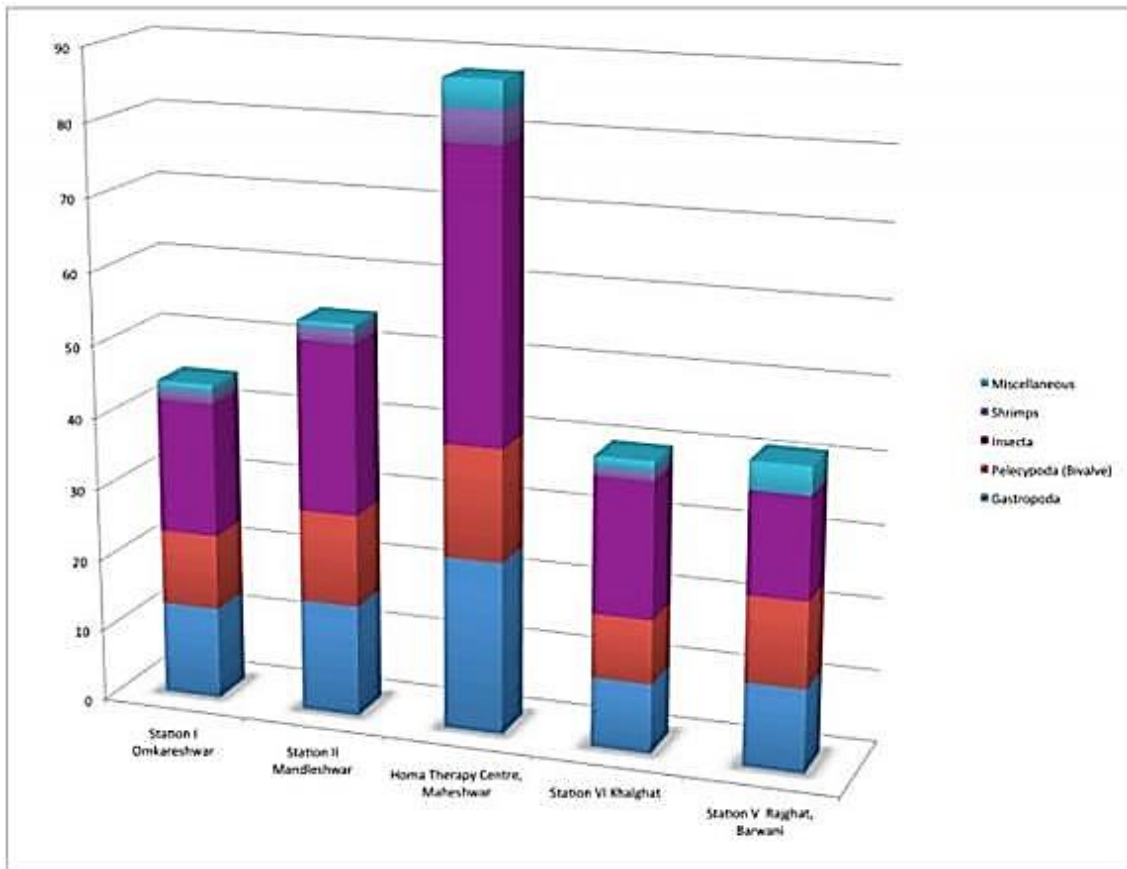
Although the mechanisms of Agnihotra effects on biota are not fully known, some explanations are proposed. Further studies are needed on more endangered species, and on treatment of chytridiomycosis, as Agnihotra ash is often considered an effective remedy against fungal diseases. As many Agnihotra farms are located in or near global biodiversity hotspots, they may contribute to conservation of endangered amphibian populations living there.”

Recently, biodiversity along the Narmada River in India was studied systematically under the guidance of Dr. Shailendra Sharma, Principal, AIMS College in Damnod, Madhya Pradesh. One study was about the bottom fauna of the river – analyzing the number of various types of invertebrates in the mud from the riverbed. For biological analysis the mud samples stored in bottles were immediately transferred to the enamel trays for sorting and separation of individual organisms from the debris. The bigger animals were picked up by forceps and were counted separately as number/m<sup>2</sup>. The small animals were isolated by centrifugation, sieving and flotation.

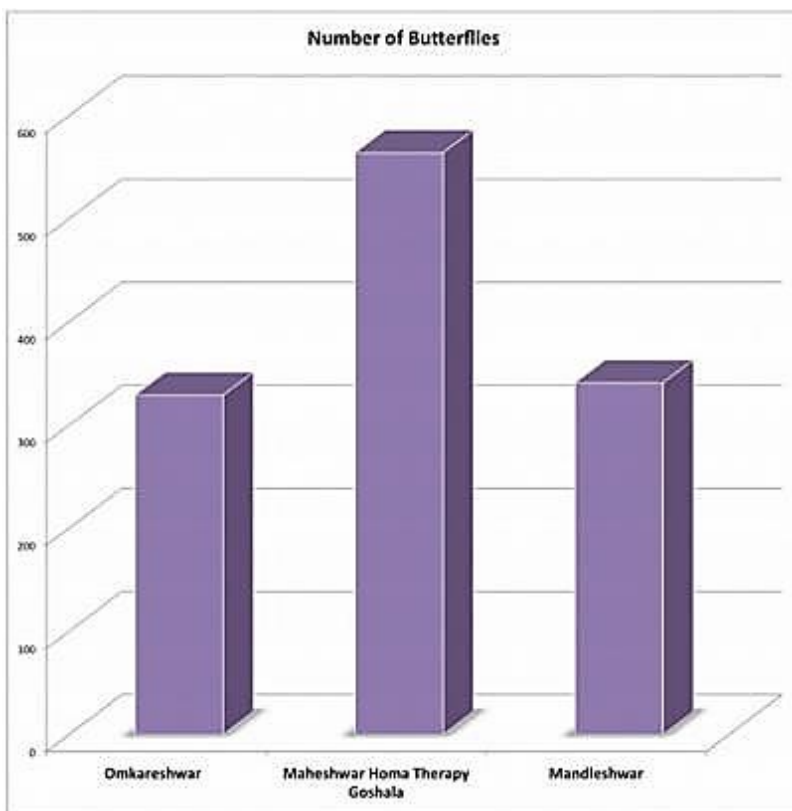
Macro Invertebrates (Bottom Fauna)	Station I Omkareshwar	Station II Mandleshwar	Homa Therapy Centre, Maheshwar	Station VI Khalghat	Station V Rajghat, Barwani	Average stations I,II, IV, V	Homa Therapy Centre, Maheshwar	% increase near Homa Therapy Centre, Maheshwar
Gastropoda	12,8	15,5	23,9	9,6	11,5	12,35	23,9	94%
Pelecypoda (Bivalve)	10,4	12,7	15,5	8,8	11,8	10,925	15,5	42%
Insecta	18,5	23,5	39,9	18,7	14	18,675	39,9	114%
Shrimps	1,5	1,8	4,5	1,2	Nil	1,125	4,5	300%
Miscellaneous	1,2	0,9	3,9	1,5	3,9	1,875	3,9	108%

**Near the Homa Therapy place, there is a very significant increase of all different types of invertebrates – from plus 42% to plus 300%!**





A second study examined the number of different butterflies at three stations along the Narmada River. Thirty-two different species of butterflies were counted at these three places. One of these places was the **Homa Therapy Centre near Maheshwar** – and here an average increase of 68% was observed! Really astonishing is that in all the different species, the number at this Homa place was highest.



Many butterflies can be observed at the Homa Therapy Goshala in Maheshwar, India. One observation many people have made who came to Homa Farms or other Homa Therapy places the first time: The number of different varieties of birds astonishes them. But that has not yet been scientifically studied. It will be good if some ornithologists look into that matter! **Dr Ulrich Berk (For full article, contact us)**

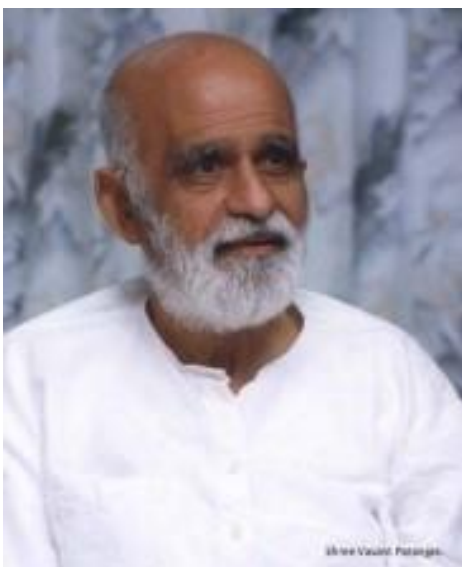


#### **Butterflies at Om Shree Dham, Homa Therapy Centre, Australia**

It is a common experience where Agnihotra is performed regularly that there appears a variety of and often unusual birds and insects. We have never seen this butterfly in the 30 years of being here.

#### **Quote (1979) from Shree Vasant Paranjpe,**

Preceptor of Homa Therapy to correct the major imbalances on the Earth



'When western man looks at what technology has done to this beautiful planet and hence to himself, he will start trembling. Insects are on the move, migrating and transmigrating. Nature is all mixed up. She does not know what she is doing. A point has come where something has to give. It is man. Man has taken; now man has to give. All the nutrients and balance that have been robbed from nature must be replaced now.

We will now begin to hear reports from various parts that the honey bee becomes extinct. Can you imagine what this will be, what this will do to the balance of nature? Can you imagine the effect this will have on crops? Terrible. Do Agnihotra and yield will be at least double the crops. Honey bees will thrive in this atmosphere.' **Shree Vasant**

## Organic garden flourishing with Agnihotra

**Sachin Gadkari, Belgaum, Karnataka, India**

'I Have practice Agnihotra since 2010.

I stayed in a room, which had been vacant for a long time. There were some rooms in the back of the house, but nobody stayed there. At night, no one wanted to go to the backyard, behind the rooms, due to fear of the unknown, since it was a long-time abandoned space. In the backyard, there was a Jack-fruit tree, a chikoo tree and three small hibiscus plants and a large mango tree. **When I moved here in December 2008, not a single tree was having flowers or giving fruits.**

Then, I came to know Homa Therapy and we started with the practice of Agnihotra in January 2010. We did it regularly at sunrise and sunset. We also gave Agnihotra ashes to the plants of this backyard.

**In the summer of 2011, we found that the jack fruit tree carried 8 fruits. The chikoo plant had several fruits and it was almost unbelievable how the mango tree gave us 70 mangoes!** Then, the monkeys also started to visit this backyard. The hibiscus plants had beautiful lavender flowers.

And little by little, the fear of the unknown also disappeared and we started having tea and dinner in the backyard. After several years of enjoying this newly abundant space through the practice of Homa Therapy, I left in 2015. What I can say for sure is that Agnihotra works miracles!

In my new home, I continue with this practice.' **Sachin**



**Jack Fruit and Chikoo**



## Agnihotra transforming one's life overall

**Quote from Shree Vasant** 'Importance of Agnihotra goes beyond scientific explanation. It gives a link with the Almighty. When you see past the physical you begin to think of what importance this is. Through Agnihotra many will be brought home.' Shree Vasant

### My ability to deal with stress has greatly improved



**Huma from Sydney in the background in the Fire Hut at Om Shree Dham**

'My 1 week stay at the incredible Om Shree Dham was transformational in more ways than I can recount here! A week before arriving, **a cyst in my right ovary ruptured causing enormous amounts of pain** that subsided to a dull, constant ache. Instead of freaking out, I decided to trust my body's ability to heal, drinking Agnihotra ash water when I could. By the second day at the farm, the pain was gone! In fact, I forgot about the whole episode until I left the farm. 3 hours after leaving, a small pain reappeared which completely disappeared within 3 days.

**The atmosphere facilitated the dredging up of psychological and emotional traumas and releasing them** in a safe, nurturing environment. It was intense, but I was so supported. Also experienced joy and a profound reconnection with nature at levels I hadn't experienced before.

I also **burnt my finger** while I was there, (I reckon severely, relative to the pain of other burns I've had). Tired, I fell asleep after half-heartedly running it under a cold tap for a minute. I woke in the morning and looked at my finger in amazement. It hadn't blistered, no pain, no swelling, just mild discolouration. And it healed freakishly fast!

Interestingly I am finding back at home that certain stressful circumstances have not changed but **my ability to deal with stress has greatly improved**. Such a blessing to spend time in such an extraordinary ecosystem.'

**Huma**

**Emotionally I have let go things that haven't served me for so long,  
I feel a calmness in my inner being**

**Sonya of BodyBliss, Margaret River, Western Australia**

'Since practicing Agnihotra Regularly the last three years I have noticed incredible changes in all areas of my life including my relationships & health. My connection every day with the Divine and Nature is getting stronger and stronger through doing Agnihotra and the love I feel for others .....is beautiful. I have grown spiritually and has

become more and more my focus. Emotionally I have let go things that haven't served me for so long. I feel a calmness in my inner being.

I so look forward to doing Agnihotra each and every time. Sometimes when I have to miss it for some reason or another, like I'm away or late from work, I really feel the loss. It's my life & it's so simple & incredible. I Love it! Thankyou Lee & Frits for your support and dedication.' **Sonya**



**Agnihotra Fire of Sonya**

## **Simply taking the Agnihotra ash, my life was changed**



**Maria Elena Antolinez Ortega, Bucaramanga, Santander, Colombia, South America**

'I had an accident and I broke my knee. I was in a hospital for 15 days and I suffered stomach aches. When I left the hospital, I met Miriam from the D'Pachamama restaurant. She invited me to a healing session with Agnihotra, which I attended and she gave me its healing ash. Afterwards, she kept providing me with this *Agnihotra ash for one year* and I took it regularly with great results: **I got thinner, my digestion got better, my hair grew and I went into meditation very easily.** I did not meditate before, but I began to meditate. Even though I did not practice this technique, but by **simply taking the Agnihotra ash, my life was changed. It changed my digestion, it changed my body, it changed my mind.**

I have only participated 3 times in the practice of Agnihotra, but tomorrow I will practice it with my own pyramid! I have been much attuned to Homa Therapy these days and it is wonderful! I'm very grateful! Because I really do notice the vibration, I can see an energetic change is happening.

My niece had a very strong colitis and I gave her one shot of Agnihotra ash and she healed completely. Recently another very delicate girl suffering from the colon, went to D'Pachamama and took the Agnihotra ash and she was also healed.' **Maria**

## Photos from our recent visit to sister Homa Therapy Centre - Bhrugu Aranya, Poland



**Asia and Rory, the main Homa Organic gardeners at Bhrugu Aranya, with help from Wwoofers  
Preparing the herb garden at the advent of spring**



**Pea seedlings just planted. The Centre of Light still in building stage in the background, a Centre where not only Homa Therapy and all its applications will be taught, but also sustainability, healing and creativity workshops and retreats**





**Presently workshops are being held in this magical yurt in the lush meadows surrounding Bhругu Aranya**



**The Parshuram Agnihotra Shala nestling in the apple orchard**



Frits Ringma of Om Shree Dham and our daughter Suwindi, a Bhругu Aranya community member, framed by the veggie garden living-willow fence.

To learn more about Bhругu Aranya See <https://agnihotra.pl/en/>

## OM SHREE DHAM

Homa Therapy Teaching Centre and Homa Organic Farm, Australasia

Services provided by Om Shree Dham

- Information and Supplies for Homa Therapy. See [www.agnihotra.com.au/Products](http://www.agnihotra.com.au/Products)



Asher, Agnihotri in Victoria, blissed out to receive a parcel of dried cow dung patties for his Agnihotra



- **Accommodation** – Caravan, Self-contained apartment, or BYO tent or mobile home. For those who wish to imbibe Agnihotra and Homa Therapy into their lives as well as benefit from a healing and transformational Homa Biosphere created over a 30 year period. **(tenting and caravanning available from spring)**



Comfortable apartment, self-contained kitchen and bathroom with wood heater for winter available all year round

- **Earth Healing work** – Occasionally we go to Power sites to assist with Homas



Karen and Frits with Vyahruti Homa at a power site in the bush near Om Shree Dham

- **Learning how to perform Agnihotra and other Homas** – People are welcome to drop in ½ an hour before sunrise or sunset Agnihotra to experience the healing transformative atmosphere and to witness how it is performed. Phone first so we can let you know the Agnihotra times. 02 49981332





**Karen Cleveland on the right, resident of Om Shree Dham and Arnaud on the left, a French Wwoofer**

- **Sunday Satsang at Om Shree Dham** – Most Sundays from 11am to 1pm we have small gatherings here where we meditate, sing devotional songs and read from sacred texts. All welcome. Please ring to confirm your attendance.
- **Open Days at Om Shree Dham with Talk on Homa Therapy** – **NB** We will not be having Open Days at Om Shree Dham until further notice. However if you would like us to come to you see below:
- **Outreach through Free Workshops and Talks.** If you are a good networker and would like to organise a workshop on Agnihotra and Homa Therapy in your vicinity - contact us. We are also available as Presenters at Conferences/ Festivals, etc. Homa Therapy is always taught free of charge world-wide. We appreciate help with travel and accommodation expenses through donations.



**Recent workshop at Darsha's home in Western suburbs of Sydney where several people took up Agnihotra**

- **Online shop.** As well as supplies for Homa Therapy we specialise in providing other powerful healing tools including Narmada Lingams, Yantras, Moldavite, raw and set as pendants and superb Natural Incense traditionally made. See [www.agnihotra.com.au/Products](http://www.agnihotra.com.au/Products).



**Crystal Yantra set in copper**



**Narmada Lingams**



**New Product! The Meru Pyramid**

A fusion of two ancient energy devises; the pyramid and the Shree Yantra

-Energise and cleanse jewellery, crystals, essences, etc

-Place Yantra underneath and pyramid on top of chakra or area of body needing balancing and healing.

-Enhances meditation

(We are personally having wonderful results with this healing combination)

- **Homa Organic Farm and Retreat Centre building in progress.** We are welcoming skilled volunteers to help us with the farming and building. Once the Retreat Centre is built we will be holding various course here related to Homa Organic Farming, Homa Therapy Teacher Training, and much more. **Contact us if you wish to give a hand.** [info@agnihotra.com.au](mailto:info@agnihotra.com.au)



**Work Exchange at Om Shree Dham**



**The new Retreat Centre in progress**



*May there be Love, peace and healthy environments for all,*

*Frits, Lee, Ana, Karen and Joy*



**Agnihotra Australia**  
Homa Therapy Association of Australia

*'A nonprofit Association for Homa Therapy education and support to create vital, peaceful environments and people'*

**PO Box 68 Cessnock NSW 2325 AUSTRALIA**

**Ph.: [02-49981332](tel:02-49981332) Ph. Int +(61) 249981332**

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