S A T S A N G VOL.9 NO.11 NEW ERA 38 OCTOBER 15, 1981



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Editor

Vasant V. Paranjpe

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Cover

Agnihotra the big green machine — for it is so good for plants.



Homa Therapy Farm

Lu, Melitta and Roland live on a farm in Henndorf, Austria since August 1977. We are practicing daily Agnihotra from the first day when we shifted to the farm. In gardening and agriculture we were not trained at that time. In Vasant's book "Light Towards Divine Path" it is written that Agnihotra¹ purifies the atmosphere and nourishes plants. However we did not pay so much attention to these scientific aspects in the beginning and performed Agnihotra as an aid to meditation.

In spring 1978 we had our first experience in gardening. Old soil was cultivated. We did not sow and plant according to a particular method but we gave Agnihotra ash to the seeds and plants as manure, as we have read that Agnihotra ash nourishes plants and protects the important trace elements. Daily at noon regularly Vyahruti² Homa was performed. The plants started growing real nice and it made us happy. This experience brought home to us the fact that we must further explore the Homa Therapy farming methods which mention that man, microbe, flora and fauna form a biological community. In the meantime we collected enough information about biodynamic agriculture from books and friends.

In September 1978 we established an Agnihotra room where twenty-four hours silence is observed.

Later on a ryefield was cultivated. During the winter we did long Om Tryambakam3 Homa fires after Agnihotra in the morning and evening. In 1979 we followed the instructions given in Homa Therapy farming bulletins published by Agnihotra University U.S.A. Seeds were soaked in cow's urine and dried in fresh cow dung. Sowing and planting was done with Agnihotra ash at no moon and full moon. Trees and plants were sprayed with Agnihotra ash water solution against insects. On 17th May we constructed a wooden hut in the garden and the first two hour Homa was performed. From that time on Agnihotra was done at two points on the farm and new moon and full moon longer Yainvas were also introduced.



In the summer we did a 108 hour Yajnya. The harvest in that year was good. Pests were under control without pesticides in contrast to our neighbors who had to do a lot of spraying to keep them away.

Success with Homa Therapy farming encouraged us further and in the spring 1980 we enlarged our garden to the maximum extent considering the capacity of our water well.

Homa Therapy states "In Yajnya atmosphere the soil keeps moisture better than any other soil. When the nutritional rain falls, nutrients and moisture are kept as a unity in the ground." We experienced the truth in these statements and we did not have to put a strain on our water resources to such an extent during the hot period.

Since April 1980 we have been doing a daily four hour *Om Tryambakam* Yajnya (*Homa*) to intensify the basic Agnihotra healing cycle of sunrise-sunset, whereby through burning of ghee (clarified butter from cow's milk used in Agnihotra process) for example and mantras, nutrients are induced into the atmosphere. We had wonderful yield without chemicals. The high increase of pests around did not become a danger to our farm.



In November 1980 we performed 5½ day Om Tryambakam Yajnya. Another blessing of the heaven was the birth of our daughter Soma in February 81.

By end of March a field of oats and a field of wheat was cultivated. In the meantime we were trained and fortified by experience and are now able to deal diligently with the changing weather patterns and increasing pests all over Europe.

Enough data is available to show us how due to increase in pollution of air, soil and water man has to face disease, famine, epidemics, violence and natural catastrophies. Agnihotra and Yajnya on a mass scale will protect us from coming events. Ideal and maximum yield can be attained if Agnihotra is done at four corners of the Farm N.S.E.W. and in the center.

When we got the farm the water in the well was not potable and was unfit for agriculture. We are told that *Yajnya* facilitates better absorption of sun's rays by the water resources of the planet. We now find that the water in our well has become as fresh as natural spring water and we use it for drinking and farming.

We now wish to establish a larger farm and a Homa Farming community along with Spuli and Karen who also practice Homa Therapy on their farm in the south. In all humility we will perform more and longer Yajnyas (Homa) to fill the atmosphere with love and purity. We express our gratitude to the way shown for happy life by Fivefold Path which begins with Agnihotra, leads to mind training and finally with a mind full of love to joy and more joy.

Lu and Melitta Weber, Henndorf, Austria

- ¹Agnihotra: A medicinal process of burning specific organic substances in a copper pyramid at exactly sunrise and sunset to bring nutrition to plants and also for making the mind tranquil and full of love.
- ²Vyahruti Homa: Homa is a Sanskrit word meaning fire done in a disciplined way to bring about a beneficial change in the atmosphere. Homa affects electromagnetic fields around plants. Vyahruti is a simple Homa which takes hardly a few minutes to perform.
- ³Om Tryambakam Homa: Another Homa which could be done simply or in a group for any number of hours. This has a special affect on plants especially on full moon and no moon days.

Seven Day Easter Yajnya in Austria

The Eastertide especially the Passion week from Palm Sunday to Resurrection is a special week of contemplation for many. It is a time of course for Yajnya too. On the Saturday before Easter or on Easter Sunday a fire is made with branches cut from the orchard.

As is the case with many vestiges of fire in many religions, most people do not know the scientific meanings behind them i.e. if specific medicinal ingredients are put into Homa fire following a prescribed method under certain biorhythmic conditions a certain change takes place in the atmosphere. The whole area is purified. Plants can breathe better and extract more nutrients from the atmosphere.

Lu, Melitta, Sun and I started the seven day Yajnya. Peter joined us on the second day. He learned Om Tryambakam Mantra just one hour before his time to do Yajnya came. He did many hours of Yajnya during the seven days. On the third day Edgar, Sylvia, Dietmar and another Roland came. Our brother Gernot also did some hours of Yajnya.

Something auspicious happened in the garden. All of the crop destroying pests called voles disappeared. Earlier it seemed as if we almost couldn't control them.

All of us were happy and joyous when the Yajnya was finished and the people promised to come again.

Fill the atmosphere with nutrients by performing Agnihotra, the smallest form of Yajnya. Heal the atmosphere and the atmosphere heals you.

Roland Heschl Henndorf, Austria

From Vasant's Correspondence

We should bear no grudge against any people. We are all one people. Why carry all these animosities towards others? Do we not all suffer from the same inflated ego, fall victim to pride, lust, anger, greed? Do we all not experience the same joys as well as sorrow? Then why have this bitterness?

Just as an exercise, choose one person with whom you have not associated because of disagreement or bad feelings. Then make contact with that person and just be loving with him or her. Contact him just for the purpose of establishing positive relation after bearing grudge against him. Do not expect this one act to change things or to make right any wrong you have done. Just be full of love and forgiveness. If we cannot forgive those who have erred against us then chances are good we have no forgiveness for our own errors. A higher nature always forgives.

You find it hard to adhere to disciplines, but it is that very discipline which will set you free. You will always remain in that confused state as long as you keep from following all the disciplines. This week you have already shown some improvement but you can be ten times better.

Your whole frame of mind will adjust itself to the peacefulness you will feel once you establish a discipline program. Because you have so much time available to you daily and you utilize so little of it you do not realize. Establish some program for yourself quickly.

Do not think negatively. Always be positive as far as possible. If you think "I have no energy. I am unhappy. I don't have this or that" your dwelling on the negative only reinforces that you will remain that way. Just as you would not go against another person, be that way with yourself also. Being disciplined is not being hard on yourself. It is merely organizing yourself, allowing yourself to become happy at least most of the time.

My four and a half year incarceration in the Mississippi State Penitentiary was filled with revelations of the overwhelming benefits of Agnihotra and the Fivefold Path.

Satsang was sent to me regularly and it always answered whatever questions came up in my mind. I never ever felt alone or as if I were not part of the Divine Plan.



There were people from all walks of life that benefitted from the knowledge of the Fivefold Path as well as from the actual performance of Agnihotra.

The prison officials allowed me to do Agnihotra and I was given private and semi-private living quarters that allowed me to maintain the discipline. My needs were always provided for and my family did not have to suffer. I know from experience the joy of being in the service of Shree in situations that others would find most intolerable.

I was made to understand the error of my ways and to know that such a thing was not tolerated on the spiritual path. I suppose what I'm trying to say is that I was protected on the inside and when the teacher saw fit he got me out.

Since February 22, 1980 I have been in renewed fellowship with the wonderful people that give love and devotion to Shree. The joy is such that I must thank all that visited and corresponded with me from here in the United States and throughout the world.

Arthur Cheeks Jackson, Mississippi

Fivefold Path, Inc. Post Office Box 13 Randallstown, MD 21133

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