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Perform Agnihotra

Heal The Atmosphere

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From Vasant's Talks in Madison, Virginia, December, 1996

Sigatoka Negra Project in Panama

The Power of the Fire –

Experiences of a Medical Doctor in Colombia and Central America

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Homa Therapy in Panama City

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Cover:

Aleta Macan demonstrates Agnihotra to a group of farmers and their families in Boquete, Panama.

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People will be greatly helped in HOMA atmosphere. Experiences are intensified in this healing atmosphere. People will just be drawn to it. We cannot express enough the importance of PURITY in thought, in word and in deed - not only philosophically.

No true teaching is so complex that it requires a brilliant intellect to practice it. All the true teachings of all saints and prophets alike are simple. LOVE THY NEIGHBOR AS THYSELF. Anything more than this simply gives the mind some activity to keep it occupied but without practice of the basic tenets of all religions, in every culture, no great progress can be achieved.

If the simple among us cannot practice it, it is knowledge given for some but not for all. All that we teach is this: LOVE THY NEIGHBOR AS THYSELF. PRACTICE AGNIHOTRA FOR REJUVENATION OF OUR DISEASED PLANET. We speak of healing the planet atmosphere through this ancient science from Vedas. Other than that nothing else is required. ONLY THAT LOVE.

WHAT IS THE GOAL?

There will be floods, famines, disasters. These are not only our words but the prophecies of all ages. From the Bible it is told. The Hopi Indian prophecies,

Mother Mary, prophets of all times point to this period of destruction. Some people say, "Well, where is it, this destruction? In my town everything is okay, fine. We have no disasters. I go to work every day, come back, eat plenty of food, sleep well. What is this disaster?" But they are only fooling themselves.

Okay. Enjoy it. At least be prepared for what ancients have told is to come. It is not only prophecy or our tongue alone. Some predict sooner, some later. The dates are not important. PREPARE YOUR BODY, MIND AND SOUL FOR TIMES TO COME. If the mind becomes immersed with love, the body becomes healthier through proper vegetarian diet and the instrument becomes more clear and strong, how is this going to hurt you? If a flood predicted for July 1996 comes instead in July 1997 does it matter? If you are becoming full of love, compassion and your bad habits are becoming less, then you will begin to experience joy. The more you feel it, the more you realize the point--I AND MY FATHER ARE ONE. This is the goal.

We do not prophesy the gloom and doom. There is no need for it. It needs no advertisement. It is there for us to see every day. We walk in a polluted area or open any newspaper and read about

natural disasters and the increase of atmospheric pollution.

We are providing practical knowledge at a very intense time in the world. **PEOPLE WILL LOOK FOR WAYS TO GROW FOOD.**

Do not be deterred by what others say. Agnihotra is a scientific process given in the Vedas from science of medicine. We do not gather disciples. We do not require that people leave their homes, wear orange robes, change their names and join anything. Most of our work is on a subtle level. It requires no speech except for a few people. Even the fact that you are vegetarians was not something you were required "to do". This was your choice and remains your choice.

One cannot rise higher on the spiritual path by approaching it through the intellect. Through analysis one only goes further and further afield and becomes much like the dog chasing his tail. He may occasionally catch hold of it but he cannot keep it. It is not within reach. Similarly one cannot rise higher spiritually through emotional means. No doubt, certain experiences are cleansing and emotions are released. That is all. Approaching one's spiritual development

by emotional means--for example psychotherapy--will only lead to the same confusion in the end.

So how does one approach his/her spiritual development? **ONE MUST FIRST CLEAR THE MIND.** Normal meditations of various kinds are helpful but in this time of intense atmospheric pollution **AGNIHOTRA** is a great aid in the spiritual progress. Agnihotra removes the tension on the mind caused by pollution. Then it is like a heavy burden is lifted from the mind and any meditation one practices already will be stronger and more effective in a purified atmosphere. Then this results in a clearer mind. Therefore one's perceptions are sharpened, one's sense of discrimination more focused. Even one's intuition becomes clearer.

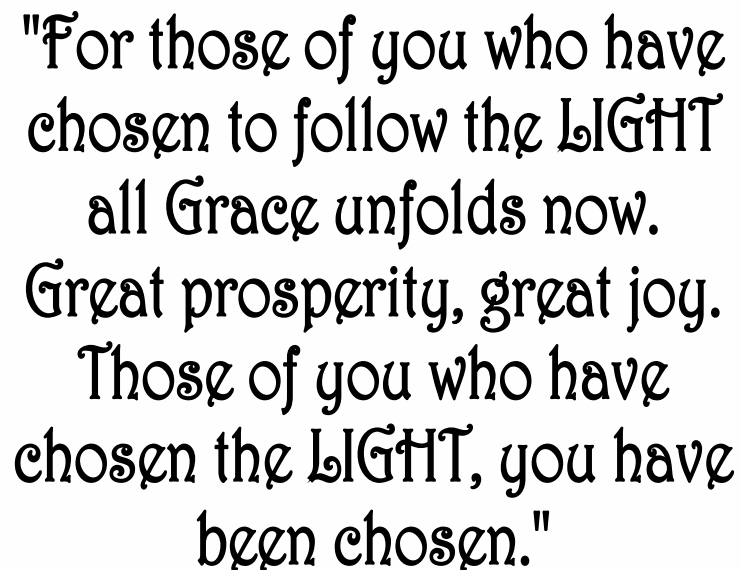
The clear mind can utilize intuition and receive guidance from within. Also one is then more able to understand and integrate Divine teachings into one's life.

Then one goes further. To reduce the hold one's possessions have on one's mind practice of **DAAN** is recommended. That is not mere donation or giving for receiving honors or praise but giving without expectation and without attachment to even being acknowledged as the one who gave. That is not easy

when the whole society is operating differently. Famous people donate money to a hospital and a wing of the hospital then bears their name. People donate large sums to charity and receive public recognition for their gift. Even the amount given is announced publicly. This is all fine and good. But this DAAN is more subtle, designed to really free the person of attachments to material things as well as to self-importance. Give

anonymously or quietly without others knowing. You will soon find greater satisfaction in life if you practice this.

For those of you who have chosen to follow the LIGHT all Grace unfolds now. Great prosperity, great joy. Those of you who have chosen the LIGHT, you have been chosen.



"For those of you who have
chosen to follow the LIGHT
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Great prosperity, great joy.
Those of you who have
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Sigatoka Negra Project in Panama

Aleta Macan

(In January, 1997, Homa Therapy teachers Aleta Macan and Roger Subotnik traveled to Panama to introduce Homa Therapy as a means to combat the plant disease Sigatoka Negra. This leaf fungus attacks banana and plantain crops, and has killed thousands of acres of plantain trees in Venezuela and Colombia. Stronger and stronger fungicides have been used to fight the disease, and some success has been achieved for a while. But eventually a point is reached when the only chemicals capable of killing the fungus are also deadly to man. Hundreds of farmers in South America have abandoned their farms due to the devastation caused by this disease.-Ed.)

January 16, 1997 was the start of our project in Panama, to eliminate Sigatoka Negra (S.N.) through the ancient Vedic science of Homa Therapy. The site chosen was the plantain farm of Francisco and Ismelda Baules. The farm measures two and a half hectares and is located eight kilometers from Puerto Armuelles, which is strongly infected with S.N. Since the Baules' economic situation has not allowed them to continue the chemical treatment for S.N. they are very grateful for Homa Therapy's healing fires, and are open to experiencing their effects.

When I arrived at the farm, my first impression of the area was of a forest of trees with brown, dried, dead leaves; only a few leaves stood straight on the trees. Out of those trees approximately fifty percent were strongly infected and

another twenty percent showed signs of the disease. Plants which bore fruits and were close to being harvested did not have a single green leaf left; all were either dying or dead. The harvested fruits were also infected. The peels had lots of dark spots and looked dirty. Each tree carried only fifteen to twenty fruits. There were only a few flowering plants coming up. The plants and the land appeared to have little strength. The atmosphere felt weak and depleted.

After Ten Days

Already in the first week of daily performance of Agnihotra at sunrise and sunset and four hours of Om Tryambakam fire new leaves have started growing in mass and the area around where the Yajnyas are performed has a new glow. The atmosphere is getting stronger and so is the energy of the place and the plants.

After Twenty Days

People are coming daily to learn about this Ayurvedic healing fire. They are noticing a change and are observing that the area looks a lot greener. More and more new leaves are sprouting on the trees. They are strong and healthy and they stay that way. The infection rate is visibly decreasing.

After Thirty Days

The plants that are sending out flowers are healthier now. For example, out of nine leaves, three are infected with the disease and another one carries spots of S.N. The rest are growing and healthy.

*Sunset Agnihotra with Juan, Elidor,
Julio, Ismeldo and Francisco*

Francisco states that he has seen an improvement of forty percent on his farm.

After Forty Days

On some days streams of people come from nearby places to experience Agnihotra and hear about its purifying and healing effects. Mothers bring their asthmatic children so they can inhale the healing smoke from the fire. They also ask for Agnihotra ash so they can use it to prepare some simple folk medicines. Then they come back and report that their child has slept calmly and peacefully for the first time in a long time without asthma attacks, that the pain from sore muscles vanished after massaging them with ghee mixed with powdered Agnihotra ash, that sore throats are healed by drinking a mixture of Agnihotra ash, lemon and honey, that stomach pains disappear after taking powdered Agnihotra ash with water, that swollen joints, skin problems, headaches, and open wounds all get better and heal through the use of Agnihotra ash medicines. Some people are just coming to experience the peaceful atmosphere which releases their stress and tension and makes their faces light up and glow with a light that is deep within all of us.

After Fifty Days

The plants are thriving even though rain is lacking, and water is essential for all life on this planet. Some of the weaker plants fall over, but the overall energy is strong and healthy. The atmosphere feels



full and nutritious. Elidor, the neighbor from across the road, reports remarkable progress on his plantation, too. The new plants are strong and have no signs of infection. They're producing shoots and growing; a full, lustrous green fills the view. Dots of new flowers are coming up, which is unusual for this time of the year.

After Sixty Days

The old dead leaves have been cut off the plants by Francisco and his stepson Julio. The area seems to be a green paradise now. Since they have been working on the plants and watching closely, they state that the young plants are very strong and disease-free. The new harvest shows that there are up to five green leaves at the time the plant is cut. And the plantains are clean. This is also the first harvest in which the flowers came up in Yajnya atmosphere. The bunches of plantains carry up to 35 fruits. It is wonderful to experience this tremendous change in only two months' time. Francisco now says that he has a seventy percent improvement on his farm.

The Power of the Fire: Experiences of a Medical Doctor in Colombia and Central America

Inna Garcia

Jose Antonio Magmud Sierra is an allopathic medical doctor who practices alternative medicine in Santa Fe de Bogota, the capital of Colombia. As he shared with us his experiences with Agnihotra and Homa Therapy, we were amazed at the ease with which he narrates the most incredible miracles connected with Homa Therapy as something natural, almost ordinary, because so many times he has seen the power of the fire. Dr. Magmud is one of many people in the world who is dedicating his life to teaching Agnihotra and the healing Homa fires to the people. The following are some examples.

Colombia

Nuevo Colón is east of Bogota. Black mosquito plague destroyed fodder crops on a farm in that area. Cattle were starving to death and all other crops were dead. The owner had already sold all his cattle and was about to sell the land, well, house and other buildings for a ridiculously low price. Maritza de Gonzalez, a friend of Dr. Magmud's, took her husband, two daughters and Dr. Magmud to this farm. They all practice Agnihotra daily. Maritza taught Agnihotra and all Homa techniques to the wife of the owner of the farm. After they did Agnihotra every day for three months, the black mosquito plague was controlled

and other sicknesses which had exterminated other crops did not appear on new plantings. The owner was able to overcome his economic crisis, regain financial stability, and keep his property.

The son of the owner of this farm is a doctor of veterinary medicine, and owns a large Saint Bernard dog. This dog was suffering tremendously from a very bad infection in one ear. The ear was swollen and infested with worms. During one month the veterinarian applied antibiotics and parasite medicine to the ear, but no improvement had been achieved. Dr. Magmud applied Agnihotra ash mixed with aloe vera to the infected ear. By the next day, the ear had broken open. It had suppurated so that pus and all the worms were discharged. *The wound was healed that same day. "*

Maritza has a farm in Cota, near Bogota. When she performs Agnihotra, fantastic birds with amazingly beautiful feathers come to her garden where she performs Agnihotra. But when she does not do Agnihotra, they disappear.

The Magdalena area in Colombia, at the Venezuelan border, including the snowy mountain range called Sierra Nevada de Santa Marta, is an extremely auspicious and special place. Dr. Magmud says



*Dr. Magmud(2nd from left) with the 108-year-old
Mama Francisco (upper right)*

many years ago, since the first time he met Shree Vasant Paranjpe, he has been insisting on how important it is that people in that region practice Agnihotra and Homa Therapy. Shree Vasant asked Dr. Magmud to go and teach Agnihotra and Homa Therapy to the Mamas, the leaders of the Coguis, who are very spiritual, extremely developed and highly cultured indigenous people who inhabit the Sierra Nevada de Santa Marta. (See *Satsang Vol. 23 Nos. 4-7* for more on the Cogui people.) Dr. Magmud first took Agnihotra to the Cogui communities, sometimes walking for more than twelve hours to reach them. Dr. Magmud stated, "The Coguis have a social and community organization that is perfect. They are in constant contact and harmony with nature. They accepted Agnihotra and Homa Therapy immediately, including the Mamas [leaders], especially Mama Francisco, the main Mama who is 108 years old."

Others in the Sierra Nevada de Santa Marta who are not members of Cogui communities also learned Agnihotra and Homa Therapy and are practicing it.

This Magdalena area in Colombia, including the Sierra Nevada de Santa Marta, has all the existing climates in the world. Among these, there are more than one hundred square

kilometers of rainforest. It is known that this region influences the climatic conditions of all of the American continent. From that area, water is provided to five areas of Colombia. Dr. Magmud stated that he understands why Shree Vas ant has emphasized the work to be done in that area in Colombia. He also said that it is the heart chakra of the Andean Mountains; it is from here that the energy emanates. He feels that Shree Vas ant is a master climate engineer, and that Shree Vasant is teaching us the techniques to become likewise, thus helping to heal our diseased planet. For this work, the Magdalena region is important.

Within that region is the northernmost point of the South American continent, near Cabanas de Buritaca. More than seven years ago Shree Vas ant predicted that a miracle would be shown near that point to demonstrate the importance of that place in the Divine plan to save the planet. *Satsang Vol. 23 # 4-7* reported how we witnessed that miracle-a mango tree which produced fruits twelve months a year from a tree which had been presumed dead for a long time. Last year we met Irma Segura who performs Agnihotra in her simple cabin, one of the few cabins which constitute what is marked on the map as "Cabanas de

Buritaca". Outside her humble cabin there was a very sick orange tree with fungus and a mango tree that had been dead for a long time. Irma Segura is an uneducated woman who learned Agnihotra and got an Agnihotra pyramid on one day when she happened to travel to Bogota. She started to put Agnihotra ash on both trees. To her surprise, the orange tree got totally healed, and the oranges were juicy and sweeter than before. But more amazingly the mango tree came back to life and produced the most delicious mangoes all twelve

months of the year!

Cabanas de Buritaca are located at the outskirts of Sierra Nevada de Santa Marta. The healings that have occurred with Irma Segura's work with Agnihotra atmosphere and Agnihotra ash have made her "The Mama of the Mamas".

When Dr. Magmud first went to this area and performed Agnihotra, two thunderstorms followed. He commented that this same phenomena has repeated itself in several places when he has performed Agnihotra in an area for the first time.

Although these places are in different countries, geographically they are relatively near each other.

Costa Rica

At the end of 1996, an international congress was organized in the city of San Jose de Costa Rica. The theme of the congress was Alternative Methods of Healing. Dr. Magmud was asked to present Agnihotra to the participants.



More than 1,800 people attended the Agnihotra demonstration, which was performed in an open space. After the Agnihotra Mantras, two claps of thunder and a heavy rainstorm followed. The heavy downpour did not disturb the fire at all. The huge crowd of people sat calmly in the heavy rain in meditation position. However, the rain was pouring down so heavily that Dr. Magmud became concerned and asked the crowd to seek shelter.

One of the people who learned Agnihotra that day and has kept in touch with Dr. Magmud during his short stay in Costa Rica is Zuly de Hoffman. Madame Zuly is a highly respected lady in Costa Rica, known for her outstanding spirituality. People believe what she says because of her seriousness throughout her long-running appearances in four television programs. She is performing Agnihotra every day and giving Agnihotra ash to people, asking them to take it for forty days. The number of miracle healings which have occurred, of chronic and acute diseases, is considerable. Several so-called terminal cases have also been healed by Agnihotra ash from Madame Zuly. She described in detail more than fifteen cases of cancer which were healed with Agnihotra ash; some of them were supposedly terminal cases. The last

one she reported referred to an adolescent girl who had cancer in her brain. She was fourteen years old. The allopathic doctors said there was nothing they could do. The same doctors confirmed that the cancer had disappeared after she consumed Agnihotra ash for forty days.

At a meeting on Agnihotra, organized by Dr. Magmud at the Chicague Natural Reserve Park in Colombia, Madame Zuly came from Costa Rica and reported on the healings. She always gives the Agnihotra ash for free; Agnihotra ash is never sold. What has been received by Divine Grace must be given for free.

Also in Costa Rica, on the border of Nicaragua in the southern region, people have been deforesting on a mass scale in order to plant fodder for cattle. This has substantially disturbed climatic conditions. For more than seven months it had not rained and everyone was suffering the consequences. Dr. Magmud taught Agnihotra to some people in that region and they are practicing it daily. Recently, people commented that the rains began to pour down after Agnihotra practice got started, and that it brought about obvious improvements to the existing climatic and ecological conditions.

Nicaragua

This country has also been suffering from tremendous deforestation, especially by foreign companies exporting wood from Nicaragua. This produced major climate changes which are harmful to the inhabitants. A man who holds an important post at the University of Nicaragua who used to work for the Nicaraguan government learned Agnihotra from Dr. Magmud and took it to Nicaragua. Dr. Magmud stated that the practice of the sacred fire has helped to improve climatic conditions in Nicaragua. Sick plants, animals and humans are being healed by Homa Therapy, and people have seen the results.

Honduras

Dr. Magmud went to a place near Tegucigalpa to teach Agnihotra and Homa Therapy. When he performed Agnihotra, again the phenomenon of two claps of thunder and a subsequent rainstorm followed. There Dr. Magmud met Sister Teresa of Central America, as she is called. She is a modern-day saint who helps abandoned children and unwed mothers. She has been able to care for more than ten thousand orphaned children by running two self-sufficient farms in Honduras. (One measures one thousand hectares and the

other measures between four and five hundred hectares.) Dr. Magmud taught her Agnihotra and Homa Therapy, to be performed at both farms. When he met her, she was extremely worried because she owed ten million dollars to financial institutions, and interest rates were high. The ecological conditions were seriously hindering production on both farms, and creating tremendous economic instability among all the people who worked for her. Recently, however, Dr. Colorado, a Colombian who lives in Honduras and introduced Dr. Magmud to Sister Theresa, informed Dr. Magmud that daily practice of Agnihotra and Homa Therapy had improved the agricultural production on both farms, thus improving overall economic conditions and stability for all those who support the work of Sister Theresa.

Panama

In Panama Dr. Magmud contacted Ezequiel Rios and Mr. Valdes, a Chilean living in Panama. They have been practicing Homa Therapy and teaching it with great enthusiasm. Panama is a tropical country where, due to the proximity of both oceans, hot air fuses and this gives rise to extremely high temperatures. Also Panama is at a strategic point on the continent. Dr. Magmud reports that Agnihotra and

Homa Therapy are being practiced in El Tapon del Darien region and in the Choco Forest, on the border of Colombia. The Choco Forest is considered to have the highest diversity of all forests in the world. Dr. Magmud stated that due to increased pollution, the climatic conditions in Panama are creating problems. Panama is plagued by desertification and deforestation, and water is becoming scarce. After last year's long summer of six to eight months, many animals, especially cows, died of thirst. It was a painful sight to see. Dr. Magmud said that many people in that region witnessed how Homa Therapy was making beneficial changes in the ecology and the environment.

Dr. Magmud ends his exposition by casually commenting that there is a continuous occurrence of MIRACLES in the vegetable kingdom, animal kingdom, and among humans, and that there is a balancing and improvement of ecosystems through Agnihotra and Homa Therapy. This is why he says he is giving his full, unconditional support to the worldwide work of Master Shree Vasant in spreading Agnihotra and Homa Therapy throughout the globe.

Dr. Magmud compares Agnihotra fire to the defense mechanisms and immune systems of the human body. We have

white blood cells, leukocytes, macrophages, all of which take care of the defense of the body. Agnihotra sacred fire performed in that particular pyramid is like all those defense mechanisms. It transmutes contaminated atoms into pure atoms. Thus, spreading Agnihotra and Homa Therapy is like an apostolate for the benefit of the planet and for ourselves. (In quantum physics, transmutation means to change one atom by another.) It does so not only at the physical level, but also at the subtle level. This sacred fire elevates matter from its normal state to its ideal state, i.e. LOVE. It is indeed supertechnology!

Dr. Magmud states that Agnihotra changes the polarity of atoms, purifying everything, creating harmony and love all around. This is of paramount importance in contaminated zones where people and animals are starving due to scarcity of food due to excess pollution; where people are suffering from the explosion of violence, as in Colombia and many other places; and where the consequences of desertification, deforestation and climatic changes disturb the quality of life for everyone. Dr. Magmud states, "So let's all practice Homa Therapy and Agnihotra with all love and devotion."

Report from Boquete, Panama

Maria Alejandra Mendez

March 7, 1997

Roger, Aleta, Roberto, Maigualida, Robledo, Julio and I all got together in Boquete. Boquete is a very cold part of northern Panama. There are many small farmers who grow a variety of vegetables. Some big producers are there too, but they grow mainly coffee. Like the small farmers, these producers are also very worried because of the large quantity of chemicals they have to put on their crops, and that doesn't end their problems with all the insects and pests. One very young farmer named Christian Rojas came to Manaca Civil to show his vegetables. He was very concerned about the amount of chemicals he has to put on his crops. He came to Francisco Baules' farm and told us, "All the brown dirt that you see on the vegetables are the chemicals." After that short meeting, he organized a big meeting in Boquete so that all the local produce farmers could come and learn about Agnihotra.

The meeting started at 4:00 P.M. At first there weren't many people, but after a little while more people started to come. About thirty people came in all. Roberto was talking very much about the medical aspects of Agnihotra, about bioenergy and quantum physics. We also had the opportunity to hear Julio (the stepson of Francisco Baules) talking about the big

changes that he has seen on the farm.

Another man, Robledo Miranda, then gave his point of view of Agnihotra. He has been doing the fires with us in Manaca Civil (the place where Aleta works) and he has been to Los Olives (place where Roger and I worked). I was very impressed by the way in which this man talked to the public about Agnihotra. He said that this is the only solution and that we have to stop putting chemicals on our land. He talked with much strength, and told the people that he has to put "hard" things on his tomatoes, meaning the strongest chemicals. You can see that an awareness is dawning in the minds of the farmers; there is an awaking taking place in Panama. After his testimony, Roberto gave numerous examples regarding Agnihotra and bioenergy. Roger and Aleta also talked about their experiences with Agnihotra. Then Aleta did a beautiful Agnihotra fire, which filled the room with total peace and love.



Roger Subotnik

Homa Therapy in Panama City

Maria Alejandra Mendez

10th to 28th of March, 1997

On Monday I gave my first talk on Agnihotra, thanks to Roberto Diaz Herrera, who organized it. He put an advertisement in the newspaper saying that we were giving free talks all during the week (except Sundays), starting at 5:30 p.m. Four people attended, because they had seen the advertisement in the newspaper. At first I was very nervous and didn't know how to start but as we all sat down, suddenly the words just started coming. At Agnihotra time things couldn't have turned out better. People weren't only going to hear a talk about this marvelous science of Homa Therapy, but they were going to participate. Science involves not only theory; a practical part is also necessary. As we finished Agnihotra, one of the ladies came up to me and asked me for a pyramid, and told me that she was very interested in doing alternative practices for psychology. She impressed me because she appeared to be very receptive at all times. She had come to the meeting with a friend. Both of them are students of psychology, and they are looking for alternative methods. The next day a similar situation occurred. A very small group came (two people) but they showed that they were totally predisposed to do what they had heard about during the

talk. Things started to flow so rapidly that I even couldn't believe it. All the time my heart and my being was getting filled with more and more happiness, thanks to the Great Grace of Shree. Only two days had passed and I was very excited. On the third day a group of fifteen people came. They were all very interested in what I was saying. After we did Agnihotra some people came up to me and asked for pyramids, which I distributed until they were all gone. On some days we started the talk with two people and little by little people started coming until we ended the talk with sixteen people. When Agnihotra was finished, the people would go home full of happiness, and also filled with a new knowledge. People were always receptive. Some groups of people came to hear the same talk more than three times. In my life I have not experienced anything like this. There was no tension. No one expressed doubts during the talk, and people would always stay longer than the usual time. When we would finish Agnihotra, each person would come near the pyramid and inhale the smoke. They would also ask for Agnihotra ash. We even got to see some effects of Agnihotra ash medicine on people. The area surrounding the Cresta (the house where the Homa fires are being done) is getting more pleasant each

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day. For the last few days, the same group of people are coming every day to do Agnihotra, and many have already started doing Agnihotra in their own homes. This has been a blessing from God to work here in Panama, and I'll repeat that I've never seen such a large group of people that is so receptive to Agnihotra. It is something so new to them, but at the same time very ancient. I'm very happy to have met the people who have come to the talks. I've had the opportunity to observe that for some

people Agnihotra has not only stayed inside of them like information, but they have been practicing it daily. That is very important! I'm very grateful to all those people who have given me all their love, because I've felt lots of love from the people of Panama. And thanks to Estrella, Tony, Carmen, Palito, Vera, Victor, Ruben, Eduardo, Nivaldo and many others.