

## REVELATION

Vasant

CYCLONES HIT TEXAS IN MARCH. TEXAS IS DUE TO PAY A HEAVY PRICE AS IN THE MIDDLE EAST.

CYANIDE POISONING STEPS UP IN MANY AREAS OF THE U.S. THIS IS WHAT IT APPEARS TO BE AT LEAST. GAS LEAKING FROM CORE OF EARTH. THE ONLY WAY TO SET THINGS RIGHT IS BY PERFORMANCE OF YAJNYA.

ROCK FORMATIONS BEGIN TO CHANGE IN PART OF HIMALAYAS.

A CHILD HAS BEEN BORN WHO WILL ACT AS LIGHT TO THE UNIVERSE. HIS POWERS BEGIN TO MANIFEST NOW.

ELEMENTS OF NATURE MOVING IN CENTRIFUGAL DIRECTION.

THE PLANET URANUS TAKES SOMETHING FROM THIS PLANET. IT IS A MANTRA. LIFE ON URANUS RELAYS A MESSAGE BACK FROM THE MANTRA IT RECEIVED. IT IS THE VYAHRUTI MANTRA AND IT IS HEARD BY ONE BOY IN ALABAMA.

WHOLE OF COSMOS IS CHANGING. WHOLE OF COSMOS IS AT HAND. SHOWERS OF ENERGY ARE COMING TO EARTH NOW. ACTUALLY IT IS SHOWERS OF ENERGY.

BEWARE OF DISTURBANCE IN PLANTS THAT DEAL WITH NUCLEAR WASTES. BOTH IN MANUFACTURE AND DISPOSAL OF RADIOACTIVE MATERIALS.

HELIOTROPIC DISTURBANCE HAS TAKEN PLACE IN THE ATMOSPHERE FROM NOVEMBER 17TH.

THE PLANET URANUS AND THERE IS ONE UTHARUS.

IONOSPHERE BEGINS TO DEplete ITSELF OF NUTRIENTS. NOW THE WHOLE SYSTEM BEGINS TO FALL APART. WE HAVE TO TELL THE TRUTH. THE PEOPLE MUST BEGIN TO DO AGNIHOTRA AND YAJNYA IN A BIG WAY.

THE EFFECTS FROM THE BOMBING OF JAPAN DURING WORLD WAR II WILL BEGIN TO BECOME APPARENT IN 1980.

AVALANCHES START FROM INCREASINGLY WARMER TEMPERATURES IN THE MOUNTAINS. MANY ARE BURIED. SUN NOT BEING FILTERED PROPERLY THROUGH ATMOSPHERE.

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## **HOMA THERAPY (YAJNYA) FOR CHILDREN**

Deborah Weaver

### **Guideline For Teachers**

Most children over the age of seven have heard the word pollution. In this section, as an introduction to Homa Therapy, discuss how pollution takes a toll on nature, i.e. insects, plants, animals, water, Earth, air, sunlight.

In simple terms the teacher should briefly discuss how pollution causes tension on the mind which results in unhappiness and poor habits. With older children, introduce the relationship of Atmosphere — Prana — Mind. Be brief in the discussion since the learning comes through the actual experience of performing Homa Therapy and most children's attention spans are short.

Discuss the healing effects of Homa Therapy on nature and on the performer(s). It helps people break the grips of poor habits, thereby allowing them to be happier and better people. Emphasize that they should experience it to see for themselves that it helps them be more loving.

Remind the class that this is a quiet time where we sit still.

The teacher should discuss how Agnihotra is a special fire that we make at sunrise and sunset; keeping in mind the age of the learner. Refer to Yajnya, "Light Towards Divine Path" for more information.

Emphasize that Homa Therapy, of which Agnihotra is the smallest form, is a material aid to happiness. Homa Therapy should be performed during all classes. If possible, arrange classes around sunset so that Agnihotra can be performed. Encourage the children to practice regular meditation. Ask them what it is doing for them.

When Homa Therapy is performed in school, the scientific benefits should be emphasized. Science or counseling classes are excellent settings for these classes.

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*Name:* Agnihotra Mantras

*Objective:* To teach the learner how to perform the Mantras for Agnihotra and to acquaint the learner with the importance of timing the performance of Agnihotra.

*Ages:* All

*Activity:* Write the Agnihotra Mantra on the board, particularly for children who can read. Explain to the children how each letter has a sound and that it is very important to concentrate on the Mantra. Discuss vibrations. Talk through Mantra, with the teacher saying the verse first and the class repeating it after the teacher. Go through each mantra with correct melody and intonation having the class repeat. Finally, do it together with them. Then check them by having them do it themselves one by one. Explain that there are two mantras for sunrise and sunset. After practice ask the class to create a picture of sunrise or sunset. Use what medium you have available — paint, water colors, scraps of construction paper, crayons, etc. Tell the class that we will discuss the importance of sunrise and sunset in the next class.

*Name:* The Hunt

*Objective:* To stress the importance of having all the materials for Homa Therapy

*Ages:* 5 — 12 years

*Materials:* Agnihotra pot, ghee, raw rice, firewood, cowdung

*Activity:* The teacher hides the materials to prepare the fire, either in the room or outside if the weather permits. The children should start to look for the materials at least thirty minutes before time for Homa Therapy. Caution the class that we cannot build the fire until all materials are found. Allow one child to build the fire. Remind the children about correct posture and breathing. Perform Homa Therapy.

*Name:* The How's of Homa Therapy (Agnihotra)

*Objective:* To familiarize the learner with how to prepare the materials for Agnihotra, and to teach him the Agnihotra mantras.

*Ages:* 5-16 years

*Materials:* Pictures of: 1) someone collecting cowdung and drying it on a window screen 2) making ghee 3) chopping wood 4) Agnihotra pot 5) ghee 6) raw rice 7) firewood 8) cowdung



*NOTE:* The teacher can take these pictures using children for models if possible.

*Activity:* 1) Pass the pictures around the room (have the class seated in a circle if possible) and discuss what is happening in each picture. 2) Show the class the different materials used to prepare for Homa Therapy. Show them how to set up the Agnihotra pot. Allow the children to help after you have demonstrated. If time allows let all children participate.

*Name:* Growing Plants with Homa Therapy

*Objective:* To demonstrate how Homa Therapy is beneficial to the growth and life cycle of plants.

*Ages:* 7-16 years

*Materials:* Small house plants, pots, soil, ashes, materials for Homa

*Activity:* Discuss the Earth as a school and talk about how we learn from the different aspects of nature and how we are connected with nature and how important it is to observe even the smallest element and learn from it. Stories can be told concerning the different aspects of nature, vegetation, animals, atmosphere, etc. Much can revolve around talking of nature.

Use several small house plants and set up small work groups (2-4 children per group). Have the groups re-pot half of the plants using Agnihotra ashes and the other half of the group without ashes and put it in a non-Homa Therapy environment. Half of the plants should be placed in an environment where Agnihotra is performed regularly and the latter half in an environment where Agnihotra is not done. Explain to the class that for the next 2-3 weeks we are going to conduct an experiment with nature and Homa Therapy. Try to keep watering and lighting conditions similar. Ask the class what they think the result will be. If possible, there should be at least a mile's distance between the two groups of plants.

*Name:* Look and Heal

*Objective:* To increase the healing effect of Homa Therapy and the ability to concentrate.

*Ages:* All

*Materials:* Agnihotra materials

*Activity:* Instruct the class to look intensely at the Agnihotra pot while the fire is burning and after the fire burns out to close their eyes and relax. If they need a

focal point use the flow of breath, sounds in the ears or the pulse. Afterwards, discuss how they felt or what they saw or thought.

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## **POLLUTION AND DISEASE**

Vasant

Sufficient increase in the number of infants born with defects from birth will now warrant investigation into effects of pollution on unborn fetus. Naturally whatever food, drink or other substances are imbibed during pregnancy will have a direct effect on the baby before it is born. However, now studies need to be done on the effect of pollution on unborn child.

Cancer is becoming more and more prevalent in East Asian countries now. It is spreading its blanket of destruction by way of pollution all over the world. Effects of nuclear explosions permeate the atmosphere.

The clock is running fast. Time runs out quickly for this planet. The hour of doom approaches. People do not wish to listen. They want to remain blind to conditions which surround them.

Use of synthetic sedative drugs now becomes extremely dangerous. People must be warned.

More and more the doctors will be explaining they have no cure, no cause, no treatment for the diseases yet unknown to man. Some diseases to which animals are exposed will now come to humans.

Fire temples will soon be regarded as places of refuge.

With terrific force things are taking shape. People have no choice. They have to take to Homa Therapy on mass scale. They must seek us out for information about how to exist. By Grace the worthy will be given.

Practice Agnihotra on a mass scale to purify the poisoned atmosphere and reduce the incidence of disease.

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## **SATSANG NEWS**

### **N. Ireland Fire Temple**

Mary

We have seen things amongst plants and in the garden where we have been able to apply indications from the Farming bulletins or just applying our own applications of Agnihotra process and use of ashes.

We have felt it good to write to several people in England telling them about Agnihotra with the thought that it may be right later on for me to go over and demonstrate it to them. We gain much from knowing of all the works of all the Fivefold Path people and reading *Satsangs*.

Our Fire Temple is well and I am busy incorporating the sense of generation and distribution of energy into the connotation the word Temple has held for me.

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### **FROM VASANT'S PERSONAL TALKS**

Let there be harmony between you. No quarrels will come for any reason. Normal quarreling is there but you have to be strong and both of you rise above it.

That devotion has to come through you. Otherwise he will constantly criticise you and others on the Path. Then he will say that he is doing this for your sake when it is for his sake only. Any effort he makes is going to benefit him. He should not be made to feel that what he is doing is for you. Let him know that it is his own self-development.

If you are strict in your disciplines then others will follow you. Constantly criticizing one another will only foster anger and resentment.

Be firm with XXX. Don't allow her to speak badly of any person in front of you. Any affronts made, completely ignore. Do not listen to false reports.

The problem with XXX is he needs proper training and this can be given at the Press or Madison. In any case, one should not feel despair as each situation will improve as you improve yourself.

Situations become difficult now everywhere. Anger gives way to forces of destruction. Anger is a force of destruction in itself. I am not saying to suppress anger but if it need be vented at least let it be deflected in a non-harmful way alone. If you are angry keep silence and go to your own room in your house. Then let the feelings subside however they subside. Discussion afterwards will be more productive if anger is first gotten rid of. You can still express the same things to a person but first let the anger go away. Anger discolors things and makes them ugly.

Special blessings are with you. Let these arguments cease between you. Both of you try to be better and more full of love. Then see what comes and be grateful.



There is no reason to be afraid. You are not as bad as you were. More discipline and it will be like a new person. Do these disciplines sincerely and things come automatically.

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## AGNIHOTRA — FIRE

The fire of love  
is burning in our hearts, in our mind, consuming  
all our impurities, which are separating us  
from all human-beings, from all being (existence).

The fire of love  
is shining with clear light above all earth,  
connecting all people of good will and is  
searching for the hearts of all men.

The fire of love  
is striving for the harmony in the Divinity,  
growing wider into the Unity with the Almighty.

F. I.

*(translated from the original German)*

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## YAJNYA

Climb the tree of life  
carrying the FIRE that never dies  
to light the way  
to the heights  
of pure LOVE  
Safe  
from storms below  
where loose branches are blown to and fro.  
ALL MUST KNOW  
Hold the FIRE high  
that all may see the Light  
and follow.

Beloved brothers, beloved sisters of the FIRE  
we are ever together

in the dwelling-place  
of pure LOVE.  
For this greatest gift of FIRE  
we give  
all praise  
all thanks  
all LOVE  
May we realize our Oneness with HIM.

Lisa Pappas

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