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## REPORT FROM HUNGARY AND POLAND

Klaus Wilhelm

On November 30 Roland and I left Austria for Budapest. We wanted to be there for Agnihotra and reached Somlo Klara's place 10 minutes earlier. She welcomed us with all kindness. In the evening she made phone calls to organize appointments for us.

On Monday we met Fazekas Andras whom we knew from our first tour of Hungary. He accompanied us to Dely Karoly's school. We were invited to give talks in his classes the following day.

He reserved the last 15 minutes of his one hour lesson for a talk on Agnihotra and performance of Vyahruti Homa. We also chanted Agnihotra Mantras with the group. We did the same the next day.

Tuesday evening we went to Baross school but they had no time for us. On Wednesday afternoon we did Agnihotra with Malnai Tibor, a teacher at the school. We had a deep meditation and he enjoyed it much.

We left for Warsaw, Poland Wednesday night by train and reached there 5 p.m. Thursday. We did Vyahruti Homa in the hotel and went out to find the acupuncture doctor whose address we had. He was no longer at that address and could not be traced.

In the morning we went to the office of the international newspaper "Poland". I told them why we had come and that we wanted contacts with people who might be interested in a healing science from Vedas. They were very helpful and friendly and asked us to come back the next day telling us they surely would find for us such people. They gave us the address of the Indian-Polish Society and said they may also help us find contacts.

I went to the society in the evening while Roland did Tryambakam Homa in the hotel. The secretary was very receptive to the words on purification with fire. I placed the Agnihotra copper pyramid on her desk and started explaining. Soon more people from the office assembled as I showed all the ingredients for Homa fire. A young man appeared and asked me to sit in the clubroom with him and talk. He was a sitar player and knew some Sanskrit and some Mantras. Two more girls and a boy sat down at our table so I asked the young man Thomas to translate a talk on Homa

Therapy. He knew perfect English and translated very well. I talked for about half an hour and then performed Vyahruti Homa.

The place then closed and we went to a nearby teahouse to continue talking. They purchased three copper pyramids and the book "Light Towards Divine Path." I gave them a Mantra cassette and some materials for Agnihotra.

On Friday we returned to the paper where we were given the address of a Mr. Stefanski. We phoned him right away and he was very interested in the subject and invited me to come in the evening. Roland did Homa in the hotel. Mr. Stefanski is the president of an organization which includes sections on alternative medicine/healing, psychotronics, anthroposophy, parapsychology, yoga and many more.

I TOLD HIM ABOUT THE PRESENT SITUATION OF THE WORLD AND HOW WITH HOMA WE CAN RESET THE ENERGY CYCLES THAT HAVE BEEN DISTURBED BY POLLUTION. I EXPLAINED HOMA AS A WHOLISTIC HEALING SCIENCE THAT NOURISHES THE ATMOSPHERE, HARMONIZES THE FLOW OF PRANA AND HELPS PLANTS, ANIMALS AND MANKIND TO LEAD HAPPY LIFE.

He was familiar with subtle energies so he could understand how their functioning was disturbed by pollution and how all living things were affected and suffered from tension and pressure due to polluted environment. He showed me a book he wrote that stated that long before Kirlian discovered the subtle energy body the same discoveries had been made in Poland. We talked until late at night.

Mr. Stefanski is organizing a 2-day congress on Para-Medicine to be held in Warsaw in September 1981. Several hundred guests are expected. He invited me to talk there. He thinks it is very important to give this message to many people. Before I left he gave me the phone number of a Mrs. Winnicka and insisted I contact her the next day.

Mrs. Winnicka works with television and films and had so many appointments and she had only 15 minutes to talk with me. She was so interested that she took a copper pyramid immediately and also literature. She wanted me to meet some of her friends and gave me several phone numbers. She said she would be very happy if I could do Agnihotra with them so that she could learn it. She knows much about different healing methods from various parts of the world. She is thinking of setting up an alternative healing center on a farm in Poland.

I began making arrangements for sunset Agnihotra. It was 2 p.m. and sunset was at 3:20. I phoned the first number, Mr. Marek. He promised to call all the other people to come for Agnihotra. I only said I would come and do healing with fire and that is what he told them. I rushed to the hotel, gathered copper pyramids and materials, some literature, jumped into a taxi and at 3 o'clock I was at Mr. Marek's flat. The door bell rang continuously and seven more people arrived, the last one a minute before Agnihotra.

After the fire burnt down I asked Mr. Marek to translate a talk on Homa Therapy. Next to the Agnihotra fire I had a new copper pyramid. After the talk one lady Mrs. Ama asked me to give her that pyramid and from her eyes I could see she was wondering how to handle such a copper pyramid. I told her that it could be hers if she wanted it. She jumped from the chair, gave me a kiss on the cheek and sat back into her chair. Then she started questioning me about the details of Homa. She noted down everything I said.

I mentioned that this was the first time someone had come to Poland to show Agnihotra. If somebody from the group would sincerely start to practice it, I said, this person could do great work in serving the society and helping many people by spreading this knowledge. Mrs. Ama immediately said she would do it and carry Agnihotra to other Communist countries also. She also said she would find someone to manufacture Agnihotra copper pyramids in Poland. She is thinking of finding a room in Warsaw that may be kept only for Agnihotra and meditation.

As I began to talk about long Yajnyas the group wanted to experience a half hour Om Tryambakam Homa. I said it was an excellent time to perform such a fire as it was no moon day. By the end of the fire some girls had already learned the Mantra and chanted with me. Everyone was pleased about the atmosphere and the smell. Mrs. Ama said she could feel the energy coming from the fire. She asked for two more pyramids and literature and was extremely happy to receive the material. I also gave her Agnihotra materials and a Mantra tape.

Mr. Marek and his wife also asked for a pyramid. They invited us to come the next day for lunch and Agnihotra. Mrs. Ama said she was going to Moscow soon and would show Agnihotra to her friends there.

I called Mrs. Winnicka again and she invited me for morning Agnihotra at her house. When I arrived there I was surprised to see four more persons present. She had called people at 10 p.m. to inform them about the Agnihotra in the morning. Mrs. Winnicka's pyramid was inaugurated and when Agnihotra was over we chanted

the Mantras together and made a tape. Two people wanted copper pyramids and books and thus the two remaining pyramids were sold. I had brought 10 pieces and exactly ten were requested.

Mrs. Winnicka became very interested and also asked for our address in India because she would go there again to visit nature cure centers. I told her how Homa was used in such centers and HOW OTHER THERAPIES COULD BE PRACTICED WITH MORE SUCCESS IF THE ATMOSPHERE WAS PURIFIED AND HEALING VIBRATIONS WERE COLLECTED AND SPREAD BY AGNIHOTRA.

In the afternoon Roland and I went to Mr. Marek's for Agnihotra. He had informed two ladies to come. Again he translated for them. His wife took us to the train station where we had an appointment with Thomas before leaving. He asked us for Agnihotra materials and we gave him what we had. We chanted Mantras together and he enjoyed it.

Although the political situation in Poland seems to have become tense, the light shines brightly in the hearts of a few people that we met. Some told us about prophecies that after a time of suffering a new world would arise in Poland and many good things would spread from there. They believe that time is now and they asked us to support them by sending them our love and thinking of them in these difficult times.

We saw long lines in front of the food markets in Warsaw but fortunately we had brought muesli with us from Austria. We had a small cup every afternoon. Breakfast was given at the hotel. Although we ate so little we were full of energy all the time and became higher every day until we could smile and laugh in every situation which had been difficult in the beginning.

We left with joy in our hearts. Shree's guidance was clearly experienced in these days and we are sure that He has ignited some hearts with the all purifying fire of love.

Thank you so much Shree for giving us the opportunity to serve in Your Plan.

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## REPORT ON EXPERIENCE WITH GARDEN AT AGNIHOTRA PRESS

Mike Billian

The vegetable garden at Agnihotra Press this summer has been a great success. All the plants thrived and there was very little damage from insects or disease. Daily Agnihotra was performed in the center of the garden at sunrise and sunset. This was done to give plants the healing vibrations which emanate from the copper pyramid when Agnihotra is performed and to increase the quantity of nutrients.

The garden was divided into seven equal sections approximately sixteen feet by thirty feet. One person was assigned to each section. He or she was responsible for planting the vegetables that were designated for their section in our garden plan. Each person was to keep his or her plot weeded and watered and was to harvest the crops when they were ready.

We formed our garden into many rectangular mounds four feet by twelve feet by digging shallow trenches around each mound. The dirt dug from the trenches was added to the mounds and the mounds were then raked flat. The trenches were about a foot and a half wide and served as a walkway and a drainage system. In the mounds two, three or four rows of plants were planted depending on the type of plant. Soil in the mounds stayed surprisingly loose. The mounds were never stepped on. We found the mounds helped to keep the garden neat and organized and found all the plants grew well in them.

The soil in our garden was not treated with any chemical fertilizers or pesticides. When the plants were planted, Agnihotra ash and some compost was spread around the roots. When seeds were planted, Agnihotra ash was mixed into the soil of each row. Not only is this ash a good fertilizer but the ash holds a subtle healing energy which helps the plants. We always had good germination of seeds and quick growth. Also no plants that were transplanted died.

We discovered some good ways to get rid of insects that bothered certain plants. A solution was made by soaking Agnihotra ash and dried cow dung in water for three days. This is a good bug repellent and is very healthy for the plants. Also experiments were made with certain herbs from our herb garden which are recommended as insect deterrents. These herbs included garlic, spearmint, cayenne, pennyroyal, sage, thyme, wormwood, oregano and others. The herbs were put into a blender with hot water, ground up and strained. The filtered solution was put in a mister and sprayed on plants bothered by insects. The insects usually fled the plants sprayed with our organic concoctions. Another thing which helps deter many bugs is sprinkling powdered Agnihotra ash on the leaves of the plants. The finely powdered ash seems repelling and irritating to insects. Some insects could be controlled by picking their eggs off of the plants. For example, the Colorado potato beetle lays bright orange eggs on the underside of the leaves which can be easily seen and removed by hand.

MANY PROBLEMS THAT MOST OTHER GARDENERS IN OUR AREA HAD

WITH INSECTS AND DISEASE DID NOT OCCUR IN THE GARDEN AT THE PRESS.

For example: string bean plants were generally plagued by the bean beetle and its larvae. Many area gardens were infested with them (before they sprayed the plants with pesticides). Few of these insects were seen on the Press garden plants which grew healthily until the end of the summer. Zucchini and other summer squash plants are usually attacked by a "stalk borer" which causes the stalks to wither and die. The plants are generally limited to less than a month of good production of fruit before they are rendered useless by the bugs. The plants in the Press garden which were started in early summer were not bothered and continued to produce good squash until early October. Also the cucumbers had few cucumber beetles and the radishes had very few root maggots both of which are common pests to those plants. Sometimes bugs would infest some plants but always after the plants had finished their production of fruit and had become weak.

One interesting thing about our garden is the fact that for the majority of the summer we had very little rain and at the same time found it difficult to water the garden. SURPRISINGLY THE PLANTS DIDN'T SEEM TO SUFFER FROM THE NEAR DROUGHT CONDITIONS. ALL GREW VERY PLENTIFUL FRUITS. WE FEEL THIS MAY BE DUE TO PERFORMANCE OF AGNIHOTRA IN THE GARDEN. According to Agnihotra University Farming Bulletin #1 by Vasant (published in 1978) "Soil in Yajnya atmosphere holds moisture better than any soil. It is due to the ghee and the feedback effect of the Yajnya on the atmosphere. When the nutritional rain comes the nutrients and moisture are held as a unit in the soil. This makes for better quality vegetation. It seems fantastic but is true."

When we harvested crops that were ready much of the surplus was canned, frozen or preserved. Many cans of tomatoes, frozen bags of string beans, squash, peas, beets, lima beans and boxes of potatoes and winter squash are stored for fall and winter use.

There is something so nice about having a garden. We were often drawn to the garden daily just to see the changes and growth that was happening there. Could this also be the "Feedback of Love given to the area helping to negate the effects of thought pollution"? (Farming Bulletin). It's a thrill to see the little plants and seeds we planted grow and make food for us. It takes some hard work and planning but it's worth it to have food grown with Love and without poisons.

## Shivapuri—Christmas 1980

Barry

On Christmas Day about 35 Agnihotris from USA, Germany, Austria, Holland and India sat on the terrace of the Therapy Building of Fivefold Path Mission's International Homa Therapy Research Institute, Shivapuri, Akalkot, India, and sang carols as well as Austrian, German and American folk songs.

Though some had left their spouses and children in their native countries on this traditional family holiday, the feelings of closeness and love we felt individually and collectively gave added meaning to the Love we experience from Agnihotra.

Here we were in South-Central India with a group of people speaking about five different languages—many of whom could not therefore even communicate with each other verbally—some of whom we had met for the first time the previous day and the aura of togetherness belied all of the facts. Truly we must be on the verge of a great coming together. All attachments must be broken sooner or later we have been told. But to be able to do so with JOY is a reward few seem able to experience in this age.

The opportunity to KNOW what it is like to be under the loving mantle of a great Master, whose guidance extends from the largest to the minutest of human endeavors is unsurpassed. The simplicity and clarity of it all is astounding.

And how it remains simultaneously an UNFOLDMENT FROM WITHIN can only be experienced. There are times we wish—consciously or otherwise—for more to be given to us. But it comes only when the time for it has come. It comes when it is best for us (and others) Karmically. It comes as part of a great plan the scope of which we know but very little.

But some of us come to know that we don't need to know. We don't need to ask so many questions. We can accept some truths from experience and embrace others based on faith and devotion. Immediate gratification and reward is a stage of life we must learn to outgrow. This is a big journey we are on. If we keep stopping for candy at every rest area we'll never get home. WORKING THROUGH THE LAST THREADS OF KARMA IS ELECTRIFYING EXPERIENCE we have been told.

And then the truth may be that we don't really know what Home is. That's the point. Those who thought they weren't close to home sitting on the terrace at Shivapuri on Christmas Day should think again.

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