

YAJNYA CREATES BALANCE

Vasant

Whole of nature is in a state of imbalance. When you have imbalance this leads to confusion. If it is allowed to continue with no preventive program in effect this eventually brings about a total chaotic state of affairs. Agnihotra helps to set right the energy cycle. Yajnya done at full moon and no moon also creates the balance that nature is missing. We must work fast. No excuses. Everyone should participate in ongoing Yajnyas.

INTERNATIONAL CONFERENCE ON ALTERNATIVE MEDICINE

Amsterdam

Barry

From the first month that I began doing Agnihotra almost five years ago, I had the thought that the importance of Agnihotra for healing and happiness would someday lead to its presentation to large groups of people—to the poor and to the professionals—to the patients and to the doctors.

After having gone in through the back door at a few medical conferences in recent years to talk to people about Homa Therapy, July 10 marked the first time we went in the front door. In fact by Grace we not only went in the front door, it was held wide open for us. The carpet could not have been any redder.

MEDICINA ALTERNATIVA was billed as the "First International Multidisciplinary Conference on Traditional and Alternative Medicine." It was held in July at the RAI, a magnificent structure in Amsterdam and was attended by several hundred physicians, acupuncturists, homeopaths and naturopaths from every continent.

Though we arrived two days late, had not submitted our talk proposals in advance and had not even paid the required fees, we were nonetheless treated cordially and respectfully from the start and after the conference heard what we had come to say about **HOLISTIC HEALING: HOMA THERAPY APPROACH**, we were treated like messengers of the Saviour.

"We must heal our patients in any way we can," one surgeon-acupuncturist from Brussels, Belgium told us privately. It was this air of humility that marked the visages

of many of those in attendance. Grace is being showered upon the scientists—just as we have been told it would.

Though we have experienced politeness and interest at similar conferences in the past, the reception Homa Therapy received following the ½ hour address we gave to the fully assembled conference was simply astounding.

People were almost throwing money at us in their eagerness to purchase copper Agnihotra pots. They wanted every available piece of literature and books we had. It didn't matter to them whether it was free literature or whether it had a price. They wanted it at any cost.

And the fleeting thoughts I took with me that perhaps the 16 people who had purchased pots the first day were not entirely serious about beginning Agnihotra were completely wiped away as all of them lined up outside of the main conference room waiting for tapes of Agnihotra Mantras to be made for them. It was indeed a sight to be remembered. Holding two cassette tape recorders in my hand, singing Mantras, having the people repeat them and seeing a double line forming of those waiting to have their tapes recorded. People were buying blank tapes from each other not to miss this chance. All Grace.

To give some examples of this unbounding Grace so many of us have experienced while doing this work, a short while after we arrived at the conference, the chairman, Dr. Anton Jayasuriya of Sri Lanka introduced me and asked if I would tell the attendees what my subject was about "in ½ minute." I spoke for about 1½ minutes, told them I had some suggestions of healing with fire that they could try if nothing else worked and after finishing, about ⅓ of the 80 people in the room rushed up to me and insisted on knowing more. Evidently they couldn't wait until the next day to hear about Homa even though it had been announced that we would give a three hour seminar the next day.

When the next day arrived, Dr. Jayasuriya came up to me and said that he had cancelled two other speakers so that I could address the fully assembled conferees. This would be in addition to the workshop seminars in the afternoon. Since the seminars are held simultaneously i.e. the conferees can only attend one of two or three held at the same time, I was happy for this opportunity to speak to everyone at once.

Fear? Stagefright? Anxiety? Not in the least. So often through Grace the proper

words seem to come. Sometimes I am very surprised myself to listen to myself. I use words I barely understand, never use in private writing or speaking and everything somehow gets put together in very clear, easily understandable ways. This particular time when an especially opportune chance was being given, the words came as He wanted them. And after finishing I could graciously accept the many congratulations that were offered to me knowing full well that the words had come through me not from me, that the calmness and confidence had been bestowed upon me by Grace and that it was His Will that these people learn of the miracle of Homa and Agnihotra at that place at that time.

When we gaze at a majestic mountain there is never any question about the gazer taking credit for the mountain. When we look at the unfoldment of this divine Plan and are grateful for being used as instruments, there is similarly no question about taking credit for our actions. Our efforts—be they small or great by whatever means we may wish to measure them—are nothing. If He does not will it, it will not happen. If He wills it, it will happen. How funny to think of the violin taking credit for a performance of Isaac Stern. The violin is the instrument. How funny to think of us taking credit for the unfolding of Shree's Plan.

And we must remember also, if we put ourselves before the work, the work stops.

After the main talk, I was asked to give talks and demonstrations at two different seminars that afternoon. Dr. Jayasuriya said, "I want everyone to have the chance to hear you."

At the seminars we showed how to prepare Agnihotra ash medicines, how to perform Agnihotra and we explained in more detail Vedic theory of how Homa works. Interestingly some of the doctors thought the healing through fire we were telling about was connected with Moxibustion which is a process used in connection with acupuncture by which the herb *Artemisia Vulgaris* is burned near the body of a patient as a part of treatment.

While preparing for the main talk, I consulted "Wholistic Healing: Homa Therapy Approach" by Vasant and I was a bit surprised to see that almost every word was perfectly appropriate for this professional audience. I decided therefore to read portions of this interspersed with other information about the medicinal and psychological benefits of Homa Therapy. The following are portions from the address.

Acupuncture points are associated with certain subtle energy points on the body and some similar subtle energies are activated by Homa Therapy and Homa Therapy ash.

As soon as you touch the Agnihotra ash healing energy is activated which not only is curative for the patient but in combination with the fire actually makes the atmosphere harmonious and nutritional.

That is why we introduce the concept HEAL THE ATMOSPHERE. Pollution of all forms—noise, water, air, radiation and thought—is a biological concept. Keep this in mind.

WE SIMPLY SUGGEST THAT IF NOTHING ELSE WORKS, TRY HOMA.

I quote below from the booklet 'WHOLISTIC HEALING'

“We notice that in recent years the science of medicine has begun to recognize the role of mind in prevention and cure of a malady. We also notice that remedies which appeared effective only a few years ago have now started producing side effects which are undesirable. It has now become clear to the doctor of medicine that the body soon starts building up immunities to the various medicines that are administered to the patient. The doctor of medicine has begun to witness one more phenomenon which he politely calls terminal illness. This means that people are told in advance that they are going to die. The peculiar thing is the doctor cannot tell them what illness or disease they have. This has already started causing panic.”

“Till recently it was accepted that research into science can give answers to nearly all of man’s problems. Today we find increasing numbers of diseases including malfunctioning of bodily organs due to the increasing severity of pollution in the atmosphere. Scientists have been unable to find exact causes or cures for these often deadly diseases. The disease onslaught can come suddenly resulting in death shortly after. Unless some effort is made to set right the energy cycle of the planet man will suffer more and more from such diseases and ailments. Other diseases are less severe in nature but they have a nagging effect on those suffering from them even though the results are not so deadly. These minor ailments are also un-

distinguishable as to cause, symptoms and possible cure.”

“Under such circumstances of a polluted and disease ridden world new models of health which may be termed wholistic have begun to catch the imagination of the people. The old models of health which were claimed to be comprehensive now appear to be less and less useful. It is interesting to note that the wholistic perspective of health had grown not out of medical research but independent of it, or even in spite of it.”

“The wholistic concept of health pays greatest attention to the mind. The wholistic concept of health treats the patient considering all the aspects of the psychosomatic man and something more. It does not call health merely as absence of disease but something more positive and integrated. Looked at from this point of view the modern science of medicine appears to be more a science of pathology than science of health. In wholistic health the patient does not merely enter a program of treatment given by the doctor but himself assumes the responsibility for recovery towards a more healthier state. Hence, wholistic healing to be true to its name promotes the motivation and growth factor in the functioning of the patient’s mind.”

“A day is soon coming when the doctor of medicine will realize that disease is the resultant manifestation of several consequential patterns worked up by habits which may be termed as wrong. Medicine has already realized that the incidence of disease, prolongation of disease, recovery from disease are substantially influenced by interplay of subtle energies which may be below the electromagnetic level.”

“WE HAVE TO TAKE SCIENTISTS TO A PLACE NOW WHERE THEY CAN SEE LOGICALLY AND UNDERSTAND EASILY THAT BY PUTTING SOMETHING LIKE MEDICINAL HERBS INTO YAJNYA FIRES, OBSERVING CERTAIN DISCIPLINES ACCOMPANIED BY CERTAIN MANTRAS A CERTAIN CHANGE TAKES PLACE IN THE UNIVERSAL PRANA THEREBY CREATING A HEALING EFFECT ON THE MIND.”

“It appears that the trend in medical thinking is now veering in the direction of training the mind to perform better under any circumstance. It does not seem proper to equate surgical manipulations with health. The

doctor of medicine now knows that a critical point may be reached when the drug refuses to become effective. If the trend of medical thinking goes in this direction the doctor of medicine will be forced to think in terms of harmony and coherence between body and the mind. This directly takes us to the ancient idea of right thinking to enable us to practice right living.”

(WHOLISTIC HEALING by Vasant, publisher Agnihotra University, March 1979, price 50 cents & postage. Available at Agnihotra Press Inc., P. O. Box 13, Randallstown, Maryland 21133, USA).

When sitting for Homa Therapy you are breathing in medicinal air at the precise circadian rhythms of sunrise and sunset and this has a direct effect on all parts of human body. This has shown to have a profound effect on the nervous system.

Plants exposed to this atmosphere give a feedback effect to human mind.

The feedback effect that comes from plant kingdom aid the mind to achieve a relaxed state free from tension. The American Medical Association reports that nearly 80% of diseases we suffer from are either stress related or stress antagonized. Reductions of mind tension releases powerful mind energy which is directed to the well-being of the person.

In West Germany six years of experiments by one pharmacist promise to revolutionize the thoughts and practices of medical establishments—traditional and non-traditional alike.

If you are doing acupuncture please understand that doctors benefit from the atmosphere generated by Homa and consequently are able to help their patients' energy cycles to be reset.

And the question of belief does not enter the picture. Homa is the vehicle for profound positive change in atmosphere—as it is stated in Vedas—and ATMOSPHERE, MIND, PRANA is the modus operandi. That is, any change in atmosphere affects flow of Prana and any change in Prana is automatically transferred to the mind.

Regarding Yin and Yang, we know that energy from the right hand is different from energy from the left hand. This is stated. Breathing through the right nostril, similarly, is different from breathing through the left nostril. Phases of the moon affect our breathing as well as the psychological makeup of all of us. The word “lunatic” many of you may know derives from luna or moon. Patients in mental

hospitals are notoriously more disturbed on full moon and no moon days, for example.

Hundreds of private conferences with doctors in USA and West Europe especially have resulted in thousands of trials with Homa atmosphere and Homa ash. The results have been uniformly successful without precedent.

We will gladly arrange for workshops or seminars in any country at any time. We wish no payment. If food and lodging can be provided, fine.

***Practice AGNIHOTRA**

for purification of the atmosphere which leads to unburdening the mind.

***Practice DAAN**

(Sharing of assets in a spirit of humility) for reducing attachment to worldly possessions.

***Practice TAPA**

(self-discipline) for fruition of thy affirmations.

***Practice KARMA**

(good actions without attachment to the fruit thereof) for self-purification.

***Practice SWADHYAYA**

(self study, Who am I?) for liberation.

This is the Fivefold Path. Start the spiritual discipline today. The span of life will not be extended. What is given unto you is to utilize wisely every moment of your existence. Let us engage ourselves in meritorious deeds without expectation of reward in the form of name or fame. We can live only in the present moment. The past is no more. The future is yet to be. Do not waste the precious moments in trivia.

Practice the Fivefold Path and you become a better member of your family or community. You will become a more righteous Christian, Jew, Buddhist, Muslim, Hindu, Zoroastrian, Sikh, Jain, whatever be your formal religious label. You may be an atheist or an agnostic, you will benefit by practicing the Fivefold Path. The Fivefold Path sets up life patterns based on biopsychological techniques given through Vedic knowledge. You need not carry the hypothesis of God to practice the Fivefold Path. You start the practice and knowledge will be unfolded to you from within. Believe only what you experience. This is the approach of a true scientist.

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