

HOMA THERAPY

(Following are extracts from a circular letter sent from Germany to Homa Therapy teachers in all continents. Homa is a Sanskrit word meaning fire prepared under certain biorhythmic conditions. This is the science of Yajnya. Agnihotra is the smallest form of Yajnya which establishes the basic healing cycle of nature.)

Someone can make experiments with cows. They can measure the effective yields of milk and cream under normal conditions. Then they can perform Agnihotra for awhile once daily in the cow shed and record the results. Then twice daily. Then twice daily and giving the cattle Agnihotra ash. Also growth rate of calves can be measured.

The Agnihotra pot is best positioned squarely to the East. The person performing Agnihotra sits square to the pot facing East. This way there is optimum efficiency of power. THAT POWER IS LOVE.

During Agnihotra much of the energy is expelled upward and somewhat to the East. If one is ill one should ideally sit close to the pot and face West.

One should leave the ash in the Agnihotra pot until the next Agnihotra. If one can deal with discipline only the right hand should be used in removing the ash from the pot and only with Mantra or proper thought. Use of less wood unless it is medicinal wood, should be stressed now. More of dried cow dung for preparing fire. Stock pile adequate supplies of cow dung for cold periods and for people who would like to begin Agnihotra.

The Agnihotra pot is a generator for life sustaining energies. It holds for us all of the secrets of life and Creation. It is given by the Grace of Almighty Father.

The Agnihotra pot need not be mishandled. No need to bang it against another object. Empty the ash. Merely clean by scraping. It also has not to be thoroughly cleaned like by scrubbing or such thing. THE IDEA IS TO TRY TO KEEP THE AGNIHOTRA POT SHAPE INTACT AS MUCH AS POSSIBLE.

Birds find shelter and healing energy coming from the Agnihotra pot after Agnihotra. This is why you see birds around the pot then. Someone should observe

Vasant

the birds during Agnihotra and note down the results.

Food drying would be a good method of food storage. Perhaps we should only can when necessary.

MORE ON KABALA AND SECRETS (OF FIRE)

I discovered a highly revealing quotation which sheds more light on how the Kabala – those ancient writings on Jewish mysticism – views the age in which we live. We can also see again from this excerpt the universality of Truth and Revelation.

> "... the divine 'mysteries of wisdom', which for centuries were only taught 'from the mouth to the ear' amongst the elect of the various sacred cultures, are being divulged more and more in a traditional literature growing from the soil of all the religions of the world. 'The Holy One, blessed be he', says the Zohar (Vayera 118a) 'does not desire that so much should be revealed to the world; but when the days of the Messiah will be be at hand, even children will discover the secrets of wisdom ...' at that time, it will be revealed to all, as it is written (Zephaniah, 3:9): 'For then will I turn to the peoples pure language that they may invoke the name of the Lord, to serve him in unanimous submission.'"

> > From: The Universal Meaning of the Kabbalah by Leo Schaya, (originally published in French as L'Homme et l'Absolu selon la Kabbale)

First those mysteries which "for centuries were only taught 'from the mouth to the ear' reminds us of SHRUTI that description of how Vedas, ancient-most knowledge, were first *heard* by ancient wisemen called Rishis. After being told by word of mouth for many years, they were written.

That these secrets "are being divulged more and more . . . from the soil of all the religions of the world" reflects the spread of Agnihotra and Fivefold Path to all peoples of all religions on all continents and helps us understand why we are told, "Practice the Fivefold Path and you become a better member of your family or community. You will become a more righteous Christian, Jew, Buddhist, Muslim, Hindu, Zoroastrian, Sikh, Jain, whatever be your formal religious label."

Barry

That "does not desire that so much should be revealed to the world" reminds of the quotation from Bible (Old Testament),

"The vision about the evening and the morning sacrifices which have been explained to you will come true. But keep it secret now, because it will be a long time before it does come true." (Daniel, 8:26)

The evening and morning sacrifices refer of course to sunset and sunrise Agnihotra which now for the first time in known history is being taught to the masses and as the first quotation reads, "even children will discover the secrets of wisdom." How apt in that thousands of children even as young as four or five years are doing Agnihotra and experiencing its many benefits.

"But when the days of the Messiah will be at hand . . . at that time, it will be revealed to all." Parama Sadguru Shree Gajanan Maharaj has come to destroy pollution. He is the Kalki Avatar. Kalka means pollution.

AGNIHOTRA TRAVELOGUE IN EUROPE (3) Dr. Ulrich Berk

In the evening Vasant, myself and Reiner left Venice for Yugoslavia. After passing through Trieste it was nearing sunset and we were very near Yugoslav border. We did Agnihotra on the Italian side and waited til the copper pyramid cooled down and then proceeded on our way to Rovinj in Yugoslavia.

At the border the customs people saw that we were carrying alot of printed literature. It seemed they did not like the idea. All the literature was in German, French, Spanish and English languages related to the Fivefold Path. They allowed us to carry only a small lot and suggested that we go back to Italy if we wanted to mail the literature to any other country. We told them that we had no time to do it as the schedule was tightly packed. I asked them what they would do with the left material. They said the authorities would go through the literature and will probably burn it afterward. I instinctively thought that this was meant to be a channel for the literature to be read by Yugoslavians. I was sure that the scientific reports about Agnihotra in German language would make the customs people more interested in the subject. Vasant smiled and thanked them and we left.

Later on we found that they had left us enough literature for our work in Yugoslavia and they did not hold back the things that we really needed.

We proceeded towards Rovinj, a beautiful little town on the Mediterranean. It was

already late in the night by the time we reached. Next morning we proceeded to Pula a nearby town after leaving some messages in Rovinj. In Pula we were guided to meet one elderly lady whose name we did not know just a few hours before.

Vasant told her, "Now the time has come that things are revealed to the public which have been kept secret or were lost during the course of time. The situation of planet earth has now become so bad and therefore a subtle and effective supertechnology is being revealed for the benefit of mankind. All this follows a Master Plan and hence everything is given at the right time. This supertechnology is based on fire and subtle energy emanations. Agnihotra is the basic tool".

Mrs. G was very attentive to everything that Vasant said. She seemed well prepared to receive this message. In fact she was waiting for something like this. She purchased an Agnihotra copper pyramid and started Agnihotra the same evening. In the evening we met a young officer from Yugoslav navy who also commenced Agnihotra the next day. The following day a small meeting was arranged. Lia from Ljubljana came and we drove again to Rovinj for a nice walk in a famous park. In this park Agnihotra was explained and the small group of three people became more closely acquainted with us. I talked to them about Homa Psychotherapy as I had been practicing it for some time. We explained Homa Therapy farming to one gardener in this village.

The same evening we met Dr. H who was the technical director of the largest research institute on the Adriatic Coast. The learned doctor had recently resigned from his job because he said that in all the institutions of science one has to form compromises all the time and he no longer wanted to do it. He had left the job and now lives from his goats on his farm a few kilometers away. It is a hard job as he had to be out of his house from early morning until late evening but he likes this and now he is able to do his own research independently. Dr. H knew many things about Agnihotra and he was totally aware of the great power hidden in the copper pyramid used in the process of Agnihotra.

I had fixed Vasant's appointment with him for one hour to talk about nuclear physics and the science of Yajnya. The discussion became very interesting and the talk continued for more than $3\frac{1}{2}$ hours. I acted as interpreter. After experimenting for several months about Agnihotra the learned doctor mentioned some of his preliminary findings:

Every element has its specific form of crystallization. The crystals of copper used in the copper pyramid for Agnihotra correspond exactly to the pyramid form of Agnihotra pot. The person who performs Agnihotra should fact the east for optimum results. This achieves harmony with the magnetic north of the planet so far as the human body is concerned.

As only one person can sit exactly at the right distance from the Agnihotra copper pyramid, for optimum result it is better if every person performs Agnihotra.

Metal interferes with the electromagnetic effect of Agnihotra and therefore no metal whatsoever should be kept nearby the copper pyramid. (For example we should not put the Agnihotra copper pyramid on a metal plate).

The atoms of Agnihotra ash in the copper pyramid always orientate towards the sun. Hence during the day they orientate from east to west.

Vasant suggested that it might be interesting to find out if the atoms of some other materials behave similarly. He said that in the Vedas it was stated that there always remains a constant contact between the sun and the Yajnya fire.

Dr. H said that Agnihotra copper pyramid was like a generator and has a terrific impact on the atmosphere and hence he was interested in finding out the various aspects of this Agnihotra process.

Vasant requested the doctor to share his knowledge and experience with other scientists and let them become interested in the process of Yajnya which is the supreme need of the times that we live in.

Vasant spoke to him about Shivapuri, Akalkot, and invited him to visit the Fivefold Path Mission in India.

The discussion was very intensive all the time. At midnight we stopped rather reluctantly as we all had to get up very early the next morning.

Next afternoon an Agnihotra meeting was held in Ljubljana. A group of interested friends had gathered at Lia's house. Vasant explained the various aspects of Homa Therapy which is the Fivefold Path and suggested how they could start a healing center based on Yajnya to set up patterns of life which could be copied by others in need. Finally Vasant said, "Agnihotra ash is the Saviour. Yajnya is the key".

After travelling with Vasant for a few days it began to dawn on me how this puzzle game worked. We happened to meet one lady in Pula. There we met other people and everywhere people started Agnihotra. It was especially interesting for me how my own questions were answered by going about with Vasant. In fact it was amazing. While we were in Italy Vasant spoke of going to Ljubljana, Belgrade and Zagreb. When I asked him if he had special plans there e.g. whether he knew someone there or had any addresses, he said "No, let us see". It was like a magic puzzle for me. But the way things worked out was more than magic. It was a Master Plan. We were given some addresses in Belgrade and Zagreb. Then we proceeded to Austria.

Austria

From Ljubljana we drive directly to Graz. In Graz in the center of town Edgar and Gunther have rented a flat which is used as Homa Therapy Center. It has a Fire Temple where silence is observed all the time and a Yajnya room (Therapy room) where four hours of Yajnya is done everyday and 24 hours of Yajnya are done during several days of the month. When we reached it was nearing sunset. After Agnihotra many young people gathered to meet Vasant. We had a quick supper and Vasant gave a few minutes talk. All the people who had gathered were Agnihotris. Vasant stressed the need to start Healing Centers all over the world and especially in big towns in the beginning. He said "Times are such that one should think not only of one's own well being and spiritual progress but should think first of helping others. A healing center based on Yajnya fire is the best instrument to achieve this object. It would be a great service to the community if you do this. It is an emergency now".

Vasant requested them to build such centers quickly in different parts of the country. Vasant's manner of speaking here seemed a little different because normally he speaks very bluntly and says "Take it or forget it. There is no second time". Then Vasant suggested some concrete programs for such a center and explained the quick training that some of them have to undergo in Homa Therapy to enable themselves to become more fitting instruments to carry the message of Love thy Neighbour through Agnihotra fire.

Vasant left the meeting and handed over the charge to me. I explained about Homa Psychotherapy.

I said "We experience happiness and unhappiness through the medium of the mind. The basic idea in Homa Psychotherapy is to pack the room with atoms of love so that the mind is influenced. If you practice Agnihotra for a while you will find it more and more difficult to feel bad."

After the meeting we discussed some more practical things. They just had some difficulties with the neighbour who did not like the smell of Homa and had complained about groups of people doing Mantras although they always took all the care. However when Om Tryambakam goes on the 24 hours of the day sometimes a situation like this occurs. We thought over the matter and considered the various possibilities like making the room soundproof etc. I also suggested that a group of young people should rent a farm outside of the town besides maintaining this flat in the center. There are enough people practicing Homa Therapy in this town to be able to run two centers. We then consulted Vasant and he suggested that we should grow our own food by Yajnya (Homa Therapy) Farming and start a vegetarian restaurant in the town as a third place. At this restaurant Yajnya should be done all the time during working hours. We should keep some information about the different vegetarian menus based on live food like sprouting. He said that an information booth can be opened at such a place where information about Agnihotra ash medicines as practiced in Germany could be given.

Germany

From Graz in Austria we proceeded towards Germany as Vasant had fulfilled some commitments. Edgar came with us in our car. On the way we had an engagement in Vienna to explain Agnihotra to a small group.

The next day I left Vasant's party as I had to go back to Konstanz where I teach at the University. When I crossed the Lake of Konstanz by ferry it was beautiful sunshine and warm weather as it should be at the end of April. It was a good contrast coming from snow in Austria.

When I reached home I saw on my table the new American SATSANG in which I read the message of Vasant.

YOU HAVE BEEN TOLD REPEATEDLY FOR A LONG TIME MUCH DE-STRUCTION IS TO COME. NOW WE ARE WITNESSING THAT TIME. MORE AND MORE YOU WILL SEE IT, READ ABOUT IT, HEAR IT.

These simple but powerful words made a deep impression on me. In this thoughtful mood the next day I went in the direction of Munich. Suddenly I felt as if I was put magically into a totally different world as it began to snow like at Christmastime. Vasant's words which I had read just before had proven true. The climate has become totally erratic and this is the first indication of the destruction on the earth to come. I wondered what would happen if snow and cold would destroy the crops in a vast region. All the things we were talking about during the last weeks had suddenly become more palpable.

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