

PERFORM AGNIHOTRA FOR ECOLOGICAL BALANCE

Vasant

(Agnihotra is the smallest form of Yajnya. Yajnya is a material aid to bring harmony in the ecosystem as given through the ancient Vedic science of Bioenergy, Biogenetics, Bacteriology and medicine.)

ANTS, THOUSANDS OF ANTS ARE COMING, DESTROYING STOCK OF FOOD. ONLY WAY TO STOP IS PERFORMANCE OF YAJNYA TO HELP NATURE TO BALANCE ITSELF.

UNKNOWN CATALYTIC ELEMENTS BEGIN MOVING INTO INTER-SPHERE SETTING OFF A CHAIN REACTION OF DISASTERS. THESE ELEMENTS BECOME BENEFICIAL IN AGNIHOTRA ATMOSPHERE.

ATMOSPHERE BETWEEN EARTH AND SOLAR RANGE BECOMES MORE PLIABLE AND MORE EASILY SHAPED BY PERFORMANCE OF YAJNYA. IT HAS TO BE SHAPED AS IT IS OUT OF SHAPE DUE TO POLLUTION.

CLOUDS IN MANY PARTS OF THE WORLD ARE SEEDED WITH HYDRO-CARBONS AND OTHER TOXINS DUE TO POLLUTION. ONLY WAY TO NEGATE THIS IS BY PROPER PERFORMANCE OF YAJNYA.

CHANGES IN SOIL COMPOSITION DUE TO POLLUTION ARE DRASTIC. RESULTS ARE DISASTROUS. SOIL WILL BE UNABLE TO SUSTAIN PLANTS OR LIFE EVEN. ONLY WAY OUT IS TO PUT NUTRIENTS AND FRAGRANCE INTO ATMOSPHERE BY WIDESPREAD PRACTICE OF YAJNYA.

CAN YOU IMAGINE A WORM COMING UP IN THE PLANTS THROUGH THE VASCULAR SYSTEM. IT DETERIORATES THE WALLS OF THE VEINS OF THE PLANTS AND THEY DIE. THESE INSECTS ARE PREDOMINANT IN WET AREAS OF U.S. ESPECIALLY WHERE SOIL IS NORMALLY RICH. ONCE THEY HAVE INFESTED AN AREA THERE IS LITTLE WAY TO GET RID OF THEM. THE SOIL DOESN'T BECOME RICHER BUT INSTEAD POORER BECAUSE THE PLANTS ARE NOT ALLOWED TO COMPLETE THEIR NORMAL REPRODUCTION AND GROWTH CYCLES THEREBY INHIBITING THE FEEDBACK FROM THE PLANT TO THE SOIL WITH

NORMAL AMOUNTS AND CONCENTRATIONS OF ELEMENTS. ONLY WAY OUT OF THIS IS TO PRACTICE HOMA THERAPY FARMING AS GIVEN THROUGH THE VEDIC SCIENCE OF YAJNYA.

WHEN BUILDING IF ONE USES AGNIHOTRA ASH ON THE WOOD IT WILL SERVE AS A PRESERVATIVE. THE GHEE IS THE SECRET.

POLLUTION EXTRACTS ITS TOLL

Vasant

TREES BEGIN WARPING IN THE GROUND DUE TO INTENSE ATMOSPHERIC POLLUTION.

WATER RESOURCES ON EARTH ARE FINDING IT DIFFICULT TO ABSORB ENERGY FROM THE SUN. THIS WILL RESULT IN DEPLETION IN MARINE LIFE AND IMBALANCE IN NATURE. THIS WILL TAKE ITS TOLL IN TERMS OF NATURAL DISASTERS LIKE FLOOD, EARTHQUAKE.

TRACE ELEMENTS BEGIN TO DISAPPEAR FROM SOIL FROM HIGHLY POPULATED, HIGHLY INDUSTRIALIZED AREAS.

ROOTS OF TREES GROW UPWARD DUE TO LACK OF NUTRITION IN SOIL AND THEY STARVE TO DEATH.

THE STRUCTURE OF PLANTS WILL CHANGE. THE AMOUNT OF CHLOROPHYLL THE PLANT IS ABLE TO PRODUCE IS IMPEDED BY CONCENTRATION OF POLLUTION IN INDUSTRIAL AREAS.

CANNING AND FOOD STORAGE. PLANNING SHOULD BEGIN NOW.

WHY VEGETARIANISM

John Haggerty

This article is not written to persuade anyone to become a vegetarian or to tell anyone what he should or should not eat. It is hoped that some recurring questions will be answered as to why some people prefer a strictly vegetarian diet.

The most frequent concern among prospective vegetarians seems to be "Where will I get my protein?" It is true that meat is high in protein but then again everything that grows and has life contains protein and how much of the protein in meat can the body actually utilize? Because meat must be cooked before it can be eaten and because heat destroys protein much of the food value in meat is lost in

making it palatable. The loss of protein can be well over 50% depending on how the meat is prepared. In addition to protein loss valuable enzymes necessary for protein digestion are also destroyed by heat. One could argue at this point that vegetables are also eaten cooked and would contain even less protein after preparation. However, vegetables can be eaten raw or prepared with very little cooking. Then there are foods like the soybean which contain even more protein than meat not to mention the fact that soybeans are less expensive.

Another argument that comes up is that meat is a complete or balanced protein. Most vegetables are higher in some of the amino acids and somewhat lower in others. Well, nature has already taken this into consideration. One function of the liver is to store excess amino acids. If food that is eaten is low in some amino acids it is said that the liver will compensate for this.

The primary food provided by nature for a newborn baby during its initial period of growth is mother's milk. Yet the protein content is said to be equal to that of fruit.

Our teeth and digestive tracts are also more similar to the higher apes who subsist solely on fruits and raw vegetables. Humans do not have the sharp incisors for tearing flesh or the short digestive tract for the quick elimination of poisonous by-products of meat digestion as do the carnivores.

Let us consider the experience of a person who has for a short time been practicing some simple yoga techniques and finds them very beneficial to his peace of mind. He has heard that by giving up meat his ability to concentrate during meditation will increase so he gives up eating meat for a while just on an experimental basis. After a few days he feels weak and dizzy at times and decides he is becoming sick and should eat some meat to gain back his strength. Before his next meal he meets a friend who is a vegetarian. The friend tells him that his symptoms are the result of his body eliminating toxins accumulated over many years of meat eating and that soon these things would disappear. He persists in his disciplines and soon he feels better. He feels lighter, happier and more in tune with nature. While eating dinner at a friend's house he forgets his discipline and eats a piece of meat. The next day he finds it difficult to sit down and meditate and his body is sluggish for a few days. The only thing he has done different was eating meat and he concludes that this is the reason why he feels uncomfortable. He now becomes more steadfast in his new dietary discipline. He knows from his own experience that the result will be similar to putting one's hands into fire.

Although this article was not written to persuade you to change your eating habits we must conclude that the benefits of Vegetarianism can best be understood only by direct experience. By keeping an open mind and adopting the attitude of a scientist our questions will be answered by our own experience.

HOMA THERAPY TOURS SUMMER 1978

Barry

"Things are kept ready. Now we spend a few hours in a city and the work is done." So said Vasant as he left the Guild Communications Center in Detroit, Michigan on Wednesday night September 27.

"He came, he saw, he conquered," someone commented as Vasant left the Media Center in Lexington, Kentucky on the afternoon of September 18. As fast as Caesar came, saw and conquered, the message of "Make love to your plants and make the whole planet happier" was coming and conquering the minds and hearts of scientists, farmers and all others who were blessed to hear.

The Message of Love through Agnihotra is spreading at a rate that may boggle the mind. Vasant has crisscrossed the United States reaching the West Coast from Maryland twice in a little over a month literally spending just a few hours in each city. Whole states are being covered in a day or two. Meetings, lectures and appointments are going on almost around the clock. On Sunday, September 24 at midnight he was speaking with a farmer in New Jersey. By Tuesday, he was addressing the Sufi Order in Ann Arbor, Michigan. Wednesday, it was Chicago's turn.

The state of Kentucky was covered in 24 hours on September 18-19 when people in Lexington, Louisville and St. Mary listened and heard "what they had long waited for" as they said.

The director of the newly started Homa Therapy Center in Ft. Worth, Texas said after experiencing Agnihotra for three weeks, "All these years I've practiced various disciplines, met a multitude of teachers and read so much about Grace. In the past three weeks, for the first time I'm experiencing Grace clearly and consciously." Sixteen copper Agnihotra pots were distributed within two days after Vasant's visit there August 26-27.

The itinerary and the pace quickens. After a fifteen-minute meeting with the head of the largest scientific research body in Mississippi Vasant was asked to fly immediately in a private airplane to another part of the state to meet with a farmer who plants thousands of acres. The scientist wanted the message of Homa Farming to go right away. On August 25, a five-seater Beechcraft plane flew Vasant

and the scientist to Cleveland, Mississippi.

Everywhere people acknowledge the increased prevalence of pollution. Everywhere the farmers see the bugs coming in increased numbers. Grasshoppers, the worst in 30 years, ravage Texas, Kentucky, and Virginia. Farmers in Northern Texas don't even bother about planting because they say there is no rain. "Go next door to the neighboring county," one farmer in Brashear, Texas told us. "They've had 19 inches of rain. We've had none." As stated long ago in *Satsang* weather patterns are disturbed by pollution.

Everywhere the tension on people's minds is etched on their brows. They all say how hard it is getting. Their disciplines are more difficult to adhere to. Making financial ends meet is proving increasingly difficult. "Crop Losses May Double Food Hike" reads the front-page headline of the September 20 *Nashville Banner* (Tenn.).

So people listen to what is being said. They sense, perhaps, the impending disasters. They see their crops being eaten by bugs they've never seen before. They look with awe at the 8-pound turnips grown in Springtown, Pennsylvania with Homa Farming. They listen intently to talk of Agnihotra medicines. They want to write to the Jehles in West Germany and get these medicines because they see their traditional medicines failing. They want to know more about Homa Psychotherapy.

Vasant moves quickly. Since mid-July, Philadelphia, Pennsylvania, San Francisco, California, Tuskegee, Alabama, Jackson, Mississippi, New Orleans, Louisiana, Baltimore, Maryland, Jackson, Mississippi again, Ft. Worth, Texas, El Paso, Texas, Eugene, Oregon, Seattle, Washington, Charleston, West Virginia, Lexington, Louisville, and St. Mary, Kentucky, Nashville, Tennessee, Philadelphia again, Ann Arbor, Michigan, Chicago. And it is still September at this writing.

People who have experienced how bigger and better crops could be grown by Agnihotra Homa Therapy Farming without using chemical fertilizers, pesticides, insecticides are urging Vasant somehow to move very quickly in the States to explain to farmers the farming techniques as they feel the land has reached a critical level due to depletion of nutrition as a result of atmospheric, water and soil pollution. All this knowledge is given free to farmers who wish to experiment and friends from various states invite Vasant to share this knowledge.

In Chicago, the Sufi Order was visited and we were met with such strong vibrations of love. The person who met us said to Vasant, "I didn't know what you had

come to share with us but as soon as I saw you, I knew it was good.” After he had a talk on Sufism, he, his wife and a friend listened intently to Vasant talk about Homa Farming, Homa Therapy and the unfoldment of Love that is intensified by Agnihotra process.

They invited us to stay at their home and share the message with more of their friends the next evening.

The next day a big surprise awaited me. I was asked to call a new age group in Chicago and ask if we could go and share with them some ancient yogic healing practices. In the course of the conversation, I mentioned that the process we teach helps eliminate the effects of pollution on the mind. To this the lady immediately replied, “Well, have you heard of Agnihotra?” I was so taken back I asked her to repeat herself. Perhaps she thought I was having trouble understanding the word Agnihotra and she was just about ready to explain to me how Agnihotra fire was performed. I burst with the question “How do you know about Agnihotra?”

She then told me of having experienced Agnihotra in New York City and of having met some teachers from Baltimore in New York. When Vasant and I saw her the next day, it turned out to be a beautiful meeting. It so happened that the center was run by the Great Universal Brotherhood. We shared with them the account of Vasant’s tour to Chile with their people (*Satsang*, October 5, 1978).

To be a witness to the unfoldment of Grace while spreading this great message fills me with awe. It becomes obvious that it is indeed not me doing anything, but merely the unfoldment of a great Plan. The way we meet people very often shows this.

There was, for example, a time in Summer 1977 when I performed Agnihotra across from the Superdome in Houston, Texas in front of Astroworld. I was looking for a public park, was given precise instructions on how to get there but somehow couldn’t find it. With very little time until sunset, I took the next exit off the freeway and ended up in front of a parking lot near the entrance to Astroworld.

Just as the Agnihotra fire was lit one car pulled out of the parking place immediately in front of where I was and a moment later another car came to fill the empty space. I noticed that the people seemed to be looking at me and that they didn’t leave their car for the ten minutes I sat for Agnihotra.

I walked over to them and commented how they seemed curious about this fire. A one-hour conversation ensued during which the woman said that her brother

had learned Agnihotra in Germany and had told her about it and how happy she was to now experience it firsthand. Such Grace.

How pleased I was when this couple told us that they owned cows and could, therefore, supply cowdung to the people in Houston, something that was much needed.

Awhile later I recalled that Vasant had told me in Mississippi before going to Texas, that a supply of cowdung had to be found in Houston.

FIVEFOLD PATH IN INDIA

Carola

Papco Mills, Khopoli, Maharashtra constructed a fire temple which was commissioned in May at the initiative of family Parkhe. This should serve as a guideline for industry where purification of the atmosphere should be stressed as a part of ecological measure. In a fire temple there is no priest and nothing is worshipped. Agnihotra process is done twice daily on the biorhythm of sunrise-sunset as a measure to heal the atmosphere. Healing the atmosphere reduces disease in the area and helps plant life. The oxygen-carbondioxide recycling system is harmonized by Agnihotra process.

Werner Metzger of W. Germany delivered a lecture on Agnihotra purification at Khopoli this year.

We learn that at Kharagpur, West Bengal several groups of Harijan families who have experienced the benefits of Agnihotra have formed Fivefold Path Association to spread Agnihotra Homa Therapy Farming techniques as given in the Vedas. This will tremendously benefit the Indian farmers to grow more and better food. Agnihotra Homa Therapy Farming is a dire necessity for a country like India where there is population explosion with less and less per capita arable land available.

I was in India for a short visit and it was my first trip. The different atmosphere of India just takes you. It is not to be compared with any Western standard of living. But this trains the Westerner and makes him much more grateful for everything he has.

We had many travel experiences. We visited the old Buddhistic caves of Ellora and the millenium old paintings of Ajanta near Aurangabad. We enjoyed an extraordinary ride on elephant back in Jaipur.

The purpose of my tour was to visit the holy pillar of Yajnya at Shivapuri, Akalkot and other places hallowed by the presence and message of Shree who for the first time in known history gave this simple but potent technique of Agnihotra to benefit the mind, body and plant kingdom. This technique is the greatest gift of the Avatar to solve the complex problems faced by technological society threatened by increasing doses of pollution in air, water and soil.

I spent a few days in Mussoorie and lived in a big house which had the view of the Himalayas. When I arrived I found Vasant listening to a tape of Veda Mantras sung by young Swiss girls. It was beautiful to listen to this tape in the high altitude and pure atmosphere of the Himalayas.

BIRDS LIKE AGNIHOTRA ASH TOO

Joni Flitt

This past winter at Agnihotra Press we put birdseed outside the printshop door for the birds to eat. Every day different types of birds would come. We saw cardinals, finches, blue jays, chickadees, morning doves, blue birds, red-headed woodpeckers and even a brown and purple pigeon visited us for a few days. The birds would come right up to the printshop door to feed. I noticed that the morning doves constantly fought over the seed and would try to chase their mates away from the food. One day I mixed some Agnihotra Ash with the birdseed and put it outside as usual. That morning twice as many birds came as had ever come before and I did not see the morning doves fight that day or any day after that.

Editor: Vasant V. Paranjpe

Publisher: Fivefold Path, Inc.

Parama Dham (House of Almighty Father)

RFD #1, Box 121-C

Madison, Virginia 22727, U.S.A.

Published on the first and third Thursday of each month.

All *SATSANG* correspondence should be directed to Editor.

Printed by: Agnihotra Press Inc.

P.O. Box 13

Randallstown, Maryland 21133, U.S.A.

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