

SATSANG

VOL. 36
NO. 5



NEW ERA 65

NOVEMBER & DECEMBER, 2008

Perform Agnihotra



Heal The Atmosphere

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Publisher:

Fivefold Path Inc.

Parama Dham

(House of Almighty Father)

278 N. White Oak Dr., Madison, VA 22727 USA

Published seven times yearly.

Please direct all *Satsang* correspondence to the Editor.

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ISSN 0735-1321

Satsang is available on the Internet at:

<http://www.agnihotra.org/satsang.htm>

Cover:

A Catholic nun from el Caribe, Colombia, performing Agnihotra. See article on p.6

Focus on Sadguru

Vasant

How can I maintain the image of Sadguru while doing the daily chores? How can I use my so-called free time to maintain HIS image? How do I train my mind at least to switch over quickly to Sadguru while my mind is in the grooves of doing things in a selfish manner? By systematic, regular training one can train the mind to do this. You have to maintain the higher energy of Sadguru while cooking, eating, doing simple jobs which do not require active thinking. This means while you are doing such simple things outwardly, you are keeping your thinking capacity to maintain the spiritual practice.

Similarly with Mantra. Slowly you learn to repeat it all the time wherever you may be. That means what is put in words by Mantra, you are executing in a spiritually concentrated way. You have to learn to do both, repeating the Mantra mentally and simultaneously keeping the image of Sadguru before you.

Then you learn to keep the intense presence of Sadguru in your consciousness all the time while you are doing your daily chores or in your free time. This is the beginning to enter the state of 'I and my Father are One'.

Self realization can be achieved only in the presence of a holy person, SADGURU. So now you make the strongest attempt to come back Home as the time is NOW. Never things were given so cheaply.

Start walking on the Divine Path of Vedas represented by five words Yajnya, Daan, Tapa, Karma, and Swadhyaya and you will be lifted automatically as a mother lifts her child. Everything is given to make your life full of bliss. Only your consciousness has to say 'Yes, I am ready!' Most important factor is you have become unattached to the fruit of your action. OM Hallelujah.

From the Orion Transmissions

received by Parvati Rosen-Bizberg
Wysoka, Poland

May 10, 2008 on Food Storage *(Note: Although these suggestions were directed to our particular community, I feel they may apply to many people)*

Begin, in this community, with FOOD STORAGE. Alternative energy can wait until more funds are available. However, food storage cannot wait. Begin storing healthy, organic grains. Once that is done, then go to other staples. Concentrate first on grains. You may also store some canned goods, some jarred foods, and prepare your own foods to store at summer's end. Begin with grains, specifically rice and wheat. When storing long-term, jars may be preferable to sacks of grain. It depends upon the length of desired storage. It is not simply that prices are going up, but availability of pure, non-GM grains is being threatened. Indeed, grow your own grains. Look into what grains grow easily in this climate and soil, as well as what requires least amount of energy to prepare for eating, what harvest is simple. Do prepare the soil for planting the grain at the right time. Bhruhu Aranya community should become proactive in the area of Food Storage and consider it as important as purchasing weekly staples. Just do it.

May 14, 2008 On Education and Sustainable Living-Solutions

Becoming knowledgeable about the great deceit being foisted upon humanity and the

world is only part of the responsibility of every living breathing human being. Education of the masses should be undertaken, from young to old. However, simply becoming aware of the clouds of deceit as they cover the world will not be sufficient. Human beings must fight back! Fight back with education, with protests, with becoming self-sufficient and learning all the old and new skills to live on the land and in communities without depending upon the machine for your sustenance. That is first and foremost. Sustainable living, Eco villages, intentional communities for those who are community-oriented, forming support networks supplying organic foods for those still remaining in cities. These are some ways to become active, as you begin to disconnect from the 'matrix'. Disconnecting will be essential. Some of you may need to remain connected for now, dependent in some ways for utilities, for education...though we strongly suggest forming schools if you have the wherewithal and possibilities to teach your children. There will be a time when you can 'walk away' from the system which is failing you, but for now, those of you who are in a position to affect change can do more good than harm assisting others who remain unable to change themselves. Speak the truth as you see it. Soon, there will be greater numbers of those speaking out against the madness. Do not be afraid

to be the first one on the dance floor! Others will follow.

May 31, 2008 on Chemtrails and Agnihotra Ash

Yes, yes. For Chemtrails and their deleterious effects, nothing works better than pure Agnihotra Ash to repel the energies as well as to cleanse the body of toxins received as a direct result of the spraying of the planet. Indeed, this is an abomination of Nature, working in direct counter of the healing energies which are being sent out into the ionosphere.

June 10, 2008 on Spiritual Path

Unflinching honesty is what is required now, on spiritual path. Whether one identifies him or herself as following a spiritual path or not, the way one lives one's life in accordance to Divine law determines the outcome of one's spiritual journey. That is to say, one does not have to call it as such, but live life according to spiritual principles. Many, who claim to be following a spiritual path, simply mouth the words and continue living as usual, without awareness of cause and effect. The spiritual rule of 'As ye sow, so shall ye reap' is of paramount importance particularly for those who consciously consider themselves as followers of spiritual direction. If one walks the path, one shall indeed avoid deceit, avoid hatred and resentment, avoid being victim to fear, and live everyday life in FAITH. A tall order, even for those who do truly walk with

the Divine at the forefront of their lives.

Let us continue to elaborate. When one embraces the spiritual journey, one's life changes often drastically. It is as if all the cells in one's body are quickened and one experiences a heightened state of awareness. That is initially the case, quite often. There may, at some point, come a period of darkness during which the soul feels lost and alone, as if one is not progressing and is instead 'spinning one's wheels' so-to-speak. This, if one persists, passes and the spiritual neophyte continues to search within him or her self for clarity and meaning, for direction out of the inner madness. And it does feel like madness.

Once the stage of deep despair is past, the time is crucial. To maintain one's state of awareness, one shall embark on a life with more discipline. Discipline of the various senses-maintaining a healthy diet, maintaining discipline of Speech-of thought, word and deed. This brings us up to the present. All who are walking a spiritual path need now, in this most chaotic world period, to practice the teachings of the spirit. That means, if one adheres to a particular code of ethics from a spiritual standpoint, this is the time to become more disciplined and more one-pointed in your practice.

If your practice includes physical disciplines such as, but not limited to, Hatha Yoga, breathing techniques, pure vegetarian diet,

Report from Colombia, South America

Juan Ojeda

specific meditation timings, healing fires, etc. this is the time to tighten the reins to build up your inner and outer strength. These are rare and magical times, but these are as well trying and intense times. One must be able to draw on one's own inner wisdom and strength in order to LEAD and not just follow.

If one has a spiritual teacher, Guru, Master or devout leader, one shall make every effort to embrace that Being's teachings and live them with the utmost care and consciousness. As this is a period in which all of you will need to take your places in the walk of Light. That is to say, some of you will become teachers and trainers of others. One's character must be impeccable in order to lead with integrity and honour, without guile or the desire to control. Indeed, these qualities are rare and precious.

Walk in Light, all of you. Do not be deterred by forces of darkness now. Follow the teachings of the Enlightened Ones, become the being you wish to be, the being within you who is just, fair, honest, and focused on Light. Sincerity and willingness to be scrupulously true to the Word of Divine will carry not only you, but also the many behind you for whom the Light shines. OM TAT SAT.

*For more information, please contact:
parvati@oriontransmissions.com*

The following is a report sent to Shree Vasant Paranjpe.

At Your Feet, Master.

Only a few hours ago, we arrived from Colombia back in Chile. We worked until three hours before boarding the plane. The Homa work was centered in the Medellin area, as per YOUR instructions.

1. Now, there are more than 7 Health Groups or Homa Health Circles functioning. In each one of these, one hour of Om Tryambakam Homa, and then devotional singing, is done. For these, we are receiving support from Yogananda people, Catholic nuns, medical doctors, women's groups, cancer patients, etc. Each group has a leader who is in constant contact with us. Thus, we are forming an efficient Homa network.

2. We have made a registry of many sick people closely monitored by a woman medical surgeon. The information is being processed and soon we will have the medical histories of all, with photos and the results. Many of them are astonishing. This material and this project are the basis for more medical doctors from Colombia and from the world to get attracted to HOMA THERAPY.

3. One hour away from Medellín we have two other fire groups of Om Tryambakam Homa. They are poor women whose families

were victimized by guerrilla murders. Several of them have lost their husbands and children. We went there several times.

4. We made conferences every alternate day for different groups of medical doctors, spiritual groups, etc.

5. Work started in a convent of Catholic nuns. Around ninety catholic nuns, who are directors of other convents in Colombia, were present. From this event several sub-projects have emerged: one nun is director of a clinic, another works with lepers, yet another with farms, etc. We are managing this from Chile and it will be activated when we go back. A project will be carried out for one year, minimum with that convent: the nuns will provide for a house in a poor sector and the Science of Homa medicines, as developed by pharmacist Monica Koch of Germany, will be applied. The idea is that follow-up to Homa patients will be done during three months when we go back. The people will go to the nun's consulting room Tuesdays and Thursdays. Fires will be done there and prescriptions will be done and Homa medicines will be given for free, ointments, eye drops, etc. I personally will be receiving the people and every day we will have three nuns so that they learn everything in situ, to make the medicines, to do the fires and to work with the ones who are suffering the

most. After that training in that house, they will be able to apply the same, wherever they go. All the Homa medicines and the materials required we will finance ourselves. We have already planned in order to begin in December. One of those nuns has been traveling with me in Medellin assisting and learning everything in the meetings. She will be a good secretary for this project. We have plans with her so that later on she teaches the fires. She is receiving all the adequate training.

All the dreams and guidance shown and given by Shree have become a reality in these very special days. In these convents, we have begun the work of talking about the Message of Jesus to these nuns, in terms of the Five-fold Path of the Vedas. It is a totally "special" situation from any point of view: that Catholic nuns "en masse" (in great numbers) would be doing this. I have been singing with them the "Laudes" and praying the Rosary after some fires and it has been magnificent. All united! It is such a profound sensation to be with them, to teach them the mantras. They chant with such devotion! How nice if all of us had as much devotion as they do!

6. In December, five families of cattle ranchers will begin in a place called Puerto Berrio. We will go there for a few weeks and we will stay there to see people, to give conferences

and to develop cattle and agricultural projects. We have everything ready for that date.

7. A hospital in a place called Valparaiso, (three hours away from Medellin) is ready to begin work in all aspects of HOMA THERAPY.

8. Many people go to each Health Group. Some of the groups function twice a week. People are now working together to collect cow dung and to make ghee. They also observe menstruation period disciplines which have been taught to them with all love and delicacy. Many come from years of practice with their own Masters, but because the Message was given in the proper manner, they understand that they do not need to leave anything that they are doing already.



9. We continue to work on various fronts wherever we are. The idea is to go back the first week of December and be there three to four months. A select group of people have responded to the call. The call has been more or less like this:

WE DO NOT WANT YOU TO FOLLOW ANY ONE. WE ARE NOT SEARCHING FOR DISCIPLES. NOW THERE IS AN EMERGENCY. WE ARE NOT GOING TO TELL THE MESSAGE AGAIN. WE HAVE TO MOVE LIKE AN ARMY OF WARRIORS AND NOT ONE OF COMPLAINERS. ALL VOLUNTEERS HAVE TO WORK FREE AND NOBODY IS PAID. WE HAVE THE PRIVILEGE TO SHARE THIS MESSAGE AND THIS SCIENTIFIC SOLUTION WITH ALL. WE ARE GOING TO HAVE MUCH WORK ON ALL FRONTS. ANYONE CAN TRAVEL WITH US TO HELP OTHERS. YOU SHOULD NOT FOLLOW JUAN. JUAN IS ONLY ANOTHER SOLDIER AT THE SERVICE OF ANYONE WHO WANTS TO LISTEN.

This has been the tone of work, more or less.

Today we have the support of a group of medical doctors, individuals, yoga people. They all have seen it perfectly clearly from the beginning and they will move with us in buses, anywhere we go in future. We have started to search for land immediately to make a Homa Center which will nourish all of Colombia where agronomists and medical

doctors can go and learn. In one of the convents we have seen the possibility of organizing the FIRST HOMA CONGRESS IN COLOMBIA when I go back. We are training medical doctors to be the panelists in this congress. It will last two days. Many Catholic nuns will attend; we calculate around minimum 300 people will attend. They will all learn to make the medicines. This is a landmark. After that, the work will be known at many levels. There is much more. Enough to say that our daily working time was an average of twenty hours per day, each day, from the time we arrived until we left. The idea is to go back in December and to make all these projects more concrete.



Colombia, just as YOU said, is RIPE.

The E-mail for Homa Colombia is:
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TV is coming, more conferences are coming, and more trips are coming with the support group which has been formed. Each collaborator has gone through the experience of healing those who suffer the most, healing wounds with me and giving relief with the Homa medicines. Farmers are waiting for us; psychiatrists are waiting for us, etc.

IMPORTANT NOTE: Colombian medical doctor Jorge Carvajal is the father of Sintergetic Medicine, a model of healing through energy. He assists the Royal Family of Spain and is known worldwide. A few hours before leaving for Spain (he was in Colombia for one week) he located me and at night, invited me to a farm so that I would explain to him HOMA THERAPY. In the last minute I got to know that he had organized a meeting with the medical doctors who travel with him from Spain and Portugal. I gave a complete exposition with a giant screen during four hours with all the technical aspects, results; results obtained in Chile and Colombia, photos, videos. At the end he asked me if I could train his medical doctors (around 400 around the world) and if I could go to Spain to his headquarters to train people from Europe there. Most of them will be medical doctors who are changing the

perspective in the practice of their profession. He spoke of Africa, Mongolia and a tour around South America. He is asking this so that his people will do HOMA THERAPY and he wants that it be me who should train them.

Master, we want to thank you for the opportunity to serve. No one can explain how in such a short time only a few Homa volunteers have done so much. We know we are only instruments. When we are tired, the support is always the Mantra and Shree who is really the one who has done it all. Thank you for this opportunity of service which has been the beginning of a **NEW REVOLUTION OF LOVE FOR COLOMBIANS.**



Industrialized Food Is Not Cheap

Thursday, August 7, 2008

“Globalized industrialized food is not cheap: it is too costly for the Earth, for the farmers, for our health. The Earth can no longer carry the burden of groundwater mining, pesticide pollution, disappearance of species and destabilization of the climate. Farmers can no longer carry the burden of debt, which is inevitable in industrial farming with its high costs of production. It is incapable of producing safe, culturally appropriate, tasty, quality food. And it is incapable of producing enough food for all because it is wasteful of land, water and energy. Industrial agriculture uses ten times more energy than it produces. It is thus ten times less efficient.”

Dr. Vandana Shiva, scientist, world-renowned author, and grassroots leader in India. Member of the Policy Advisory Board of the Organic Consumers Association.

Satsang recommends growing food by the Homa Therapy method, which purifies the atmosphere and brings health and harmony to the environment. Homa Therapy brings Nature into balance, thus yielding top quality produce.

Below, Rory Maher of Bhrugu Aranya, a Homa Therapy center and organic farm in Wysoka, Poland, shows a huge cabbage grown by Homa Therapy.



Women's Circles at Bhruvu Aranya

*Parvati Rosen-Bizberg
Bhruvu Aranya*

As a small group of women in our Homa farm community, we meet every Thursday evening. We begin our meetings with HOMA and always end in song. Lately, we have discovered that all of us needed a reminder of returning to spirit. We began to share what makes our hearts sing and it is really helping us to remember to include that in our lives.



Our focus for the last meeting was "Moving from the Emotional-Mental into the Spiritual". This was a subject suggested to me in meditation the week before. Following the Vyahruti Homa and group meditation, we entered into a lively sharing on this topic. We were all inspired and it has brought us closer together.

As women, we find ourselves ruled more by our emotions and this can keep us on a roller coaster of highs and lows. Some of us are governed more by our mental side and we 'process' everything we experience, end up in 'circular thinking' and relentless intellectual analysis. Neither method leads us to the Light! In our circle, we talked about strengthening the spirit so that we were not rocked by emotional dramas in our lives. How to find our inner centre and stay rooted in it, how to strengthen that centre and see more through eyes of compassion. How to move from fear to faith, from expectation to acceptance, from resentment to forgiveness.

We realized that in our daily lives we need to make time for activities that nurture and support us on the spiritual level. We made a list of activities which help us focus more on spirit.

This time is not designed to be 'therapy' nor does it focus on dramas that are unfolding in anyone's life. Our sharing has a higher focus and we feel it is uplifting us as women and in community.

This week we also talked about the role of parents with children and ideas for families to incorporate some of the spiritual activities we have been doing. For example, I remember when my son was young, as a family we would talk about who we knew who was in need of love and Light. Then, the three of us would gather around the pyramid, perform a Vyahruti Homa and send that person Light from the centre of our hearts. Once, I remember, we sent Light to a particularly difficult person with whom we did not feel very

comfortable, and by the time the fire went out, that person actually called us on the telephone and just opened up about his life. The power of the subtle realm is great. Our thoughts have a powerful effect. If we send LOVE and LIGHT, it surely will be received.

We do this without any expectations, just to exercise our ability to tap into healing energy and send it out to the universe! Whether sending Light to individuals or to the world's tension spots-- for example, countries where people are suffering greatly-- it is unifying as a family and teaches children the power of their thoughts and the effect of their actions. Sending Love and Light is powerful and so joyous!

Here are some of the activities we all shared which we can do to open our hearts and focus on the spirit. Also, it was noted that, it is important that whatever actions we take-- whether it is driving our children to school or cooking dinner, working in the garden or working in the office-- that we do these things with love. So, it is not that we have to only do 'spiritual activities' to help us focus on the Light. What is important is that we learn to live our lives consciously and with kindness and love. The following activities are simply ways to remind ourselves who we really are. They are a 'Return to Love'.

Activities that Nurture our Spirits

MORNING AWARENESS - begin each day with, "Not my will, but Thy Will be done". Morning prayer to connect with Divine could be simply, How may I help? How may I serve?

EVENING REFLECTION - A time to give thanks for the day, assess how your day went, how you have been feeling, how were your interactions with others. Reflect. Give thanks to Divine before sleeping.

GARDEN WITH SPIRIT- Attuning ourselves to each other and to Nature. We sit in a circle, perform a Vyahruti Homa and invite, welcome the garden Devas to work with us in planting, harvesting, weeding--whatever we are doing in the garden that day.

CHANT BEFORE MEALS - Give thanks before each meal, learn to eat with awareness.

PRAYER - Find time for conscious contact with God or Divine. Take that time to connect either through quiet prayer, writing or speaking aloud to the Divine. There are many ways to pray. One may make one's life's work the way one prays.

HEALING CIRCLES - Sending Light around the planet, to troubled places and people in

need. Begin with a Vyahrti Homa. Speak or chant aloud the names of those individuals to whom you wish to send healing. Leave time between names, so the group can focus on them. If it is for a specific country, speak that at the beginning and visualize the love and healing energies enveloping that region and going to the hearts of the people.

WOMEN'S CIRCLES - to strengthen the spirit of women, create healing, open our hearts to Divine love and embracing the Divine Feminine within us.

VISUALIZE DIVINE AND REPEAT MANTRA.

MEDITATE ON AN IMAGE OF DIVINITY of your choice.

HELP OTHERS - Consciously try to serve others. Create good karma for yourself by doing good for others...strangers, friends, family. Do at least one good act of love daily.

RANDOM ACTS OF KINDNESS - Practice Daan with others. Also, just be kind, go out of your way to listen to another person, share your love freely and openly.

SERVICE PROJECTS FOR A GOOD CAUSE

READ SPIRITUAL LITERATURE - the lives of saints, inspired poetry, spiritual books,

Shree's Teachings, Orion Transmissions, other source of TRUTH.

AGNIHOTRA- Utilize the sunrise and sunset times for deep meditation, manifesting Light.

YAJNYA -do regularly with spirit!

CONNECT WITH DIVINE THROUGH OUR GIFTS, TALENTS, BLESSINGS:

Dance, sing, draw, play music, make films, write poetry, garden, teach children, sew lovely garments, create beauty in your world.

WALK IN NATURE with awareness. Listen to the sounds and observe the beauty and wonderment of Nature. Walk in silence. Listen.

SPEND TIME WITH CHILDREN - They are closer to Divine. They always remind us of what is true and pure in our world. And they are more in touch with their hearts.

HATHA YOGA OR TAI CHI - move with nature.

WRITING - Get in touch with who you are through writing. You could begin with "WHO AM I?" Write answers to the question. Reflect upon the answers. If you have a problem with someone, write them a letter, even if you will not send it. It helps to get feelings on

Healing with Homa Therapy

*Carmen Lucia Burgos Mantilla, M.D.
Bucaramanga, Colombia, South America*

paper. It is part of letting go.

SATSANG - Meet with people of like mind and heart. Chant and sing together, meditate together, talk with the aim of lifting our spirits higher.

NETWORK with others on the path, to share experiences and be of support to each other.

GRATITUDE LIST - This is so helpful. Write a gratitude list of ten things for which you feel grateful, thankful. Do this every day. Especially effective in the morning when you begin your day. When you focus on gratitude, it often opens your heart and reminds you of what is good and pure, sweet in your life. Even better, share it with another person whom you trust.

LETTING GO OF RESENTMENTS- This exercise is simple. Imagine the person toward whom you feel resentment (or hurt or anger). Then, consciously send them Light. This you do consciously at least twice a day. You will find your resentment loosening its grip on your mind and your heart becoming more willing to accept that person as he/she is. Their actions will have a less powerful effect upon you and you may even notice that they begin softening their attitudes toward you too. Try it. The only thing that you have to lose is the bitterness of resentment! Sweetness always tastes better!

I am a medical doctor in Bucaramanga. **I mixed the ghee with the Agnihotra ash and prescribe it for all types of skin problems.** It can be used by babies, children and adults. It is wonderful. I even recommend it to the women as a facial beauty cream. There are many women who are allergic to cosmetic products, but **the Agnihotra cream does miracles.** I also prescribe it for infected open wounds and it is amazing how fast they heal.

I also recommend ghee with one spoon of Agnihotra ash in a glass of milk before bedtime for people who are very weak and have sleeping difficulties. These experiences are wonderful.



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FIVEFOLD PATH for Happy Living

1. Perform **AGNIHOTRA** for purification of the atmosphere which leads to automatic purification of mind.

2. Practice **DAAN** (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).

3. Practice **TAPA** (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).

4. Perform **KARMA** (every action for self purification only and thus no expectations which bind us to the material world).

5. Practice **SWADHYAYA** (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.