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Agnihotra
Key to Harmony with Nature



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Perform Agnihotra ~ Heal The Atmosphere

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Self Development

Vasant

Development precludes all else. That is, if one is devoted he will find no excuses for self development. No excuse for not practicing SWADHYAYA. All excuses fall short of the Truth. One has to place his own development ahead of all material concerns, social concerns, illusions, delusions, ambitions. All must go. This does not mean the person must be aimless or purposeless.

Quite the contrary. He is to find his true mission in life. The Guru will tell what this is. The disciple finds the Truth through the practices he has been taught by the Guru.

The Guru does not say, "This is it" necessarily. He will say instead, "This is the way to get there. These are the practices which will help you attain your goal" Goal is always enlightenment. The true Guru has no interest in any other goal. Always his aim is your ultimate liberation even if you do not "think" of it in those terms.

Message from Vasant

The end has been foretold.

We are reshaping the future.

We are creating new from old, life from death, health from disease.

Let us rise to this occasion of rejuvenation of planet Earth.

Let us look to the joy. Sing. Praise God. Remember Him always. Seek first the Kingdom of Heaven. All else will be added unto you.

Let there be light. No darkness. Carry forth the light.

**BUILD THE ARKS OF FIRE
AND REJOICE.**

Great storms will blast across parts of U.S. ripping through areas for miles, causing great destruction and loss of life and farm land.

Flash floods will increase.

War in Middle East.

There is much danger in Europe now. There will be grave disturbance. Several European countries will be in great danger.

Terrorists again.

International terrorism is on the rise. Airport security will be so tight in European countries that it will require passengers to arrive several hours earlier than departure just to get through security.

Worst is Middle East. Terrorism becomes a constant occurrence and violence increases.

Bomb threats will be on increase now in Europe and Middle East.

From Vasant's Talks in Madison, Virginia

January 20, 1996

On the seas, when the flood of electricities, energies and ethers hit that point where sun appears to rise, if the water, air, wind, etc. are pure a big thrust of energy and nutrients are put into atmosphere at that time. This helps complete the cycle along with Agnihotra being performed by humans at that time. If you look at sunrise and sunset Agnihotra being performed simultaneously you begin to see the importance of Patal Bhoomi (America).

Energies from the Mantras get locked up in the ash.

Agnihotra fire has an intelligence. This fire is guided. It is a series of individual combustions that are so spontaneous and synchronized that they form ONE. It is this ONE which we have to be.

When the fires are performed with devotion and in a spirit of surrender East meets West. North meets South. Up becomes down. Forward meets back. We become ONE.

Man is able to serve nature by performing Agnihotra. It is man alone, none in the animal kingdom, that can

recite the Agnihotra mantras. So it is man's duty to serve the nature and perform YAJNYA.

The forces of destruction are very powerful now, more powerful. Trouble brews where such forces are allowed to build. That is why we must make all efforts to purify body, mind and soul.

Follow everything told exactly.

Be of good humor. Still let not the left hand know what the right hand is doing because now as these dark forces rise the healing energies become more and more powerful.

The healers have already been selected. Of course the fire is the greatest healer.

Certain ones amongst you have been called to a higher task, that of actually acting as transmitters for this Divine healing energy to work through.

When you are of the LIGHT there are no barriers, no limitations, no definitions, no separation.

Tomorrow is indeed another day. But today is what matters most.

5 A.M Mantras-Purport (*continued*)

***OM Bhúr bhuvah svah I
OM Tatsaviturvarenyam
bhargo devasya dhímahi
dhiyo yo nah prachodayát OM***

Purport:

OM. I meditate on the self-illuminating pure light of the Creator of the universe, greatest of all, so that the Lord of the universe may illuminate my intellect, leading to self-realization. (Knowledge of Who am I, "I and my Father are one", "Thou art THAT", thou art born in His Image.)

***OM Tryambakam yajámahe
sugandhim pushtivardhanam
Urvárukamiva bandhanán
mrtyormukshíya mámrtát OM***

Purport:

SUGANDHA-fragrance.
PUSTI VARDHANAM-increase in the nutritional content of the atmosphere.
YAJAMAHE-We perform Yajnya.
URVARUKA-cucumber-like fruit.
BANDHAN-bondage.
MRUTYU-death.
AMRUTA-immortal.

By process of Yajnya (Homa healing fires) which makes the atmosphere

fragrant and increases the nutritional content of the atmosphere, when I am removed from the bondage to the seeds of desires I am free. (I go beyond the three, Le., I go into the state, "I am in the world but not of the world", "I and my Father are one", "Be thou perfect as thy Father in Heaven is perfect", "Not my will but Thy will be done.")

Just as a ripe fruit separates itself from the tree easily, so your mind will be taken care of. Automatically you go beyond the three (TRI + AMBAKAM) e.g. states of:

- a) Waking, dreaming, sleeping
- b) Past, present, future
- c) Gross body sheath, subtle and blissful sheath etc.

by practice of this Yajnya.

(Om Tryambakam Yajnya is practiced now in various continents continually for several hours and in some cases twenty-four hours. The atmosphere created by twenty-four hour Homa acts as a connecting link between our planet and other planets by manifestation of subtle energies, and much help comes to the environment towards harmony.)

(To be continued)

My Experience with Agnihotra

*Isabel Ruiz Salcedo
Jaen, Spain*

I have a friend named Concha Ruiz who is a medical doctor. She spoke to me about Agnihotra and said that she would get me the materials for doing it. She sent me an Agnihotra kit with a cassette of the Agnihotra mantras and an explanation of how to do Agnihotra. Little by little I dedicated myself to doing the fires even though I had never personally seen anyone perform them.

I started to save the Agnihotra ash. I wanted to use the ash on some garden or land, but I don't have either one because I live in an apartment in the town. I spoke to a friend of mine who has a farm. I told her that I had some Agnihotra ash that produces a special effect, and I went to her house on a spring day. We did Agnihotra there and many people were present-the owners of the house, their children, grandparents, etc. While we were inhaling the smoke from the fire, more than one person, including the children, heard that the plants were grateful for the Agnihotra smoke. I heard it also and it was true.

We spread the Agnihotra ashes that we had all over the garden. Later that spring I went back to that garden one day. I didn't have

the opportunity to do Agnihotra there again, but I observed that a total change had taken place. The bushes had grown as if a year had passed. The trees had given much more fruit, and the family who lived there was overwhelmed. This happened with the experience of doing Agnihotra only one time. We also observed that in the other garden, in which we didn't do anything, the trees were all broken and nothing was growing; at the place where the Agnihotra ash had been placed everything was green.

Now I have been doing Agnihotra in the same room of my apartment, and my plants are admired by everyone who comes here. The truth is that I water the plants very little - one day per week - because of the shortage of water. I play the cassette of the Agnihotra mantras for the plants and they like it very much.

I have noticed that the Agnihotra fire expands horizontally and vertically; it expands not only in my building but to the buildings on the sides and the front. My neighbors told me that they had been in a very bad situation for over two years, and now their home is a haven of peace.

Agnihotra-Key to Harmony with Nature

Gabriel Cousens, M.D.

The Agnihotra fire ceremony is a way of purifying and transmuting the atmospheric, water and mind pollution on the planet. It is an antidote to the planetary ecocide that is happening. Agnihotra was given to humanity millenniums ago to provide a way to balance and neutralize the personal and human civilization karma created from the pollution that naturally is created from our living on the planet. **In** this way it helps us to live more harmoniously with nature. This simple fire ceremony can be learned quickly and practiced by anyone. It can be done in your own home, office or garden.

The ceremony is not only for healing the physical atmosphere, but also the atmosphere of stress, greed, anger, lust, envy, pride and attachments which are the base line for all the conflict in our world. It is a way to aid the creation of a new consciousness atmosphere in the world. Agnihotra creates an atmosphere that enhances peace of mind, meditation, love, harmony and personal purification.

The fire ceremony is done at sunrise and sunset. It is done in a small copper pyramid about three inches high. The pyramid is an electromagnetic energy generator that is activated by the energy of the sunrise and sunset, the human

mind, the Agnihotra Sanskrit mantras, and the ceremony materials used. This ceremony seems to neutralize negative energies and amplify positive energies.

The Agnihotra gives off about as much smoke as a small hibachi grill. This ceremony is so fire safe that it can be done anywhere, including a car. It takes about fifteen minutes at these nodal times of the day but can last longer, depending on how long one wants to meditate. The effects of the sunrise Agnihotra are said to last until sunset and the effects of sunset Agnihotra are said to last until sunrise. It helps all who participate in it to become aligned with these earth biorhythms. Since the sun never sets or rises, this fire ceremony practiced by people in Eastern and Western Europe, North and South America, Asia, Africa and Australia is presently being done constantly all over the world. The world can only benefit from this blessing.

The Agnihotra sunrise and sunset ceremony was foretold in the Bible through the visions given to Daniel which were explained by the angel Gabriel:

"This vision about the evening and morning sacrifices which has been explained to you is true. But keep it

secret now, because it will be a long time before it does come true." (Daniel 8:26, *Good News Bible, 1976.*)

People have reported that the ceremony has proven helpful for calming the mind, creating a peaceful and anti-pollutionary environment, and is effective in treating drug and alcohol addiction problems. On a subtle level, it is said to neutralize the radioactive effect of the particles of radiation in the atmosphere. The ash from Agnihotra has been shown to purify water resources. It is reported to be helpful in organic farming practices.

One pharmacist in Germany is using Agnihotra ash in Ayurvedic medicines. Others claim the Agnihotra ceremony and smoke have a wonderful effect on the brain, blood, skin and nervous system, especially if a little of the ash is ingested.

Peter Tompkins and Christopher Bird in their book *Secrets of the Soil* interviewed several people who have explored the use of Agnihotra. One was a scientist from Croatia who explained that he felt he was "... dealing with a complex that could potentially affect the whole environment, countering the toxins of modern technology ... and that the process might have enormous implications for our existence."

This scientist felt that "we can establish

the fact on an electromagnetic radiation during the ceremony."

Tompkins and Bird point out that in areas where the Agnihotra is practiced and the ash is given to the plants, the quality, stamina, taste and color of plants seem improved. There is at least one report in Hawaii where it was used successfully to revive an almost dead banyan tree. Plants seem to receive nutrition from the Agnihotra smoke and ash and have been reported to grow to maximum potential from them.

Agnihotra teacher John Brown theorizes that the healing process of a regularly performed Agnihotra:

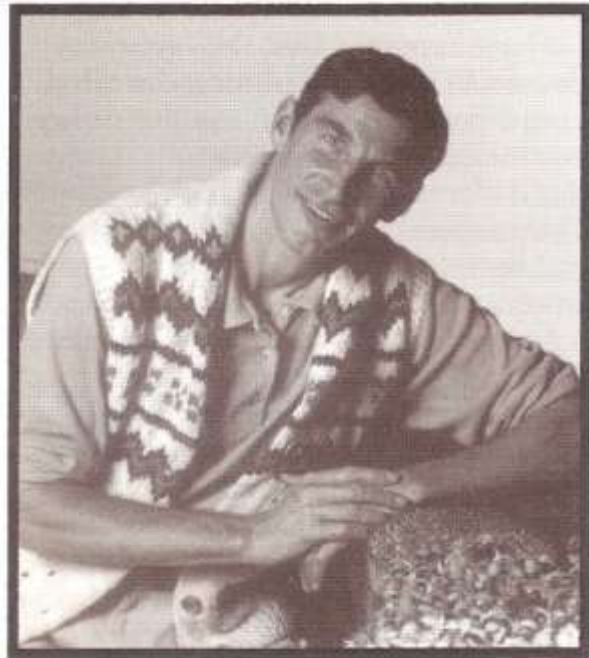
"... creates an atmosphere that is perfect for the balance of nature. This atmosphere then attracts all the subtle energies that are necessary to help nature come into balance with all its inhabitants. So the right energy is there. The correct microorganisms. The rest of nature tends to then seek its natural level, so to speak, with optimal performance. This balance creates joy in the area and all of nature, including man, is fulfilled."

People in different parts of the world have actually started Homa farms. The Agnihotra is performed in the center of the garden or in the center and four directions of a large farm. They claim

that an aura energy field is created around the plants themselves. The reports from these farms suggest increased quality, durability and taste of the produce.

Perhaps the most important aspect of Agnihotra, however, is its use to help us humans to tune in to the biorhythms of the planet. As the day begins its yang cycle, the sunrise is a specific time of increased spiritual energy coming onto the planet. The sunset is another nodal time of energy as we enter into the yin cycle of the day. Many of us have lost contact with these basic biorhythms of the earth's cycle and are stuck in artificial time schedules which force our bodies to ignore the natural rhythms to which our bodies have been attuned for thousands of years. Returning to harmony with these basic biorhythms can only be conducive to our health.

(Gabriel Cousens, M.D., is a holistic physician, co-director of the Tree of Life Rejuvenation Center, and author of *Spiritual Nutrition and the Rainbow Diet*, *Conscious Eating*, and *Sevenfold Peace*.)



Letters to Satsang

In Russia I went to a "Spiritual Healing Camp" near Moscow. Several hundred people had gathered one hour away from Moscow in the middle of nowhere. There were all kinds of activities like massage, singing and dancing, and lectures on different topics related to healing.

On the first day I gave a lecture on Homa Therapy, especially laying stress on Agnihotra medicines and on Homa Farming. After demonstrating Agnihotra many people came and wanted pyramids. The next morning I was very surprised to see ten people gathering for sunrise Agnihotra at five o'clock!

As people were quite open to the message of Homa Therapy I decided to stay there for two more days and teach more. This was good because several people got the chance to start Agnihotra on the spot. There was one boy named Sergej (maybe twelve years old) who would not allow his mother to do Agnihotra but instead insisted on performing it himself. I talked to them later and his mother said that he is still performing evening Agnihotra. Others at the camp also started Agnihotra and are now performing it regularly. Several people asked me to come again as soon as possible, and said they would help me go to other places in Russia.

Susanna Blomqvist of Finland had invited me to come some time ago. She

had seen Agnihotra in Germany and for more than a year she and her mother have been performing Agnihotra in their house forty kilometers outside of Helsinki. To do Agnihotra there (more than sixty degrees north latitude) requires some discipline; in summer, sunset is after ten o'clock and sunrise is just after four o'clock in the morning, which makes the night really short. They had invited some friends and more than fifteen people came on the first day for a lecture and demonstration of Agnihotra. Then Tullia, a lady from Helsinki, called. She had been abroad and therefore unable to come. She has a lot of friends in the esoteric scene and invited me to come the following day, so I stayed one more day in Finland. Just five people came to the meeting at her house, but they were all very interested. Everybody wanted to test Agnihotra, as they all understood very well the necessity of healing our planet of all the pollution.

Tullia also offered to help organize a big meeting in Tallinn/Estonia when I go there next time. This was interesting for me because until now I could not do much in Estonia as compared to Latvia and Lithuania.

Vida (a friend who from the beginning has helped me to organize Agnihotra meetings in the Baltics and countries of the former Soviet Union) accompanied

me to Janina's farmhouse, eighty kilometers outside of Vilnius. Janina wants to establish a healing center there. Half a year ago she moved to this house together with her son, although life there is sometimes very hard. The nearest village is four kilometers away, in winter they often cannot use the car because of snow, they have no telephone, and all the neighbors around don't understand what they are doing there. But Janina has a clear vision of the healing center she wants to start there, and this helps her overcome all these problems. She has felt a strong healing energy at this place from the beginning, and she found out that probably in the past there were traditional healing fires of the Baltic countries nearby.

White Russia (Bylorus)

First it seemed impossible to get a visa for White Russia in time, but then suddenly it became very easy. Normally you wait for four days, but I got it in less than two hours.

In Russia I had asked nearly everybody about contacts in White Russia, but had to go there without any contact. I had wanted to go to the Borovlyani Cancer Institute, but as I had to wait for nearly five hours at the border of White Russia it was already late when I reached Minsk, and I would not have made it to the hospital before sunset. I was not very happy about all this, but I did not see much choice. At least I did nine o'clock Om Tryambakam Homa and Agnihotra

just outside of Minsk. I decided to come back soon, as you could really feel in the atmosphere a very strong and urgent need for a lot of healing fires over there.

On my way back to Germany I stopped for a few hours at Agnifarm in Dachow, Poland, where Maria Kalisz had just finished giving a course in Yoga and Meditation for Children.



*Dr. Ulrich Berk
Germany*

My name is Susanna Blomqvist and I am from Finland. I have been doing Agnihotra regularly for over a year now. I first learned about it from a friend in Germany. She gave me some copies of *Satsang* to read. I immediately felt that I wanted to be a part of this, when I read about the effects Agnihotra has. [In 1994] I stayed with the people who live by the Parama Dham Fire Temple in Madison, Virginia for three weeks, which was very enjoyable and a big learning experience. I got to do Agnihotra and Yajnyas in the Fire Temple, help with the production of Agnihotra copper

"equipment", participate in drying cow dung and some gardening. I felt very much at home. Participation in the production of *Satsang* made me see how much volunteer work and love is put into it before it reaches us readers. A big THANK YOU to all who do this.

Since my visit to Madison, my mother and I have wished for more people in Finland to find out about Agnihotra. This wish was fulfilled when Ulrich Berk was on his tour in the Baltic countries and Russia and decided to stop in Finland. We had very short notice, but managed to get together about fifteen people. Even a woman from a local newspaper came, and an article about the presentation was published.

Ulrich started off by telling us about the situation we are facing on Earth right now-how bad the pollution is and that it knows no borders. Therefore, we are all responsible for doing something about it. Agnihotra gives us the opportunity to help the Earth and undo old Karma. If we don't use this opportunity in doing something for the good of the whole, it is then taken from us when the times change. Then he went on to tell us about what Agnihotra is and how to do it. He also let us know why the whole process has to be done with precision, according to the instructions of the Vedas. Included were also the Agnihotra mantras and their meaning. At sunset we did two fires, which was a beautiful sight.

I hope to be able to inform more people about Agnihotra. We also asked Ulrich to write an article about Agnihotra for us, so that we could try to get it published in some alternative magazines here in Finland. I hope this will work out. Ulrich asked me to join him when he travels through Sweden next time. And if we get a lot of response here in Finland, maybe we could tour this country, too. I look forward to all of it. We even discussed the possibility of a Homa Therapy center here in Europe, since I am studying to become a massage therapist. This kind of work would be very exciting.

I was quite surprised at how strong a friendship we had formed with Ulrich, after having known each other for only two days. All the people that I have gotten to know who do Agnihotra always seem like a big family to me.

A man from Ulrich's first workshop here, who spent the night at our house, said that it has a very good energy, and that he felt great hospitality. He told us to continue what we are doing: "You are on the right path!" I felt that the work we did during Ulrich's visit was yet another milestone on my journey home, home to my true self. Thank you, Ulrich, for coming!

With great love to you all,
Susanna Blomqvist

From Vasant's Correspondence

Suffering is not necessary. Where is it told in any of the literature, in any of Shree's Commandments, any of these Fivefold Path teachings, that man and woman must suffer? That they do suffer has been observed, but the opposite is taught - THAT THEY NEED NOT SUFFER.

Fivefold Path is quite simple really. If one follows the steps of the Fivefold Path one will progress to a higher level. The progress is assured by practice of YAJNYA.

Also not to judge the other person too harshly. People need to be in an atmosphere of love. Never judgment. Never criticism. You see for yourselves how you respond to love and caring, understanding, and how you react to criticism or rejection. You have to reach a point where it does not affect you but separate from that you can easily understand others from your own experience. Then you know you should not judge, become angry or criticize since you really know how it feels.

You are strong-willed. If that will is attuned to the Almighty then great works are the result. Never deny the other. Do not reject one another or criticize, find fault, attach blame. All the time do the Mantra. All the time.

Always look to service first. Take care of each other with all love and devotion. Unless the focus is on SERVICE things become difficult.

REJOICE IN THE LOVE THAT LIES BETWEEN YOU AND SHARE THAT LOVE WITH ALL WHOM YOU MEET.

You must RETRAIN the mind to think positively in all situations. Never harsh. Never critical. You are worthy of the blessings bestowed upon you. Recognize the innocence that lies within you just as you recognize it in the children.

We have little time left for the planet is headed for destruction. It is vital now that we conserve energy in other areas and devote all our time to the work. Family life is very important. Spreading the message of love throughout the planet is the work. How to combine the two so that neither is lacking is the question. However, spreading the message is the important task of the hour.

We have our worldly responsibilities but now is a crucial time when you must conserve energy and use it in the right places.

Every discipline, meditation is going to help you. Don't waste precious time. If you were working a full-time job, then you would be busy the whole day. You are fortunate you work at home.

In a short time the crops will not grow. Therefore a clear presentation of goals and methods to be used in this Homa Therapy farming method should be clearly shown in writing.

The task before you is large. Approach it step by step. For this you must have a plan. To be enthusiastic is the beginning. Pay attention. Follow the disciplines.

You see one level and feel some of the energy on another level. However, there is so much more you cannot imagine. A person is kept in that very innocent state because what is being done through him is not what can be understood on an intellectual level. Because you don't know what it is but still you have respect for it, this energy can operate. You can be used as an instrument more and more. **THIS IS A TIME FOR FULFILLMENT.**

Forgive, have no expectations and **LIVE IN JOY.** Think like a businessman in that he becomes more efficient, organized, time-conscious and the like, but focus

must clearly remain on spiritual development. One has to conduct himself and lead the life by spiritual teachings and not what is done in the world of business and worldly affairs. It is easy to fall in the trap of success but to tread the spiritual path effort is required.

Adhere to all disciplines and intensified SADHANA (spiritual practice) quickly can bring you into that state.

More intense meditations, songs and concentration on Mantra.

The same amount of energy that you give to your fears, put that same energy into Mantra, into YAJNYA, into meditation, into service. As soon as fear strikes, begin to combat it.

Anyone who wants to receive guidance can receive it in the many forms in which it comes. Through practice of meditation at least twice a day one begins to attune the mind to these higher vibrations.

Be truth. Be patient. Be full of love. Be compassion. All that you seek, be that. Clear away the illusion. All the joy you seek is already within you.

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Thirty-Six Hour Homa in South Australia

Kelly Wilson

In March for the full moon in Pisces, up to twenty people got together for a thirty-six hour Om Tryambakam Homa in a beautiful tipi at Karma Bhakti's place "Aranda", in the Adelaide Hills. Seeing that it was nearly a year since the last public Homa fire, certainly the time had come to organize another one. Together with Karma Bhakti, Gita and Elinor, the word went out.

One aspect noted by Agnihotris were the few time slots available in the full moon Yajnya roster, as everyone was wanting to take part. We ended at sunrise, with much love, purification and healing having been shared and experienced by all who participated. Many felt that ending at sunrise was too abrupt, and that in future ending at sunset will have to be the way to go.

A friend who was not able to join us did a Homa fire at her home, and noted strongly that she could feel the love from the group fire all around her in the atmosphere and environment. She lives a good ten to fifteen kilometers from "Aranda". Another strong phenomenon occurring during the Yajnya was a gigantic, very clear ring around the full moon, which was observed in awe by a small group at midnight at "Aranda". Later, friends who could not attend the fire were ringing me up, saying, "Kel, did you see the ring around the moon!" "Wasn't it the most amazing night?"

Personally, I fell in love with the Yajnya fire again, and my being drunk in the Divine energy.

Love and blessings to all.