

# SATSANG

VOL. 24  
NO.7



NEW ERA 53

MAY 1, 1997

# *Perform Agnihotra*

# *Heal The Atmosphere*

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From Vasant's Talk in Panama  
Morning Agnihotra  
My Experiences at Homa Farm Shreedham, Spain  
My Experiences at Shreedham  
From Vasant's Correspondence - Advice to Couples

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8, Box 369

Madison, VA 22727 USA

Published seven times yearly.

Please direct all *Satsang* correspondence to the Editor.  
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ISSN 0735-1321

*Satsang* is available on the Internet at:

<http://www.summit.net/home/> Agnihotra

Hard copy of *Satsang* is also available from  
Fivefold Path Inc. at the above address. We  
request a donation of \$8.75 for a one-year  
subscription to addresses in the U.S. and  
Canada.

*Cover: Trees on Francisco and Ismelda  
Baules's farm in Panama. The property was  
heavily infected with Sigatoka Negra, which  
destroys banana and plantain trees.  
After using Homa methods for two months,  
Francisco Baules reported a seventy percent  
recovery rate for the trees on his farm.*

## From Vasant's Talk in Panama

*Compiled by Alejandra Mendez.*

*The following are excerpts from Vasant's talk at Francisco Baules's farm in Manaca Civil, on February 18, 1997. Fivefold Path teachers Irma Garcia and Alejandra Mendez from Venezuela, Aleta Macan from Canada and Roger Subotnik from the United States accompanied Vasant to offer their services in introducing Agnihotra and Homa Therapy to the people of Panama. - Ed.*

*Vasant:* It was after the First World War that chemical fertilizers first started in Germany. Then they spread through Europe, North America and all over the world. It was after the second world war that people in Germany, some thinking people, started thinking in terms of organic farming - that is, farming without chemicals. And they developed some wonderful methods, like Dr. Rudolph Steiner, bio-dynamic methods - how to grow without chemicals. And they also started spreading these methods.

Well, people came to know later on that when they started using chemical fertilizers, they had to use more of these chemicals per hectare than before. Then they had to use stronger chemicals per hectare to get the same results. Then what happens? More chemicals, more insects. So they have to use insecticides and pesticides to finish the insects, and

then they have to use stronger insecticides and pesticides to destroy the insects. Then the insects become immune to these insecticides and pesticides. Insects also become immune to cold and new varieties of insects come about which can defy all these chemicals. And then a point comes when unless you use all the chemicals and all the pesticides nothing grows. And the next point comes, that if you use anything stronger, then it not only destroys plants but it destroys human beings.

We are not blaming anyone, but the thing is, whether we want it or not. Our intentions might have been good, but by going into all these chemical fertilizers, insecticides, and pesticides we have put ourselves in such a position that the land is now totally destroyed for future generations, so far as the Black Sigatoka is concerned, which is here. It started, I think, in the northern part of Central America and then it came south, then of course to Costa Rica, Panama, Colombia and Venezuela. In one part of Venezuela, bordering part of Colombia, that is called Zulia state, we were taken by the Agriculture Research Institute, to a place where *six thousand* hectares of banana trees were totally dead. At one place! Then they said that the Agriculture Research Station itself was also finished. And so much poison has gone [onto the

land] that they can't plant anything else there.

Now, so far as this place is concerned, banana is a money crop. I mean so many poor people depend on it. And if bananas are finished for export - bananas, plantains - then the whole economy collapses. That is, people who work on their farms lose their jobs, people who make these boxes to send the bananas, their business is finished; people who transport these bananas, their business is finished, and ultimately the company who has invested in all this, their business is also finished.

Apart from this, is there a [farming] method, without using chemicals, and is that method practical? There might be some method but if it is difficult we cannot use it. If there is something that a botanist or a horticulturist can test in quantifiable terms in the laboratory, it is going to be wonderful.

We have not come here to propagate anything. We have come here to share information with people who are interested in listening to this information. We just do this once and go away. If people want to practice it, they can do it, if they want. But when some people said now, "Why, let's just see what happens on one farm," then we suggested some

volunteers who have experience from different countries, like United States, Canada and Venezuela. You know, they are not interested in anything but sharing information, if you want it. But it takes two or three months, because we are dealing with agriculture. Actually, three months it is a very short time for agriculture. So that is why these people are here.

And we suggested to Colonel Roberto to try to find a place where the Department of Agriculture or some similar body can tell us, is extremely ruined and totally infected. Find the situation where they have to use such strong chemicals, that it is going to destroy human beings. And find the situation where the owner is interested in trying something in a small area. So that is how we are here. So it is going to come as a blessing to all the people, if they are able to do this without chemicals, because what you do to the plants automatically makes the environment medicinal. And that is how human disease is also helped, as the Colonel was saying. So the plants become happy, they get nutrition and they give a feedback effect of love to the person who practices this.

Now, for example, whoever considers that a plant is something living and it can react to human feelings, thinks.

About forty years ago, some of these experiments were started in New York. In those days technology was not so developed, but still they had modern instruments. They had it in United States and then somebody started working with plants. They made all types of experiments, and one was a very interesting experiment. They put potted plants in one laboratory in New York, in one place. Then they selected one man, who comes alone in that room, and with a big stick he started hitting, abusing and shouting at the plant, and got angry with the plant. Then he left. The next day they brought in about thirty or forty people and this man is one among them. And only one person at a time entered the room. But as soon as this man entered the room, the plants became frightened and those plants were connected to machines and the machines showed that the plants were frightened. So you can see that the plants recognized the man that had hit them.

Also, there was something like they kept the plants in total darkness, twenty-four hours, total darkness, with no sunlight and no electric light. And then they noticed exactly at sunrise and exactly at sunset there some changes took place, which were recorded by the machines) This means the plants know when it is sunrise and sunset. So plants know this.

One of the botanists of the United States who won the Nobel prize, Luther Burbank, said, "I make love to my plants, I dance with my plants, I sing to my plants." If someone else had said this, then they would have said that there is a crazy person. But he is a Nobel prize winner in botany.

There was another scientist from India around the same time, who presented his thesis for the Nobel prize, talking about certain subtle energies which now Aleta, Roger and Alejandra are here practicing. He did not know much, but he said that certain energies exist. But they refused his thesis and they said this is not correct. But then in another matter he got a Nobel prize. Then the people started looking at what he had said before on other subjects.

So the main thing is that we have to learn to grow food with love, serve it with love, eat it with love, because you become what you think, what you eat. And the only aim for human life is, you have to make your mind totally full of love. It is the same thing as, "Love thy neighbor as thyself." That means each and every moment you have to react with love. Love thy neighbor means all the time react with total love. Do not consider who your neighbor is. No judgment. React with love all the time. And now you

become what you eat, what you think. Now in Europe there is a big movement to grow food without chemicals, especially in the industrialized areas of Western Europe. Now they know chemicals are bad, and we have done all this with good intentions to grow food, but the methods have gotten to such a point now that everything has finished. There is a proverb in English language which says, "The road to hell is paved with good intentions." So only good intentions are not enough. They are necessary at the same time, but the methods have to be natural. So we suggested to the Colonel that [we experiment] in a place that is totally infected.

Now there is a very ancient science of agriculture which was given at the time of creation. There are many sciences which were given at the time of creation. This comes from the science of medicine, these sunrise and sunset fires, which is the basic fire for this treatment. This is the basic process in four sciences given at the time of creation: the science of medicine, science of agriculture, science of climate engineering and the science of interplanetary communication. For all this, this [fire] is the basic process.

Now you can see what they say about sunrise. What is sunrise? I'm only

translating what is told in ancient language and ancient science of bio-energy. They say that at the coordinate of the planet where the sun "appears" to rise, a flood of energies comes from the sun which consists of several types of electricities and subtle energies. This energy comes from the sun to that point which we call sunrise and this energy comes in the shape of a pyramid. It comes like a shock. First it was darkness, now it is sun. At sunset it is again removed with a shock, in the shape of a pyramid. This is how they describe sunrise.

About this particular process, Agnihotra, they say we have to do this exactly at sunrise and sunset. They give various definitions of sunrise and sunset, but they tell us to make use of one particular definition of sunrise and sunset for this process of healing plants, for giving nutrition to the plants, for removing tension on the mind. So we have to use a computer to give us the exact timing.

Now you might ask how these ancients knew, when there were no computers, when is sunrise and sunset. And that's why I told you about the plants. Any insect, any plant, any animal (of course no zoo animal) of a normal open habitat - even a plant comes to know when it is sunrise and sunset, but human

beings have become so away from nature that they don't know. But one day they will be able to get that back. If a plant and a dog have that faculty, then totally man has it. So the point now is the question: Does it work? That is the main point now. Does it work without any chemicals which harm the soil, is it going to cost me something, has somebody come here to sell me something and I have to buy it? Nothing of that type.

The only thing is, you have to do it at a correct time, but that is wonderful for your health. According to ancient science, our breathing changes exactly at the time of sunrise and also our breath changes according to the timetables of the phases of the moon, and this moon phase has a great effect on the mind. That is why in several European languages the word for crazy is *lunatico*, because it is connected to the moon. It means your ancestors had this knowledge. That is how the word comes from your language. And you will see on full moon days, what you call people in lunatic asylums will be affected. Doctors will tell you that it is the effect of the moon. We make use of certain effects and make it more beneficial for plants. There are mantras and fire that you do on that day to help the plants. But these things are such that a little child can learn them in one day.

Of course now there is not much time left; there is great disturbance in the planet. If you look at the satellite pictures of the Amazon given by NASA, you will see how the trees are all diseased and going to die. And the scientists tell us that about thirty percent of the world oxygen which human beings need is produced there. We have seen in Venezuelan Amazon and Colombian Amazon, the government has put big signs, big posters: AMAZONS ARE THE "PULMONES DEL PLANETA" (Lungs of the planet). That means we have to protect them.

And now the scientists tell us that whatever has already gone into the atmosphere is enough to bring acid rain all the time for the next years. That means even if we stop all the chemicals, all factories, all automobiles, that is not enough. What already has gone will bring acid rain and they say three more years of acid rain. Then the top fifteen centimeters of the soil all over the planet becomes acidic. That means nothing will grow. Our lives depend on fifteen centimeters of soil.

So there is ozone disturbance, then there is radioactivity in Eastern Europe, there are genetic mutations. So if there is a way and people want to use it, we have come to share the information. Whether

you want to make use of this information or not depends on you. Because this is an agricultural project, it is good that people are able to see something in a short time. It is not enough that a process or a method is very good. Somebody says that Francisco is the best doctor in Panama. but if he says I'm so busy that I can't give you an appointment for one year, what is the use to me? It's no use. So not only does the method have to be good, it has to be practiced. It could be put into use immediately.

*Inna Garcia:* I worked in the United Nations for twenty years as coordinator for the participation of women's developments in Latin America and the Caribbean. I retired so I could help Vasant translating all over Latin America. And he said, "Let's go to Venezuela; there is no time to lose. There is no time for talking, for discussion. for philosophy; there is only time for acting. I want to talk to a botanist, to an agronomist, with a horticulturist." and I didn't know anybody.

So I went and I met a lady, Dr. Milena Delgado. She was the Chair Titular of botany of the faculty of pharmacy of the University Central of Venezuela. She came to talk with Master Vasant. He said, "Look, have you seen the pictures that NASA has taken of the Venezuelan

Amazon?" She said, "Yes, but nothing can be done, there is no solution and they can't state it publicly, because then panic will ensue everywhere, and the scientists don't know what to do." Then he said, "There is something we can do, and it is very simple." And he gave her certain directions.

She lived in Caracas near the University, and she bought ten hectares in Tucupido (Guarico State), seven hours from Caracas. So on the weekends she would go to this land and she would take the ashes from these healing fires. That land was totally arid, desert, with cracks and without any water. She started bringing water, making artificial lakes and planting with ashes.

We went there after two years. When we got there and were looking for the address of Milena's farm, the people said, "Oh, the botanical garden." If I hadn't seen it, I wouldn't have believed it. The trees that she had planted near the house had covered the roof. People would pay three times the usual price for her papayas, because they were so sweet. Maria Cecilia, the sister of Alejandra, is *addicted* to the cucumbers because they're so sweet! A land that was dry and arid, in two years became all green. The most potent medicinal herbs and the most delicious culinary herbs are there.

*Vasant:* When some people tried to make use of this in psychotherapy treatment, without medicines, I told them that the doctors are going to lose their patients, because they will just get well and you'll lose your business. But you will get many more patients, don't worry about it. Similarly, whether you want to grow on a small scale or on a large company scale, still the method will work.

About two months ago, there was a discussion in the European Department of Agriculture, and somebody proposed anything that they get from South America should be organic, without any chemicals or pesticides. But they knew that they couldn't get this quantity, so they did not pass this resolution. Now you will just see in about one year, nearly all the five stars hotels, where business executives stay are going to insist, we pay you so much money, but we want food without chemicals, organic. This has already started in some Caribbean areas.

The companies have nothing to fear about this method. At present, this is a threat, the Sigatoka Negra.

There are certain things to be done by this method. It's all based on sun-moon and nothing more, cowdung and cow's butter. The only thing is the pyramid, because it has to have the exact shape,

and it has to be copper or gold, no other metals. If people cannot afford it, then earthen pyramid. But copper has some healing properties and once you have the copper pyramid, it will last for many years. So you can show how, in a small area, you can grow large quantities of food.

Now I will tell you something that is told in this ancient science of agriculture - what they say about pollution. A change comes about in the nuclear structure of elements that means that they are not the same elements, and when this happens, the planet begins to attract elements from other planets in the solar system. They become destructive, but through methods of fire and mantras you can make them beneficial.

They say due to pollution some insects which are predators change their dietary habits and become vegetarians. That means they don't do their jobs and they destroy the vegetables. By certain practices of this HOMA farming they again come into the natural state and nature comes into harmony. They say that due to pollution, some insects begin to breed in a hybrid fashion. They become crazy. And as an example they give a spider mating with a bee, and monsters are created, and they will destroy everything. If you practice this

method, everything automatically comes into harmony.

There are so many subtle energies about which we don't know, but for this method, you need not have that knowledge. Just practice this and you will see the results. We would like the Agriculture Department first to take soil samples, before we start, and then after three months, four, five, six months. In six months you can see something. Of course then we want to tell that we are not using any fertilizers except cowdung and some of the ash. What is the ash? The ash is cowdung and a little rice and this clarified butter without salt. And of course, this is a little ash you put. And you take one crop, some vegetables, two, three, five, six weeks some vegetables, and then the soil nutrition remains the same. You take another crop and the soil nutrition increases. How can it become more? But you can keep a record of your own and find out that the nutrition has gone up, that means the nutrition is coming from somewhere. And this ancient science gives us the explanation.

*To be continued*

## **Morning Agnihotra**

*Ross N. Ford*

Celebrate our participation in the unfoldment of creation.

That first magnificent word,  
the explosion of God's life and breath  
being uttered into material,  
can be experienced every day.

Meet sunrise, the re-enactment of the big boom, with perfect consciousness every day.

The perfect time, the perfect sound, the perfect substance combine to greet the daily sunrise.

Rise up, oh Christ, resurrect.

We are born daily. Rise up.

# My Experiences at Homa Farm Shreedham, Spain

*Irene Cabrera*



My arrival at the Homa farm was very emotional because I felt that I would be going to experience something totally new. The days were very joyful and happy for me, because I could participate in all the Homas, some of which I knew and some I only came to know and learn there. Inside I felt whole, complete and blissful.

The days were very quiet and tranquil, but during the night many times it was hard to sleep, so I only took rest then. In spite of this, the next morning I felt fresh and awake as if I had a good night's sleep.

I have always been blessed with a lot of dreams, but here at Granja Homa the dreams were so real. I felt at times as if I were reliving my life, starting with childhood. I saw places and talked to persons who have already passed away. I relived scenes like in a movie.

Another astounding experience was to hear the Tryambakam Mantra, even when nobody was doing this Homa. It was the voice of a woman singing this Mantra. A lady from Venezuela who was visiting Shreedham at the same time I was had the same experience independently. I have to say that the Tryambakam Homa is maintained for at least four hours daily, mostly more. On

the full moon and new moon it is done for twenty-four hours. The Mantras seemed to be coming from the walls.

My watch behaved as if it could not handle the high energies. It stopped working when I arrived at Granja Homa, but as soon as I left for shopping or other reasons, it started working again. This happened every time I left Shreedham. And again, the Venezuelan lady's watch behaved in the same manner.

During the strictly-kept meditation timings and when repeating the Mantras my whole body vibrated. I thought it was coming from the nervous system. After observing myself better, I recognized an energy flowing through my whole organism. Even in the early morning upon waking up I felt the same vibrations.

On my last day at Shreedham I participated in Agnihotra in the Yajnya Shala (a round stone configuration where only Agnihotra and Vyahruti Homa are done). I saw colorful lights surrounding me.

I feel very thankful to have been able to spend some time at this wonderful Homa farm Shreedham.

# My Experiences at Shreedham

*Annie Badell*

I am going to share with you a little story based on my experience of living on a Homa farm in Spain for six weeks and following the Homa disciplines. This story begins back in my country, Venezuela, in the south-eastern mountains that surround the capital city Caracas.

I own a little farm in which I am growing tropical fruits, greens and vegetables by an organic method, in which we don't use chemicals. This project is being supported by a community of meditators and people in the vegetarian world.

About two months ago I got a phone call from one of the members of this community, Aquiles Mendez, saying that his spiritual Master Shree Vasant Paranjpe had arrived in Venezuela, heard about my farm and had asked to come to visit it. Also a couple from Spain was coming along with them.

Aquiles had taught me the Agnihotra practice to heal the atmosphere and had explained how it would benefit me and my farm. I had already been practicing Agnihotra for a few days before the Master came. Through this practice I experienced a tremendous transformation within my consciousness and my feelings. I felt a whole explosion of love coming in big waves out of my heart. I thought if this is happening to me, I can imagine



what is happening in the subtle levels of the atmosphere and in the natural environment surrounding this place. Because of this, my own experience, I was very excited and curious about the Master's visit.

After walking by all the crops and seeing all that I have done on the farm, Ricardo and Christa Mena gave me an introduction to Homa farming. They also showed me some pictures of their farm in Spain. We did a Vyahruti Homa and a short meditation. After they left I felt so honored by Shree's visit. There was an

unusual stillness in the atmosphere. I felt much love and peace.

The following morning during my meditation I had a strong feeling, an inner message to call Christa and Ricardo, so I did. I asked them if it would be possible for me to visit their farm to get trained and learn all about the Homa disciplines. At this very moment all the magic began. They answered yes, and they even thought it was the perfect timing for me to come because a special cycle of three months of Tryambakam Homa healing fire (Yajnya) was beginning at their farm. I would be able to participate in all the disciplines and learn them well. Within two weeks of their visit to my place, I was arriving at their Homa farm in Algodonales in Spain.

At the very moment of my arrival I had an insight in which I recognized the mission that I have in learning these Vedic mantras and Homas and starting a Homa farm at my place in Venezuela. I felt that through the fires I will be completing an important cycle of my Sadhana (spiritual practice).

I spent the first week in getting acquainted with the disciplines and learning the Mantras. I felt a strong connection within my heart and the sound from the Mantras and they were

not too hard to learn. Day by day I felt more identified with the disciplines and as the time passed, my meditations got deeper and stronger. I could feel the strong energy that was being built up every day from the constant practice of the disciplines. Beside this, many interesting things were happening.

A group of people from different parts of Spain and the world came to join the Homa farm experience for a weekend and we had a truly uplifting time. In all ways, lots of sharing and the practice of twenty-four hours of Tryambakam Homa fire for the new moon made it even more special. The following week we had a course in ecological agriculture with Marianne, a German lady who has done truly wonderful research work on ecological agriculture. She is generously sharing knowledge from her lifetime of work and experience to all the people who are interested in entering into and learning about this magic and loving ecological world. I considered myself so fortunate to be chosen by God to learn all this treasured knowledge. At this point I started to have the awareness that every single action, fact or experience was truly a lesson to be recognized and to become a means of upliftment.

The next visitor we had at the Homa farm was a sweet lady named Irene. She came

from the Canary Island Tenerife to spend two weeks at the farm. During our shared talks we discovered that both of us had received inner messages to come to the Homa farm. Also, I remember one morning during the Agnihotra meditation, I heard a woman's voice sweetly chanting the Tryambakam mantra. Nobody was chanting physically, but I could still hear it for a while. Several times I shared this experience with Irene and she had had the same experience at a different moment. Many times we found ourselves connected by the same inner experiences. As she was leaving the Homa farm I saw her walking away from me and a moment of recognition came into my heart. I could see how she also was being chosen for this healing tradition as an Agnihotra person to help to heal the atmosphere and transmit the disciplines to others.

From one wonderful day to another we had good news but the best was that Shree Vasant was coming for a couple of days to visit the farm. Everybody was so happy and excited. We got the whole house prepared for his visit and by the time of his arrival all of our hearts were filled with so much love and devotion when he walked in the main door. I was shocked by the sweetness of his presence and my eyes filled with tears as an expression of much love and gratitude. I

felt blessed.

During his stay he gave Satsang and we chanted and had an uplifting, joyful time. We shared the love that had been built up within the atmosphere and I felt a profound wish within my heart to take this Homa Therapy practice as a regular discipline for my life. Being able to experience the Master's presence, living at the farm and experiencing the universal love shared at this place has been one of the greatest Prasads that I have ever received. For this reason I must say truly from my heart thank you Christa, Ricardo and Aleta for all your love and generosity, thank you Shree for the knowledge and thank you Universe for always providing what is needed.

With love, love and more love,  
Annie

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## From Vasant's Correspondence - Advice to Couples

Best thing is to do Mantra all the time. Then one remains detached from the tension that is outside. One can maintain a kind of detachment even from the ones who are near to that person and still love those near but not be attached. If your mate is disturbed, if you have that detachment you will not only remain unaffected by his mood but you will be in a better position to uplift him. Then fears cannot stick. Fears can come based on past experience, for example, but if one is detached one can observe this fear and let it pass - let it go - and move on to the next thing.

What he is going through now is, in a sense, a part of the ego dying. The fight is holding on to the ego and all of its trappings.

Always the ego has choices. No one can interfere in these choices.

One makes the choice to follow the ego further into disillusion and one must pay the price for such folly. When one consciously chooses to follow the way of the Master or the spiritual disciplines laid out for him all his life, then and only then can one reap the joys that are to come to him. Always aspire to that higher level.

Always you have that free will and in the

past you have exerted that free will quite readily. You are always free to choose.

When bridges have been erected between you, why build walls? There are no barriers. Why create them where there are none?

You have to maintain a normal marriage; at the same time, all the time, focus on the Divine. That is, you have normal relations, normal responsibilities but offer all to the Divine. Either way this love becomes greater.

Both of you work hard now. Treat each other with total love and respect. You are mirrors to each others' souls. It is actually rare that one meets one's true soul mate or Divine partner in this life. Of course all marriages, all relationships are opportunities for growth, evolution. If you look at each other and see imperfection you are not seeing IT. In this higher level of consciousness there is no imperfection. All is one with GOD, The Divine. SEE THAT. SEE THAT.

You cannot change your wife. She will continue to criticize you until she realizes that this causes more harm than good. You can minimize the effect her criticism has on you through Mantra and meditation. Still it is not easy to live with the constant critical eye. It is very

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difficult and produces more negative thinking in you. So you have to work harder to overcome the mind's reaction to criticism. For example, if a child is criticized the child begins to believe that he has no worth. Then he becomes more tired and more hyperactive - both. This child will be more apt to become physically ill and more prone to accidents. Take care to avoid criticizing others. It has a very powerful effect. You should know better.

You are not being asked to give up sex. Not even to limit it at this time. First let us look to the sex act as a service. If you do that one thing the whole coloration changes and it becomes beautiful. Both of you love each other. Just all the time think how I can serve this woman, my wife? How can she serve this man, her husband? This is all that is required now. Later on other TAPA can be added. Now only attitude of service even with sex itself. Neither of you should think of giving up sex. This is not meant for you. It is not that. Just focus on service to each other. That is enough now. Do not place focus on sex. Let it be a natural

expression of love and not LUST.

If you focus on this love it will uplift you and you will know exactly what is the next step in life. All comes in silence. Restore harmony between you and be full of Divine Love that fills the atmosphere here in this sacred place.

Have normal family life. Through this you will learn many things which would be difficult otherwise. You cannot become celibates. It is not for either of you now. The path will unfold. Through this relationship many lessons are being learned - not only taught. Normal evolution is there.

Forget these emotions. We know these desires. You must rise. Happiness cannot be found in the relationship between man and woman alone. Without yearning for that higher love the lower self remains unnourished as the higher self realizes its dilemma. Make happiness dependent on no one man or woman. All happiness is in the hands of the Almighty. Kingdom of Heaven is at hand.