

VASANT'S TALKS IN EUROPE—1980

It is probably best to plant in mounds like the Rudolf Steiner method. It allows much more food to be grown in less area and it is much easier to care for.

Bees become important for us from a scientific point of view as well as nutritional point of view. We should study them somehow. Bees thrive in Agnihotra atmosphere.

Food drying would be a good method of storing food. Perhaps we should only can when necessary.

Papaya and mango are extremely healthy fruits and they can also be medicinal when used properly.

We have to take science to a place now where they can see logically and understand easily that by putting something like medicinal herbs into YAJNYA fire, observing certain disciplines accompanied by Mantras a drastic change takes place in Universal Prana thereby creating a healing effect on the mind.

GROWING FOOD IN THE CITY

Stuart Masill

Readers of SATSANG are familiar with Homa Therapy Farming methods as printed in Bulletins 1-6. The methods stated therein are simple in technique and valuable in content.

Anyone may utilize Homa Farming even if one lives in the asphalt jungle. Simply start with a small bed of earth in a wooden box i.e. window box or something similar and grow cress, herbs and lettuce year round according to Homa Therapy Farming. One living in New York City may marvel at having fresh home grown food at hand.

If you are fortunate enough to have a small piece of land available then take the opportunity and make a "deep bed" garden. Deep bed means you dig deep to 18 inches and never walk on the bed but walk around it. A standard size could be 5 x 10 feet or 5' x 20'. The deep bed method enables you maximum space for crops with less work. A small vegetable garden can be kept year round.

Store your food in Homa atmosphere. Wash the food with Agnihotra ash water then cook the food with Agnihotra ash water.

To prepare the water, boil for several minutes, allow to cool, add ash, stir periodically, allow to sit for 6-8 hours then use. A clean copper container would suit best for water storage.

Try Homa Gomasio for added flavoring to vegetables: 1 part Agnihotra ash, 1 part sea salt, 15-20 parts sesame seeds, toast in a stainless steel pan, then grind all together.

Self grown products in Homa atmosphere assures one of highest quality food necessary for body and mind.

AGNIHOTRA & BALTIMORE ARE BEST

Barry

BALTIMORE'S BEST— BALTIMORE IS BEST. So read thousands of stickers placed on automobiles, houses, buses and billboards in Baltimore, Maryland.

As a suburb of Baltimore (Randallstown) is the only known place on the planet where continuous 24 hour Homa has been going on for almost 2½ years and as Baltimore is the only city that has four public Homa Therapy Centers, perhaps a new sticker can read:

BALTIMORE'S BEST IS AGNIHOTRA!

VISIT TO FINDHORN, SCOTLAND

Sun Fenz

Graz, Austria

In 1979 on our honeymoon Dietmar and I went to Findhorn in Scotland. It is a well known spiritual/agricultural community begun in 1962. We did the Findhorn Experience Week which offers an introduction to the principles on which the community is based. By performing Agnihotra and several other Yajnyas whenever it was possible perhaps we prepared the atmosphere for our return visit.

We went again to Findhorn in September 1980 to tell them more about Homa Therapy. On our way we passed Radolfzell, West Germany and visited Dr. Ulrich Berk who has started a Homa Therapy Center. He introduced us to Berthold and Monika Jehle who supplied us with a tape and slides about Agnihotra and Agnihotra ash medicines.

On Sunday we were glad to join Werner Metzger and his family for a 24 hour Yajnya at the Kriya Yoga School at Bittelbrunn, West Germany. They provided us with some English literature on Homa Therapy.

After riding the whole night through France we arrived at Calais right at sunrise. We did Agnihotra on the way to the ferryboat which took us to London. A man doing chemical research at a university gave us a lift to London. He was very interested when we told him about Agnihotra and he wanted to know the address of Donald and Gill Weatherby, Homa Therapy teachers in London. He dropped us right in front of the Weatherby's house.

Donald and Gill are very busy renovating a house in order to establish a Homa Therapy Centre. They also gave us alot of literature on Agnihotra as well as materials for Homa and the next day we took off for Findhorn in the North of Scotland.

Again travelling all through the night as if driven by invisible threads guided through Shree's Grace we arrived at Forres. The driver who gave us the last lift offered us the local newspaper so that we came to know the time for sunrise. We arrived at Cluny Hill College, the main residence for Findhorn visitors, sat down to enjoy the peaceful atmosphere and performed Agnihotra.

Gina, a community member from Vienna who was working with us in the Findhorn kitchen last year was glad to see us again and as we were very tired from the long journey she offered us her room. Gina was one of the people who did Agnihotra with us last time and she did it with us again.

We were later given a nice room in which we could show our slides and speak about Agnihotra. People were impressed and enjoyed the Vyahruti Homa we performed in their meditation room.

Mr. Dayrit from the Philippines a lawyer decided to begin Agnihotra in his own copper pyramid immediately. He said "I am Christian. I want to try this fire because I think it is a benefit for all human beings whether they may be Christians, Buddhists or whatever." He invited us to come to the Philippines.

We continued practicing Agnihotra in the meditation room and everybody was pleased with it. Some people even asked whether they could join us for 5 a.m. Homa and Mantras and we were very happy to be able to teach them some Mantras.

People also tried the medicine we prepared from Agnihotra ash mixing it with ghee and honey.

Arielle, a girl from Paris tried it once and said “You know I always have troubles with my stomach but when I ate your ash the troubles were gone.”

Arielle and Helga, a girl from Vienna decided to come to the full moon Yajnya at Donald and Gill’s house in London on September 24. That same day Barry Rathner arrived in London from USA. There Helga purchased an Agnihotra pot for herself and one for her friend Franz who was also with us in Findhorn. We gave one pot to Arielle and another one was sent to Marie Anne in Findhorn. After sitting at the fire for the first time she said “I want everybody to come to know about this fire because I want people to be happy.” And so do we.

DO EXPERIMENTS WITH AGNIHOTRA

Ron Gochrach

People want to be tricked into everything. They will believe anything but the truth. If we offered knowledge of Agnihotra to the world for a price there wouldn’t be enough Agnihotra pots to go around. That’s the nature of man. If someone else can do it for you for a price, beautiful. Make a check out to your favorite preacher— nice gesture, tax deductible—you may even get a commemorative plaque with your name on it at your local church.

BUT THAT WILL NOT MAKE YOU PURE AT HEART.

The spiritual path is not a hassle. There are no memberships, no dues to pay; you cannot join any organization; you don’t get to call yourself anything. If any of the above are connected to what you do or believe you’re a beautiful sucker, but a sucker nevertheless. P.T. Barnum would love you.

“Blessed are the pure in heart for they shall see God.” No one can sell that to you. No one can do that for you. It must come from your own experience. There are no gimmicks to God. No tricks. You must see the experience for yourself. You must work on yourself. Others may tell you anything. But this knowledge is truly gold for only the asking and your own doing.

Don’t wait for a tidal wave to learn to swim. Does a volcano have to erupt in your backyard before you get off your lazy butt? Think for one minute how far you are from safe drinking water if an earthquake breaks the water mains in your city. How would you react? How would you deal with radioactivity if toxic waste dumps were disturbed by natural causes? How about deadly fumes, gases and chemical?

This is not fiction. It’s truly knocking at your front door. A recent article stated that

there are over 131,000 toxic waste dumps in the U.S. alone.

The situation is nearly beyond the control of the scientist and mankind in general. You are a fool if you believe that those who created this situation of worldwide chaos know the way out.

Not even one person exists among the great scientists, the so called brain-trusts, superheroes, superstars and other forms of man and ego worship who can make one single mustard seed.

Oh great ones of the world—**TRY TO BE HUMBLE SO THAT YOU MAY LEARN ABOUT YOURSELF AND THE UNIVERSE EVEN FROM CHILDREN.** You don't have the solution. Why pretend? All is Karma. You must pay the price sooner or later.

Follow the Satya Dharma or be consumed by your own creations. Time grows short. You know it. We know it. Your intellectual con job is almost finished. Destruction is worldwide now. **AGNIHOTRA IS THE ONLY WAY.**

But don't believe us. Believe your own experience. Do experiments with Agnihotra and Homa. Apply whatever controls you wish. Use any measuring devices you want. Use the equipment you have or invent new ones if necessary. **AT LEAST TRY. THE TRUTH IS YOU HAVE NO OTHER CHOICE.**

AGNIHOTRA MEDICINE **Hyderabad, India**

Dr. Rajeev Arab

A 23 year old male was suffering from frontal sinusitis. The clinical symptoms were pain and tenderness in the frontal region and running of the nose. X-ray of the frontal region showed opacity and congestion.

Following treatment was given: 1. nasal decongestants. 2. antibiotics for a period of one month. However the patient did not respond to the above. The doctors advised roof puncture for which the patient did not agree.

Treatment given in the present study: the patient was made to sit near the Agnihotra pot every morning and evening for a period of one month. Agnihotra ash was rubbed in the frontal region and was also given orally immediately after performing Agnihotra.

Observations: the patient started feeling better after one week. During this period no other treatment was given. There was no headache, no running of the nose and

patient was completely cured after a period of one month.

KRIYA YOGA SCHULE, WEST GERMANY

At the Kriya Yoga School of Fivefold Path in Engen/Bittelbrunn the universal science of Kriya Yoga is taught in theory and practice. Past experience has taught us that visitors coming to the school for an introduction course are only able to learn and understand part of the basic knowledge in the short time they remain here.

Consequently we have begun a correspondence course **INTRODUCTION INTO THE SCIENCE OF KRIYA YOGA**. Students now can have the advantage of learning this basic knowledge in their own homes. Questions that result from study of the correspondence course can be discussed at the school every Sunday or by telephone.

The course consists of the following:

What is Kriya Yoga?

The Fivefold Path of the Vedas to reach knowledge of the Self.

HOMA THERAPY is healing with fire.

Homa Therapy Farming.

Pollution and its effects.

Which is the right food?

About the necessity to practice Kriya Yoga.

Exercise: Pranayama, exercises for concentration and relaxation.

HOW TRUE

We have spoken often of the humility of the topmost scientists of USA and Europe as they learn of the limitations of science and intellect. The following quotation of Dr. Bradford Smith, head of Voyager's photograph experiments of planet Saturn is illustrative. "I THINK WE CAN PREDICT THAT MUCH OF WHAT WE THOUGHT WE UNDERSTOOD WILL BE FOUND TO BE WRONG."

ASK YOURSELF THREE THINGS

We must curtail expenses if we are to survive. Hard times ahead. By Grace we will be uplifted. Still He requires us to be alert and aware of situations. Situations change. We must make note of this and do all in our power to **COMBAT THE FORCES OF EVIL** that are in existence in our society today.

We cannot exist as brotherhood or sisterhood without integrity.

Ask yourself three things.

Am I practicing my disciplines regularly on a daily basis?

Am I doing my best to control my anger, lust, jealousy, greed, etc.?

Am I using my time to the best of my ability? If so there is no reason for inefficiency or tardiness.

No excuses for forgetting important instructions or completing the work assignments properly and on time. Now in this new era we must rely on self discipline. This is of particular importance at Agnihotra Press.

If a vehicle is properly tuned with all parts running smoothly then we do not expect it to break down. Keep the body properly tuned with meditation, properly fed and cleanly clothed. Barring occasional illness it should serve you well.

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