



SATSANG

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Perform Agnihotra -----Heal The Atmosphere

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Homa Therapy Work with AIDS

*Dr. Abel Hernandez
and Aleta Macan
Piura, Peru*

There is a foundation which treats children with AIDS in Cali, Colombia. This center is called Fundamor. Mrs. Tanja Fajardo has been in charge of performing the healing fires in this place now for about sixty days. It has been a very intensive Homa Therapy work, since they also have a biogarden. We are very happy to present the following letter:

FOUNDATION DAR AMOR (GIVE LOVE)

The child Jose Ramon Paz, 7 years old, was admitted in the month of July of this year with ELISA test showing HIV AIDS POSITIVE. Now in the second test, which was performed on September 28, the result was NEGATIVE. This child has not received any drugs or standard medicines. He has had the daily intake of AGNIHOTRA ASH, YANTRAM water and has been permanently in the HOMA ATMOSPHERE.

The child Juan Camilo Bermudez, 3 years old, was admitted at 9 months of age. His parents died due to the AIDS virus. The ELISA test has shown that he is POSITIVE. According to the last test there is a great VIRAL CHARGE (over 750.000 copies) and he is supposed to be in the TERMINAL stage, but surprisingly he is running around and plays with the other children. He simply wears a YANTRAM on his chest during the day and sleeps with it, placing it below the pillow. He drinks YANTRAM water and is present daily for the HOMA fires, and has taken the AGNIHOTRA ASH along with the drug NORVIR twice a day.

Given in Santiago de Cali on the 12th of October, 2000,

Maria Antoneta Agudelo
Area Director, Children VIII

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Healing Experiences with Homa Therapy

Gustavo Trigrero Alvarez

Guyaquil, Ecuador



Problem: High blood pressure

Homa Therapy for me is very important, because I benefitted one hundred percent. I suffered from high blood pressure and had to take pills constantly. If I would not take them, I felt bad and the doctors told me that I have to take them every day. With the fires of the Homa Therapy I feel very well. Now it has been three months that I don't take the pills and I feel magnificent.

When I get up now in the morning my pressure is normal. Before, I woke up feeling heat, I felt bad and everything seemed bad. Now I feel well. The things I do, I do them with energy and they come out well, with success.

Maritza Posavac

Piura, Peru



Problems:

- Insomnia
- Tachycardia
- Depression

I am very grateful to Homa Therapy because it has been good for me. When I came to Homa Therapy I suffered from insomnia and I had tachycardia. From the first fire on I experienced wonderful results. It has given my life another meaning; it has given me some light, because I was confused and did not know what to do. Once I was asked what I wanted from life and I was supposed to write it down on a piece of paper, but I did not know what to write. Now I know what I want from life and it has made me see life from different angles. Homa Therapy became part of my life as much as brushing my teeth every morning, every day. I hope that Homa Therapy continues making marvels in my

life.

When I started changing, my children became happy too. In the beginning they had some difficulties with the time I dedicated to going to the Homa Therapy sessions and they told me that they missed me a lot. But now we make the fire all together, although they are children of age 12 and 13.

Before I was upset the whole day. I cried the whole day. I could not find any peace inside of me. Now I am much calmer and I have more patience with my children. Obviously, not being able to sleep irritates any person. I took pills for several months, but still I woke up between 2 and 3 in the morning with tachycardia and full of fear. I had some terrible fears; and then I woke up again between 5 and 6 a.m. and it was impossible to get sleep. Not only that, but I also had many nightmares. In the afternoon I didn't want to take a nap because I was afraid of closing my eyes. I had lost appetite, I did not eat and I could not taste the flavor of the food. Now I am okay.

Three or four days ago I had a thousand reasons why I could not do the fires and again I felt loss of appetite, had headaches, felt anguish and did not feel well. But just sitting here with the fire of Agnihotra makes me again feel marvelous.

I also go to a psychologist who is helping me. I purchase good books and I learn to be happy with what I have, without complaining, and I request God to give me patience and tolerance.

I don't confuse Homa Therapy with religion. There are people who are afraid. I always tell them that when one is sick with a sore throat and goes to the doctor, the doctor doesn't ask if the person went to Mass on Sunday. He does not give the prescriptions with Ave. Marias; he just gives the pills and is finished. And it is like this with Homa Therapy.

MARÍA VERONICA BASTIDAS

Quito, Ecuador



Problems:

--Depression for 30 years

--Insomnia

I would like to share an experience with the Agnihotra ash. At that time, I still did not do the fires but I was given the Agnihotra ash (one and a half months ago). It was at a time when my dad was in a very bad condition. He was on the edge of death. He could not eat without help. He had been taking pills for 30 years to sleep and also antidepressants,

which are very poisonous, “Fluoxetina”. This substance was causing a kind of Parkinson’s disease, spasms; He could not walk or talk. The spasms became more and more frequent and stronger. I took him to a neurologist who said that there was nothing left to do, since my father was dependent on the “Fluoxetina”.

At the same time my father received the Reiki harmonization, level 1. I really gave him the Reiki harmonization because I wanted to help him to die more easily, because it is one way to help people, and at the same time I gave him the Agnihotra ash. I gave it to him and I told him that it was Ayurvedic medicine and that he had to take it with his food.

Then the spasms disappeared and he began to eat again. He had been so thin. I found another neurologist that suggested to him to lower the medication gradually. All that came together at the same time, the Reiki, the Agnihotra ash and the new neurologist. Now my father does not take tranquilizers or antidepressants. He continues taking the Agnihotra ash. He still does not know what exactly the ash is, but the results are incredible.

He is CURED. He now works with me in the clinic and has discovered a gift that was kept for many years inside of him. He is a new man at 62. Before, he did not have any reason to live and now he is working. He is a Reiki practitioner and helps other people in their healing process.

Ricardo Valdivia Barasorda

Calle Piura 602
Castilla, Peru



Problems:

- Respiratory Inflammation
- Inflammation of Tonsils
- Inflammation of Prostate
- Hyperactive Child

I am Peruvian, 41 years old; I am married and I have two children.

For two years, I was suffering from a respiratory infection and a severe tonsils infection. For this reason I was in treatment with an ENT doctor. He prescribed antibiotics for me for a whole year, but I didn’t feel any improvement. The fact is that these antibiotics created resistance and my disease became worse, although I was prescribed the latest antibiotic generation. I also suffered from an inflammation of the prostate, due to the continuous infection of the throat. The virus had progressed into the prostate, causing me

severe pains in the abdomen and in the groin, for which I also took those recommended antibiotics, without improvement.

Then I found out about a so-called Homa Therapy from my brother-in-law, Andres Arango Crisanto. This therapy consists of making a fire exactly at sunrise and sunset in a copper pyramid. At first I didn't believe in these things, but seeing myself in such a bad shape, I began to attend the meetings held in Arequipa Street 572, Piura. I participated with others in the Agnihotra fire that consists of receiving the solar energy emanated through this fire, and at the same time consumed the Agnihotra ash, which is prepared in this healing process. I consumed the ash three times a day before food intake with a glass of water. I did not get results immediately, but after three months, I experienced improvement. The inflammation in my throat and also the prostate inflammation disappeared. I felt a great improvement. I want to state clearly that I quit all antibiotic intake (since I did not experience any positive results, I just felt worse) before I started to participate in the Homa Therapy sessions. Therefore, the improvement is solely attributed to the participation in the Agnihotra fire. At present, I do the fires out at home with the participation of my children and my wife.

I should lay stress on the fact that my decision to treat my diseases with Homa Therapy had an extraordinary antecedent with my 10- year-old son, who first participated in Homa



Therapy and now he does the Agnihotra fire by himself. He was a hyperactive boy who did not do well in school. His behavior with his colleagues and teacher was bad. We had constant complaints from the principal and teacher of the school. The same school supplied him a psychological therapist and a psychiatrist, without achieving positive results. He did not respond to the psychological treatment or to the medications given by the psychiatrist. He continued to do just as badly and, in fact, his behavior got worse. But with Homa Therapy and leaving aside the medications mentioned before, he began to show improvement in his behavior. At present, his grades are satisfactory and he shows responsibility in all courses of the school. My son's name is DIEGO ARMANCO VALDIVIA ARANGO and he is 10 years of age.

This is my testimony for all people who have problems. Have the full security that participating in Homa Therapy without any prerequisites will bring you positive results.

Marcela Agurto Trelles

Piura, Peru



Problems:

- Stress
- Back pain
- Depression
- Alcohol
- Swollen legs

I was stressed out. I had back pains, depression and I drank too much alcohol. I had had these problems for three years before starting with Homa Therapy.

Homa Therapy has given me order, peace and optimism. Then I realized how much stress I had suffered. I did not find healing in any other place.

When I do the Homa Therapy fires I feel a lot of happiness, physical as well as mental and spiritual. My relatives and friends tell me how much I have changed. Today I don't want to drink alcohol and also my body rejects it completely. I have been practicing Homa Therapy for one and half years, but I am not always constant.

My mother uses the Agnihotra ash cream for her legs, because she suffered from swollen legs. With the cream the swelling disappeared without any additional medical treatment.

TALIA and ANDREA BAUER

Lima, Peru



Problems:

- Fears
- Depression
- Nervousness
- Osteoporosis
- Bronchial Problems

I have practiced Homa Therapy for six months. I used to be very nervous and fearful with the tendency to fall into depression. I also used to have bronchial problems, and coughed

a lot of mucus. It was very difficult. But since I started the Homa Therapy I do not have any of these problems.

My mother suffered from osteoporosis in her knee and could walk only with a cane. She followed the advice to cover her knee with Agnihotra ash mixed with ghee as a cream. By the fourth day she could already walk without pain and without a cane.

Andrea Bauer, her daughter comments:

Before we started with the Homa Therapy, everyone in our family did his own things. Now this has changed, we are more united and do things together. Now we can even watch the same TV program together.

Integrated Management of Beekeeping Using Homa Technology

Gloria Guzman,

translated by Abel Hernandez and Aleta Macan

INTRODUCTION

Due to contamination, creatures like bees have begun to diminish in many areas of the Amazon. They die or escape to virgin forests.

The bees that were settled near agricultural fields where agrochemicals were used became aggressive. Thirty-three to sixty-six percent of the honey from these areas contains residues of toxic substances, coming from the use of chemical pesticides in farming.

The Europeanized bees don't adapt easily to the tropical or subtropical forest of the Amazon. They are attacked from the beginning by insects like ants, called "Itaraco". If they adapt, they begin to produce honey after a year of having been installed. When this production is achieved, pathogenic agents, proliferating in the surroundings, diminish the quality of the honey. Finally the bees leave the beehives and look for better living conditions in the virgin forests.

Inside the agricultural area where Homa Therapy is applied, a healthy and pure atmosphere is created, quite favorable as a habitat for bees. The Europeanized bees adapt easily in a Homa environment and they can develop without the attacks of pathogenic agents. They have a lot of food available, due to the continuous flowering of the crops, with a high content of nectar and propolis achieved through the effect of Homa Therapy and the Agnihotra ash. This makes the whole Homa area a highly melliferous place. Add to this the availability of clean water and the healing energy generated by the Homa fires. Due to such favorable conditions for the bees, the successful installation of beehives in a Homa area is greater than that of ones established by specialists in non-Homa areas.

In a first production from these Homa bees, more than 100 kilos of very good quality organic honey were obtained from three beehives. There is even a honey production in the breeding camera, which is not normal. This production is good, considering that the bees are new to the environment. In a second production, the quantity of honey is increased on the average to 120 kilos. Even the quality of the honey improves.

The work of the Homa farmer is complemented by the work of the bees. They contribute to agriculture with the pollination of fruit crops, horticulture, in forestry in general and also to cattle and dairy farming by pollinating the pastures. They also produce honeycombs containing high quality honey, pollen, wax, propolis and royal jelly, categorized as food and medicine through the Homa Therapy effects. The Homa farmer and the bees work together with nature, the bees doing their prodigious work to aid the preservation of the plant kingdom. In this undertaking even the drones, who usually don't work, participate due to the effect of Homa Therapy.

When bees arrive from virgin forests to areas where Homa Therapy is applied, they feel

happy in Homa surroundings.

BEHAVIOR OF BEES WITH HOMA THERAPY

Bees are insects which belong to the order of “heminopteros” and to the genus “apis”. A beehive is populated by a queen, the workers and drones.

In an area where Homa Therapy is applied, the drones begin to work like the worker bees, contributing to the maximum honey production. This special phenomenon occurs only through the effect of Homa Therapy. The availability of good, healthy and abundant food in Homa atmosphere also contributes.

In areas where there are beehives but Homa agriculture is not developed, not enough food exists to feed the bees. If there is not abundant nectar for gathering, the drones don't work, but leave it all up to the workers. At the end, when the workers see that the crops are low, they evict the drones from the beehives and they die from hunger. Bees become aggressive in areas where chemical pesticides have contaminated their food sources. They perceive that their food is contaminated and their production is interrupted. They also become aggressive when the stored honey gets contaminated with chemical pesticides, or when the beehives receive a lot of direct sunlight. Another cause for their aggression is climatic changes, which create an abrupt shortage of melliferous vegetation (nectar and honeylike substances) which dries up in the sun. Then the bees begin to attack everything in motion, making it very difficult to handle the beehives.

In an area where Homa Therapy is applied, all the favorable conditions are given so that the bees become very docile; they feel safe and happy.

The queens that are born and developed in Homa atmosphere, although they might not be of a good stock, are big and very beautiful. The abundant quantity of provisions of nectar and pollen in the area through Homa Therapy contribute to this.

These queens raised in a Homa environment give birth to vigorous colonies. They themselves are also vigorous and live for a long time. They produce strong individuals, like good workers, who make good crops of honey.

BENEFITS OF BEEKEEPING WITH HOMA TECHNOLOGY

In an area where Homa Therapy is applied, the reservoirs of drinking water, available for the bees to drink, become pure, clean and medicinal. These characteristics are more pronounced when Agnihotra ash is added to the drinking water.

Additionally, in a Homa area there is always an abundance of nectar, pollen, propolis and other necessary foods for the bees continuously available in an organic and ecological way. The quality of food and water are the two most vital elements that give energy and resistance to the bees to produce honey, wax and other products. Under these ideal conditions, the beehives produce abundant honey and the construction of honeycombs is constant through the Homa Therapy effect.

The location of an apiary inside the agricultural Homa area should be near the reservoirs of drinking water and the cultivated land. The agricultural system should have as its main component citrus fruits, since they produce lots of nectar. To this, medicinal plants with nectar production (Sangre de Grado, Tahuari) should be added. These can be associated with papaya plantations, beans, sesame seeds and others. As a cover crop “Stylosanthes” can be planted, which give a lot of pleasure to the bees through their continuous flowering. Inside an area where Homa Therapy is applied, the beehives can be placed under a construction with a roof without walls, completely open, so that they can fly freely. The roof protects them from the strong exposure to the solar rays, acid rains, strong winds and other climatic factors unfavorable to the bees’ development. Only in Homa Therapy do bees accept living under the protection of a roof.

SANITARY TREATMENT OF THE BEES WITH HOMA THERAPY

Beehives are affected by contamination. That is why a high incidence of plagues and diseases exists inside the area where bees are raised. The most frequent pathogenic agents are insects such as ants, lice, moths, spiders, wasps, blowflies etc.

Due to food shortages in agricultural areas, apiaries are sometimes robbed. While removing the honey, the thieves can leave microbes which produce illness in the bees.

If a beehive is attacked by insects, use the Agnihotra ash and apply it after cleaning the area. Sprinkle the Agnihotra ash powder after sunset while singing the Om Tryambakam mantra. Then surround each beehive with the Agnihotra ash.

If there is an ant attack, besides carrying out the procedure described above, look for nests of ants and sprinkle them also with the Agnihotra ash. The conventional technology in beehive handling uses chemical substances like carbon bisulfate or calcium cyanide for this purpose, putting the purity and integrity of the honey at risk.

If there are lice present in the beehives, they disappear through the effect of Homa atmosphere and the smoke that it is generated through the Homa fires.

When the apiary system managed with Homa technology is installed near the Om Tryambakam hut of a Homa farm, this will strengthen even more the health of the bees.

The Nosema Apis is a disease that frequently can be found in the intestines of bees, putting them into a state of lethargy. As preventive medicine and treatment, complementary to Homa Therapy, one has the Agnihotra ash water solution and the reservoir of drinking water to which Agnihotra ash is added.

Many illnesses can be prevented by applying the solution of Agnihotra ash water to the beehives, after having cleaned them. You can even use a brush to apply the Agnihotra ash water solution to the whole surface of the frames.

Brahmacharya

(Patterns of behavior for the unfoldment of the Divine)

Commentary by Vasant

(From Ten Commandments of Parama Sadguru)

Brahmacharyena tapasa raja rashtram virakshati
Acharyo brahmacharyena brahmacharinamichhati
-Atharva Veda II-5-17

Purport: Wisdom dawns by penance of brahmacharya. A nation sustains by penance of brahmacharya.

Commentary:

Brahmacharya is commonly understood as celibacy or sexual continence. The root meaning of the Sanskrit word connotes setting up a pattern of behavior in consonance with the harmonious unfoldment of the Spirit within. The aim of all endeavor is “Not my will but Thy will be done.”

Celibacy results in conservation of Prana (Life Force) for more fruitful purposes, provided mind is trained to cooperate. Brahmacharya means control of sexual lust, avoidance of overindulgence in sensuality and consequently attempting to rid oneself of hatred, envy, greed, fear and anxiety. Agnihotra, the first aspect of the Fivefold Path of the Vedas, is a potent material aid to bring about the transformation of the mind.

Celibacy brings about immense resilience and we experience an influx of energy at all levels. Conservation of sexual energy contributes to spiritual regeneration and we delve deep into subtle tiers of consciousness. The flow of energy which was drained off towards the sexual function can be channeled towards the higher task of Self realization.

It is not possible to control sex without simultaneously exerting control over all sense organs. To achieve this state we must first learn the “why” of it. How does it concern me? Why should I take the trouble to undertake this penance? Is it going to benefit me in my worldly life? This is part of Swadhyaya, the fifth aspect of the Fivefold Path. We soon realize that we must learn to exert control over our thoughts. Practice of the previous six commandments leads to purification of the intellect and sublimation of thought. It is a matter of experience that control over the palate helps a good deal to control sex. We then learn to distinguish between hunger and appetite.

The Brahmacharya way of life is a gift from the ancient Vedic seers. All your hidden treasures will be unsealed by its practice. Egotistic pattern of behavior is blasted by practice of Brahmacharya. Everyone wants to command but none wants to obey. Resuscitation of Brahmacharya way of life will teach us to be humble as little children and the gates of “The Kingdom of Heaven” will be thrown open. Brahmacharya way of life rids us of all misery that is our desert. It is the only way to put an end to all misery.

Modern medicine has failed to rid humanity of misery for the simple reason that it does not take into account man in his totality, i.e. body, mind and soul. Daring attempts are

made by modern psychiatry to bring happiness to the corporeal frame by manipulating psychological channels. But again they do not go beyond body-mind complex and hence the supreme necessity of spiritual discipline to lead a happy life on earth. The Fivefold Path ushers you into Brahmacharya way of life. The first two aspects of the Fivefold Path are material aids to the process of spiritual unfoldment .

Man is not a simple contraption which responds to stimulus inputs. Biopsychological operants need to be considered by therapeutic psychiatry if it aims at bringing peace to mankind. Brahmacharya way of life, the Fivefold Path, has to be imprinted upon children in their most impressionable period. Behavioral patterns have to be stamped even before kindergarten age if education aims to evolve Self culture.

Our happiness depends upon our way of life. Action and intellect act and react. Good Karma sublimates the intellect. Purified intellect exerts control over sense organs. This leads to imperturbability of the mind, indifference to the duality of pleasure and pain and happiness is ushered in like a ripe fruit falling in your lap. If mind is overruled by senses, the intellect gets disfigured and bad action follows. If mind joins the intellect in its power to choose between right and wrong, senses are compelled to submit. This is how the spiritual discipline works.

Psychiatry engineers artifacts which are external. Psychiatry is administered while spiritual practice is volitional. Brahmacharya brings about changes in the will power. It teaches us to be best managers of our energy potential. The drain on energy is plugged. Targets of primary importance are stressed so that we come to know for ourselves what is necessary and right for us. Let us learn that objects are mere symbols whence desire is triggered.

Control of sense organs may be restrictive in the beginning. Anything that is restrictive may be disagreeable but in due course of time the burden is redeemed and there is nothing but joy. This is the process of Tapa (self-discipline), the third aspect of the Fivefold Path.

“The journey of life can be safely conducted and the Supreme world of Vishnu reached by keeping a watchful eye over the senses. The body is a chariot to which the senses are yoked like horses. The charioteer, understanding, holds the horses in check with reins that are mind. The soul occupies the chariot; the world of objects is the path over which the senses move. If the reins are not held wisely the senses will go out of control and the chariot will not reach the destination. Wise man controls the mind and his senses are like good horses.

—Kathopanishad III—3, 4, 5, 9

“(It can be accomplished) by practice and detachment.”

—Bhagavat Geeta 6-35

Let us organize our tomorrow by self-discipline today. Let us not defile the bodily tabernacle and turn it into a den of thieves. The thieves are passion, anger, greed,

temptation, pride and jealousy. Let us learn to exert control over sense organs. It cannot be done overnight. It can neither come by mere wishful thinking or through listening to intellectual discourses. It comes only in the company of saintly persons. Let us imbibe the spiritual discipline in our lives as householders. Let us inculcate in our children by practicing what we preach.

From a painfully restrictive society of medieval times we have rocketed ourselves into exuberance of permissiveness. Neither is conducive to freedom. We behave like freed people and not free people. Freedom implies freedom from worry, tension, anxiety, misery. This involves discipline. The words disciple and discipline stem from the same root.

The younger generation is brought up with jet planes, TV, spaceships, mass communication media, instant foods and psychotherapeutic operants. They refuse to put faith in merely action-oriented legalistic moral code of institutionalized religions. They are also familiar with the instability, insecurity, void and tension syndrome of which they are hapless victims. They try to seek relief in drugs, sex and hippy non-conformism with no success. They are at the crossroads of destiny. It is either perish en masse or live together in tune with the Divine blueprint. Accentuated intellectual faculty no more permits them to adhere to hypocritical make-believe morality. Attenuated mental faculty puts heavy obstacles in the determination to practice the spiritual path. Under such conditions only the package deal of the Fivefold Path of Vedic wisdom, grounded in scientific foundation of revealed knowledge, will pull us up from the abysmal state. All messengers of God, all prophets have stressed the same message of the Fivefold Path in their revelations in words suited to their times. In the scientific society that we live in we have to revert to the ancient language of Vedic wisdom. This is the Fivefold Path.

Brahmacharya way of life is character building in the light of scientific knowledge. Man is considered in his entirety as body, mind and soul and evolution proceeds with this premise. There are fixed natural laws in the physical realm; this is borne out by methods of experimental science. There are fixed laws in the mental and the spiritual realm also. While dealing with human happiness it is not enough to consider only the psychosomatic man. Sealing off the threshold at the endocrine or psychosomatic level will never lead us out of misery. Let us repeat: man is body, mind and soul. Let us pay heed to the spirit that unfolds within. Practice of Tapa (self-discipline) of Brahmacharya alone will bring us out of misery and land us in the eternal "Kingdom of Heaven" which is our birthright.

Our daily actions are the warp and the woof of the pattern of life we create for ourselves. It might be useless to talk about the spiritual path if it does not benefit us in the workaday world. By observing the commandments we become more equipped to face our worldly problems. Practice of Brahmacharya makes us a different person. Our attitudes change and the world is different. We must try to understand why this mode of life is a necessity for happy living and then we must, with determination, take steps to tread the Fivefold Path. This is the essence of the message of all prophets.

Continence, with full cooperation of mind and intellect, is the cornerstone of a happy life as a householder. It blesseth both ourselves and society.