

## SATSANG REVELATIONS

Vasant

More and more sources confirm what we have been predicting to come in these years in *Satsang* and in private and public talks. These predictions are only glimpses into what conditions will actually become in the later years. What is shown now however, is not far. Later on the destruction gets terrific. Whole cities will be destroyed. People do not even realise now with diseases just appearing out of nowhere having no apparent cause or cures, crime increasing even in peaceful rural areas, everywhere anger and rage becoming an everyday occurrence. Now people know something is disturbing them but they have no idea what it is.

Terrible things coming. Regions of Germany where the soil is extremely fertile trees will just fall over, plants will not grow. When the scientists test the soil they can find no reason except small percentages of elements are missing and some trace elements. It is the radiation from the bowels of the earth causing it. Scientists beware. It is a law of reap as you sow operating. It is inviolable. It is unavoidable and by Grace we have come on this planet to take you out of the clutches of death.

Fissures begin to show up in U.S.S.R. and astound scientists by their breadth and depth. This happens in areas where they would normally feel this could never happen.

Crops get planted once, twice, thrice and nothing grows. Not even weeds. Farmers take care. Listen to what we have been telling. It is accurate, precise.

Birds migrate south to Jackson, Mississippi.

Globular disturbance coming now.

Earth is shifting now. Some continents move together, some apart, some are lost. Whole makeup of planet is changing by Grace.

The planet Venus begins to play a major role in the way things are shaping up.

There will be one solar eclipse in February unexpected. People should be warned that if on that day they look into the sun they will lose their sight. The date is February 9.

Interplanetary communications taking place now. They too must understand what we have come here for.

## **MUST HISTORY REPEAT ITSELF?**

Charles Davis

A direct connection between pollution and the growth and development of plants, mentally retarded persons, emotionally disturbed persons, physically handicapped persons, the elderly and children has been noticed here.

Once the process of Agnihotra which is a process of purification and fumigation is experienced a positive life flow begins to transpire for all.

After noticing such results of this concise Agnihotra Yajnya the members of Heal The Atmosphere Association — HTAA — began to urge the government, public and scientific community to investigate this process of Yajnya. **YAJNYA SHOULD BE THE CONCERN NOW OF EVERY LIVING SOUL.**

There are biological activities corresponding to the rotation of our planet around the sun leading to intensive undulations in our performance. Manic depression, hypertension, and several other disorders are said to be influenced by the changes in the biological activities that come about due to undulatory planetary cycles. Agnihotra is one process based on such a cycle according to the Vedas. Agnihotra gives the mind a push in the direction of Love.

This message of Agnihotra, the message of purification of atmosphere now vibrates through the atmosphere although we see that in some cases the cry falls on deaf ears. Some people ask us our credentials before they listen to us. They say "Who are you? What are your degrees? What papers you have submitted for study?" Must history always repeat itself?

Degrees and papers are now not needed when the message has been sanctioned by Almighty. Did not David, an unknown, slay Goliath? If a roar is needed instead of a cry then I am quite sure it will be done.

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## **HEAL THE POISONED ATMOSPHERE**

Vasant

Wild animals in certain parts will start losing their fur. Trees will collapse. Already it has begun. Hundreds of thousands of insects will swarm the areas. All wonder of Western science will not have bearing on this situation. **NOTHING CAN BE DONE.** We must prepare ourselves and others for the imminent destruction which will take place on our planet. Initial preparation is Yajnya. This prepares the seed for future developments. **HEALING** the Earth is going to take time. It cannot be done overnight. Destruction has taken ages. Now healing has begun. **LET US HEAL OURSELVES AND THE POISONED ATMOSPHERE. NOW LET US**

NOT DELAY. LET US BAND TOGETHER IN SMALL GROUPS AND FORM HEALING CENTERS, HEALING COOPERATIVES, PLACES WHERE PEOPLE CAN RECEIVE THE BENEFITS OF AGNIHOTRA, MEDITATION, NATURAL HERBAL HEALING TECHNIQUES AND ABOVE ALL LOVE. THIS IS THE GREATEST HEALER OF ALL.

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### **CHILDREN'S DAY AT AGNIHOTRA PRESS**

Children's activities started with introducing ourselves to each other and talking about our favorite things we like to do. Then we participated in a smile circle. In the smile circle we shared smiles with the person to our left and then the right. The smile would travel from one person all around the circle. In the end we all had big happy faces to start the day.

Hatha Yoga postures were next. The kids exploded with laughter when they saw the lion pose. We walked liked elephants and stood like trees.

The air was cool so we played frisbee to warm up. Everyone enjoyed scrambling after the frisbee.

Next we played with pieces of string which we threaded through our fingers to make designs. We thought we could show the kids a few things but they knew much more than we did so we learned from them and had a wonderful time.

Drawing, coloring and paper cutting were the next items we played with. Puppy dogs, people and snowflakes were the results of our efforts.

After lunch we painted on large sheets of paper which were tacked up on the side of the house. The sheets of paper had flowers on them which the children painted and made very colorful. Everyone shared painting the flowers with a friend.

Lastly we played a word game taking words from *Satsangs* and making sentences. After much deliberation by the children the following sentence was made: 'Scientists discover Heaven Thursday.'

By this time all were happily worn out and children's activities came to an end.

The children are always fun. They teach us so much and it is a wonderful learning experience for all.

Arlene  
Agnihotra Press

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## **GUIDELINES FOR TEACHERS**

by Deborah Weaver

Learning is maximized when teachers who are also qualified academically bring to their young charges the attributes of love, tenderness, patience and understanding.

Bringing an atmosphere of peace helps to bring a new meaning of life to children. Preparing the proper atmosphere for certain experiences is the first and most important step in teaching, an atmosphere that includes not only the physical environment, but the thought process of the teacher as well.

Giving of self and understanding that the children are the center of attention helps to bring the children to a high place for learning.

Being prepared physically includes everything from alertness to materials used.

Understanding of one's own resources and creativity and how to use them is central to our goals. You are to share what you have to give and hope that a seed is planted.

### **Teacher as the Lesson**

The teacher should be in equilibrium before the class starts. Meditation or reflection is recommended. Examples are the best teachers. This gains student respect and promotes a solid foundation for smooth flowing classes. Speech should be simple and direct using a kind voice and expressive gestures. There should be a balance of calmness and activity. The flow of instruction should be smooth and harmonious and always under the instructor's guidance and control. Create opportunities to stimulate verbal expression. Meditative practices should be incorporated as much as possible. One can easily teach if one has the experience of regular practice.

Moods conducive to a calm environment can be created by such practices as restful music, a candle, etc. Children should be asked to take off their shoes when seated in a circle. The class will evolve depending upon the depth of experiences from the meditation and the activity. Sometimes the children can lead the meditations. Always have your structure for the session prepared. Always have alternatives planned. Be sure the children are seated enough apart not to touch each other during meditation.

The teacher should always consider how he appears to the children, whether he is calm, concentrated and joyous.

Always ask, "How could I have done better and what are the necessary changes, if

any, for next time? Did I prepare the class well? Was there a nice harmonious feeling among all? Did we, as a group, have the same experience? Were the children disciplined enough to really experience meditation? Do the children understand or begin to grasp what meditation is all about? Have I used relaxation methods to prepare the children for meditation, if they have been restless?"

### **Discipline**

It is important that discipline be kept in the class sessions so that the true meaning of listening, observing and concentrating can be understood. The greater the concentration the greater the benefit will be received from the classes. It is essential that the class leader remain centered and calm, yet firm. Discipline must be given in the way it is best suited for the student and always with love. It is necessary for the teacher to keep in tune with the needs of the children, both as a group and individually. Too much restlessness may indicate a need to modify the sessions to move to another activity. If one child is a disturbance it will disturb the equilibrium of the entire group and must be dealt with.

### **Teach from an Educational and Scientific Basis**

DO NOT TEACH RELIGION. WE DO NOT HAVE TO TALK ABOUT RELIGION OR GOD, WITH THE CHILDREN. WE CAN JUST STICK TO A FEW BASIC THINGS.

ANY QUESTIONS ARISING CONCERNING THE FIVEFOLD PATH BOOKS AND FIVEFOLD PATH BEING AN ORGANIZATION SHOULD BE HANDLED THUSLY: FIVEFOLD PATH IS JUST A NAME GIVEN TO THE UNIVERSAL ASPECT AND IS JUST A GENERAL APPROACH TO BECOMING HAPPY. IF THERE IS ANY INFORMATION IT IS ON A SCIENTIFIC LEVEL. HOMA THERAPY SHOULD BE INTRODUCED IN EACH CLASS. IF IT IS NOT POSSIBLE TO ACTUALLY PERFORM HOMA DISCUSS ITS BENEFITS.

### **Suggested Approach to Adults Unfamiliar with Homa Therapy**

If we go to different neighbourhood groups, church groups or any type of community group how do we approach these kinds of people? What we can say is that we are giving children's yoga classes and/or we are using Homa Therapy as an aid to create a nice environment.

Parents are concerned about the activities in which their children are involved. Children, generally speaking, have a special way of making the classes, sound fantastic when they tell their parents about it. Therefore, in order to insure that

parents obtain a clear understanding of the objectives and procedures used in the classes the teacher should make contact with the parents directly. **IF THE CHILDREN ARE GOING TO PRACTICE AGNIHOTRA HOMA OUTSIDE OF CLASS PARENTAL CONSENT AND SUPPORT MUST BE GIVEN. THE TEACHER ASSURES THE PARENTS THAT THESE CLASSES WILL HELP THE CHILDREN DEVELOP MORE POSITIVE BEHAVIOR PATTERNS.**

The contact with parents can be made by any of the following means:

1. Flyers — Send a flyer with a **simple** explanation of the purpose of classes to include a description and benefits of Homa Therapy. If you are doing Homa in classes, make this clear to parents and invite parents to come to observe a class.
2. Telephone contact & Flyer — Follow the flyers up with phone contact to answer any questions they have.
3. Visit the home — Take the flyer in person to the parents and discuss the classes.

The point that is being stressed is that parents need a clear understanding of what their child is involved in and it is the responsibility of the teacher to give it. Remember, although our primary goal is to reach children, parents can be helped through their children.

We are interested in having children help themselves to learn independently of others so that they can become better people. This is the way that we must talk to the parents so that they understand that we are not doing anything unusual. These classes will help children get along with other people better and it will give them a better idea of who they are as well as improve their relationships to the things around them. We are helping them to unfold their natural abilities.

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## **SATSANG NEWS**

### **Rainbow Tribe Retreat**

The 'Tribe' is not Indian although they seem to have borrowed some of the organizational techniques of Native Americans. They have Councils, gather in circles around fire and separate into bands for various activities. They live near Madison, Virginia.

The Tribe had arranged a week long retreat which was attended by Fran, David Sawyer and Barry for a period of two days in October. The purpose was to show them Agnihotra. About one hundred people attended and the receptivity to Agnihotra was high. A short announcement was made the previous night about

the process of Agnihotra and the time of performance at sunrise. Judy Phelps then informed the gathering that if people were interested they could meet right then to discuss Agnihotra in greater detail. After the announcement ten people listened to a twenty minute talk by Barry during which Farming Bulletins published by Agnihotra University U.S.A. and some medicine flyers from Germany were distributed. The next morning about ten people came for sunrise Agnihotra.

That day a great deal of time was taken up with speaking to new people who had come to the camp and also with some who had attended sunrise Agnihotra with us. It is so beautiful to see the way Grace works. One lady walked by the car we were driving and saw the cover to "Satsang Volume One" book and said "I have seen that somewhere before." This led to a twenty-minute discussion about Agnihotra that perhaps otherwise would not have taken place. At the camp we received invitation to attend the Healing Arts Festival to be held on November 4 at the Students Union of the University of North Carolina at Chapel Hill.

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## HEALING ARTS FESTIVAL

On November 4 Fran, David Sawyer and Barry went to the Healing Arts Festival on the campus of the University of North Carolina at Chapel Hill. Mandetta, one of the group of eleven people who have founded the Wholistic Healing Center gave all facilities. The founders are all professionals in the field of Mental and Physical Health, Psychiatry and Medicine. One of the purposes of this healing workshop was to raise funds for their center as well as to raise the level of awareness of the community.

The setup of the day was quite effective representing many areas of holistic healing.

In addition some groups had booths in the Great Hall, mostly the ones with something to sell like health food stores. We had a booth too. WE HAD A BIG DISPLAY POSTER SHOWING THE THREE PRONGED EMPHASIS OF HOMA THERAPY (MEDICINE, FARMING AND PSYCHOTHERAPY). It attracted much attention. Several people came by to look at the display giving us opportunity to talk to them. Agnihotra copper pots and literature were displayed on the table in front of us. We requested people to attend our afternoon workshop and also to attend the 5:15 sunset Agnihotra.

About ten people came to our workshop of one hour talk on Homa Therapy followed by question and answer session.

At 4:30 p.m. the entire conference, visitors and participants alike, gathered in the Great Hall to discuss the day. We asked the leader's permission to address the group for just a short while to invite people to sunset Agnihotra. We did so and about 75 people sat on the floor in the center of the Great Hall and experienced Agnihotra for the first time. Such Grace.

About ten of those who had come to attend Agnihotra came to our booth later to know more about Agnihotra and four people purchased Agnihotra copper pots and some of the Fivefold Path literature as they wanted to commence the practice of Agnihotra immediately.

About twenty people signed up on a 'For More Information' list.

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