

## Vol. 25 No. 6, New Era 55 - March & April 1998

1. Prepare for Great Earth Changes Now

Vasant

- 2. From Vasant's Talks with Fivefold Path Teachers in India
- 3. Resonance

Vasant

4. Sigatoka Negra Update—100% Success

Irma Garcia

- 5. Homa Therapy Documentation—
  - Mayoral Affidavit from the Peruvian Amazon
- 6. From Vasant's Correspondence
- 7. Devotion

# Prepare for Great Earth Changes Now

Vasant

Prepare for great Earth changes now. All starvation, famine.

Europe is to see misery, famine.

Little time for Holland.

Purificatory effect of Agnihotra atmosphere on diseased patients in hospitals can be studied now. One can experiment with Agnihotra and heart patients. This will be the breakthrough needed.

Fish all dying. Waters are poisonous. Revelations coming true. Look for what was revealed in early period 1976-79. Most important thing to do now is Homa Therapy agriculture with Agnihotra. This is the farming of the future.

Agnihotra ash heals all.

First thing to be shown in Peru, South America.

# From Vasant's Talks with Fivefold Path Teachers in India

compiled by Bruce Johnson

When we talk of the spiritual path let us remember first that progress is made more quickly and comfortably with a smile. People think that in order to approach a spiritual teacher you must have a long face and a collapsed jaw, but it is not like that.

We go into the world now and we see such terrible misery and it's going to increase in geometric proportion. Nobody is safe. But let us understand what it is all about. We don't need to talk of reincarnation or other spiritual matters. Let's talk about something very practical.

Any normal person is experiencing these ups and downs constantly, and if you give a little thought to it you will come to know that it is not possible for anyone to have everything according to his wishes. He may be emperor or president, but this is a fact of life. You may have total control over worldly affairs, but there may be someone you don't want near you and you can't get rid of him, or there may be some-one you want to be close to but they have different ideas. Some circumstances you just cannot change. That means all the time misery. You are going to be unhappy. So even with all control over worldly powers and even if you have everything in the world, still you are going to be unhappy and miserable.

"Uneasy lies the head that wears the crown."-- proverb

Man is never able to get all circumstances to suit him. If you do so for a short time, it is short-lived because either you change or circumstances are changing all the time. So it's no use trying to gain control and make things comfortable.

Secondly, we come to know everyone has to witness the death of so-called near and dear ones. We know, "I am also going to die one day." We never think about it. This we cannot help, witnessing these deaths. That means we have to learn to become non-attached.

So we have these two facts of life:

- 1. Whatever you get in this world is not enough to make you happy.
- 2. We know that we too will have to die one day.

So if I truly want to be happy, I have to make an effort and that effort has to be in the right direction. What is that effort? What is that direction? The final answer is to MAKE THE MIND TOTALLY FULL OF LOVE. Ultimately the main thing is the mind.

Be ye transformed by the renewal of the mind."

--Romans 12:2

"Mind is instrument of bondage, but could be forged into instrument of liberation."

--Bhagavad Gita

You can choose to become your own friend or your own enemy. It is up to you. The only program is mind. Mind has to be transformed.

"The body is the tabernacle and the spirit resides within."

-- I Corinthians 3:16

Guru resides within you. Outer guru only gives connection with the inner guru. Inner guru is there all the time. That connection has to made. This can only come by purification of the mind.

There are two words for mind in the ancient wisdom tradition: "Manas" and "Chitta". Modern psychology teaches only thinking, feeling and willing, but according to ancient psychology, thinking, feeling and willing is only a mechanism through which mind operates. The word mind comes from "manas" via Latin "mens". Because of past karma attitudes rise and they manifest through this mechanism of thinking, feeling and willing. So we have to work at some other place. This is "chitta." And then automatically thinking, feeling and willing become adjusted. This "chitta" has to be purified.

We can only reach the mind through the body. That is why we have to take care of the body so that it is conducive to this kind of life. The words discipline and disciple come from the same root. We first have to work on the mind. There has to be some discipline, some simple disciplines.

First step is Agnihotra which automatically adjusts the breathing to the phase of the moon. Of course, if you get up early in the morning it is automatically adjusted. But if you are doing Agnihotra, then you are creating a medicinal mini- climate in your room. It strengthens homeostasis of the body, strengthens the nervous system.

So young or old, I have to do something for my progress. Then someone asks, "What can I do? My circumstances are so bad, two jobs, so much responsibility. How can I do anything? It's okay for you, you are comfortable." Then the question comes: What is destiny and what is free will? We need not talk in terms of philosophy. How far is it destiny and how far is it free will?

For example, someone may have committed rape and murder. He says, "Well, it is God's will. Nothing happens without God's will. Since it has happened it must be God's will." But the police catch this person and he is sentenced to life imprisonment. He does not now say, "It is also God's will." Instead it is, "Why? It is so unjust."

God created man in His image and He gave him free will. But along with this free will comes this "reap as you sow". There is destiny and destiny is going to work itself out, no doubt. Everyone is born with different destiny. Even two children of the same parents have different destinies. How can these pangs of destiny be reduced and eliminated? Through our life, much of the time we are travelling a thorny path. Only occasionally we come into contact with the "red carpet". But mostly it is thorns. This is destiny. So either destiny has to change or the pangs of destiny have to be eliminated. One thing is certain: any attempt you make in this material world (doing two jobs, trying to make money, trying to cheat people), still the "break of destiny" is

there, always. One person will get everything and another person will get nothing. (Law of Karma).

If anyone, whether in so-called good or bad circumstances, starts treading the Fivefold Path (the same old path of all religions, all Masters, all saints, just the same thing in modern words, like instant coffee, fast food, everything instant this Fivefold Path is also quick but it is nothing new), then there is no "break of destiny" and you are free. You start treading this path and there is no limit to where you can reach.

So your present circumstances may be bad, your future circumstances which are to come by destiny may be bad or good. You make a beginning here and now and you become free all the time. What a wonderful thing!

Circumstances may be more or less favorable to make a beginning. A person starts to think like this and it may be easier for him to make a beginning than for someone with many responsibilities, two or three jobs. One person may appear blessed by circumstances compared with another. But no matter what your circumstances, once you decide, always by Grace a way is found. You find you are walking on an escalator of Grace, like the moving walkways in airports. You are automatically carried ahead.

Someone may ask, "Once I make a beginning, how long will it take for my liberation?" We answer, "It can be instantaneous, theoretically." The only thing is we have to see, "What a fool I am! So many things are given and what am I doing?!"

Remember, for the average person the last moment of life, what we call the moment of death, is really painful. A person comes to know at that time how many things were given to him. "What have I done with my life? I could have been better." But he has no more choices. Everything is finished.

So one may be the greatest of so-called sinners, but still he is "made in the image of thy Father." This very moment that you make a beginning, you see Grace operating and it is like an escalator of Grace. Everything is easy.

We must reach a stage where we realize "I am not the body. I am not the mind." Body and mind are in the grip of habits. We must say to our mind and body, "Stop it, fool! I am not going to listen to you. I am going to listen instead to the dictates of my power of discrimination." For that Yajnya is the greatest material aid. Wonderful atmosphere is automatically created.

Also it is good to start two types of practice. Any time from 21/2 hours before sunrise, up until the time of sunrise is the best atmosphere for this. Special energies start then.

#### 1. Breath meditation

There is no question of philosophy or who is your guru. You just have to listen to the sound of your own breath. Mind and Prana are connected; mind and breath are connected. We must learn to count our lives not in terms of chronological years, but in terms of breaths. Suppose you are given X number of breaths by destiny instead of X number of years. If you get angry you

breathe more quickly and use up your quota more rapidly. Anger is on the level of the mind; breathing is on the level of the body. If you get angry you automatically start breathing faster. Mind and breath are connected. So, first reduce the pangs of destiny. Secondly, by Grace your destiny changes. Guru's Grace, Divine Grace takes care of that. But you must learn non-attachment in life. People ask, "Where will the fun be in life? I am attached to my family." What a life people are living now! Just see what a wonderful life it could be if you become a little non-attached. You will see all the time joy. You will see beauty in every human face. All the time you are surrounded by beauty and joy.

You cannot be without Karma for a single moment. Thinking is Karma; speech, action is Karma. It is all the time reap as you sow. What can we do? We are constantly being bound up by the chains of Karma. So first thing is Dhyana (meditation).

### 2. Nama (repeating any of the Holy Names)

You are never too young to start this. You will just have a life of joy if you practice these things. So one half-hour of listening to the sound of the breath; another half hour in taking the Name. For anyone who has been given a Mantra by his guru, use that. For the general public use "Om Shree". This is the Mantra for the New Age, two very ancient sounds. So these two practices for half an hour each in the morning before sunrise, and then you can repeat the same thing in the evening. Later on, a stage comes when Mantra goes on all the time driving, cooking, doing office work there is no special time of the day required. We have to cut off from this body consciousness.

In a normal married life these things are very simple and very effective. Married life is an easier way because all the time there are troubles, quarrels, shouts and abuses. It is easier for both people to learn from this, but they have to decide to do this. What a wonderful opportunity for Tapa! Just give all your love to your husband or wife and you don't have to pay anything for that. So every morning Dhyana and Nama and things will come.

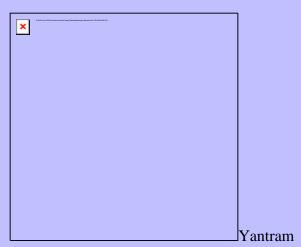
The following article has been added to Annex 3, which is part of the information packet being distributed to farmers in South America who are interested in using Homa Therapy. Annex 3 appeared in the Nov/Dec. 1997 issue of Satsang.

#### Structure

Ten pyramids and ten Yantrams are to be used as follows per farm or part of a farm with up to twenty-five hectares of diseased area:

#### **Ten Yantrams**

Certain ancient chantings done in a particular way arrange particles of dust automatically in a particular shape, the Yantram design. This was discovered some time back at a scientific conference. The design has to be in copper or gold, and is charged in a certain way. There are places in India where this design was carved in stone ten thousand years ago. We use this same design. When natives in Peru saw it, they said that it looks like an Inca cross. Call it by any name; it will work.



The Yantrams can be placed anywhere within the twenty-five hectares, where the area is especially diseased. Place them with the design facing upward, one-half meter underneath the earth.

## **Ten Pyramids**

The following is to be done in one hut on the property, which will be referred to as the first hut. It should have an entrance on the west side, and it should face east. Normally in the center of the eastern wall we construct a pillar and place a pyramid on it. Now, for extension and intensification we go further. In electricity, what we use here is called grounding. We do certain Mantras (Purusha Sukta) in a new pyramid once and this pyramid begins to generate energies.

We dig a minimum of one-half meter under the ground. That pyramid (with ash removed) is placed into that hole facing exactly the same direction as when the fire with Purusha Sukta Mantras was done.

According to ancient techniques it catches energies from different directions. We fill the pyramid and the hole with mud and build the mud column on top of the pyramid underground and place the resonance pyramid there. Also, one Agnihotra pyramid and one pyramid for Vyahruti Homa is kept in this hut. All together, we have four pyramids in this hut.

According to old science, as the Earth rotates, the sun contact is kept between the sun and this particular point. It is like switching on this point at sunset. This hut has to be started at sunset, and not at sunrise. It needs to be established at sunset.

We use computer software made in Germany, which uses a certain definition for sunrise. It is very simple.

The second hut on the property is to be a little larger than the first one. It is for sick people who can sit there and they get healed automatically. It is fire. But we are doing the fires for agriculture. In this hut we do four hours Om Tryambakam Homa daily and twenty-four hours on full moon and new moon days. In this hut we use two pyramids.

Lastly, four pyramids are placed in the corners of the four sides of the farm. These are empty and are also kept on a mud column under a simple cover to protect against rain. (For example, four bamboo sticks and a cover of palm leaves could be used.) If there are enough people available on the farm, they can do sunset and sunrise Agnihotra in the corner pyramids. (Children may also be able to participate, with appropriate supervision.) The minimum, of course, is sunrise and sunset Agnihotra in the first hut, where the four pyramids are. If there is another person, he can do it in the second hut, and if there are more adults or children, the corner pyramids can be used to do Agnihotra. This will intensify the effect. It is the resonance that heals.

# Sigatoka Negra Update 100% Success

Irma Garcia

For the first time in modern history we have been successful in eradicating diseases from plants which have affected agricultural productivity, causing scarcity of food and for which plant pathologists have been unable to find a solution. This has been achieved through simple, ancient practices called Homa Therapy. Apart from helping to re-establish ecological balance in the lands of the peasants, these practices eradicate plagues which are affecting them.

Thousands of hectares in Central America, Caribbean Islands, Venezuela, Colombia, Ecuador, Peru and Bolivia are affected by a deadly plague called "Black Sigatoka". It affects plantains and bananas. This disease can kill plants in a few days and totally destroy plantations of plantain and banana, causing huge losses. This plague was observed for the first time in Honduras, Central America. It has caused governments of the islands of Santa Lucia and Granada, for example, to declare that their economies are in crisis because the European Union no longer wants to buy their production of bananas and plantains. The solution for them is not in legal norms but in being able to produce healthy and delicious bananas. This we can achieve with Homa Therapy.

In Colombia, the Magdalena area was declared a phyto-sanitation emergency by the Department of Agriculture, due to the spread of Black Sigatoka in that zone. Also in Colombia, the Cauca Valley is infested. In Venezuela there are more than 50,000 hectares infested in the area south of the Lake of Maracaibo alone. Also the disease is spreading at a great rate in Merida State, Yaracuy, Cojedes and other states of Venezuela.

The causal agent is a fungus, Mycosphaerella Fijiensis, variety Difformis. It infests the leaves of the plantain and banana and dries them out in a very short time. The diseased parts produce spores (like seeds) which reach other healthy leaves, germinate there and infect them, thus spreading the disease.

Black Sigatoka develops through the fungus that lives either in the infested leaves which are still attached to the plant, or in the leaves which have fallen to the ground, where it produces a great quantity of spores which are spread by wind and rain to healthy leaves. Man also spreads the disease by transporting infested shoots and leaves to areas which are still free of the plague.

Conventional control of Black Sigatoka is exceedingly expensive. It represents a minimum of more than thirty percent of the entire cost of the production of the crop. The main controls which are applied are:

—Chemical control. This consists of the use of poisons which halt the spread of the disease but which also poison the plantains and bananas, the soil and the water. The most serious thing about this control is that after a certain time the disease attacks with more virulence than before, and then stronger poisons are needed to control it. Today there are thousands of hectares in all the above-mentioned countries where the only poisons which are capable of stopping the spread of the disease are also deadly to man. Or the situation is such that the abuse of chemicals has caused the land to refuse to produce.

- —Biological control (development of resistant varieties). In the long run, these so-called resistant varieties also succumb to the disease. In some countries clones have been developed from those varieties of plantain and banana which are more resistant to Black Sigatoka, but these also have become infested. In the long run the clones prove to be weaker and more vulnerable than those plants which are native to the area.
- —Cultural control (adequate management of the crop). This consists of constantly removing the infested parts of the plants and burning them immediately, avoiding high density planting, maintaining adequate humidity within the plantation through drainage, etc.
- —Legal control. This consists of putting bananas and plantains in quarantine and fumigating them with strong poisons when they are transported from infested areas to healthy areas.
- —Control through the sterilization of male insects, etc.

In spite of all these efforts the disease continues to spread at an alarming rate. The Fund for Agro-Cattle Research of the Venezuelan Ministry of Agriculture published a pamphlet entitled "Let's Learn to Co-Exist with Black Sigatoka."

#### **Peruvian Amazon**

We would like to share with you the good news that, through the ancient science of Homa Therapy, Black Sigatoka has been totally eradicated in the area of Puerto Sira in the Peruvian Amazon. The mayor of Puerto Sira has declared in writing that the Black Sigatoka infestation of plantain and banana, which resisted eradication by all the known methods of the Peruvian Ministry of Agriculture, was totally eradicated by Homa Therapy, which is of low cost, practical and easy to learn. [Please see the following article.-Ed.]



Yajnya and Agnihotra huts constructed by order of mayor of Tournavista

The mayor of Tournavista, also in the Peruvian Amazon, travelled eight hours by boat to personally witness that Black Sigatoka was completely eradicated in the municipality of Puerto Sira. He confirmed that in effect with the daily practice of Homa Therapy over a period of six months, the disease was completely eradicated not only in San Jose de Limon where the Homa Therapy project started, but in the whole municipality of Puerto Sira. He ratified that:

- —Plantains and bananas were weighing four times more than before the start of the project.
- —New leaves and new shoots were completely healthy.
- —In spite of heavy rain and flooding the disease did not spread. This is the proof of the effectiveness of the Homa fire. Being a fungus, Black Sigatoka thrives and proliferates in humid conditions. Normally, after the rains this fungus attacks with greater virulence and spreads more rapidly. This did not happen in Puerto Sira where the plants remained healthy despite the rains and flooding.

The mayor of Tournavista declared that he would like to achieve the same result as was observed in Puerto Sira in his municipality, which comprises twenty-two villages.



#### Venezuela

The project in the El Vigia area in Merida state, Venezuela commenced on 15 June on land selected by the engineer Carlos Gomez, of the National Institute for Agro- Cattle Research (FONAIAP) and Corpozulia in the area south of the Lake of Maracaibo. The land is located in this area specifically at the 41 km point in the locality of Cana Brava, in the Molina section called "Joyous Fields" on the farm of Mr. Atilio Molina. The farm is planted solely with plantain and was ninety percent infected with Black Sigatoka.

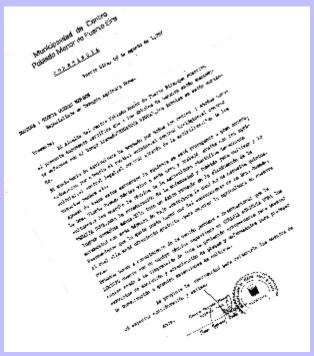
The project for eradication of Black Sigatoka from this land will last for six months. FONAIAP is making the relevant observations which include soil analysis, water analysis and foliage analysis.

While the plant is sick one cannot see any improvement in the state of the leaves, much less on the plantains and bananas. Mr. Carlos Quintero, the forestry engineer who has made an exhaustive analysis of the situation, declares that there has been a substantial increase in production of plantains. He states that the young plants are free of Black Sigatoka and that the old plants next to the new plants still have the disease but their new shoots are not infected; they are strong and healthy in spite of the rain. The old plants have an average of five to six healthy leaves. People are commenting on the delicious taste of these plantains. Mr. Quintero also informs us that, in addition to the plants being healed, the soil and the climate are also improving.

The improvement which has been achieved in the area south of the lake in such a short space of time is truly surprising. This improvement also extends to neighboring farms. Without practicing the Homa Therapy technique the neighboring farmers are reaping an enormous benefit, as is obvious from the many written testimonials received. This situation also occurred in Panama and Peru.

Homa Therapy heals all diseases in plants and re-establishes the energy cycle of the place and its surroundings. On one occasion, the mayor of Tournavista in the Peruvian Amazon forgot to take his mosquito net with him on a trip on the Pachitea River. Next morning he asked, astonished, "How is it that in this same Pachitea River not a single mosquito bit me last night?" He was informed that with Homa Therapy nature comes back into harmony, atmosphere is purified and eco- system balance is re-established. Everything turns more agreeable and pleasant.

Black Sigatoka was selected because this plague has affected thousands of hectares of land and the economies of various countries, but above all because plantain and banana are staple foods. In each project, however, we can observe how other plantations of vegetables and fruit are also healed and thrive. The taste turns delicious and the products become more nutritious. This is Homa Therapy.



Mayoral Affidavit of Effectiveness of Homa Therapy
Translated by Irma Garcia

Dr. Gloria Guzman Mendez received the following from the mayor of Puerto Sira. San Jose de Limon, where the first project to eradicate Black Sigatoka in the Amazon began, is part of Puerto Sira.

**Municipality of Puerto Sira Affidavit** 

Puerto Sira August 9, 1997

Dr. Gloria Guzman Mendez Specialist in Homa Therapy Agriculture

The Mayor of Puerto Sira Municipality who undersigns the present document certifies that bananas and plantains are extremely sick with a fungus called Black Sigatoka. The trees are dying.

The Ministry of Agriculture has tried by all known means and methods, for example: chemical control biological control cultural control legal control sterilization of male insects

In spite of all these efforts, the epidemic is disseminating on a grand scale. Dr. Gloria Guzman Mendez came to this area and she worked gratis with the agriculturalists and she taught the technique of the agricultural science called Homa Therapy, for the eradication of sickness and also to cultivate and produce healthy crops. She had a complete success in the elimination of this sickness with this technique, which is of low cost and which does not require chemicals. We recommend that people make use of the knowledge of Dr. Guzman, which she is offering free of charge, to improve the agriculture in our area.

We should make it known to the Peruvian nation and the international community that the AEMINPU (Evangelist Israelite Association for the New Universal Pact) has available a technical team trained in Homa Therapy Agriculture who are at the disposal of all the agro-cattle communities to render services for the eradication of plagues and sicknesses and to protect and immunize huge areas of crops.

The opportunity is propitious to reiterate my most special consideration and esteem.

Sincerely,

# From Vasant's Correspondence

When one has committed oneself to a path of service, the possibilities and situations are endless. There is so much need. There is never enough time in one day to serve as many who have need of this LOVE. When one commits oneself to a life of service, no matter to what extent his or her outside obligations, still there is never a shortage of opportunities to practice selfless service. If you do not see these opportunities, you need only to open your eyes. If you truly wish to serve, these opportunities are there awaiting you. All the time, bow the head.

There may be people with whom you normally have conflict. You can express what you feel with LOVE without expectation of response, positive or negative. Still do not block the love even with such people. They also have need for it. This is the greatest of teachings. LOVE. If you have conflict with someone, love them. You need not decide to work with them. But refrain from all judgment.

When one finds conflict outside oneself, we must look for the source within. When there exists no inner conflict, there is no outer conflict. It is a matter of perception.

If one sees every face as the face of the Creator, one naturally is in more harmony with one's own true nature. Therefore, we say, No judgment. No fear of judgment also.

Release the past instead of carrying it around with you. All the time use Mantra to re-focus the mind. When the mind wanders or becomes drawn to one thing or the other, just do the Mantra. Stop, sit and do the Mantra until that center is again in focus. This is like a conscious waking meditation. It will prove quite useful.

Cycles of birth and death are never ending. TO HAVE THIS OPPORTUNITY IN THIS LIFE TO TRANSCEND IS LIBERATION. It is a time for total surrender, but do not surrender to a physical form, but to the Divine. Indeed, HE is above all PURE and completely ONE.

Confusion comes with mind pollution. Do not become involved become evolved. Do not be spoiled by or soiled by the confusion of others.

Do not be swayed by opinion. People have their own self-interest, and from that point they go on talking, creating rumors, building walls between factions that do not exist normally.

Refrain from drugs and alcohol. In the end, these are not required. For clear vision go within.

# Devotion

⁻ed.

Devotion to God can be in the heart. The person who tends the garden with love and respect for the earth is worshipping God. A mother who cares for her child with love and gentle kindness is worshipping God. One who, through music, sings with all heart and soul is worshipping God. But to sit before a photo of SADGURU and bow before it and then go to the neighbor and cheat him is not worship of God. We can go to our temples and pray, but unless we make attempts to practice love thy neighbor, we are only singing praises in vain. We need to see that all our actions are full of love.

When it is said, Thy will be done, that doesn't mean, Sit back and wait. It means, Make efforts in the direction you have been told is best and then things come.

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