

SATSANG

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Parenting Program in PERU



NEW ERA 57 SEPTEMBER & OCTOBER 2000

Perform Agnihotra  *Heal The Atmosphere*

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*Cover: Officials and students from
Colegio Jorge Basadre in Santa
Rosa, Peru, with editor Lisa Powers
(center) and Homa Therapy teachers
Aleta Macan and Roger Subotnik.
The editor gave a talk on parenting
based on Fivefold Path principles.
Dr. Abel Hernandez translated.*

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and Canada.

You Need Not Believe,

When the Mind is Drifting

Still It Works

To learn to develop clear mind, one

Now there is so much disease in crops due to this pollution in atmosphere that farmers are desperately seeking alternatives. There is now the time when **CHEMICALS WILL CEASE TO WORK EFFECTIVELY TO ERADICATE PLANT DISEASES.** Yet with this simple **HOMA THERAPY**, ancient Vedic knowledge, disease can be eradicated and more transformed; we have only to prove it on a larger scale now.

There are new strains of disease as there are viruses in humans, in plants as well that **DO NOT RESPOND TO CONVENTIONAL CURES.**

Also, what is most interesting is that even the person performing these fires **NEED NOT BELIEVE THAT WHAT HE/SHE IS DOING WILL BE EFFECTIVE.** It does not rely on a person's belief in the process. It is the purely scientific process itself that is effective. Of course there is **GRACE**, but all is **GRACE.** That Gajanan Maharaj rejuvenated this ancient **AGNIHOTRA FIRE** is **DIVINE GRACE.**

need not have great knowledge. If one is focused, one is open to solutions and very clear answers. Then, one thing is to put all focus into each activity and quiet the mind with Mantra. If while cooking one is thinking, "Well I will be going via bus to Hamburg. Then I have to e-mail my grandmother," etc., surely the food will burn or you will forget what you are doing.

Some efforts require skill, so make every effort to learn that skill if you think it will be necessary for you in life. It is also good to be

able to do more than one thing. For example everyone eats, so it is good to learn some basic cooking skills.

Concentrate fully on each activity as you perform your task. You will find your mind being pulled from one thought to the next. At the exact moment you find the mind drifting, immediately pull it back with Mantra and again focus on the task at hand. Thus your work becomes a type of meditation. This is one awareness technique.

Trip to Moldova

*Dr. Ulrich
Berk
Germany*



Moldova, formerly part of the Soviet Union, is now an independent small country south of Ukraine and north-east of Romania. There is very little industry and the economy of the country is totally dependent on agriculture. In communist times Moldova produced a lot

of fruits and vegetables for the whole Soviet Union. This was done in the old Kolchose system - there were no individual farmers but thousands of hectares of land cultivated by village people who had to go up to 10 or 20 km to their work. For many miles you just see fields, no farmhouses. Of course they used lot of chemicals, fertilizers, insecticides, pesticides. In recent years part of the land is being given back to some farmers who start to work on small scale again.

Now there are two main problems:

The soil originally was very good but as it was exploited for many

plants. Farmers say it would be a revolution if by Homa methods these potato beetles could be controlled. But now, end of June, there are only six weeks left until the potatoes will be harvested - so I guessed this will not be enough time for doing a Resonance Project. But for next year this can be organized.

On June 23 I arrived in Chisinau, the capital of Moldova. I was invited by Benedict Caraus and his wife Valeria. Next day we had a meeting with more than 50 people in KARLOS, the only Esoteric Bookshop in

Chisinau. There was very good response, and nearly everybody stayed for two hours to wait for Sunset Agnihotra after nine p.m., and many people wanted Agnihotra pyramids. Next morning at 5 o'clock 8 people gathered again for morning Agnihotra in a central park of the town!

years by the industry-type system of Soviet farming it does not produce much if they stop using chemicals. And these new small farmers do not have the money for chemicals.

Insects become more and more a problem, especially the potato beetle. It became resistant against the normal chemicals, so they had to use stronger chemicals. New mutations of the potato beetle are again resistant

against these and also now they attack not only potatoes but also tomatoes and other

Sunday morning Benedict and Valeria took me to a small village in the North of Moldova - just few kms away from Ukraine - where we met Glorian and Wladimir, two young farmers who just got 4 ha of land back from the government. They are willing to start a Resonance Project on their land. But as there

are no buildings whatsoever so no room for Agnihotra or Tryambakam. Glorian and Wladimir were little bit disappointed when I told them that we need some huts to start the project. They plan with construction on their land in August. Anyway they wanted pyramids so that they can start with Agnihotra already and do it as often as possible on the land. At least we prepared a spray of boiled water; Agnihotra ash and powdered dry cow dung and applied this to the watermelons, which did not grow properly. Hopefully this has some good effect

even when the Yajnya atmosphere will not be there continuously.

In the garden of Benedict's mother there was one field with potatoes which were heavily affected by potato beetles. There also we did the spraying while doing Tryambakam Homa. Some more friends had come so we did every day some hours. Irina, Benedict's 13 years old cousin liked this so much that when I left she wanted to start with Agnihotra. I gave her a pyramid in exchange of some kilos of cowdung, which she has to prepare, till I come next time. After the spraying before we left I checked the field again and there were considerably less potato beetles on the plants. Irena will continue with Agnihotra so hopefully the plants will recover.

Before flying back we had another meeting in this esoteric bookshop for the practical things - doing the mantras together, explaining how to prepare ghee, how to dry cowdung, organizing copies of the time table

for sunrise/sunset, etc.

On my way back I stopped for one day in

Budapest/Hungary as this was on the way. I met with George, a friend of the old days who had organized meetings several times then. Tried to meet Laslo Beky, a healer who in one conference in Budapest had measured the effect of Agnihotra with his pendulum

using a certain chart and he had found out that Agnihotra connects us to the highest energy of the universe. Alas, he was not there on this day. Joanna (originally from Ukraine) who did good work with Agnihotra ash medicine before no longer lives in Budapest.

One good thing: In Chisinau I met Andrey Guzanov, a healer from Kiew (Ukraine) who showed Agnihotra to many people. I talked to him about the project to give Agnihotra ash tablets free to the people as help against the radioactive contamination in the food. He was very happy to hear about this plan. He offered his help in giving information to some alternative clinic in Kiew. So I should prepare some paper and give to him.

Homa in Trujillo, Peru

*Dr. Abel Hernandez
Piura, Peru*

In Trujillo, Mr. Uteaga and his family are doing a wonderful Homa work since now they do six Agnihotra fires in the morning and six in the evening, utilizing all the respective pyramids plus ten hours of Om Tryambakam daily and the regular twenty-four hours on new moon and full moon. There, Dr. Ayuquippa, an entomologist from the Universidad Nacional de Trujillo, reported an increase of beneficial insects, which are attacking the pathogenic ones. The Uteaga family and SENASA are seeing good results in certain areas of the farm, even though other parts are still having a hard time. It seems also that other people are getting interested into doing Homa Therapy on their farms in the same Viru area. The plants look very beautiful now, lushly green, but the real results will be shown with the harvest, which is going to start on twentieth of July and will last for three months. Mr. Urteaga called us to ask if there is anything else we or he can do to assure a good harvest. The Rudra

cals ordinarily. All these good changes happened in spite of doing only Agnihotra and

very few hours of Om Tryambakam only on new and full moon days. Hopefully they will do more now.



Yajnya was done there some time ago. He is playing the Samaveda tapes daily on his land.

We went to Oxapampa and saw the beautiful changes in a small farm that was brownish and full of insects, worms, etc. four months ago. But now it is green, alive, and with good harvest of pumpkins and rocotto which cannot be accomplished without agrochemi

Parenting Program in Peru

Ed.

It was a wonderful privilege to visit two cities in Peru this summer to teach a parenting program based on Fivefold Path principles. Special thanks to Aleta Macan and Dr. Abel Hernandez for all their help in making this trip possible.

First stop was the house in Lima where several Agnihotra teachers stay from time to time to do Homa Therapy work. A full schedule of Homa fires, disciplines and meditation timings are observed by people staying there. Abel and Aleta, Irma Garcia, Roger Subotnik, Gloria Guzman and Celso Mozambique del Aguila were present. It was a great joy to spend time with so many dedicated Agnihotra teachers. Abel and Aleta reside in Piura and conduct Homa Therapy work there. For many years Irma has travelled all over the world with Vasant, promoting Agnihotra and Homa Therapy. Roger, originally from the U.S., has spent the last few years teaching Agnihotra in South American countries such as Peru and Ecuador. For the past several years, Gloria has worked in various parts of Peru on Homa Therapy agricultural projects; Celso has joined her in this work for the last nine months. Everyone had stories to tell of Grace and healing.

Every evening a number of people from the area came to the house for Agnihotra. Most people brought their own pyramids, and it

was not unusual to see ten pyramids blazing in the main room at Agnihotra time. The healing smoke was a blessed relief from the pollution of the city. After Agnihotra, newcomers could get their questions answered and purchase supplies.

In Lima, one series of parenting classes were held at the Grand Fraternidad Universal center. When they were completed, Aleta, Abel, Roger and I travelled to Abel and Aleta's home in Piura to give classes .

While in Piura I was able to meet Luis Tafur, who stopped by the house for a brief visit. This highly energetic man is the head person for Pronamache (National Project for the Management of River Basin and Preservation of Soils) for the Amazon region. His jurisdiction is truly a huge area and includes several departments. He has a real gift for conveying Homa Therapy information to people with a scientific background, and has been very instrumental in spreading Agnihotra in Peru.

The schedule of parenting classes in Piura was full, but we managed to squeeze in a visit to Colego Jorge Basadre in Santa Rosa, at their invitation. The school serves many children from poor families, and parents and staff had expressed great interest in the parenting program. We were given a very warm welcome by the school officials, par

ents and students. Although the talk was arranged on short notice, about three hundred people attended, and an overview of the course was given. Dr. Abel Hernandez translated.

In the parenting program, we discuss timeless principles such as truth, nonviolence, forgiveness, sharing, self-discipline and self-study, and how to incorporate them into daily life and teach them to our children. We also talk about the problems unique to the participants' own situations. In Peru, people frequently voiced concerns about unemployment and job insecurity. Families expressed a high regard for education, so we often focused on school problems. The warmth and openness of the participants made the classes very enjoyable.

The parenting program is divided into four parts. In Part One we look at ourselves as parents--our goals, our fears, our expectations and our responsibilities to our families. Part

In addition to discussion, we use role-playing, art therapy techniques and other creative activities to cover the material.

At the beginning of the classes I explain that I'm not going to tell anyone what to do. I present ideas and the participants are free to take whatever they believe will be helpful.

Excerpts from Part Two:

It can be very upsetting when our child is misbehaving. The question is, how do we respond in the best way?

Many people have asked about spanking. I'm not going to tell anyone what to do or not to do, but I would like to present some ideas to consider.

As we said in the beginning of the course, it is natural for children to learn from and imitate their parents. If we spank, then we are telling the

Two covers parent-child interactions, and addresses such topics as communication, training our children to make decisions, discipline, and the child's self-esteem. In Part Three we look at family interactions and how the family functions as a whole. Part Four covers outside influences on the family, such as television and other forms of the media and peer pressure.

child with our actions that it is okay for the child to hit others. We are also setting an example of a big person hitting a smaller, weaker person. (When this happens between children on a playground, we call it bullying.)

When we spank, we are not teaching the child a useful problem-solving method that will help him in the adult world. If I have a



next door, I can't go and spank him to solve it!

In effective discipline, there is a relationship of mutual respect and trust. When a parent spansks, the parent steps into the role of an adversary, which diminishes trust. The parent may also be giving the message, "I can't trust you to do what's right; I have to force you into it," which undermines the child's belief that he is capable of right action.

While spanking is a humiliating experience for the child, the parent's dignity and self-respect often suffer, too. In spanking, the parent's actions are saying, in effect, "I have nothing left but my superior size and strength with which to respond to you." The parent is not using wisdom or his more developed intellect or social skills to address the problem; instead, he has been reduced by his child to using brute force, which is a pretty humiliating situation for an adult. An old French saying states, "He who strikes the first blow confesses that he has run out of ideas."

Some parents resort to spanking in hopes that it will teach the child a lesson; instead the child often focuses on his hurt feelings and anger, and fails to examine his own actions which led to the spanking in the first

place. Child guidance specialists have long known that when punishment is harsh, kids often learn to lie and be sneaky to avoid the consequences. Again, the child is not thinking about his own actions, and tends to view the punishment itself as the real problem.

Some children think that by being spanked they have paid the price for their "crime", and are therefore free to do it again!

In spanking, the control is external. What happens when no one is there to spank?

What happens when the child is too big to spank? And if spanking fails to bring about the desired change in behavior, what's next?!?

Finally, there is always the chance that the spanking will go too far and result in serious physical harm to the child, particularly if the parent is under stress or the influence of alcohol or drugs.

If we decide that we don't want to use spanking, what do we do? Do we let our kids run wild and disturb others?

Happily, there are many things we parents can do besides spanking to address our child's behavior.

For example, we can encourage him to make amends. If he has broken another child's toy, he could pay for a replacement out of his own money, or give the child one of his own things. If he has hurt another child's feelings, he could apologize or offer to do something nice for the other child. In this way we teach the child about Karma--overcoming negative action with positive action.

When a child is angry, we can give him safe ways to express his feelings, such as, "You can't hit your brother, but you can punch this pillow." "You look really angry. Show me how angry you are with this piece of paper." The child may scribble furiously all over the paper, rip it to shreds, or crumple it up and stomp on it. Then, after the child has released his feelings, then he may be more ready to talk about the problem at hand and look for solutions.

When a child breaks a rule, we can use natural or logical consequences, depending upon the circumstances.

If no real harm will result, we can

the school to bring it (unless, of course, there is some compelling medical reason); the child will either go hungry (and I promise that she won't die of starvation if she misses one meal) or will have to borrow lunch money or get food from her friends. In any case, the ownership of the problem is hers, which helps her learn about responsibility. It also helps the child learn about Karma through direct experience of cause and effect.

In using related consequences, we impose a consequence which helps the child remember to follow the rules. For example, if a child rides her bike in the street instead of at the playground or on the sidewalk, she is not allowed to ride it for a few days. If our child keeps coming home late from his friend's house, he is not allowed to go there for a couple of days.

(This is just a small sample of the material covered in the program. The best solutions to be used in any given situation will depend on all the circumstances involved. Loving, respectful solutions can be found, if we are willing to learn new ways of dealing with children.)

use natural consequences. This means letting the natural chain of events take their course, and allowing the child to learn directly from the experience. For instance, if the child forgets to bring her lunch to school, we don't rush to

My Agnihotra Experiences

*Thomas
Habianitsch*

I live with my family in Austria.
From Mr. Oak in Pune, India I know
that the name

Austria comes from very old days.
Rishis of ancient Vedic civilization
living in this area were engaged in
inventing, experimenting on and
perfecting various "astras" (mantra-
missiles). In Sanskrit there is the
word astra. This area was known in
Sanskrit as Astriya.



Gudrun & Thomas Habianitsch

We are living in a city with 250,000 people called Graz, south of Vienna. We have a little farmhouse which we rent.

In the beginning of our way with these fires in 1988, Shree gave us a strong sign. At that time we did not know very much about the effects of these Homas, just that they would be good for nature and mind. At that time Gudrun and myself were living in Berlin, Germany. We shared our flat with two other people who also did Agnihotra and Om Tryambakam Homa. Together with them we were able to do daily four hours Om

Tryambakam, Agnihotra and the other disciplines. Sometimes we also did twenty-four hour Homas on full moon and no moon days. We did them in a very dark room. There was just one window in the

corner of the room. Between the pyramids and the window some plants were placed. After maybe two months of doing all the fires a miracle happened. The plants

turned all the leaves away from the daylight to the direction of the pyramids. There

was total darkness! Normally no plant will do that. This gave us the feeling that a big divine power is behind these Yajnyas.

Some years later we lived in a house in Austria. The situation that summer was very dangerous for the farmers. There was no rain at all. In the neighborhood lived a farmer and his family. The man was telling me that the pumpkins and all the potatoes on his fields would die soon if no rain came. I told him, "Don't worry. Tomorrow a big rain will start." He answered, "Okay, when this happens, I will start doing Agnihotra." We did twenty-four hours Om Tryambakam Homa together with some friends, and so it hap

pened. A strong rain started during several hours. And after that this farmer was so happy that he started doing Agnihotra in the fields. He was very grateful to get this tool to heal nature.

In 1998 by His Grace I got the chance to go to South America to a farm in Venezuela not far away from Merida near Colombia. Maria Cecilia Mendez is doing very good work in this area. It was also possible to stay at her mother's house in Merida. At that time Maria Cecilia had installed the new ten-pyramid resonance system on a small banana farm in Aroa. I was going there and started doing all fires and also four hours daily Om Tryambakam. I was shocked by the diseased plants there. The disease is called Sigatoka Negra. There were no birds or butterflies at all because of the chemicals used in that area. They were spraying it down from helicopters a lot.

So what happened after maybe two months? Roger from U.S.A. also came from Ecuador to help

comes cold the birds come together to make a trip to Africa. After Agnihotra they left as quickly as they came. It was wonderful to hear the sound of this many birds. It was as if they were saying "thank you" to us.

*Ana and Arjuna
Habianitsch*



me. In him I found a good friend
and it was very fun to be with
him. One day we were sitting in
the Agnihotra hut for sunset
Agnihotra. Immediately after
singing the mantra it became
black in the sky. Hundreds of
birds came down. They were
sitting in the banana plants
around the Agnihotra shala. I
know this only from Austria--
before it be

Gudrun, our children and I stayed for six months on a farm in South Poland, maybe one hundred kilometers from Russia. In September of 1993 there was a big problem with water there. For several months there had been no rain. We came there and Gudrun and myself started to do all the Homa fires. The owners of our house, a family from Warsaw, told us that there was not enough water to fix a water pump, so we had to go outside and bring water into the house. Three months later we were able to install a water pump plus a washing machine. As if it were a present from Shree it was ready on the 24th of December. We never again had problems with water. Two times a day we were washing clothes, because at this time our children, Ana and Arjuna, were very small. A farmer nearby said, "It is a miracle. For the last several years we have not had so much rain!"

In 1995 when we visited Tapovan there had not been one drop of rain for seven months. It was very hot for a long time and people had serious problems due to shortage of water. The very deep well in the village Ratnapimpri near the temple was empty. The people were digging deeper but it was no use. It is said that at the temple in Shivadham and the guesthouse in Tapovan holy water manifested. Only Narmada River can do that. The well by the temple in

Shivadham and at Tapovan was always half full. During the whole day the farmers

of the village pulled out water with a diesel pump, to get water for their own use and

to water the plants on the fields around. One hundred meters away from the space of the

temple one farmer started digging a well. It was very deep but not one drop came out. At the guesthouse Tapovan the well was always full and it was possible to drink this water without boiling before. This is not a normal thing in India. You will get very sick from the bacteria.

These are my best experiences and maybe you like them. Om Shree Om

Letters to Satsang

Letter to Homa Therapy Teacher Maria Mamud of Jackson, Mississippi

The Yantrams were buried the day after you left the farm. Also, we constructed the temple for Agnihotra fire, where the central pyramid was activated and buried. Om Tryambakam Homa is being done in a sanctuary constructed totally with ecological materials, in the middle of the forest. There, we do approximately four hours daily of Om Tryambakam fire. We have incorporated Homa Therapy practices into our daily routine of inner work. Beautiful things are being produced by the fires. Also, the fires are bringing lots of people to come and get to know the place and Homa Therapy. Many people take their pyramids to do Agnihotra in their homes.

We are disseminating the fire throughout the whole country--in Montevideo, San Jose, Tacuarembó, etc. A seminar was given in Buenos Aires, Argentina. The people were very interested.

The ash is being put in the well



Letter from Alabama

Blake and Sonita visited one Farmer's Market. At the market they talked to several farmers. Most of them agreed that there is a major problem in Alabama. They named several types of fungus that are destroying

tomatoes, peppers, peaches etc. One bacteria they spoke of lives in the ground, and the more they dig to get rid of it, the more severe it becomes. Now they are

trying to put plastic on the ground, not letting any plants touch the ground. One farmer mentioned that

water, the garden, the nursery and
also it is being used for healing. As
you can see, everything is going
very well. We hope to see you soon
and we send you lots of love.

just to prepare his ground to grow
butter beans would cost

Hasta siempre,

Natalia

Artesofia Foundation

San Jose, Uruguay

**From Vasant's
Correspondence**

about \$1,100 per acre in chemicals to protect them.

Our contact at Alabama State Agriculture Department has been very receptive to whatever we want to do, so we talked last evening about the team that we should

try to get from the Tuskegee University to document each step before and after Homa experiments.

At this point we feel if we can invite someone else to come and speak with this small group that would seal the commitment. We have taken it as far as we can with the information that we have. At present we are doing

twelve hours a day Om Tryambakam, Rudra every day and we started the resonance technique about sixty days ago. We used all the information that we collected from you

and Satsang.

If someone can visit who has participated in the Peru experiments it would probably close our discussion period and we can get started with the local farmers with Homa Therapy.

In Divine service,
Charles Davis
Tuskegee, Alabama

“ Thoughts are seeds we put into the atmosphere. If your thoughts are of love, then you help to purify the atmosphere.

“ Love knows no boundaries, no limitations. Do not fear. All your fears will be wiped out by truth.

“ Don't say, "Oh! There is no love here." Bring your love here.

“ The seeds of truth have been planted. You reap what you sow. If you are part of sowing seeds of love, that is what you will reap.

“ Love thy neighbor. Practice Agnihotra for purification of the atmosphere and automatically the rest is taken care of.

“ All houses in which Agnihotra is performed regularly will be blessed. No harm will come.

“ Cast away all anger. It is so simple. Pride nourishes anger. Knock out all self-importance. It is a game one plays with oneself, thinking one is important, when one is merely an instrument.

“ The words we speak can give blows of love or blows of anger. It is our choice. HIS will is love.



From Vasant's Correspondence, cont'd.

“ It is like inside there is a treasure chest full of diamonds and gold and you are asked simply to go inside and open it. You have been given the key and again reminded of that key. All you have to do is go inside and open the treasure chest. You continue looking outside for answer. Go inside and you find more than answers.

“ Everywhere you go you will find injustice. No place on the planet is exempt. There is nothing you can do about it. To react to this injustice only disturbs you ultimately. So it is your big lesson to learn not to react. First is to get control over the mind. Otherwise, unless everything goes smoothly, you are going to get upset. Then the other thing is that when you are as highly developed as you are now and still you "react" with anger, the Divine will hasten your development by seeing to it that you have plenty of opportunities to react to so that you

“ Every moment is a precious opportunity to serve the Divine. If the mind is constantly affirming the Holy with mantra then all will be done as is His Will and no one else's.

LEARN THE LESSON ONCE
AND FOR ALL.