



# Satsang

Vol. 26 No. 3, New Era 55 - September & October 1998

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[From Vasant's Talks in Spain](#)

[How Homa Therapy Functions](#) in Plantain and Banana Plantations

*Carlos Quintero*

[GRACE - A Little Effort Goes a Long Way](#)

*Maria Mamud*

[Teenagers Volunteer at Granja Homa Shreedham](#)

*Sean Haggerty & Patty Powers*

[Homa Farming Workshop at Shreedham, Spain](#)

*Aleta Macan*

[From Vasant's Correspondence](#)

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## From Vasant's Talks in Spain

September, 1998

Great awakening is at hand.

Subtle energy field is being affected strongly by pollutants.

Earth will experience phenomenal power surge which will affect certain continents in a big way.

Scientists will be less able to predict natural disasters. As this intense energy comes, people will react in various ways. More people will just go mad, especially in cities, particularly coastal cities.

In Russia, great numbers of people will suffer. No harvests. Rampant crime, organized or otherwise.

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# How Homa Therapy Functions in Plantain and Banana Plantations

*Carlos Quintero*

In the last decades, the agriculturalists of plantains and bananas in the area south of Lake Maracaibo, Venezuela, have seen their crops threatened since the fungus *micosphaerella fijiensis* (Black Sigatoka) made its presence felt. The farmers had to fumigate heavily with agro-chemicals for twenty-two days at a time, in order to control the sickness which causes serious damage to the leaves, preventing the photosynthesis of the plant; as a consequence, production decreases.

This type of chemical control has halted the advancement of Black Sigatoka, but in the course of time the farmers have noted a significant change in their banana and plantain plantations. They observe that new weeds have appeared and they are more resistant to products commonly used to control them. One must use different chemical irrigations to control them. Birds, butterflies and wild animals have disappeared, water is contaminated, earthworms and other micro-decomposers have disappeared from the soil.

Young men have become sterile; the eyes become sick because the air has become polluted with strange substances and when the farmers try to change and plant something else, the new plantation does not prosper in these soils. The final blow is that chemical products have become so expensive that they represent more than forty percent of the cost, in relation to total income. That means that the meager profit which remains does not allow the sustenance of banana and plantain cultivation. Because of that, small producers are going bankrupt. They do not know any other method to combat Black Sigatoka and other banana and plantain plagues.

On June 10, 1997, Vasant Paranjpe, the main exponent of HOMA THERAPY at the world level, and his committee came to the area south of Lake Maracaibo known as El Vigia. To a small group of professionals he proposed the implementation of a new technique to eradicate Black Sigatoka. I thought it was improbable and unlikely, but I know we are in the Aquarian Age which will bring many changes and transformations in science, art, philosophy, religion and other fields of human knowledge. We proceeded to carry on the project of eradication of Black Sigatoka in this region, specifically in Km 41, sector Cana Brava, at the farm Campo Alegre (Happy Fields) of Mr. Atilio Molina.

After six months of research in the evaluation of the project, we have confirmed that HOMA THERAPY is a simple, efficient and inexpensive technique which functions in the production of plantains and bananas in the following way:

1. There must be an integrated control of a simultaneous practice of cultural management and control through BIOENERGY of HOMA THERAPY. The use of agrochemicals becomes unnecessary. (Cultural management is the natural and healthy maintenance of the plantation

done by hand labor, such as the removal of diseased leaves from the plant, the removal of excess new shoots from the mother plant, weeding [although HOMA THERAPY is a great help in weed control], removing blossoms from the bunch thirty days after the plant has produced a bunch in order to allow the weight of the bunch to increase, etc. Actually, the constant practice of HOMA THERAPY progressively decreases the need for cultural control and management, but it is important to do it at the beginning of the HOMA THERAPY practice because, among other things, if chemicals are being used in neighboring farms, the fungus will tend to spread more in the places where the use of chemicals has been stopped.)

2. A pyramidal configuration is established at the center of the property and the four cardinal points (north, south, east and west) of the area to be treated to create a resonance cycle and as a consequence a healing spectrum which eradicates plagues and sickness.
3. The first point is the Central Generator of healing energies. There Agnihotra fire is performed at sunrise and sunset every day. Subtle healing energies are captured and spread in the area being treated, creating a basic healing cycle.
4. The second point is a place of healing. Om Tryambakam Homa is performed there. It should be done for four hours every day, and, on full moon and no moon days, for twenty-four continuous hours. People take turns doing this fire, which increases agricultural production.
5. Transition period is the gradual change the plantation goes through, from a sick condition to a healthy one. It lasts from 100-150 days in the cultivation of bananas and plantains, depending on the degree of infestation of the plants and the contamination of the area which is being treated.
6. The end result is that, to the extent that the healing fires are performed in the prescribed manner, it is guaranteed that:  
—An improvement in the weather in the area being treated, accelerating the nutritional development process of the plants, obtaining an optimum quality output in the harvests. Also, a basic healing cycle is created, confirmed and proven in the two projects carried out at Campo Alegre and Las Tres Marias. An extremely strong magnetic field is created in the place where HOMA THERAPY is being practiced, having a direct effect on the improvement in the soil, plants, weather, water, etc. of the area being treated.

This research allowed the addition of a new type of control for Black Sigatoka which we are calling HOMA THERAPY'S BIOENERGY CONTROL. Also, a general scheme of work was created so that the agriculturalists can take it as a guide to confront plagues and sickness on their plantations, because HOMA THERAPY'S BIOENERGY CONTROL IS A PANACEA for the healing of all crops.

The results achieved with HOMA THERAPY AGRICULTURE in the projects which have been carried out go beyond our understanding, thus they will be the object of studies by our researchers, since these results break all schemes of occidental agriculture. HOMA THERAPY gives a 360 degree turn to our modern, harmful agricultural methods. This is the angle which we should look into if we want to save what little we have left of the soils which are suitable for

agriculture, and to enable the rest to recuperate. But the most important part of these projects is that they have revealed the following:

1. Even if the banana plants have only four leaves, they will produce a bunch of bananas or plantains of good quality. Thus, the application of HOMA THERAPY will not decrease the production at any point. With HOMA THERAPY, a plant produces in spite of itself.
2. Carefully analyzing the results of samples of soil analyses of both projects, after four and a half months and after six months of the project, there was no significant variation in the nutrients. During this time, no type of fertilizer was added to the soil; however, production was 17,952 kilos in the Campo Alegre farm and 115,000 kilos in Las Tres Marias, i.e. production was more than forty percent higher than before HOMA THERAPY was implemented there. This means that plants take in more than eighty percent of their nutrition from the atmosphere. The practice of HOMA THERAPY creates a special atmosphere which is conducive and attracts nutrients to the plants. These nutrients penetrate through the stomata of the plants. The active transport of these nutrients is helped by the mini-climate which slowly forms by the uninterrupted practice of the healing fires.
3. The registration of production shows us in both projects that the weight of the plantain and banana increased considerably. In order to obtain one pesada (320 kilos) at Campo Alegre during the first harvest of the project, forty bunches were necessary. At the end of the project only twenty-eight bunches were sufficient to make one pesada. At Las Tres Marias, to make one pesada (300 kilos packed and boxed) it went from twenty-six bunches at the beginning of the project during the first harvests, to eighteen bunches at the end of the project.

I feel extremely pleased to work with the members of the international committee of the HOMA THERAPY project, a great ecological world cause, and to offer all that is within my reach in the form of a healthy and natural agriculture. At the same time I give infinite thanks on behalf of all Latin Americans to Vasant Paranjpe for having shed LIGHT on the darkness of our occidental agriculture.

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## GRACE - A Little Effort Goes a Long Way

*Maria Mamud*

Last April I traveled to Uruguay to visit my mother. I spent two weeks in Paysandu, capital of the Department of Paysandu, city where I was born and where I lived until I was nineteen years old. To everyone I met, I talked about Homa Therapy.

Last year my cousin, Alicia Leites de Caraccio and her husband Juan Caraccio came to Miami and they learned about Agnihotra. They bought a pyramid and when they went back to Paisandu they started to practice this therapy. Alicia was most enthusiastic about it. Since they had started practicing Agnihotra, everything went well for them. Their problems disappeared. Especially they started to do very well in their real estate business. Even though Juan was not always participating, he would ask Alicia to do Agnihotra.

They suggested that I hire a cleaning lady to help my mother, who could also give her some companionship. The lady who was chosen by my mother was a very sick person who has suffered for many years from asthma. When I met her I saw her in such bad shape that after we signed the contract I explained Agnihotra to her. Immediately, she told me that she wanted to do it. The next day she came to learn it. From the first day, she started feeling much better. Even pain that she had been suffering from for many years started to disappear after the first day. She also used to sleep very badly because of her asthma. From the first day she started to sleep much better—one more hour than before. Her whole chest also started to clear out and eliminate a lot of congestion and she started to breathe better. This made me decide to give her my pyramid.

The next day I picked up my cousin Anna. She is now forty years old, but when she was two she had bacterial meningitis, which left her severely mentally retarded. She has a lot of nervousness and behaves like a five-year-old girl. She is always asking questions about everything and cannot remain quiet or tranquil for even a little while. I exposed her to Agnihotra. After she inhaled the smoke, she remained silent and she didn't ask any questions at all. She behaved as if she were a normal person. The effect of Agnihotra on my cousin was so strong that my aunt asked about it. My aunt is the kind of person who doesn't believe in anything or anyone. She wanted to learn Agnihotra so she could practice it for Anna's health. She decided that she was going to go to my mother's house every afternoon at Agnihotra time.

I also told this experience to some of my friends. There are three sisters who are unmarried who live with their elderly parents who are very conservative. They react very negatively toward anything that is not the Catholic religion. They wanted to practice Agnihotra because their house was becoming full of water. All of the coast of the Uruguay River was inundated. Whole neighborhoods of the whole coast of the river is being affected by flooding. Poor people in the shanty towns and very wealthy people with beautiful houses have been hit by the floods. I told this family that Agnihotra is a protection from any ecological disaster that is coming, and that we have witnessed such cases. We decided to do an Agnihotra demonstration in their house.

I said I would go and look for the oldest sister, Sara Noriega, at the primary school where she works. I had received all of my primary school education in this Catholic school with Theresean nuns. It was founded by Father Paveda in Spain during the Civil War, when all priests and nuns were executed. Father Paveda decided to found a congregation of civilians who would be religious people who would teach Catholic religion in the schools.

I never would have imagined that now I was teaching Agnihotra to the director of the school. She was very interested in learning Agnihotra. She also told two of her friends about it, one of whom is also a teacher at the school, so that they would go to the Agnihotra meeting which I held at my cousin's house.

This meeting was a tremendous success. A veterinarian who attended the meeting told me that Agnihotra was going to expand itself in Paisandu because she has never seen so many people at a meeting at my cousin's house and so many people interested in buying Agnihotra copper pyramids. This group already has a spiritual interest. They believe in extraterrestrials who are more evolved. They are people who are searching.

I also visited Mr. Sarnicola, a Brazilian agriculturist who wants to do organized agriculture. He has eight hectares of land. For four years he was working on a tobacco plantation but now he has done his first planting of avocados. When we went to visit him, he told us that there are so many different sickness affecting plants in Uruguay that nothing can be controlled. He also was very worried about his crop of tomatoes because in the neighboring area of Salto all the tomatoes had failed because sickness was destroying the crops. When we told him about Homa Therapy and Homa Agriculture he immediately said that he wanted to do it.

After I left Paisandu, many people called, wanting pyramids, sunrise/sunset timings and cassette tapes of the Agnihotra mantras. Alicia remains in charge of getting these things to the people. She said that her telephone keeps ringing constantly and people keep ringing her doorbell, asking about Agnihotra and Homa Therapy. This is why Shree Vasant always says that we make a little effort and everything is given by Grace.

I am grateful and I give thanks to Shree Vasant for having given me the opportunity to serve and to learn. Om Shree!

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## Teenagers Volunteer at Granja Homa Shreedham

*Sean Haggerty & Patty Powers*



*Sean and Erin Haggerty (left) and Patty Powers spent the month of June at Granja Homa in Algodonales, Spain. Sean writes:*

I recently spent a month as a volunteer at Granja Homa Shreedham. I am very grateful to have had this opportunity. I really needed a place where I could go to focus on meditation.

It was a bit hard getting used to the discipline of getting up for Agnihotra every morning, but as I got into the rhythm of things, I really enjoyed myself.

We all learned a lot about organic gardening. I was so impressed with the farm that I hope to start a Homa farm at my home in Madison, Virginia.

I hope to return to the farm in the future. There is much work to be done there.

*Patty writes:*

The deal was that we were to do thirty hours of gardening per week, in exchange for room and board. Our basic schedule went like this: we got up for morning Agnihotra, had breakfast, then worked in the garden from eight until twelve. Lunch was at 1 P.M. After lunch we took turns doing Yajnya (one hour per person) and had some free time until six. We worked in the garden again from six until eight, then had dinner, did Agnihotra, and went to bed. We kept up this schedule during the week and on weekends we were able to visit Christa and Ricardo and their family, or tour the Southern part of Spain. We were able to see quite a few places but the Granja Homa (Homa Farm) was always our home base.

The farm is a very beautiful place. It is located on the side of a mountain that has an incredible view. The farm has an amazing energy that is really peaceful and calming.

Gary and Tracy, who are now living at the farm, are very skilled in gardening and are extremely eager to teach what they know to others. They are very nice people and are very easy to get along with.

The gardening we learned was a method known as double digging. This process takes longer at first than just plowing the ground but the results are incredible. The whole idea of this method is to allow the plants' roots to go down into the earth rather than spread out. Therefore you are able to get more plants into one space.

The Spanish culture is wonderful. The people are very friendly and warm. Sean and I had taken some Spanish at school so we could somewhat understand and speak the language as well as learn more. By the third week we were getting used to the accent and really understanding it.

Thanks to Christa and Ricardo for letting us come to the farm and for all their love and hospitality. Thanks also to Gary and Tracy, who had to live with three rambunctious teenagers for a month!

If you are interested in volunteering at Granja Homa, please contact Ricardo and Christa Mena at: c/Luis Caballero 6, 11500 Puerto Santa Maria, Spain, telephone 34-56-560693, fax 34-56-560200. Volunteers should plan to stay for a minimum of one month.

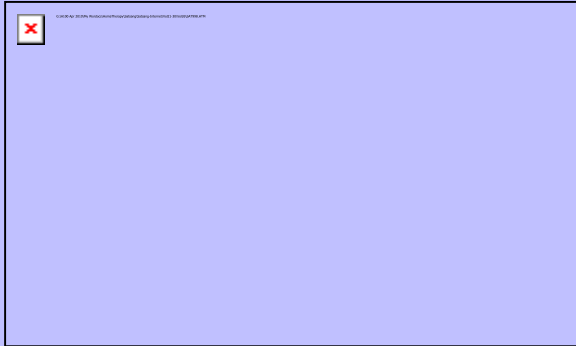
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## Homa Farming Workshop at Shreedham, Spain

*Aleta Macan*

Some time ago Marianne Hilgers came for one week from Grenada, where she has her ecological research farm, to Algodonales to teach us Homa Therapy and Ecological Agriculture. Marianne is a teacher and a trainer in ecological agriculture and teaches this subject in research centers, schools, seminars for further education, women's groups, etc. She also gives classes on how to store food and the preservation and marketing of food.



*Marianne Hilgers (center) with group in Shreedham*

We were very lucky to have Marianne, since she is booked up for the rest of the year with arrangements to teach her Superscience, as Vasant calls it, in Australia, India and South America. Her projects are successfully working in South Africa and in Venezuela.

What can you learn in one week? We focused on Jean Pain gardening (J.P.), a method of growing vegetables in an area between thirty-five to fifty square meters, which can provide a family of four with all the food they can eat during a whole year. We also focused on the heart of all farming the lovely compost pile. Having the course at Granja Homa allowed us to simultaneously practice the lessons we learned, which was very helpful. Farming is very complex, yet simple.

The J.P. system works in any kind of soil, because, if necessary, it can be the first step to produce fertile soil through composting any available material found in that area like branches, bushes, wild plants, etc.

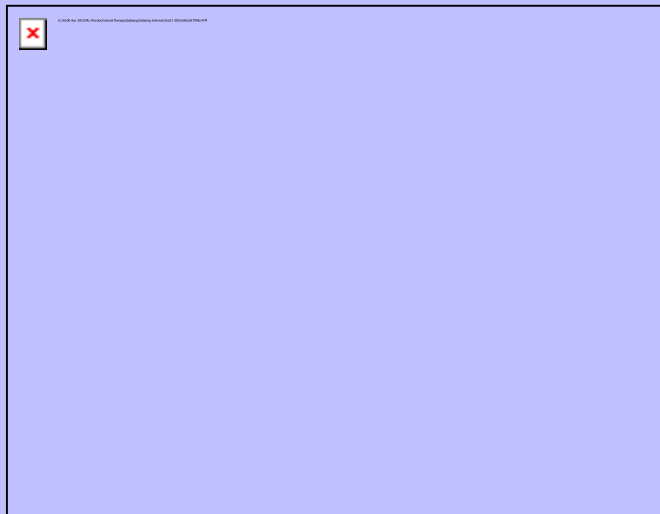
A J.P. garden is an area of the above-mentioned size, surrounded by a fence reaching fifty to sixty centimeters into the ground and stretches one and a half meters above the ground. In our case, the fence consisted of a cement base which reached from underground to twenty centimeters above ground, into which iron poles were fixed; a wire fence was laid around it and a tight bamboo mat is attached to it. But depending on the availability of material in different countries and areas, it is possible to use almost anything. This structure facilitates the existence of a microclimate, wherein a living soil is quickly created through the high activity of microorganisms.

In this garden, companion planting is used and a fruit sequence is kept. Marianne demonstrated how more than twenty different vegetables and herbs can be planted so that there is constantly something to harvest, to eat, to store, and to get ready for the next planting. It is a bio-factory: coming, growing, and going. It is a miracle, no doubt!

The compost pile you could compare to the kitchen, the most important room of a house. In a kitchen all the food is prepared, cooked and mixed with herbs and spices, where minerals and vitamins are made ready for digestion and where lots of love is added, so that friends and family who eat this food will be happy and ready to go out and conquer the world. Similarly, the compost pile is like the cooking pot, nourishing the mineral, plant and animal kingdom of a farm and is the basic part in maintaining the ecological cycle. The quantity of compost brought into the garden is small compared to its importance. It acts, on one hand, as concentrated food for the plants and microorganisms and, on the other hand it is an information carrier.

What makes a Homa farm? The difference between Homa farms and other organic farms is that on a Homa farm the ancient Vedic knowledge of purification of the atmosphere is practiced. Besides the basic Agnihotra at sunrise and sunset, four hours of Om Tryambakam fire are maintained. Planting (and preferably any kind of work) is done with chanting of the Tryambakam mantra and, if possible, with the Tryambakam fire on the spot. Seeds are prepared under certain conditions which strengthen them. For the compost, for planting and seeding, Agnihotra ash is used.

We received remarkable information about the ecology of Nature. It put us in awe, because there are awesome happenings in the world we walk upon, with every step we take.



*View from Shreedham*

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## From Vasant's Correspondence

- Focus totally on service when you are teaching, raising a family, writing words or beginning Homa farms. Have all intense humility and deep longing for oneness with the Divine.
- Concentrate fully. Do not give in to desires. Walk away from temptations for now the forces opposing Us also increase in power. Refrain from desires, lust, anger, greed. Then all will be given by Grace. This is the time now.
- Attachment breeds misery. Let go of the attachment and the cloud is lifted. Already it has been lifted.
- Through YAJNYA and meditation develop an attitude of forgiveness.
- We have unblinded you. We have shown you what is a trap before you become too engrossed in it. We have led you from the depth of darkness to the light before you. Now you must make the effort, both of you, to completely change the negative ways of thinking and behaving. DO NOT JUDGE. If the other person begins to blame you or criticize you, do not judge him. Understand. Then practice that understanding. Practice similarly even if you feel pain. This one thing will help you tremendously. Release the past. Release it with all love and forgiveness for the other person. As with a child, take hold of their arm and help them up. We don't scream at a child when they stumble. We simply help them, encourage them. Have compassion. Do not take pleasure in the other person's pain. If you see you have hurt someone, stop immediately and give them all love and compassion. Where is the question of taking some perverse pleasure in giving them more pain? This is normal, no? But we have to rise higher than that.
- We know that the dark side exists, certainly, but when we create an atmosphere of healing with these fires, it dispels the darkness. It can completely change the energy of the place and the same place where one has felt the negative forces, one is actually surrounded by the Devas who are protective. It becomes an atmosphere where healing takes place.
- There is nothing higher than Divine Love. Concentrate on that which brings you into contact with the higher energy, not the lower energy. If you concentrate on that which is divine, all else will be fulfilled. Certainly, normal earthly desires exist in all of you, but to simply fulfill those earthly desires leads only to pain and misery. When the mind is focused on the divine energy that exists between two people, then all the earthly desires come secondary. That does not mean such desires are not to be fulfilled, but only that the focus be the spiritual.
- There are those highly devoted people who live in the material world, who participate in earthly fulfillment, but their focus is not that. Then sex, for example, becomes an act of love, not only lust. Without attachment one can live in this world yet one's focus stays centered in the holy, the divine. Focus on the work. Get out of this mundane way of thinking, when all the mind does is to create desires and seek to fulfill them.
- You go a little higher and all becomes joy. This is not for future. This joy is within you right now. Once you are filled with this love everything changes. With such a love there

are no expectations. ONLY LOVE. Pure and simple. It is waiting for you. Make the effort.

- You have to get a little acclimatized to this material world without getting into it.
- The effect of bad Karma can be wiped out by intense practice of good Karma and more YAJNYA.
- You are in the world. You have to move among the people. Do not become like the people in a worldly sense, but, at the same time, never think you are “ above” the people. It is like you walk through a crowd of people but you don’t mingle for long. You keep the pace walking through the crowd. You have to have this direction. WALK ONLY THROUGH THE CROWD, NOT INTO IT.
- It is always feast or famine in normal life. Ups and downs. That is the way of mind. YOU GO A LITTLE HIGHER AND YOU ENTER A STATE OF JOY. This is THAT. This is where we are taking you.

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Editor: Lisa Powers. Publisher: Fivefold Path Inc. Parama Dham (House of Almighty Father) Rt. 8, Box 369 Madison, VA 22727 USA. Published seven times yearly. Please direct all Satsang correspondence to the Editor. Opinions expressed by contributors are not necessarily those of *Satsang*. ISSN 0735-1321