



Homa Therapy News

Australian and International April 2019

- *Up and coming Agnihotra Workshop Marayong Sydney*
- *Agnihotra creates a revolution of positivity*
- *Homa Therapy is healing for our beloved pets and plants*
- *Homa Therapy often heals chronic pain*
- *Growth of plants with Agnihotra- Scientific Validation*
- *Om Shree Dham, Homa Therapy Centre Australasia*

AGNIHOTRA WORKSHOP

**Ancient Wisdom from Ayurveda to heal modern problems
Marayong, Sun June 23th**



Workshop by donation, conducted by Lee and Frits Ringma

A simple universal practice available to all, brings relief to the body and mind, healing to the environment, creates a biosphere of protection. The peace, the relief, the depth of inner connection is instant.

Contact Bharani – bharani.bussari@gmail.com

Agnihotra creates a revolution of positivity in our lives

As soon as we take the initiative to perform Agnihotra we attract so much positivity. Healing is given to our minds and bodies, our animals, our plants. It brings us in touch with Nature and God in a deep, nurturing, profound and undeniable way. It is where science and Grace meet.

We invite you to email us with your Australasian stories

Have a read of these extraordinary life changing experiences. We know that Agnihotris in Australia are having similar experiences. We would love to hear from you so that we can include your inspiring stories in our Australasian and International Homa Newsletters. Please email us with your experiences - healing of ailments, harmonising mind and emotions, freeing us of addictions, helping animals, beneficial effect on organic food growing- on your plants and trees, transformation in the atmosphere at home, spiritual development catalysed by Agnihotra practice, etc. A photo or two always adds colour and interest.

McKenzie Barney

Wwoofer at Om Shree Dham in March, from the US



McKenzie with Bolo, our Homa dog

"I can't stop talking about Om Shree Dham and it's everlasting affect. **I feel so much more calm and peaceful** in the city/swarm of people and find myself in deeper meditation multiple times a day! I continue to recite the Mantras in my head. I also can't stop telling everyone about my transformational experience there! **It has taught me how to look deeper within myself in order to connect more with nature and the Divine.** I wanted to thank you again for teaching me about seeds, plants, farming and spirituality, allowing me to practice Agnihotra, providing me with fresh garden vegetables.....Here's to Healing Our Planet! " McKenzie Barney, Nomadic Storyteller

German Romero
Colombia, South America



German Romero performing Agnihotra

“For a long time, I was looking for a way to feel God. I was seeking that union with this wonderful being and with nature. I found it! It came for me and my family in the form of Homa Therapy. We were practicing it for years. At the time we started, we had many health problems concerning our two daughters. They suffered with **asthma**. We have the pool next to the house but the girls could not use it because they would get sick. And **our plants did not grow at all**.

When we started Homa Therapy, we noticed that our daughters **began to sleep much better. They got cured of asthma. Their colds and flu began to disappear.**

Also **our plants started to bloom**. For many years, the trees had remained small because the soil is very bad. However, **they began to grow and bear fruit**. Now, we have a beautiful garden.

Our daughters grew and they are moms now. They carry these experiences in their hearts.

Homa Therapy is a wonderful gift that will continue with me forever, because **it has healed my body-mind. It has helped me to connect with heaven, with nature, with life**. And that I consider something very valuable.”

Lucas Maya
Colombia, South America



"I am 68 years old and I came to know Homa Therapy 20 years ago. I was a very different being. I was **drinking every day**.

I am a farmer; I have 50 years of farm experience. Once a friend called me and said: "There is a talk in Armenia about agriculture, do you want to participate?" That's where I met Homa Therapists Abel and Aleta who talked about Homa Farming Super-Technology.

Since then, 20 years ago, I started with the practice of Homa Therapy together with my wife and I do Agnihotra in the morning, at sunrise and in the afternoon, at sunset. In the mornings, I always do it. **The day I do not do Agnihotra, I feel I'm missing something**. I have to do it, the body asks me to. Initially, I continued taking alcohol, but every day less and less. **Today, I do not even taste alcohol; I have no longing for it whatsoever**. And I never thought that I would leave the drinking. At that time, I was **also a womanizer**. **Now, my family is happy**, my 3 children are happy and I have wonderful grandchildren.

We started doing Homa Therapy for agriculture. **Trees, that were dying, began a process of flowering, before having leaves**, they gave flowers. After the flowers, the leaves came out. And then, the flowers fructified and tangerines were the result. Before, **the trees had been so dry**, that I took some of the branches and used them for fire wood. Then, **with the Homa fires, they were fruiting abundantly**. That was awesome!

The animals also respond to Homa Therapy. On the farm, I could see how at the time of Agnihotra, **my horse always came to the door of the cabin just at the time of Agnihotra**. I also had **9 German shepherd dogs that came to do Agnihotra with me**. They never failed.

Today I live on a fourth floor, surrounded by guaduales (bamboo trees) and pure greenery. I have a bird feeder. The birds are free, I give them their banana, their bread, their water, their milk, and **at the time of Agnihotra the Barranquero bird comes and sings** as if he wants to say 'here I am singing with you'. He arrives in the morning and arrives in the afternoon at the exact time of Agnihotra. The animals rejoice with the Agnihotra Fire. I would say that they are more sensitive than us.

I know many people who have been healed of different diseases through Homa Therapy. With all my heart, I tell you, take this opportunity! This is something that does not come every day."

Healing for our animal friends, both in body and temperament

Bolo, our loyal Homa dog

Om Shree Dham, Homa Therapy Centre, Hunter Valley, Australia



Bolo loves to eat Lemon Grass

Here at Om Shree Dham we have had several experiences of how the Homa biosphere transforms the temperaments of our pets. Bolo came to Om Shree Dham as an out of control, outlandishly boisterous giant 1 year old pup. Attempting to train him seemed like a lost cause. Extremely intelligent, he had 2 minds - "Will I obey my masters or my own instinctual nature?" You could see him making the decision and usually the latter won. After a lot of patience and loving but stern training we came to the point where we were going to reluctantly give him away to a good home. We told him that if he did not come on board he would lose the opportunity to be here. The very next day he started attending all the Homas. He would follow us to the Fire hut and go under the hut and sit directly under the place where the Homa was positioned. From that point on he has become an affectionate, loyal, obedient (within reason) delightful presence at Om Shree Dham. Daily he receives Agnihotra ash in his food.

Jairo García Galeano
Colombia, South America



My dog had 5 tumors and she was very ill. One of the tumors broke open and the veterinarian said that she had to be operated immediately. After that, she needed to be given drugs. When I came here to Homa Therapy, I took **the Agnihotra ash** home and I started giving it **in her food**. Now, she is completely fine and perfect, better than ever before.

Healing of Chronic pain

Anonymous
Sydney Australia



In the Fire Hut at Om Shree Dham.

This gentleman attended an Agnihotra workshop conducted by Lee Ringma in Sydney. He had an accident 7 years ago and **crushed a vertebrae**. Since then he **suffers chronic pain when lying down** and also has had **restriction in movement**. After a busy day concluding with attending a 4 hour Homa Therapy workshop, he expected to have a difficult night due to back pain. To his utter astonishment there was no pain and he also discovered that he was able to make twisting movements with his torso that was impossible before attending the workshop where Agnihotra was performed.

Shortly after the workshop in Sydney the person concerned visited Om Shree Dham to obtain 6 Agnihotra kits and dried cow dung patties for fellow participants at the workshop.

Stalin Criollo
Colombia, South America



“ I was diagnosed with a **herniated disc at level L4/L5**, which was **very painful** and very complicated. For unknown reasons in life, I was guided to Homa Therapy. That was in mid-November of 2017 and from then on I tried to come as often as possible. I am currently still attending. The benefits of Homa Therapy are total and incredible. **After only 2 days, I noticed the improvement by 90%. I have no pain. I have not taken any medication since** I have participated in Homa Therapy. I have cut them completely. To this day, I am recovered from this problem 100%.

Also, **my left hand was shaking**, which prevented me from performing the activity as a hygienist of oral health. **Again, the improvement was immediate.**

Everything has been beneficial, not only physically, emotionally, but also at a spiritual level. **Here Peace is in the air**, total Peace. I cordially invite all the people who wish to improve, who want a better quality of life. Because that is what Homa Therapy offers. “

Scientific Aspects of Agnihotra: The growth of plants in Agnihotra atmosphere with Agnihotra Ash

By Dr. Ulrich Berk, Germany

We have seen that Agnihotra Ash helps seeds to germinate better. You also see this when seeds are kept for germination in a room where Agnihotra is performed regularly.

These are very simple experiments which everybody can easily perform at home also.

We again suggest that you try yourself – and then please also send us photos of your results.

Definitely the germination stage is very important for the life of plants, but unless we are just interested in sprouts, it is important to see how plants grow further until they are harvested. Will plants also grow faster in the later stages, will there be a stronger resistance against diseases and pests, etc.? What about the quantity, the quality of the produce, the nutritional value, the shelf life?

There were a lot of observations and reports from people performing Agnihotra in their gardens as well as from farmers who performed Agnihotra in their fields and used Agnihotra Ash for irrigation and for preparing different sprays.

One relatively simple experiment was done in Fergusson College, Pune, India.

Two plants were maintained providing the same amount of water, light and other environmental conditions. One was kept in a room where Agnihotra was performed and another was kept in another room where Agnihotra was not performed. See the difference in the growth of these two plants:



Although the experiment was not done under ideal conditions, still the difference in the growth of these two plants is obvious. Ideally for such an experiment there should be a distance of three kilometres – but in this case the two plants were grown in two different rooms of the same building, so also the first plant got definitely SOME of the Agnihotra effect.

This is just one example. More systematic research has been done by Dr. Selvaraj at the Institute of Commercial Horticulture, Tamil Nadu Agricultural University, Ooty, India. Yield, quality of the produce, and disease resistance were examined, comparing:

- Organic farming system
- Organic farming system + Agnihotra
- Conventional farming
- Absolute control

Following are some of the results.

Effect of organic farming on growth and yield of Rose cv. Passion

Treatments	Fresh flower wt/ plant (g)	Stalk length (cm)	Flower diameter (cm)	No. of flowers/ plant/year	Shelf life of flowers (days)
Organic	19.54	85.59	6.81	26.54	14
Organic +Agnihotra	21.34	88.98	7.54	28.80	16
Conventional	12.98	75.98	5.54	16.70	3
Absolute Control	8.65	67.23	3.54	12.65	1.5
CD at 5%	0.85	2.95	0.55	1.25	–

Organic plus Agnihotra gave best results in all the parameters which were checked.

Flowers are normally grown in greenhouses, and because of high humidity fungal diseases are quite common. A study showed that Agnihotra can control one common fungal disease, powdery mildew (characteristic are white powdery spots on the leaves and stems).

Effect of organic farming on the incidence of powdery mildew of Rose cv. Passion

Treatments	Powdery mildew (<i>Spaerotheca pannosa</i>) (%)
Organic	4.4
Organic +Agnihotra	2.9
Conventional	12.3
Control	25.9

Another experiment was done on potatoes. Yield and the occurrence of late blight were examined. (The disease late blight affects mainly potatoes and tomatoes – and which led to the Irish potato famine of the 1840s; two million people died or emigrated from Ireland then!).

Effect of Agnihotra on pest complex of potato cv. Kufri jyoti

Treatments	Late blight (%) 90 days after planting	Yield (t/ha)
Organic	45	8.4
Organic +Agnihotra	11	9.6
Conventional	65	4.2
Absolute Control	80	2.5

Other salient findings were:

- Organic farming with Agnihotra in Carnation recorded higher performance for plant height (95.43 cm), stalk length (93.24 cm), flower diameter (7.76 cm), number of flowers/plant/year (9.78), and shelf life (14.43 days) compared to other treatments.
- In Carnation, Organic farming with Agnihotra showed higher disease resistance.
- In Gerbera, Organic farming with Agnihotra recorded higher performance for number of flowers 20, shelf life 16 days.
- In Gerbera, Organic farming with Agnihotra showed higher disease resistance for leaf spot, fusarium wilt.
- Among the four treatments Organic farming with Agnihotra in Potato recorded higher performance for yield (9.6 t/ha) and showed increased disease resistance.

These were quite impressive results of the first systematic study on yield, health, disease resistance, and shelf life of plants.

In the next article we will look into

1. the underlying mechanisms – how does Agnihotra achieve these positive effects, and
2. how to make use of these effects on farm level.

Om Shree Dham

Homa Therapy Teaching Centre and Homa Organic Farm



Om Shree Dham nestled in a valley, Pecan trees in the foreground, Brahmin cows in the background

Lee and Frits Ringma will be away during the month of May, visiting Bhrgu Aranya, Homa Therapy Centre for Europe, situated near the Tatra Mountains in Poland.

Our Australasian Homa Therapy Services such as supplying Agnihotra equipment including dried cow dung patties, will continue as usual. However there may be a delay of a day or two in responses to email inquiries and processing of orders.

Services provided by Om Shree Dham

- **Information and Supplies** for Homa Therapy. See www.agnihotra.com.au/Products



Asher, Agnihotri in Victoria, blissed out to receive a parcel of dried cow dung patties for his Agnihotra

- **Accommodation** – Caravan, Self-contained apartment, or BYO tent or mobile home. For those who wish to imbibe Agnihotra and Homa Therapy into their lives as well as benefit from a healing and transformational Homa Biosphere created over a 30 year period. **(Accommodation available from the latter half of June)**



Comfortable apartment, self-contained kitchen and bathroom with wood heater for winter

- **Learning how to perform Agnihotra and other Homas** – People are welcome to drop in ½ an hour before sunrise or sunset Agnihotra to experience the healing transformative atmosphere and to witness how it is performed. Phone first so we can let you know the Agnihotra times. 02 49981332



Karen Cleveland on the right, resident of Om Shree Dham and Arnaud on the left, a French Wwoofer

- **Sunday Satsang at Om Shree Dham** – Most Sundays from 11am to 1pm we have small gatherings here where we meditate, sing devotional songs and read from sacred texts. All welcome. Please ring to confirm your attendance. **Due to overseas travel in May our next Satsang will be Sunday the 16th of June.**



Arnaud, a Wwoofer from France, enjoying the nature and the meditational energy imbued in the land from 30 years of Homa Therapy in this valley

- **Open Days at Om Shree Dham with Talk on Homa Therapy** - ask to be placed on our email list to receive newsletters and notification of events. **The next Open Day will be in the month of July.**



- **Outreach through Free Workshops and Talks.** If you are a good networker and would like to organise a workshop on Agnihotra and Homa Therapy in your vicinity - contact us. We are also available as Presenters at Conferences/ Festivals, etc. Homa Therapy is always taught free of charge world-wide. We appreciate help with travel and accommodation expenses through donations. **The next workshop will be in Marayong, Sydney on the 23rd of June. See details at beginning of this newsletter.**
- **Online shop.** As well as supplies for Homa Therapy we specialise in providing other powerful healing tools including Narmada Lingams, Yantras, Moldavite, raw and set as pendants and superb Natural Incense traditionally made. See www.agnihotra.com.au/Products.



Crystal Yantra set in copper



Narmada Lingams from 2 cm to giant Lingams for land healing

A quote from Jovan who recently emailed us and lives in Broken Hill: "Dear Lee and Frits My gardens have gone crazy with massive growth since I have placed the 4 lingams at each corner of my yard and one at the diagonal centre point inside my home. Yours truly Jovan,"

" When I meditated for the first time with a Narmada Lingam , a shaft of Light shot up my spine to my crown" Anuj, Sydney

- **Homa Organic Farm and Retreat Centre building in progress.** We are welcoming skilled volunteers to help us with the farming and building.

Once the Retreat Centre is built we will be holding various course here related to Homa Organic Farming, Homa Therapy Teacher Training, and much more. Contact us if you wish to give a hand. info@agnihotra.com.au



The new Retreat Centre in progress



Homa Organic vegetables, fruit and nuts for our own consumption. Above delicious pecans recently harvested

May there be Love, peace and healthy environments for all,

Frits, Lee, Ana, Karen and Joy



Agnihotra Australia

Homa Therapy Association of Australia

'A nonprofit Association for Homa Therapy education and support to create vital, peaceful environments and people'

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Visit Our Website

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Information, Services and Supplies for Homa Therapy.

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