

SATSANG

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Agnihotra in Uganda



NEW ERA 68

MAY 17, 2011

Perform Agnihotra



Heal The Atmosphere

NEW ERA 68

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Two Remembrances

Ed.

For many practitioners of Agnihotra and Fivefold Path, May is a time for two very special remembrances.

May 17th marks the birthday of PARAMA SADGURU SHREE GAJANAN MAHARAJ (1918-1987) of Akalkot, India, who resuscitated the ancient knowledge of Agnihotra and the Fivefold Path for modern times.

From *I Wish I Had Known*, by Fran Rosen-Sawyer (now Parvati Rosen-Bizberg):

Shree is KALKI AVATAR. The word AVATAR means the descent of Divine Power on earth to fulfill an allotted task from Almighty Father. KALKA means pollution; hence, KALKI AVATAR means Divine Messenger for the destruction of pollution.

SADGURU means PERFECT MASTER. PARAMA SADGURU means highest among the PERFECT MASTERS. Shree's lineage reflects a glorious spiritual heritage. His mother Sonamata was a great YOGINI. (YOGINI is the feminine term for YOGI.) Shree's father Shivananda Swami was a renowned NADA BRAHMA YOGI...Shree's grandfather Tatyaji Maharaj was a saint who possessed great intuitive knowledge of medicine and astrology...

On Christmas day, December 25th, 1941 Shree's allotted task was revealed by the Will of Al-

mighty Father...Shree was further informed that the time for unfolding was yet to be... In 1944 Shree vowed, "I will resuscitate the Vedas."

Parama Sadguru once said:

"Whatever Almighty has willed to be done through our instrument shall be done. Our whole life is totally dedicated to Him. He who revealed to us our allotted task shall grant us the necessary strength to fulfill it.

"It is not for us to advise people to follow any particular individual.

"If it is the will of the Almighty to convey to the world any message through us He will do so. We are merely his slaves.

"We are not votaries of any religious denomination. Whether it is the Bible or the Koran or the doctrines of Hindus we will convey the message with equal yearning.

"We have asked people not to call us GURU. Many have imposed Guruhood on us. Many have experienced superhuman powers with us. Many have witnessed miracles. We are mere witness of, not the doers of these things.

"We surrendered totally to the Almighty and He started utilizing our body as His instrument. Each one has to tread his path of Self-realization."

May 13th marks the birthday of Shree Vasant V. Paranjpe, who left the body on December 30, 2008, at Maheshwar, India.

Words could never convey the impact of His life on countless people around the world to whom He carried the message of Agnihotra and Fivefold Path. In His mission, He circled the globe year after year, serving with unwavering devotion, utmost humility, astonishing energy and boundless love. He was instrumental in transforming the lives of people from all walks of life.

He so scrupulously avoided personal attention throughout His life of service, and never sought to collect followers. (For years, He declined to have His photo in this newsletter, which He Himself founded.) Humbly he guided people to focus on the message of Yajnya, Daan, Tapa, Karma, Swadhyaya--not the messenger.

Following are some highlights from Shree Vasant's life of service:

In 1970, Parama Sadguru Shree Gajanan Maharaj of Akalkot, India, who resuscitated Agnihotra and the Fivefold Path of Vedas in modern times, commanded Shree Vasant:

“Our words which lead to BLISS, convey them to all the people.”

Thus began Shree Vasant's thirty-eight years of travel and teaching, of Grace and total surrender to the Divine.

In 1972 He began teaching in the U.S. In 1973 He became the founder president of Fivefold Path, Inc., a nonprofit organization established in Madison, Virginia. In that same year, Shree Gajanan Maharaj commanded Shree Vasant to start this *Satsang* newsletter.

On September 22, 1973, Shree Vasant inaugurated the Parama Dham Fire Temple in Madison, Virginia, the first Fire Temple in the world established under Shree Gajanan Maharaj's dispensation of ancient science of atmospheric purification for the New Age.

In 1974 Shree Vasant carried the message to Europe. Over the years, His mission also took Him to South America, Australia, Africa and Asia. He was instrumental in bringing Agnihotra and Fivefold Path to thousands of people all over the planet.

In today's world He pioneered the use of Homa Therapy in agriculture, psychotherapy, alternative medicine, self-development and healing the environment. Under His guidance, Homa farms and centers such as Bhругu Aranya in Poland, Om Shree Dham farm in Australia, and Tapovan in India, came forth.

He is the author of *Grace Alone, Light Towards Divine Path, Ten Commandments of Parama Sadguru* and *Homa Therapy, Our Last Chance*. Forty years ago, many of His talks and writings warned of the environmental degradation and deterioration that has come to pass in virtually all parts of the globe today, in the forms of atmospheric pollution, nuclear radiation hazards, water pollution, soil fatigue, noise pollution and more. But along with these warnings, He offered a solution that people all over the world could use to heal themselves and their environment-- Agnihotra and Fivefold Path.

Glimpses of Shree Vasant's life can be found in *Messenger of the Sacred Fire, the Extraordinary Life and Works of Shree Vasant Paranjpe* by Parvati Rosen-Bizberg. In it, a number of people from various countries have shared their experiences with Shree Vasant and the spread of Agnihotra around the planet. But perhaps the greater story of His life is just beginning to unfold, as the seeds He planted in the hearts of people the world over continue to grow.

Information on further unfoldment from around the world can be found on the following websites:

<http://www.homatherapy.org>

<http://www.homafarming.com>.

<http://www.agnihotra.org>

<http://www.homa1.com>

<http://www.agnihotra.com.au>

<http://www.homatherapypoland.org>

<http://www.fivefoldpathmission.org>

<http://www.homatherapie.de>

<http://www.rippistal.ch>

To the readers who may not have met Shree Gajanan Maharaj or Shree Vasant while They were in the mortal frame, please remember that They never sought to collect disciples, though some were brought close to Them by their Karma. I invite you to bring peace, bliss and prosperity into your lives through practice of Agnihotra and the Fivefold Path. Fivefold Path teachings offer a wealth of guidance on virtually every aspect of everyday life, to truly "Love thy neighbor as thyself."

To the readers who were fortunate enough to meet Shree Gajanan Maharaj and/or Shree Vasant on the mortal plane, let us reflect upon the glorious examples of truth, purity, discipline, humility, unconditional Divine Love, and total surrender to the Divine we have been shown. In gratitude, may we follow the Fivefold Path with greater intensity. TOTAL LOVE is the goal; let's achieve it.

New Homa Farming Website

Looking for more information on Homa Farming? Be sure to visit the new website, www.homafarming.com.

The site is a valuable resource, featuring articles on all aspects of Homa Farming, plus agricultural reports and video testimonies from Homa farmers.

Topics include Resonance points, soil and water, pests and diseases, cows, bees and earthworms. Information on organic food and the dangers of GMOs is also given.

Arca De Fuego (Ark of Fire) in the Peruvian Jungle

*Jessica Auza
Peru*

A dream began some years ago, to create a place in the Peruvian jungle where animals, plants and human beings may live in harmony, where all life is respected, where everything we may breathe, eat and drink is healing, where a rarified atmosphere would provide the impulse to restore Nature's balance and allow for the personal growth of those who come into contact with it.

We walked through, felt and visualized this magical place. We were assisted by experts with some topographic work done on this approximately 18-hectare (43-acre) land. Then, architectural plans were designed for the eco-building of houses, bungalows for guests, huts for the performance of Homa Therapy fires, a natural and bioenergetic therapy center, main vegetarian kitchen and dining place, spaces for workshops, areas for children, shed for cows, apiaries, areas for vegetable gardens, forests and organic fertilizer preparation using Homa Organic Farming techniques, among others. We think all these will contribute to creating a self-sustainable oasis where human beings may experience their deep and sacred connection with Nature.

Now, slowly this plan is being implemented. For example, very recently a clean water source has been installed as a basis for all further developments at this place.

Homa Project with Prometra Uganda

Dr. John Matlander

Since the year 2009, vibrations of love have been accumulating in this atmosphere with the daily performance of healing fires.

We invite you to see this video where we show how our vision of the future is manifesting, our vision of an “Arca de Fuego” (Ark of Fire).

<http://www.youtube.com/watch?v=7Y3XgkgCokE>



Jessica Auza

Dr. John Matlander taught Homa Therapy in Africa from December 2010 to February 2011. He reports:

Prometra Uganda is an NGO established in 2000 to respond to poor health conditions and inadequate modern health services by utilizing traditional medicine. It is affiliated with Prometra International with headquarters in Dakar, Senegal. It was founded by Dr. Sekagya Yahaya who is a medical doctor and also a traditional healer. This organization has its main office in Kampala, capital of Uganda, but the field operation is at Buyija, 45 kilometers away in the countryside. The buildings are located on 240 hectares of farmland, which include the forest, a little farming area, a few cows and goats, and the living facilities to host the staff and guests for conferences.

Prometra provides classes to the local traditional healers, as well as a certification. About two thousand healers are registered and working in groups. The classes are given in the forest where medicinal herbs are cultivated as well.

After having learned of the benefits of Agnihotra in medicine and agriculture, Dr. Sekagya decided to introduce Agnihotra in his traditional healing classes. Medicinal Agnihotra ash and ash cream would be used for their patients. Homa farming is used to

boost the production of the medicinal herbs and in the apiculture project located in the forest. The healers are using honey in their medicine.

We decided to train extensively eight persons from the staff, who will in turn train the leaders of each group of traditional healers. This was quite a challenge, since the main problem arises with the ghee. For the training, we bought it from a farm that produces ghee. But in the bush, those traditional healers are mainly little farmers with such a low cash income that it was impossible for them to buy ghee. The only alternative for Prometra was to supply them with ghee.

The few cows available in the farm were giving one liter of milk a day, so we decided to buy a cow breed that gives a minimum of ten to fifteen liters per day. We found a beautiful cow and we bought it. After a few days we started producing butter and ghee the traditional way, shaking the curded milk in a jar to make the butter. But to make things easier and faster, Franklin Nelson from U.S.A. sent us a hand-operated milk cream separator and churner, so the cycle was completed.

During the training some nice experiences happened and we would like to share them: When we got to the farm, the first day at dinner time, we were surprised to see a

number of rats running all over the place and inside the bedrooms as well. At sunrise Agnihotra, we mentally asked the rats to go back to the bush where they belong and we put some Agnihotra ash around the kitchen. The rats disappeared; even after two months we have not seen them again.

One morning, we found a chicken with a loose hanging broken leg. The boys said that this would be for their lunch, but we said “No, let’s try to heal it”. So we tied a piece of twig on the leg and applied Agnihotra ash cream every day. After one week, the chicken started using the leg. In the second week, we freed the leg and she was running with all the other chickens.



The new cow

There was an apiculture project with eight beehives, but the bees were so aggressive that nobody could get close without being

attacked, so they wore special suits and mesh for protection. We decided to practice thirty minutes of Om Tryambakam Homa every morning, starting at thirty meters from the gate and coming closer every day. After the sixth day, we were at the gate and we entered. Surprise! The bees were flying around but did not attack. Next day came a team of carpenters to work on the beehives and nobody was harmed.



Homa at the beehives

During the last three weeks of the training, we consulted and treated the patients with Agnihotra ash, ash cream, and Agnihotra eye drops.

We found a high rate of HIV + /AIDS, syphilis, tuberculosis and malaria as the main chronic diseases. The results were surprising. The persons were responding to the Homa medicine very quickly. Especially on the collateral effects of HIV such as herpes and skin rash, the healing was taking place in three to four days. We ended up with so many patients that we did not have enough Agnihotra ash to keep up with the treatments.

A five-year-old boy came one afternoon with an asthmatic crisis. He participated in sunset Agnihotra and inhaled the healing smoke and the attack stopped. Two months later, his mother said that he has not had an asthma attack again.



During the training, a five-5-year-old boy, E. Sekatte Vivian (photo right), with a genetic heart problem called "free flow" showed a significant recovery after four weeks of treatment with sunset Agnihotra and applying every night Agnihotra cream on his chest:

Date	Blood Pressure	Pulse
14/01/2011	60/40	146/mm
22/01/2011	80/50	110/mm
30/01/2011	70/50	105/mm
06/02/2011	90/40	90/mm

When he started the treatment, he could not play with the other kids, because he was collapsing. After the third week of Homa treatment, he was playing soccer with his friends. To come to the Agnihotra, he had to walk three hours from the bush and another three hours to go back into the bush!



Homa Therapy teacher Frank Nelson writes: "John Matlander is an expatriate of Zimbabwe. He now resides in Cuenca, Ecuador. An M.D. by training, he currently manages a holistic clinic where many patients with HIV/AIDS and other debilitating conditions have been successfully treated with Homa Therapy, with a high rate of healings or recovery of health and well-being."



Building in Buyija where people received Homa treatment.

"Over the course of four months Dr. Matlander carried Homa Therapy through Tanzania and Uganda, in East Africa, and into Durban and several areas of South Africa, building on the groundwork of Homa Therapy volunteers who had traveled to the continent in years past. Thus, a foundation was laid for a new beginning of Homa Therapy work in Africa."

From the Orion Transmissions

*received by Parvati Rosen-Bizberg
Wysoka, Poland*

March 7, 2011 On speaking and living TRUTH

Yes, yes. Constant revision of one's words and actions is an excellent tool for self-study. That is to say, becoming more aware of every word uttered and every action taken will bring one to clarity in thought, word and deed. This aids in one becoming 'true to oneself.' That is vital at this stage in the world's evolution, not to mention one's personal evolution.

The tendency of the mind is to point out the weaknesses in others, to find fault or criticize that which one does not accept as truth or that which one finds uncomfortable. However, this is outward thinking which can only delude one into feeling 'better than' or 'above the other human being.'

The same can be said for thinking what others think of you! **What others think is irrelevant when one is walking one's truth.** It is only of interest to the mind which perceives one's own words and actions as lesser than another human being's. This is the other side of the same coin. The coin is the ego.

Thinking oneself 'better than' or 'lesser than' is basically the same. Why think at all? Speak the truth. Act on the truth. Then, what others think or speak about you will not matter in the slightest. If your aim is true, no other

direction will lure the mind. When one is immersed in TRUTH, there is nothing of greater importance than that. **When one is immersed in TRUTH, one's consciousness is Love and one's awareness is of each human being as one's equal.** It is as it should be. It is as it IS. OM.

March 11, 2011 On balance in a sea of change

In regards to the most recent query regarding how to maintain balance or equilibrium in the sea of change and the demands of the world, let us begin. This is an excellent and practical question, one of timely importance for many, certainly. The answer is quite simple, but multi-fold. Let us begin:

To establish balance in one's life, one must begin with one's inner peace. **Unless one establishes oneself in the arms of Almighty, one's efforts at becoming balanced will not bear fruit.** Spirituality is not about how many Pranayams you perform or how many Mantras you chant. It is not about one's prowess in performing difficult yoga asanas or in quoting passages from scripture. It has everything to do with the way one lives one's life. It has to do with one's level of honesty with oneself and others, one's kindness, one's ability to listen and one's willingness to understand others. It is how one walks one's talk. **Once one has established**

oneself with a sense of surrender to a Higher Light, one's progress is assured.

One can begin one's day simply, adhering to simple spiritual practice, with the aim of becoming a better being, more loving, more patient, more kind. Whether that is enhanced by practice of yoga, meditation, the energy of Agnihotra or other practices, one's aim should be true. Take out the ego and do all your actions in a spirit of humility, to serve others in a spirit of absolute humility. Then, as the great Master said, "*...your driving your auto to work, your taking the baby to the babysitter, your cooking food for the family, your work in the office or factory become the Divine Path. Service divided by ego is equal to devotion.*" **(quote from 'Light Towards Divine Path' by Shree Vasant Paranjpe)**

Once that point is understood, that it is not how many classes and workshops you attend, but how you utilize the information and knowledge you receive in your daily life, true progress can be made and an innate balance will occur.

To help with the balance, one can establish a structure or skeletal plan for every day. Keep it simple. If, for example, your day begins with Hatha Yoga followed by morning Agnihotra, keep that as your morning structure. Then, what do you need to maintain

that energy throughout each day? Do not complicate your life. If you have material world responsibilities, use those opportunities as chances to serve others, even in a material environment. If you carry with you the energy of LOVE, your presence will benefit all you meet, in any circumstance, in any situation.

Those of you with busy lives can also establish a skeletal structure or foundation upon which to build the rest of your life. Make some points firm and do not break them. Make others perhaps more flexible. If you establish a base, you can grow with much greater ease and fluidity. Be flexible with the points in your life which allow for flexibility. If, for example, your structure includes morning and evening Agnihotra, this is not flexible. This is fixed, based on timings which are already established by Nature—sunrise and sunset. The rest can be flexible.

When you feel most out of balance is when you need to go within. This does not require a two week spa stay or a weekend retreat! It can, if this motivates you and you have the time and financial capabilities. However, you can go within ANYTIME! Divine is waiting for you to return to centre!

Practice conscious listening. Listen to your inner voice, pay attention to your feelings

Homa Therapy at Middle Earth Healing and Learning Center

*Richard Powers
Madison, Virginia, U.S.A.*

and learn how to trust what you sense is Truth. When you take time to listen, Divine answers your every thought as if it were a prayer. The sincere heart is always heard by Divine.

You can make a quiet time for yourself in the wee hours of the morning or in quiet period of time during the day. Why wait and schedule lengthy retreats from the world, when what is truly required is daily attention to Divine? Listen. Listen. Listen.

You can select a specific time every day when you can take minimum 15 minutes of your time to focus on Divine. Whether you light a candle and sit quietly or simply close the door and go within, it is all the same. Just take the time DAILY to go within. That fifteen minutes per day becomes the rock upon which you lean for comfort. It becomes a sacred time just for you and it will feed you all day long. A moment with Divine is like a small morsel of food that becomes a feast. Divine knows precisely what you need. Give in. As they say in some circles, "Let go and let God."

*For more information, please visit
www.oriontransmissions.com*

From April 15-17th I went to Citronelle, Alabama to give a talk on Homa Therapy and to set up a Resonance Point at the Middle Earth Healing and Learning Center. The center offers workshops on many aspects of permaculture and sustainable living, such as medicinal herbs, solar power, and other forms of alternative energy.

Craig and Lisa Kalloch have been developing Middle Earth for the past ten years as a self-sufficient center, to serve as a refuge in times to come. The forty-two acre property features gardens, ponds, livestock, greenhouses, a 30-foot diameter yurt which serves as a meeting hall, and housing for interns and visitors.



Craig has learned solar energy installation, and everywhere you look there are solar panels and solar hot water panels. He is currently working on heating garden beds in



One of two greenhouses

one of the greenhouses, using a solar hot water system.

The yurt is geothermally heated and cooled by drawing on the earth's constant underground temperature.

The Kallochs have 16,000 gallons of rainwater storage. (One of the tanks is shown below, with the yurt in the background.)



The Kallochs learned Agnihotra five years ago, but have recently stepped up their practice.

When I arrived, the Agnihotra Shala was still under construction, but we were able to energize the pyramids and establish the Resonance Point.



Lisa and Craig Kalloch

On Saturday we had a small meeting of people from Florida, Alabama and Mississippi in the air-conditioned yurt. I gave a presentation on Homa Therapy with emphasis on Homa gardening and farming, and the Resonance technique. We went outside into the garden and transplanted plants while Frank Nelson performed Om Tryambakam Homa. We also had a cowdung-spreading demonstration. We ended the afternoon by sharing a delicious potluck meal.

Thanks to Craig and Lisa for hosting this event. More on Middle Earth can be found at their website: <http://middleearthhealing.com> Interns are welcome!

From Shree Vasant's Teachings

Try to be kindly. React to all situations with love. So, some of you may state, "In some situations I don't feel love." Then in such cases at least keep silent. Do your mantra. Make every attempt to usher in the state of "Love thy neighbour". It will come.

When you meditate it helps you in a much subtler way than actual physical, mental experiences. It also helps those around you. Do not think, "Oh, I had a bad meditation". Sometimes it is delightful, other times very subtle. If there is some disturbance consistently in your meditations, check your diet and posture during meditation.

Concentrate on your work, whether it be with children or writing letters, having meditation groups--whatever it is. Concentrate on that and don't jump from one thing to the other without completion of the task. If you set aside one hour for writing letters, then during that time do not make phone calls or anything else. Then when you are with the children concentrate on the children like that. Total concentration leads to awareness of each situation. Then you can be clear in your thoughts and your actions in every situation.

Surrender means, "Not my will but Thy Will be done" in all things--not just when you attend church or synagogue, not only at times of meditation, not only on one's day off, not only when it suits you. Be vigilant. Be one-pointed. In all you say and do, at the back of the mind should be, "Thy Will be done, Thy Will be done, Thy Will be done."

"Thy Will be done." Let nothing stand in the way. If someone is not doing what he/she is to do, then say nothing. Let them find out on their own. If you tell them what to do they will become defensive. Guard against that tendency in yourself.

Observance of truthfulness in day-to-day dealings is the alpha of any spiritual discipline. When we decide to don the armour of truthfulness in thought, word and deed, whatever be the consequences, we experience an inner strength. We notice that people who come near us are less inclined to tell lies. Love pervades the atmosphere and harmony sets in.

Speech is a unique gift given to man. Let us not despoil it. Practice of truthfulness should result in economy of words. If one can communicate in silence it is better to do so.

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FIVEFOLD PATH for Happy Living

1. Perform **AGNIHOTRA** for purification of the atmosphere which leads to automatic purification of mind.

2. Practice **DAAN** (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).

3. Practice **TAPA** (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).

4. Perform **KARMA** (every action for self purification only and thus no expectations which bind us to the material world).

5. Practice **SWADHYAYA** (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.