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# HOMA THERAPY FARMING

Vasant

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In Homa Therapy Farming methods when first starting a garden it is helpful for future yields if green leafy vegetables are planted in initial stages. This will enable one to grow anything suitable to the climate later on. If in commercial farming, it does not matter but if YAJNYA is done on a larger scale on say a big farm the results will be immediate and dramatic.

A new phenomena will occur in Homa Therapy Farming with respect to soya bean crops. It will be beneficial to farmers and gardeners to set aside part of their planting area for soya beans where possible. When using Homa Therapy Farming techniques a strange situation occurs with respect to the pathological structure of the legume. A chemical reaction occurs whereby antibodies are introduced into the body by the ingestion of soya beans that will help combat severe diseases, some of which medical people are aware of and some of which are yet to occur. This will only occur where Homa Therapy is used and it is given by Grace.

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### THEY USED TO CALL IT 'HAPPY HOUR'

Barry

They used to call it 'Happy Hour.' I never really understood the concept—especially since a three-hour span was always noted. But when I saw an advertisement recently for a bar in Baltimore which said that the hours of 4 to 7 would be 'Attitude Adjustment Time' I knew things had changed in the 1½ years I had been out of USA.

Of course there were many signs of the changes. This advertisement was just a lucid one. Happiness has become for many it seems a faroff, hazy vision of something we heard about as children. Now the best many hope for is some way to *cope*, some way to get through the days of our lives without "too much" stress, "too much" strain, "too much" worry. That we can become truly happy—for more than a fleeting moment—has left the realm of possibility in the minds of many of our neighbors.

The promises made by our religions have been broken. The drug culture, at one time the prime purveyor of potential happiness, has likewise failed to deliver. All of the accoutrements of Western (and Eastern) culture have not made us happier. Many cannot be faulted for feeling that TIME IS RUNNING OUT. If I cannot be happy, why be at all? Unfortunately this has become the fate of many of us as suicide rates climb.

The realization of unhappiness can be positive however. For often it takes such self-searching and coming to grips with our reality to push us towards whatever changes are called for to take us closer to a solution. "Depression can be labelled 'a yearning for deeper levels of love consciousness" said Baltimore Family Life Center's executive director Ross Ford.

The quest, the all-pervasive searching has been going on with especial vigor in USA since about 1969. To dream the impossible dream....How can we find happiness? How can we find love?

The two questions may be asking the same thing. Perhaps we can find true, lasting happiness only through love. Then how to find love?

There are no doubt many ways. All of us are faced each moment with different scripts. A formula for each moment is difficult to find. Our powers of discrimination and free will are our possessions and we cannot return them (though some try).

Some may wish they weren't alive in these trying times. But they are. So why not try to do the most we can for ourselves and for our fellow traveling companions on this journey?

Love thy neighbor as thyself. Oh no, not again you say. Well, sorry, whatever formulae there are don't seem to change. We've just got to DO IT! Sooner or later WE'VE JUST GOT TO DO IT. THERE IS NO OTHER WAY OUT.

If someone suggests a way out—especially if he is speaking from his own experience—why not try it? If it's legal, not expensive and not time consuming what have you to lose? That it might seem (to your mind or ego) a bit strange shouldn't put you off. Happiness is strange, isn't it?

That the solution might seem easier than you ever imagined likewise should not dissuade you. Who ever said things by their nature had to be complex or difficult?

President John Kennedy once said that since our problems are manmade, man can find solutions to them. So then perhaps we are given the power to undo the wrongs we have perpetrated on the environment.

The Fivefold Path is offered as a SOLUTION TO POLLUTION. That includes the pollution of our minds. Things are getting more difficult, more confused, more intense. The present demands our coming to grips with our lives. There is no other choice.

If some of us think there is any other option than to FILL THE SPHERES WITH

LOVE then that option needs to be experimented with quickly. For time is running out. Each day brings us closer. To what? That depends on our actions.

Try whatever you will. But at least try AGNIHOTRA too!

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#### AGNIHOTRA IS FOR EVERYONE

John Haggerty and Fran

On August 2, 1980 a "Rainbow Festival" was sponsored by some Charlottesville, Virginia residents on the downtown mall. There were booths representing "Life Alternatives" promoting everything from solar energy to nonviolent action. Local craftsmen and musicians added their talents to the celebration. We wanted to take this opportunity to share Agnihotra with the people there. We had met many people at a Rainbow gathering at the end of 1978.

In the afternoon Barry arrived from Baltimore with two guests from Holland, Anita and Ludvin. After a small potluck dinner we went to an area where a small group had formed to listen to some music. Just before sunset there was a convenient break in the festivities. Barry gave a short talk on Homa Therapy and John performed Agnihotra for a group of about 50 people.

After the fire went out a middleaged woman came over and exclaimed "I felt so peaceful while I was watching the flames." She purchased a copper pyramid from Barry and the children's book "Come Join Us On The Fivefold Path" written by Fran. The woman then gave Fran her address and under it she wrote: "Thank you for a serenity-producing experience." She hugged us before leaving.

One of the musicians made the comment "I sensed something so pure and cleansing." A third woman sitting next to John was interested in having someone perform Agnihotra for her at her home. After this was done she found herself getting up earlier in the morning for "no particular reason." She purchased a pyramid and is now doing Agnihotra in her home with a friend.

Reflecting on Barry's talk to people some of us thought wouldn't be interested in Agnihotra, Fran remarked to Barry "You're just magic." An instant reply by way of a song came over the car radio: "You've got to believe you are magic. Nothing can stand in your way."

With Shree's magic flowing through us nothing will stand in our way!

## MEETING IN ZURICH, SWITZERLAND

Berthold Jehle

Saturday January 31 there was a meeting in Zurich where Mrs. Brun has a Fire Temple. It was the third time that I had talked there to some of her friends. First there was a group of astrologers and general information about Agnihotra and Fivefold Path was given.

After this Mrs. Brun built the Fire Temple in the cellar of a big apartment house. She felt that it was very necessary for Zurich to have good atmosphere built up. Alot of troubles were there with young people fighting against the police.

The second visit there a mind training programme was given. Some people came who do Shiatsu massage and have a mudbath. New people came to the third lecture. The slide show about Agnihotra and Agnihotra ash medicine was shown. Everyone was very impressed with the results of the experiments and how easily one could get medicine.

A doctor who was there explained that now doctors come to know more and more about the importance of subtle energies in healing. He works with acupuncture and the background of his knowledge leads to Homa Therapy which is Wholistic Healing. He was very pleased how one piece of stone fit the other like a big mosaic and he wanted more information.

Some of the people wanted to test Agnihotra for some time at Mrs. Brun's Fire Temple. All except one took a copper pyramid. The exception was a priest and he wrote a card thanking us for the interesting afternoon which gave him the opportunity to think about different things.

In the evening Agnihotra was performed. Everyone seemed very harmonious and tranquil afterwards.

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### POLLUTION AND NATURE'S RETALIATION

**Charles Davis** 

Heal the Atmosphere Association

During the first two weeks of October, 1980 Los Angeles was engulfed with smog and pollution to an extent many said they had never witnessed before. Some tried to play down the seriousness of the situation. People have died from the smog. Others have tried to buy oxygen. Some of us will acknowledge the seriousness of this problem. Others will do anything to keep from dealing with the truth.

For a few years SATSANG has been talking of the many catastrophes that would

befall California, such a beautiful state that has been treated roughly by man for his vested interest. Yet few take heed.

Recently there was snow in an area of California that has never had snow or frost before. There have been forest fires that some say were started by the friction of hot desert winds. There have been landslides that crushed homes of the rich. Oddly it seems so much of mother nature's retaliation has been directed at the rich man's material belongings.

It seems as though the entire west coast of USA is becoming unbalanced. Recently Mount St. Helens erupted in the state of Washington causing a great feeling of uneasiness on the entire west coast. The residue from the eruption traveled throughout the world. In USA some states put out pollution alerts as people waited for the fallout to arrive in their areas. It reminded one of the angel of death.

The area that surrounds Mount St. Helens was once a vacation resort of much beauty. Now it all has been destroyed by lava and ash. Some areas recorded ash two feet deep. During the eruption the sky turned completely black during daytime as ash spouted from the mouth of Mount St. Helens.

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# MOTHER NATURE REBELS SOME TAKE HEED SOME DO NOT

In New Jersey today there is such a tremendous water problem due to pollution that the state of New York has to pump about 700 million gallons of water a day to try to help New Jersey through this dilemma. New York cannot keep supplying her at this rate.

Recently in Algeria a devastating earthquake took more than 20,000 lives according to some estimates.

And now in America we have the "toxic shock syndrome" an unknown terror disease striking women. Though one scientist claims to have isolated the bacteria, most still cannot explain why or what causes this disease.

IT HAS BEEN TOLD TO US THROUGH SATSANG THAT POLLUTION WOULD BEGIN TO SHOW ITSELF IN THE FORM OF MANY NEW DISEASES. Could this be one?

PERFORM HOMA THERAPY FOR PURIFICATION OF THE ATMOSPHERE. IT MAKES THE ATMOSPHERE MEDICINAL AND REDUCES DISEASE. AGNIHOTRA IS THE WAY.

G.M. Baltimore

I'm now helping out at Abbotston Street Center. We are doing daily 4 hour OM TRYAMBAKAM HOMA and have set up a working Homa center. We are in the process of building a greenhouse and will be making our own medicines and herbs.

I enjoy Yajnya so much. The time goes so quickly in there. It's so helpful to me—gives me the strength I need to do the work and the 'protective shield' not to be harmed.

THINGS ARE SO CRAZY IN THE CITY. THE ONLY THING THAT HAS MEANING IS AGNIHOTRA AND YAJNYA.

Everybody is curious about what we are doing—asking so many questions, waiting for the 'miracle' and it's already here.

I'm a 100% vegetarian now. I've been doing my disciplines—feel better, stronger, losing weight, getting stronger. My meditations are so deep. We see all the revelations and predictions around us. It seems like only a few will survive. I stopped smoking too.

Yajnya has erased my desire for drugs—no more drug problem. I am free at last. I did the first six months without anything other than will power. Now my mind is 'trained' and I feel so much better.

I went back over my Fivefold Path 'Mind Training' class notes and read them once a week and practice it. Of course I am staying spiritual. Really I keep my mind on Shree.

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I have been receiving Satsang and am very interested in its contents. Some of the information stirs me to believe that I would like to know more about your way of life and therefore I am writing to ask if there is someone practicing in Chicago."

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Thank you for your wonderful newsletter. There is always something in it that is a bit of a revelation to me. It activates what I know already for I seem to agree with so many things that you write. Makes me want to read more.

Corrie Hof Bilthoven, Holland

Anita, the girl next door, had an assignment to speak on a topic to her French class. She spoke on Homa Therapy and even did Homa in her class. She was very excited about this.

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**GRACE** Cárola

Grace let us meet Grace let us see Grace gives the power To make us the Lover Of the whole Universe

Grace descends on earth As never it was heard Grace brings together As fire collects all friends

In whatever lifestyle they are
As long as they search
To be happy and healthy
Grace will let them
Practice Agnihotra and
In happiness we will be finally one

Grace will purify Mother Earth
From all the dirt
Grace gives man a wonder weapon
In the shape of a pyramid copper pot
Grace brings to you Agnihotra
A small healing and purificatory process
of Yajnya fire.

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