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Cover:

*Mr. Sarvajit Paranjpe (3rd from right) teaching
Agnihotra in Machalpur Khurd village. See
"Healing with Homa Therapy" on page 12.*

Agnihotra--Frequently Asked Questions--

Part Two

Following are some of the proposed questions and answers for the Homa Therapy Certification course which is currently being developed by an international committee of Homa Therapy teachers. Please see the previous issue of Satsang (May/June, Vol. 38 #2) for Part One.

Satsang suggests that everyone who teaches Agnihotra, whether or not one plans to pursue certification, become familiar with this information, that we may have greater international unity and consistency in the teaching of Agnihotra.--Ed.

MAKING THE AGNIHOTRA FIRE

Are cow dung and cow's ghee the only materials that can be used to prepare Agnihotra fire?

Agnihotra should be performed using only 100% pure cow dung cakes and 100% pure cow's ghee. When we say cow we mean either the male or female progeny of the cow species. Dung and ghee from other animals are strictly forbidden in the practice of Agnihotra.

Cow's ghee is a unique substance with properties unlike any other known material. Ghee from other animals such as the buffalo or goat will fail to produce the same beneficial healing result.

Are there any tips on how to make the Agnihotra fire?

Start by placing a piece of dried cow dung flat in the bottom of the pyramid. Add two small pieces in opposing corners. Continue adding pieces in alternating corners, using bigger and bigger pieces as the pile grows. Ghee can either be spread on each piece before adding to the pyramid or the ghee can be poured over each layer as you build. If you want, you may prepare a larger fire by continuing to stack the dung pieces above the top of the pyramid, but use smaller pieces to make the stack more stable. To light the dung, spread some ghee on a narrow piece of dung, ignite it and stick it down the "chimney" created by the layers of dung. The air flow will give you a blazing fire which will not collapse as it burns.

The fire should be lit enough in advance so that the fire coming from the "chimney" is burning with maximum intensity exactly at the instant of sunrise or sunset. A hand-fan may be used if necessary, but lighter fluid or other ignitable materials such as kerosene should never be used.

In Agnihotra there are two offerings. The quantity of rice which can be held in the fingertips of one hand constitutes the rice for one offering. Apply a little ghee to the body

of rice and divide it into two portions. Exactly at sunrise and sunset utter the first Mantra and add the first portion of rice after you say the word "Swáhá." The rice and ghee are given to the fire with the thumb between middle and ring fingertips. The right hand only should be used. There is a power present in the right hand of humans for the purpose of making the Agnihotra offerings. Even if the person is left-handed, offerings are always made with the right hand. Then utter the second Mantra and give the second portion of rice after the word "Swáhá." All the ingredients in the pyramid should be consumed by the fire, leaving only ash. After the Mantras are uttered and the offerings have been made you can sit quietly until the fire subsides naturally. Never try to extinguish the fire.

For maximum effects, it is best if the pyramid always faces the same direction, and if possible, facing East. (This refers to the secondary effects of Agnihotra, as Agnihotra will have effects no matter which way the pyramid faces.) This is possible by scratching the underside of one lip of the pyramid with a sharp object. This scratch can be felt and used to orient the pyramid in the same direction each time. Also, some pyramids already have a dot on one side which then, accordingly, can always face east.

As the fire burns, concentrate your mind on something you regard as sacred, such as love, the image of any Divine Messenger, or holy symbol.

Can I use medicinal herbs in Agnihotra fire?

The materials required for practice of Agnihotra are 100 % pure cow dung cakes, 100 % pure cow's ghee and uncooked, unpolished whole grains of rice.

What about the medicinal Yajnyas mentioned in *Homa Therapy, Our Last Chance*? Can I learn to put herbs in the Yajnya fire, as the book mentions?

Shree Vasant said that to do those Yajnyas with herbs, one would have to study for years. We teach Agnihotra, Vyahruti Homa, Om Tryambakam Homa, etc., and they are very powerful. Shree Vasant said that when the time comes, we will be shown how to do those Yajnyas.

MANTRAS

Why are you chanting Mantras? To whom are you praying?

There are three inputs to Agnihotra: specific organic substances burned, exact timings of

sunrise/sunset, and vibrational input in the form of two short Mantras. All three inputs are necessary to produce Agnihotra's effects.

Mantras are a vibrational input necessary to bring about Agnihotra's healing and purifying effects. Scientists know that different vibrations have different effects on living things: if you play nice music to cows, they yield more milk; if you play nice music to plants, they grow better.

Human voice must be involved in offering.

It is not a question of prayer. Agnihotra is a science of atmospheric purification simply. In such an atmosphere, the breathing becomes more calm, one's mind becomes more at peace. It is thereby a good time for meditation or concentrating on the breath. If you wish to pray, that is your choice. Agnihotra will enable you to become a better person. It will help you become a better Christian, a better Muslim, a better Jew, a better Buddhist, and so on.

In any case, it should be quite clear to the people that Agnihotra is not prayer, but a scientific process which will also alleviate stress on body and mind. Some people take advantage of the purified atmosphere and resultant calmness of mind and use Agnihotra time for prayer, meditation, etc.

Is it not correct to begin the Agnihotra Mantra with Om?

No. No change of any kind should be made in the Mantra as originally given.

Can the Agnihotra Mantras be rendered in other languages?

No. Agnihotra Mantras are given in Vedas in Sanskrit language. They are special sound combinations. They are unique in their vibrational effect. It is this vibrational aspect which provides the healing power. If you were to render the Mantra in any other language it would no longer be Agnihotra.

Can Agnihotra Mantras be chanted continuously?

No. The Agnihotra Mantras are to be recited only once and only two offerings are given at each Agnihotra performance. Apart from Agnihotra time of course we can sing or practice these mantras as long as we like.

AGNIHOTRA PYRAMID

What do you do with the pyramid and ash after Agnihotra?

If possible the Agnihotra pyramid and the energy resulting from the Agnihotra process

are best left undisturbed until the next Agnihotra time. Just before the next Agnihotra you can empty the completely cooled ash using your right hand and store it in a paper bag, box or clay pot. Bags and containers made of plastic or metals other than copper are not recommended.

(Note: If you are unable to leave the pyramid undisturbed until the next Agnihotra, please be sure the ash is completely cooled before removing it from the pyramid.--Ed.)

The ash from the Agnihotra fire is extremely medicinal. It can be ingested daily. Several ash medicines have been developed in Germany. The ash is also a powerful fertilizer for the garden or farm and beneficial in any water source

What materials can be used for cleaning the Agnihotra pyramid?

It is not necessary to clean the Agnihotra pyramid. The gradual accumulation of ash on the inside of the pyramid does not adversely affect the Agnihotra vibration. In fact, by cleaning the pyramid you may inadvertently disturb the crystalline structure of the copper atoms which would definitely interfere with the Agnihotra vibration. Never scratch the inside of the pyramid. In case a crust of

unburnt substances has built up inside the pyramid, this can be removed by having a bigger fire.

EFFECTS OF PERFORMING AGNIHOTRA

What are the positive effects of doing Agnihotra?

- * Agnihotra relieves tension on the mind
- * A magnetic field is created which neutralizes negative energy and reinforces positive energy
- * When Agnihotra is performed, the Agnihotra smoke gathers particles of harmful radiation in the atmosphere and, on a very subtle level, neutralizes the radioactive effect. Nothing is destroyed, merely changed.
- * When Agnihotra fire is burnt, there is not just energy from the fire but subtle energies are generated and thrust into the atmosphere by fire. Much healing energy emanates from the Agnihotra pyramid.
- * Agnihotra has the ability to neutralize pathogenic bacteria
- * Agnihotra has an excellent effect on the circulatory system
- * Agnihotra renews brain cells
- * Agnihotra revitalizes the skin
- * Agnihotra purifies the blood.
- * Plants receive nutrition in Agnihotra atmosphere

By burning cow dung and ghee, we are producing carbon dioxide. How can we say Agnihotra reduces air pollution? If you're burning things in Agnihotra, how can you say that you are getting rid of pollution? Aren't you creating more pollution?

Agnihotra is done to counteract pollution -- chemical pollution of the air, physical pollution (radioactivity, nano particles), and, most importantly, thought pollution.

This is the need of the hour as all these different kinds of pollution are increasing to levels which endanger human life on this planet.

Like any fire, Agnihotra produces carbon dioxide. Currently carbon dioxide is very much in the focus because of its contribution to the greenhouse effect. But we should be aware that the increase of greenhouse gases is only one aspect of atmospheric pollution. Alas, nowadays not much attention is paid to all the other aspects mentioned above. Also, carbon dioxide itself is not at all poisonous. On the contrary, it is necessary for plant metabolism. Plants breathe in carbon dioxide and breathe out oxygen; humans breathe out carbon dioxide and breathe in oxygen. So carbon dioxide plays an essential role in the cycle of life on this planet.

However, this cycle is out of balance now due to indiscriminate burning of fossil fuels. (Until 7

recently, carbon was slowly taken out of the carbon cycle of the planet over millions of years; now it is burnt within a few decades.) Does Agnihotra add to this imbalance? No, not at all: When we perform Agnihotra immediately an aura energy field is created around all plants in the vicinity. This speeds up the rate of photosynthesis; thus more carbon dioxide is absorbed by plants and oxygen released. The net result will be that Agnihotra actually reduces carbon dioxide in our atmosphere.

In farming projects around the world, it has been shown that Agnihotra and Homa Therapy rejuvenated the plant life on farms and plantations, thereby increasing oxygen and helping to purify the atmosphere.

Some plants have the ability to remove, degrade, or render harmless various hazardous materials present in the soil or groundwater. (This process is known as phytoremediation.) By supporting the plant kingdom, Agnihotra and Homa Therapy can help purify land and water contaminated by heavy metals and other pollutants.

Qualitatively this has been shown by increased growth of plants. Please see the many reports on the effects of Homa Therapy in agriculture (where in addition to Agnihotra the resonance technique is used and also Om Tryambakam fires are performed every day).

Quantitatively it would be interesting to measure exactly how much the plant metabolism and especially the photosynthesis are sped up in Agnihotra atmosphere so that we could exactly tell how much more carbon dioxide we remove from the atmosphere than the fires actually produce. But this quantitative analysis has not been done yet.

Isn't all smoke bad for the lungs?

In many cases around the world, people with asthma, who normally cannot tolerate smoke, experienced improvement and relief by sitting in Homa atmosphere.

Negative ions signify pure air. Positive ions signify polluted air. When scientists tested cigarette smoke, positive polluting ions were present. With Agnihotra fire, exactly the opposite occurred - negative ions were produced.

Will Agnihotra cure my sickness?

We cannot promise or make claims that Agnihotra will cure a particular person's illness, but we can say that thousands of people around the world have been healed by Agnihotra and Homa Therapy. We can share Homa Therapy information--Agnihotra ash medicines, etc.

OTHER DISCIPLINES

Is it necessary to take bath before Agnihotra?

Taking bath prior to Agnihotra is not compulsory. However, if water is available and you are in the habit of taking bath daily, then bathing before Agnihotra enhances the healing effect. If it is not possible to take a full bath then at least you can wash hands, feet and mouth.

Is it necessary to adopt a vegetarian diet before taking up the practice of Agnihotra?

No. It is not necessary to adopt a vegetarian diet before starting to practice Agnihotra. However, many people have discovered that after practicing Agnihotra regularly for some time they feel less attracted to a non-vegetarian diet.

What should I do after Agnihotra?

After uttering the Mantra and giving the offering to the fire Agnihotra is complete. You can now go about your business. However, it is good if possible to sit quietly for a few minutes until the flames subside. If you are in the habit of practicing meditation or any other spiritual discipline, then the atmosphere created after performance of

Agnihotra is ideal and conducive to these pursuits.

SPECIAL CIRCUMSTANCES

What if someone criticizes the Homa Therapist for thinking negatively when discussing pollution, climate change, etc.?

One could say, "Try sitting by a polluted river and changing it with your thoughts!"

Agnihotra is a material aid we use to help restore balance in nature. We are aware of the current state of the environment, but we also offer a solution.

(The following questions were asked of Shree Vasant between 2006-2008):

Should a person do Agnihotra if there has been a death in the immediate family?

If the mother is in New York and the son is in San Francisco and the son dies in an accident, the mother immediately feels something is wrong with the son. This is the subtle connection. This subtle connection exists when somebody's mother or father dies and hence, at least for a few days, the person can ask someone else to do the fires and he can sit near the fire. In case of sister or brother,

the period can be minimum three days. Then take bath as you normally do.

After giving birth, for how many days should the mother refrain from doing Agnihotra?

After giving birth, it is better that the woman herself does not do Agnihotra for twelve days or when the flow stops, whichever is more.

What if a woman is having perimenopausal bleeding?

So long as blood is coming she should not do Agnihotra. This is the principle in general and this period should be treated as a monthly period with all rules applied.

FOR FURTHER INFORMATION

<http://www.homa1.com>

<http://www.agnihotra.org>

<http://www.homatherapy.org>

From the Orion Transmissions

*received by Parvati Rosen-Bizberg
Wysoka, Poland*

June 3, 2010 On Purification and the Creative Process

Yes, yes. Times are moving faster than they appear. While the energies on this planet appear to be conjunct with those of other planetary systems, they are actually speeded up by the proximity to the sun. Yes, correct.

When time is speeded up, the cells in the body are also affected. The purified system will heal faster from any disease whatsoever. Therefore, it behooves those of you working with higher awareness to purify your bodies, not only your mental processes and emotional responses to stimuli, positive and negative. We would say that there will be a great, steady influx of energies now, beginning on 20 June, 2010. And this influx of energies is best utilized by increasing one's daily healing regime, one's meditations, chanting, and also, interestingly enough, one's creative self-expression.

It is the creative process which brings one in touch with the highest energies in the universe. When the creative process is one which is not forced, but clearly 'organic' if you will, there is an increase in endorphins and an excitement which brings one into a highly positive, super-charged state of awareness! And this simply from tapping your own creativity!

***For more information, please visit:
<http://www.oriontransmissions.com>***

How Do I Repay My Debts to God?

*Shilpa
Mumbai, India*

How do I pay back my debts?

Ever wondered how to repay God for all His kindness? God gave us this life. He gave us the means to sustain this life.

He gave us a wonderful self-sufficient home, this Planet – Earth--one of a kind in this entire Universe. Everything here is automated. He gave us the Sun to monitor everything and keep everything in the optimum working condition.

Air, water, soil--everything just perfect and self-replenishing. Everything works on its own. Everything is free. All we had to do was just maintain it.

And yet today we have reached a point of no return. Ever wondered why? We have polluted everything. Too much pollution of air, water and soil. So many diseases. Too much stress, violence and unhappiness.

How did we reach this point of no return?

We forgot our duty. It was our duty to protect Nature, which in turn protects us.

In the name of development we ransacked the very house that sheltered us.

We forgot to show our gratitude for all that He gave us. We were ungrateful.

But how should we have thanked Him? How can we show our gratitude?

I thank Him in words every single day but in action every minute I am ruining this great gift I got from Him. I am polluting everything that was once nourishing.

Can I stop this destruction? Maybe, maybe not. I need numbers to fight the decay.

On my own, how then do I thank God? How do I repay my debts?

The answer lies in the Vedas. The answer is Agnihotra.

What does Agnihotra do? It heals the atmosphere.

Agnihotra is a process of purification of the atmosphere as a cumulative effect of various scientific principles harnessed to give rise to an unparalleled purifying and healing phenomenon.

Agnihotra balances the cycle of nature and nourishes the human, plant and animal life. It creates pure, clean and medicinal atmosphere.

Agnihotra is the process of purification of the atmosphere through the agency of fire prepared in a copper pyramid tuned to the biorhythm of sunrise/sunset. It is based on the Vedic sciences of bioenergy, medicine, agriculture and climate engineering.

We ruined the wonderful Home that He let us use. What better way to say thanks to the Almighty than to restore the beauty of His Creation? It is what our children will inherit. It is our duty, our responsibility.

As for me, I have started saying my thanks in action with Agnihotra. Every day I repay my debts a little. And I can see that it is being accepted.

Nowadays I see a dozen sparrows on my window sill. They had been missing for the last few years.

Life is beautiful. Live with gratitude. Heal the atmosphere--perform Agnihotra.

Homa Therapy Farming

**Report from P.S. Kadam B.Sc. (Agri) Officer
Agricultural Dept.
Pachal, Rajapur, Dist: Ratnagiri**

**Cashew Trees on the Yadnyanagar Homa
Farm of Mr. Ravindra Wadekar Talwade,
Rajapur, Dist. Ratnagiri
Maharashtra, India**

I recently visited the Yadnyanagar Homa Farm of Shri Ravindra Wadekar in Talwade village. During the visit I inspected the cashew nut crop, which at the moment is in the flowering stage. Following are my observations:

- Cashew nut crop in Yadnyanagar is totally free of the (tea) mosquito bug.
- Normally this insect is found in every field of cashew nut.
- To control this insect, the farmer normally has to spray all crops two or three times with strong chemicals such as Cypermethrin and Monocrotophos.
- Even after spraying with these chemicals, total control is never achieved.

Healing with Homa Therapy



**Mrs. Rajivbai Sheru
Machalpur Khurd, India
Report by Fivefold Path Mission**

"When Agnihotra was introduced to Machalpur Khurd by our team members (Rahul Tiwari and Himmatsingh Patel) during the awareness program about Agnihotra and

Return to the Sacred Fire

Richard Powers
Madison, Virginia, U.S.A.

the environment, people were enthusiastic but didn't start Agnihotra as they thought that it might be too difficult to manage the exact Agnihotra timing. Later on, during our family's visit to the farmer's house, Rajivbai was very keen to start Agnihotra, although being illiterate created difficulty in reading the time table and clock. Nevertheless she started doing Agnihotra and is very happy and enthusiastic about it. She suffered from very poor eyesight.

Women from the village are used to sewing for their whole family. Rajivbai needed to wear her glasses to thread the needles. Then she once accidentally managed to thread the needle without her glasses. She was astonished by this. She did this again, and again the same thing happened. She realized that this was the effect of Agnihotra.

Mrs. Rajivbai's eyesight has improved. She is healthy and performs Agnihotra regularly and also has helped more people in town to start Agnihotra healing fire."

From June 4th-6th, Henry Gregory, Tom Couto and I attended A Gathering of Eagles: Return to the Sacred Fire Gathering in Grain Valley, Missouri. The event was sponsored by the Indian Ministries Council of the Americas and was held at an ICA (Institute for Cultural Awareness) campground. The ICA described the purpose of the meeting as follows:

As the world stands on the brink of all-out earth changes, this summer Indigenous leaders and Tribal Elders from throughout the Americas will make the long journey to Grain Valley Missouri for a special summit to fulfill their people's Pre-Colombian peace prophecy.

From June 4-7, some of the last living direct descendants of the new world's First Nations will gather on the central planes of North America for inter-tribal ceremonies and cross-cultural exchanges intended to realize their tradition's long-standing common vision of uniting the Americas.

The special summit of Native Nations stands in stark contrast to the gridlocked gatherings of global leaders attended exclusively by members of the ruling class from economic superpowers. It comes at a time when the prospect of catastrophic events like global warming, Earth changes and world wars are causing people everywhere to perceive an urgent need for a new way of relating to each other and the Earth.



Maria Barta (center) and friends

The fulfillment of the prophecy, known by all Indigenous Nations as The Return to the Sacred Fires, has been believed by many for centuries to be a precursor to a new era of peace and prosperity that will begin to spread throughout the world. The symbolic story states that when all the People have returned to the Sacred Fires, peace will reign on Earth.

The elders of North America still have their ancient Fire Ceremonies and view their coming together at this time as the prophecy's long-awaited fulfillment. They have called on their counterparts from throughout North, South and Central America to be present at this historic event. Peace-keepers are welcome to come from around the world and many will also partici-

pate through synchronous ceremonies held at sacred sites from Europe to Asia.

"Contrary to popular belief, Armageddon and the 2012 Apocalypse are not inevitable," share summit organizers. "Globalization has brought us to the brink of a new civilization, and we must now vision together our goals and dreams of re-uniting and not be influenced by the old paradigms that are pulling us apart and destroying our world. The Natural World is just waiting for us to emphasize forgiveness over fighting, gratitude over greed, and bring our relationships with each other and our Earth back into balance."

"Our traditions believe that a better world is probable, not just possible."



Evening Agnihotra

Friday evening we arrived and did Agnihotra together with Agnihotra teacher Maria Barta and her friend Ron who came from New Mexico for the event.

On Saturday we attended a traditional Native American pipe ceremony, then set up a Yajnya area under a canopy. The five of us took turns performing Om Tryambakam Yajnya until about 6 P.M. That evening about 25 people joined us for Agnihotra. Almost none of them had heard of Agnihotra before.

We gave an introductory talk, explaining its inputs, effects, and how it is performed. Several people commented that they could feel the power and energy of the fire; one woman said she just felt LOVE.

A small group joined us for Sunday morning Agnihotra, and about five people stopped by to learn Agnihotra and get supplies before we left. Henry, Tom, Maria, Ron and I are grateful to have had this opportunity to share Agnihotra.

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FIVEFOLD PATH for Happy Living

1. Perform **AGNIHOTRA** for purification of the atmosphere which leads to automatic purification of mind.

2. Practice **DAAN** (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).

3. Practice **TAPA** (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).

4. Perform **KARMA** (every action for self purification only and thus no expectations which bind us to the material world).

5. Practice **SWADHYAYA** (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.