

REPORT ON THE YEAR 2000

Barry

The President of the United States has received a report approximately 3000 pages in length. It has cost a substantial sum to prepare this "Report on the Year 2000." (See Satsang No. 13, November 20, 1980.)

It chronicles events which appear as if extracted verbatim from the pages of SATSANG. The main difference is that it portends the happenings for 19 years from now. That amount of time is not sufficiently distant to allow any strong complacent sense to settle upon us. But even that length of time can be construed perhaps as wishful thinking or political expediency.

We have been informed earlier that top scientists would say privately that a much nearer point in time—say three years—was closer to reality. In that short interval these scientists fear changes to planet earth may occur that may indeed threaten the planet's existence and us its inhabitants.

What can we do about it? On one level we can **FILL ALL THE SPHERES IN WHICH WE ARE BLESSED TO BE WITH LOVE**. On another level we can by becoming more perfect examples of what we preach and what we want to be perhaps influence others to try the same.

Thirdly we can do more **HOMA**. That of course helps ourselves and others simultaneously. The cycle of healing and energy-charged peacefulness built up in a place where daily Agnihotra and daily 4-hour Tryambakan Yajnya are done is truly wonderful. And this alone helps us become more perfect examples of **LIVING LOVE**.

What else can we do? **TELL A FRIEND ABOUT YAJNYA**. The days of shyness and hesitancy about revealing to others what we do at sunrise and sunset are long finished. As John Brown, president of Agnihotra University said on a television show telecast in Baltimore in September, "When I began doing Agnihotra I considered the fact that I was inhaling burnt cow dung. But when I considered all of the other substances I inhaled daily—many known to be hazardous to health—and considered that I was told that Agnihotra might be beneficial to health..."

People are searching for good health and happiness so desperately in these troubled times that superficial embarrassment e.g. over mention of cow dung should not dissuade us in the least from telling others of Agnihotra. The changes in reaction of audiences I have addressed the past four years attests to this. At first we would have to ease our way into it—“Now when I tell you about the fourth substance burned, you may laugh.” Now with rare exceptions, people don't blink an eye.

For many there really isn't much time left. How do I know this? We need simply to read about a month's worth of newspapers these days. The frequency of disturbances in weather, natural calamities and manmade violence is unparalleled in the lives of generations now on earth. And the tension and stress that affects us isn't any less hazardous just because it takes longer to kill us or make us unhappy.

Yes these may be troubled times and yes, we may not be able to wait for the approach of the year 2000 to do something about it but as it is said that it is better to light one candle than to curse the darkness, so it is better to light one Agnihotra pyramid.

HOMA THERAPY FOR ISRAELI CHILDREN **Arad, Israel**

Sam

The 4th International Colloquium in School Psychology opened on June 29, 1980 in Jerusalem. The next day a keynote lecture was given by David Elkins of Tufts University, USA. In his lecture he mentioned that one out of every three marriages in USA ends in divorce.

On July 1 I gave a workshop on “Yoga Treatment for Exceptional Children.” The workshop was to be from 2:00 p.m. until 5:00 p.m. I had never given a talk on Yoga for three hours and I was very anxious. Before the talk I knew I had to sit quietly for some time to ask SHREE to let all the words that flow out of my mouth come from Him. This lecture was to be given in Hebrew, a language that I do not speak fluently.

The lecture started with 40 people in attendance. First all the chairs were removed from the hall so that people could sit on the floor to experience what the children experience. A brief explanation was given on the effects of Hath on bodily organs and the nervous system.

Then it was shown how to sit properly with the spine erect and an explanation was given as to why it was so important to sit with the spine straight. The flow of energy (Prana) becomes harmonized in the body. This was the first time that most of the

people had even heard about Prana and this was explained as “the life energy that flows through us and connects us with the cosmos.” When Pranic flow is in harmony we become more in harmony and tension becomes less.

Then it was shown how to breathe properly, only breathing through the nose and starting from the stomach, going to the ribs and then to the chest and exhaling from the stomach, ribs and chest. Explanations were given as to the connection between atmosphere, Prana and mind.

Next breathing (sound) exercises were given AH, YU, SO, EE etc. and finally AUM. Some other exercises followed including Cat Pose, Sooryanamaskar and finally the Corpse Pose. When this was over the people did not want to get up as they felt so relaxed. The pamphlet that Fran Rosen wrote “Creative Exercises for Children” was handed out to people and was reviewed with emphasis on the connection between body and mind. Then a talk was given on Homa Therapy and by this time three hours and twenty minutes had gone by. People wanted to continue but they had to go on to other lectures.

An open invitation was given to anyone to come to Ahora Schnieder’s house. Soon people came for evening Agnihotra. A talk was given at more length on the effects of Homa on children, how it calms down hyperactive children and helps them to concentrate more.

Mr. Yitzchak Bloom is the educational psychology director of Mirom HaGalil, an area in the north of the country. He lives in Moshav (settlement) Amirim, a total vegetarian community. He wants me to come to his center to give 1-2 day workshop on Yoga and Homa Therapy to the teachers and psychologists on his staff. He also said that he wants to build a clinic and possibly start a Wholistic Healing Center there. Plans were made for this workshop as well as for other workshops to be held at different educational psychology stations throughout Israel.

AGNIHOTRA & MICROORGANISMS

Dr. A. D. Mondkar

Dept. of Microbiology, Grant Medical College, Bombay, India

Functioning of any living being is controlled by its cellular metabolism and microorganisms cannot be an exception to this rule. Virulence of pathogenic bacteria is thus controlled by their metabolic activities such as release of haemolysins,

necrotoxins and several other harmful products in the surroundings. It has been always emphasized that Agnihotra controls metabolic activities. An interesting experiment was therefore carried out with promising results. The procedure and the results are briefly as follows.

A strain of *Staphylococcus pyogenes* isolated from a pus sample was inoculated on two human blood agar plates. One of these was exposed to Agnihotra fumes at sunset and allowed to remain in that atmosphere till sunrise. The second plate which served as a control was incubated at room temperature away from Agnihotra atmosphere. Surprisingly there was an appreciable decrease in the zone of haemolysis in the 'Test plate' when compared with the 'Control plate.'

Further, cultures from both the plates were emulsified in 1 ml of normal saline separately. Turbidity of both the tubes was adjusted to match Brown's opacity tube No. 3. 0.1 ml of each suspension was injected intradermally on each thigh of a white albino mouse. The mouse was observed for five days. It was observed that the cultures from the 'Test plate' did not produce any lesion whereas the one from the 'Control plate' produced typical abscess. This is clearly demonstrated in the photograph.

Therefore it appears that Agnihotra played a vital role in controlling the production of haemolysin and other factors. It is necessary to carry out many more such experiments to draw any concrete conclusions. This is just a *preliminary* observation.

HUNGARY 1980

Klaus Wilhelm

Monika, Roland and I went to Hungary on September 16 going straight to a Club in Budapest. Fortunately the courses had started one day earlier and 20 students were present when we arrived. We told the teacher why we had come and we were offered one hour to talk and to do Agnihotra.

I talked about the different sources of mind disturbance and how we can correct them. I ALSO TOLD THEM HOW IMPORTANT A HOMA HEALING CENTER IS AND HOW IT FUNCTIONS.

Roland gave a short introduction about Homa Farming. Monika did Agnihotra and a short meditation followed. Afterwards I answered questions to the satisfaction of all.

Four people bought Agnihotra copper pyramids. Literature was distributed and

Mantras were chanted in unison. We also made tape recordings of the Mantras.

One lady invited us to come the next day to her home. She had a room which she used only for meditation. At 12 noon we did a Vyarhuti Homa there. She liked it much and promised to start Agnihotra in that room and to keep silence.

In the evening we went to the Club again and I talked to a group of young students. One student who purchased a pyramid the day before translated and again Agnihotra was done. He was impressed and told us that he would start Agnihotra immediately. We left him a supply of cowdung.

The next day we went to the lady's house again and again did a Vyarhuti Homa and 15 minutes of OM TRYAMBAKAM with her. She said next time we come to Hungary we could stay in her house. We left a good supply of cowdung with her and a Mantra tape. She was very happy that she had learned Agnihotra.

INSTANT AGNIHOTRA

Lisa Powers, Madison, Virginia

On our recent trip to Tennessee, Richard and I were able to teach Agnihotra at three places. All three took to it immediately and enthusiastically. People saw instant results. One lady who suffered from lung damage experienced complete pain relief after one sitting at Agnihotra. The same was true of a man with sinus trouble.

We showed Agnihotra at a small community. The people were much aware of the subtle effects of Agnihotra and found it hard to break the silence afterwards.

At the three places some one well trained in music was available so the Agnihotra Mantras could be quickly learnt. People bought Agnihotra copper pyramids and we left them enough Agnihotra supplies and timings so they could get started right away. Two people, both health food store managers, are willing to act as contacts for people in their areas who want to learn Agnihotra.

SELF STUDY

Remember always that your body is only your instrument, your car. You are not the body. It does not concern you. You can get out when you want. Its interests are only so far interesting for you that it functions further. All else is not interesting for you and belongs to the reach of Pan, not you.

A part of a different sphere (PAN) is kept ready at your disposal so that you can fulfill your task to transform energy from higher to lower levels. But this part does not belong to you and has no right to put claims on you.

Matter has its own laws with which it must work and through which it must develop. It has nothing to do with your Self. The hammer has nothing to do with the worker. It keeps only ready for use and the worker takes care that the hammer remains fit for its work. The wooden handle takes its own development, rots or is burnt or so. The iron takes its own development, rusts or is melted or so. When the hammering is over both have nothing further to do with the worker.

Similarly, the soul when the work here is done gives its body, as instrument, back to nature kingdom and lets its natural development to take place. It has nothing further to do with it. This work the Nature Spirits do.

Keep this in mind and handle your body accordingly. This will save much confusion when you from the beginning refuse strictly all the useless claims your body puts on you and banish it to its level and laws. It is only your hammer which you use for hammering and which you keep only for hammering and nothing further.

Each body and the subtle envelopes belong to the sphere in which they work and have to follow the laws which have validity there.

When the SELF rises higher it leaves behind every body in its level and has nothing to do further with it. Who is responsible for these instruments or envelopes? The laws of the corresponding levels. They only lend to the Self a part of their power over these stuffs for a special task which the Self should accomplish through the limiting envelope according to its level. Afterwards the connection is dissolved and finished.

HOMA FIRES ARE BURNING Austria

Manuela Sindler

The fire of friendship burns
It knows no limits
Dear brother have you also heard
The Divine is spreading within us
And that we get heavenly blessings?
The coat of love is spreading
Is it not nice to feel
How it makes us rejoice and laugh

Love starts to guide you
And lights the fire within you
The flame of love burns within
We all belong together
Now we know no limits any more.

(Homa is a Sanskrit word meaning medicinal fire prepared under specific biorhythmic conditions of nature to manipulate an atmospheric change conducive to harmony in the biosphere and making minds full of love and plant kingdom happy.)

***Practice AGNIHOTRA**

for purification of the atmosphere which leads to unburdening the mind.

***Practice DAAN**

(Sharing of assets in a spirit of humility) for reducing attachment to worldly possessions.

***Practice TAPA**

(self-discipline) for fruition of thy affirmations.

***Practice KARMA**

(good actions without attachment to the fruit thereof) for self-purification.

***Practice SWADHYAYA**

(self study, Who am I?) for liberation.

This is the Fivefold Path. Start the spiritual discipline today. The span of life will not be extended. What is given unto you is to utilize wisely every moment of your existence. Let us engage ourselves in meritorious deeds without expectation of reward in the form of name or fame. We can live only in the present moment. The past is no more. The future is yet to be. Do not waste the precious moments in trivia.

Practice the Fivefold Path and you become a better member of your family or community. You will become a more righteous Christian, Jew, Buddhist, Muslim, Hindu, Zoroastrian, Sikh, Jain, whatever be your formal religious label. You may be an atheist or an agnostic, you will benefit by practicing the Fivefold Path. The Fivefold Path sets up life patterns based on biopsychological techniques given through Vedic knowledge. You need not carry the hypothesis of God to practice the Fivefold Path. You start the practice and knowledge will be unfolded to you from within. Believe only what you experience. This is the approach of a true scientist.

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