



SATSANG

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Message from Vasant—17th May 1998 Madison, Virginia

Now is the time of feast or famine. But man has the choice. What appears to be feast now will prove to be famine later. Truly it is a time at odds. FEAST or FAMINE. It is very clear.

We have gone into such diseased areas where the 'promise' of famine is obvious. Famine is imminent. With the use of these ancient YAJNYAS these same areas have become like gardens of Paradise. The FEAST.

So man does have a choice. Chemicals can only produce for so long before the soil is completely depleted.

There are many diseased areas. Let us show the world now what miracle HOMA THERAPY can produce.

Quickly we have to organize ourselves, mobilize. These experiments as have been done in South American countries can be done in other areas.

Now for the first time scientists are admitting they have no answers to the world's pollution problem. ONLY THOSE ANCIENT METHODS WILL WORK NOW.

In land where topsoil has been destroyed there is great improvement with use of Homa Therapy techniques. Of course, all these bio-dynamic gardening methods are employed but now with AGNIHOTRA the effect is magnified. Results are sooner realized than simply with ordinary organic gardening. Problems arose when exact timing were not kept. Best is AGNIHOTRA done same place at sunrise/sunset every day. Then YAJNYAS speed up this healing process.

Seeds have been sown. Great work has been done in difficult conditions. Do not think this is not within the sight of KALKI AVATAR PARAMA SADGURU SHREE GAJANAN MAHARAJ.

The HAND that moves you may be invisible to the eye but it is OMNIPRESENT. Such blessings are rare indeed.

Everlasting Love can only come through the Divine. All earthly love merely tries to imitate it. This earthly love is not the goal. It is NOT THAT.

Be aware of the trap of the ego. Be aware of it. Not 'beware' but be aware. One must always have humility.

Keep constant concentration always at the feet of the Master. These are grave times. SATYA DHARMAH SANATANAH.

Prepare for great work ahead of you. Reverence and joy. No sorrow. No fear now. Time is an important factor now. We have to be always on time, well planned and reliable. Not lackadaisical about punctuality.

SWADHYAYA is self study, going deep into the question "who am I" and thus improving oneself through inner study.

Through TAPA one rises above attachments to sense desires, one's appetites for lust, anger, food, drug, alcohol, excess TV, movies etc.

When you develop a higher awareness you need to move further, move higher to the stage where you no longer perceive others' weaknesses as faults. You simply see them, accept the person as he is and give LOVE without judgment. At the next stage you do not feel even the need or impulse to judge another. But that stage is reached with a little effort and by Grace. You see the other person, you have compassion without "reason". But still further, that is still higher, is when you no longer perceive the other person as the 'other'. It is then that you perceive only that oneness with all beings and that is DIVINE LIGHT that dawns then.

When you practice the Fivefold Path you follow Shree Gajanan Maharaj, His teachings, His word. We are only instruments in His Hands. All Love. IT IS NOT ONLY A JOB BUT A LIFESTYLE AS WELL.

Above all in life have no fear, no judgment. This puts to rest the action/reaction continuous wheel of karma. There is no 'yes', no 'no'. No matter of opinion. IT ONLY IS. Rise above these likes and dislikes.

Never fear. Fear is the greatest of all enemies. Always fear battles with the LIGHT. They cannot coexist in harmony. Therefore, one has to go. More and more time spent in meditation will yield a joyous soul and no more fear will prevail.

Whatever be your lot in life, be humble. The soul is full of love. Ego resists this Divine Love. It is a process of surrender from deep within you. Let go. Let go. The Divine will catch you.

In this world it is often feast or famine. Have no fear. There will be no famine here.

Feeble attempt at practice of any spiritual disciplines will result in equally feeble results in return. Therefore put all the mind to discipline of body when adhering to spiritual disciplines which you choose. Begin with 5 A.M. Mantras and observe all timings from that time. Keep the body clean and good health will follow. If the body is 'out of sorts' the mind is at the root of this physical disturbance. Therefore, cleanse the mind. Utilize the tool of Mantra. By uttering the Mantra you are bringing nearer and nearer your own liberation.

Let Us Help Bring the Energy Cycle of the Planet into Harmony

-Vasant

These are very strong days ahead now. In the days to come there will be great torrents of rain that wipe away whole towns, flood valleys and destroy homes and wildlife in surrounding areas. One catastrophe follows the next.

Specific areas will be harder hit where other areas will be safe for the time.

In Eastern Europe will be heavy rains. However, at the new place OASIS in Poland which is built with HOMA energies (actually it is an ancient place of YAJNYA being revived) there will be no flooding, although in the nearby area it will be an emergency situation.

Ukraine will be devastated. In Byelorussia also there will be devastation. (These two areas were highly affected by the Chernobyl nuclear accident.) Also there will be devastation due to violence.

Israel will have more problems. Murder, massacres.

Volcano erupts leaving thousands dead and whole town evacuated.

THE RISE OF THE SEVEN SEAS. The fall of mountains into the seas.

Disease. Famine. Floods and severe drought. This is only the beginning.

PRACTICE AGNIHOTRA HOMA TO HARMONIZE THE ENERGY CYCLE OF THE PLANET. THIS WILL HELP REDUCE THE FORCE OF DESTRUCTION. PRACTICE OF AGNIHOTRA HOMA CREATES A RING OF PROTECTION AROUND YOU.

Excerpt from Women's Workshop

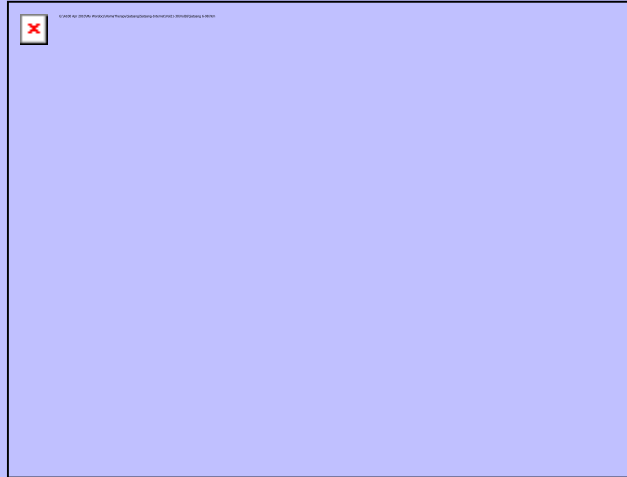
-Fran Rosen-Bizberg

It is not only a matter of women learning to express themselves. It is not a fight for your rights". It is much deeper than that. Women can rise higher spiritually much more quickly than men. It is more inherent in the nature of woman. Thus women can give nurturing more easily than men. It is not a mistake. Women are the bearers of children. So, from the spiritual standpoint, woman's strength lies in the spiritual realm.

Emotions are the blockage. All these emotions can be transformed into the spiritual. We do not say not to experience them. Feelings, intuitive guidance is another thing, not emotion; hence the expression, Follow what you feel. It is not emotion but intuition which, directed, leads to spiritual realization. It is emotions which drag down body and mind. For the control of emotions (not suppression), for taming the wild tiger, BREATH MEDITATION IS EXCELLENT.

Eco-Tourism Students Visit Homa Farm Shreedham

-Christa Mena



Temple at Shreedam, constructed entirely of natural materials

The Homa Farm Shreedham lies in the Cadiz mountain range. It is beautifully landscaped with old olive trees and pine forests. The mountain range is located at an equal distance between the Atlantic Ocean and the Mediterranean Sea. Due to its strategic position at the south of the Iberian Peninsula, it served as passage for many civilizations, such as the Phoenicians, Romans and Arabs, who were in Spain for eight centuries. They have left culture and wisdom in this privileged area. The white villages on the mountain range have interior patios decorated with ceramic items, fountains and flowers. They are the inheritance of those past cultures and it is one of the charming tourist attractions around this area. Eco- tourism is getting more and more fashionable in this countryside.

People are tired of luxury hotels with their beaches packed with people, and at the end of their vacation they come back home feeling more stressed and without any energy in their bodies and minds. People are realizing more and more the need for physical and mental relaxation. One can get this more easily through contact with nature in a pure and non-polluted atmosphere and eating fresh food like legumes, vegetables cultivated without chemical products, etc. Due to this necessity we are establishing places such as this Homa farm.

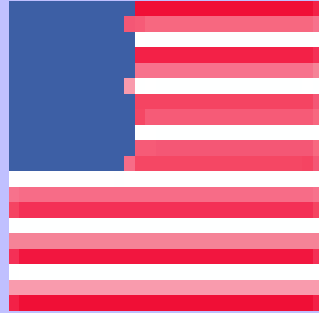
The Homas (healing fires) prepare and create a conducive atmosphere for subtle healing energies. Nowadays we know that in the highest elevations of the Himalaya and Andes mountains there is pollution, too.

People are looking for places to get in contact with Nature, but cannot find places with pure atmosphere. These Homa Farms are the exceptions, offering an atmosphere full of harmony and love, which is one of the feedback effects from the plants to the human being. Those Homa farms will be like Noah's Ark in this world so polluted, and for this reason they will be perfect for future eco-tourism, being like health motels.

The above lines were the introduction of a speech my husband Ricardo and I gave to seventeen students and their teacher Paco from a school of eco-tourism in Algodonales that is subsidized by

the Andalusian government. They wanted to know what we were doing and the differences between ours and other eco- tourism projects.

Gary and Tracy, a British couple who are ecological farmers and also teachers of Homa farming, were giving an introduction on how to cultivate four times more food in a small area with Homa farming and double digging with the bio-intensive system. We showed them the building made of organic materials, and the future construction plans like huts, therapy rooms with steam baths and medicinal herbs, multi-purpose room for Yoga and meditation, room to teach Homa farming and Homa Therapy.

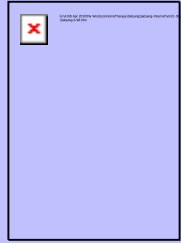


*Gary and Tracy, organic gardening instructors.
Raised beds are in the foreground*

We asked them to come as volunteers to experience the full Homa atmosphere. One has to feel and experience it for oneself. We performed a Vyahrti Homa together. They felt so good that at the end of it they presented us beautiful songs, sung loudly with their harmonious voices.

The Ultimate Way of Farming

-Aleta Macan



Since the plantain production in Zulia State, Venezuela, is a major agricultural and economic asset for this part of the country and all plantations are heavily infested with the fungus Sigatoka Negra, we have been asked (or begged, which would hit the point better) to start another demonstration project on a twenty hectare farm in the region of the Alcaldia Colon, near the village of Cano Muerto. The plantain, which is hardly ever eaten raw, is consumed by thousands of the mainly poorer population every day in place of bread, potatoes and sweets. There are a million possible ways to prepare it. Some of them we tried and it's delicious and almost incredible how the flavor can change so significantly.

We started the project on the twentieth of November, 1997 and the project ended on the thirtieth of March, 1998. Maria Cecilia and I began the project; Juan and Eduardo joined us a few weeks later and Roger arrived in the beginning of January. That was four months and ten days in which we could watch the marvelous changes happening on this plantain farm that had been overloaded with chemicals from above by helicopter against Sigatoka Negra and nematodes and from below with herbicides and chemical fertilizers. Again the Homa Therapy Agricultural Techniques (H.T.A.T.) proved to be the only effective non-chemical control against Sigatoka Negra. As the owner Jesus Urdaneta-Urdaneta stated after four months of practicing Homa Therapy, " We have not applied any chemicals against the Sigatoka Negra or any other disease; we have not given any fertilizer, chemical or organic; we hardly had any rain, and look at the results: lush green plants full of activity, many new strong, healthy shoots, the harvest has gone up, the fruits are more tasty and much sweeter. What can I say? Since we haven't done anything to the plantation to introduce this change but the Homa Therapy, I must say the Homa Therapy shows its effects. It is nothing but the effects of the Homa Therapy which I can witness here.

To be more specific about the harvested amount, when we started the project, the harvest of all the twenty hectares together was twenty-five pesadas (one pesada equaling 300 kilograms, in this case). The harvest when we left was eighty pesadas for the twenty hectares. What else needs to be said? The forestry engineer supervising the documentation talks about a revolution in the conventional practice of agriculture. Phenomena occur with the application of Homa Therapy which have never been witnessed before and were never thought possible. For example, in Homa Therapy, the plants producing healthy, strong and heavy fruits do not need the eight or ten leaves considered essential to produce an good harvest; the plant will do with less, maybe only five or six leaves to produce the same or better results.

The workers commented about their individual observations on the same facts. Before Homa Therapy started they could carry three bunches on their shoulders to the packing station, but now they were hardly able to carry two bunches. The weight of the plantains has increased

tremendously without the normally necessary rain, which induces this change, too. A young worker told us that he had had severe weight loss problems during the time they were using chemicals; now he is proud to say that he had gained weight and still is gaining more and that he feels healthy and strong. When the workers get hungry out there in the plantain jungle, they now go and pick a ripe plantain to eat and it's tasty. Before, they never did that; the taste just wasn't inviting. Of course the neighbors made their remarks about the visible improvement of the farm, too. A young man stating that at his father's and a company's farm, where they are applying chemicals every twenty-five days (and are paying a lot for this contamination service) the Sigatoka Negra is not controlled to the extent it is with the Homa Therapy agricultural techniques. He also reported that some of their cows, which have their pasture on the same side of the farm as the plantain fields, have gotten an incurable disease. The veterinarian doesn't know what it is and can't help. The cows eat and eat, but they get thinner and thinner and eventually die after a few weeks.

Of course, we worked with the ten pyramid resonance system. Since we had quite a lot of people (we sometimes had many visitors, mainly from Caracas) Agnihotra was not only done in the main hut, but also in the resonance pyramids on the north, south, east and west corners of the farm as well as other places within the twenty hectare area, as well as twenty-four hour Om Tryambakam fires on new moon and full moon days. Each person staying on the farm did two hours of Om Tryambakam Homa daily, which added up quite nicely. Over Christmas and New Years we had a seven-day fire burning nonstop. Additionally, for a few weeks the plants were exposed to tapes of the Samavedas, chantings which are especially helpful to enhance the strength, growth and well-being of plants. We made Agnihotra ash solutions in big barrels and applied them to the areas which were showing more infection with Sigatoka Negra. Ash was also put into the irrigation canals. Shree Vasant's visits were wonderful and always left us with lots of enthusiasm and energy for the work we were doing.

Jesus's farm had included a restaurant, but that was shut down a few years ago. This setup was for us a gift of God, to have all this space and all the things available, ready to use. Now, since especially on holidays people were coming, we took the chance to teach them in practice raised bed farming and the preparation of compost piles. Classes were given on how to treat the seeds with the Homa Therapy method, on companion planting with vegetables and herbs, and on lumbriculture (cultivating earthworms). We really lived an ashramic life. The whole day was structured with meditations, mantras, classes, sevas (work being done in the honor and service of God), cleaning, cooking, preparing cow dung patties, gardening, washing laundry, but there was also time to relax, to read, to make music, sing devotional songs and to enjoy many other things which a life close to nature brings. After a few weeks, when the energy on the farm had changed noticeably, we all went through personal learning experiences and many personal changes. Roger, who in his whole life didn't write more than three letters, started pouring out beautiful poems. Eduardo, a musician, composed wonderful music and also lyrics. Juan had some very clear revelation dreams. For me the meditations brought profound insights. It's been a beautiful gift for all of us to share so many precious moments together.

We had the opportunity to introduce Homa Therapy to all different kinds of people, like workers, farmers, students, professors of different universities, doctors, mayors, city dwellers and people like you and me. It is incredible how much Grace is given with the practice of these fires. One

can't help but notice it in so many different ways. For me and for all of us being allowed to be volunteers in these projects, so many things have changed for the better for us personally. We have learned the easy way and we are very, very thankful for these opportunities. There is so much more to say or to write. Every day has its surprises and lessons, but really, to know it all you have to come and do this work yourself for some time.

My Experience with Cowdung

-Rosa Herz Johannes

When I began to work with Agnihotra several years ago, we had to think of how to get dried cowdung. At the beginning we dried it for our use only, but after a while there were more and more people asking for it; thus, we decided to dry cowdung for other people. The situation was favorable, as we live in the country and we also have enough space to do it. I have more free time because I don't work now. I could do a lot of things with my husband's help, e.g. preparing a proper place with wooden frames, etc.

As time went by, I began to appreciate and value the substance called dried cowdung. (Singing Mantras all through the process is a big help.) There might be people who are amazed by my philosophy about cowdung.

In our latitude (Southern Germany) drying dung under the sun is possible during four months only, from May till August. The sun makes a fast evaporation of the moisture.

During these years, I have observed a lot of positive things about my physical health. Since I've been working with cowdung, I've realized that I have more energy.

One summer in the country I had a very good experience with the cows. The cows looked for my contact. They smelled me, and they breathed on me. They tried to find out who they were with. Their breath smelled good and my bronchial tubes and lungs felt relaxed. I have had those experiences several times.

As time goes by, one knows the quality of fresh cowdung from its color, smell and consistency, and one also knows the cow fodder. Dried cowdung in good condition has a nice smell of hay and herbs. It is said that the dung of a cow that has already had a calf is better than the dung of a calf, but if there is no other possibility, this dung may be used for Yajnyas. Organic fodder is much better for the cows.

To keep the cows in good health, it is very good to add Agnihotra ash to their food, and even better to do Agnihotra close to them.

When one understands that practicing Agnihotra helps us to feel the increasing cosmic radiation which is love, we are only able to thank the Creator with all our humility.

If anyone has any questions about cowdung drying, they may write or phone me at: Homa Versand, Auf der Steig 8, D-78253 Eigeltingen, Germany
Telephone 49-7774-7690

5 A.M. Mantras-Purport

Purport of Sapta Shloki, cont'd.

The eternal principles of religion denoted by these five words, YAJNYA, DAAN, TAPA, KARMA and SWADHYAYA is the Fivefold Path. This is the basis of the teachings of all prophets, all Avatars, all saints, all Gurus.

Either due to nonperformance or wrong performance of ordained duties, resultant Karma accumulates and society falls into wrong ways. Then Almighty Father sends messengers, prophets to stop the evil and practice the right thing for the times in which these messengers come. They reiterate various aspects of Fivefold Path in words suited to the times and the social conditions in which they appear on Earth. Thus came Krishna, Buddha, Zarathushtra, Abraham, Moses, Jesus, Mohammad and others. They do not come to start a new religion. People who come after them form sects and divisions due to ignorance or vested interest. The Messengers fulfill their allotted task and leave.

“ Mankind were one community and Allah sent (unto them) Prophets as bearers of good tidings and as warners and revealed therewith the Scripture with truth. Holy Koran

“Think not that I have come to destroy the Law or the prophets. I am not come to destroy, but to fulfill.”

Matthew 5:17.

Dharmadesa

Yajnya dharmam carami
Dana dharmam carami
tapo dharmam carami
Karma dharmam carami
Svadhyaya dharmam carami

Punarapi yajnya dharmam carami
Punarapi dana dharmam carami
Punarapi tapo dharmam carami
Punarapi karma dharmam carami
Punarapi svadhyaya dharmam carami

Punah punarapi yajnya dharmam carami
Punah punarapi dana dharmam carami
Punah punarapi tapo dharmam carami
Punah punarapi karma dharmam carami
Punah punarapi svadhyaya dharmam carami

Purport:
I practice Yajnya

I practice Daan
I practice Tapa
I practice Karma
I practice Swadhyaya

Again I practice Yajnya
Again I practice Daan
Again I practice Tapa
Again I practice Karma
Again I practice Swadhyaya

Again and again I practice Yajnya
Again and again I practice Daan
Again and again I practice Tapa
Again and again I practice Karma
Again and Again I practice Swadhyaya

Trisatya Pratijna

Satyam saranam gachhami
satyadharmam saranam gachhami
satyadharmasangham saranam gachhami
(Recite three times)

Purport:

“ Satya means truth. Here the word refers to all messengers, prophets, paigambar who appeared on various parts of the Earth, at various times to reiterate the Vedic message of Fivefold Path, e.g. Krishna, Buddha, Zarathushtra, Abraham, Moses, Jesus, Mohammad and others. I bow to and take refuge (surrender) in all these prophets.

I bow to and take refuge in the eternal principles prescribed by all messengers and prophets. (They all come to reiterate the Eternal Religion and that is the way to self-realization leading to, I and my Father are one.)

I bow and take refuge among people where these eternal principles are practiced. (DHARMA etymologically means that which holds the Universe together.) Love is that bond.

Practice of AGNIHOTRA, the basic Yajnya, injects nutrients into the atmosphere and makes minds full of love.

If, at a place where Agnihotra is regularly practiced and where some simple HOMAS (healing fires) are done we sing the above Mantra it has a beneficial effect on the front portion of the brain, according to the now nearly lost science of AYURVEDA, i.e. science of medicine. After Vyahrti Homa this Mantra should be sung.

(For more information, please refer to the books Homa Therapy, Our Last Chance and Light Towards Divine Path.)

From Vasant's Correspondence

In life there are many normal attractions between people. Take, for example, physical attraction. If the mind is not clear and disciplined, then immediately it will respond to the attraction and the body follows. The attraction may last a shorter time or a longer time, but what is behind it? One must have a little more control over the mind, not allowing it to go from one sense object to the next. In human affairs this can be costly to one's own spiritual development and much more. The Divine has knowledge of what it is you need and one has to have stronger faith, intensify devotion, work hard on one's own spiritual development and surrender. This is not a path for ascetics. It is a householders path. When two souls meet who are directly guided to come together, in marriage for example, it is not the same as physical attraction, sexual desire and fulfillments of such desires. In fact, when one is like a moth to a flame, going from one to the next in search of the light, one may miss the one whom he is truly to be with. So the lesson is not to give any energy to these desires; keep the mind affirming the holy and allow the Divine to arrange your life for you. Have more faith. One can work out Karma. One can rise much above the Karma through practice of Yajnya daily.

If one learns to curb these physical/sexual desires and channel the energy into SERVICE, creative expression through art, music and through KARMA YOGA and meditation, then the love of the material world of desires becomes less. Then the pull of physical attraction becomes less, and ultimately it is overshadowed by attraction to SPIRITUAL ENERGY IN ANOTHER PERSON. Then one can have the chance to meet another person more equal to their own spiritual development. The physical attraction becomes far less important. Such a union is likened to what is popularly called soul mates. This type of marriage has greatest chance at achieving harmony and balance with love and compassion for another person! The focus in such a marriage becomes not each other's needs, but the needs of others. Such a union is wonderful, but one must first control one's sex urges and one's appetite for material things.

Concentration should not be on finding one's mate. Certainly it is normal need of man and woman, but focus should first be on How can I be full of Love and what service can I give today? Only today. Even if one has big work to do like starting Agni Farms, writing books, giving talks, the most important time to be full of love and concentrate on service is NOW. This very moment. One can say, for example, that it is too difficult for me to live in the city, so when I move to the country I will be full of love. Until then I can plan this move but I cannot be full of love. Being full of love does not depend on one's location or one's physical condition. The physical body becomes healed by the energy of love. So let us begin this Love thy neighbor as thyself now. Not tomorrow. There may not be a tomorrow. The moment is precious and irreplaceable. Let us start now. Where there is love everything can grow. Everything is possible. All needs are looked after either lifted or fulfilled. Where there is love there is contentment and joy. All of you have felt it. All of you have experienced it. Why not inculcate such an attitude all the time? It is not only possible now for all of you today who practice Agnihotra and meditation, but it is already in your hands. Just a little effort and the love is activated.

You have that humility. It is the flip-side, the opposite side of arrogance, just as sorrow and joy. That humility needs only some nurturing and very quickly it grows. Do not feel the arrogance. Do not concentrate on it, but whenever possible on a conscious level, practice humility. Humility, once nurtured in proper environment, boosted by Yajnya energy, is very quick to grow. Then, if you develop this humility you are able to see goodness in yourself and others. Then you can truly love others.

One need not feel bad that one has desires. Put all focus on work and serving others. Let the desires come and go as thoughts during a meditation. Do not hold onto each longing. The tendency is to focus on being unfulfilled. Never mind fulfilled or unfulfilled. Fulfill others. Then the LOVE comes.

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