

## AGNIHOTRA SPEEDS UP HEALING

Vasant

Purification through fire has a deeper effect on the human body than can be researched on machines. The effect of purification goes deep. It is so subtle, it is hard to measure the exact proportion of diseased cells which can be cured, brought back to a healthy stage in a short time. Considerable bodily changes naturally take time but practice of AGNIHOTRA speeds up the process.

Studies will show in next year alone debilitating effect of atmospheric pollution on children. More and more so-called mystery deaths, unknown diseases will be recorded. It is terrifying. People do not realize. All too late they come to their senses. It is nearing that time now. It is time that scientists investigate the efficacy of Homa Therapy techniques and co-ordinate their efforts to benefit all mankind.

Flora and fauna changing. Agnihotra ashes which have great therapeutic value have to be introduced into the water resources of this planet quickly if they are to be spared irrevocable pollution. It must be done on a large scale.

Insects are now becoming man's deadly enemy. This was told a long time back. It was predicted for this time. Now insects, rodents will take over in some places. All this is tied with law of Karma that is 'reap as you sow'. Homa Therapy farming techniques will help us get out of this rut. Homa Therapy helps re-harmonize the energy cycle of the planet.

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### BULLETIN #6

**Homa Therapy Farming**

Vasant

IN AGNIHOTRA ATMOSPHERE THE METABOLIC PROCESS OF PLANTS IS SPED UP. IT IS THE GHEE THAT IS THE CATALYTIC FACTOR AND ON A MORE SUBTLE LEVEL THE MANTRAS INTERACTING WITH THE

COMBINATIVE EFFECT OF THE BURNT GHEE AND RICE. THIS COMBINATION ENTERS THE SOIL AFTER RETURNING FROM THE SOLAR RANGE. IT ENTERS THE PLANTS BY ONE MIGHT SAY, ATTACHING ITSELF TO MINERALS AND WATER ABSORBED BY THE ROOT SYSTEM OF THE PLANT. THE GHEE ACTS AS A CATALYST TOUCHING OFF A CHEMICAL REACTION WITH THE PLANT AIDING ENZYME AND VITAMIN PRODUCTION AND ENCOURAGING AND INCREASING CYCLIC RATE. IN OTHER WORDS THE PLANTS MATURE FASTER, TASTE BETTER AND ARE BETTER JUST BY MERE PERFORMANCE OF AGNIHOTRA IN THE GARDEN.

WHEN AGNIHOTRA IS PERFORMED THERE IS SOME SORT OF TURBULENCE OF ELECTRICITIES AND ETHERS CREATED BY THE COMBINATION OF MANTRAS AND FIRE THAT EXTENDS ALL THE WAY TO THE SOLAR RANGE. THIS TURBULENCE LEADS TO A QUICK UPHEAVAL OF NUTRIENT STRUCTURE IN THE AREA CAUSING RECOMBINATION OF CERTAIN ELEMENTS AND INCREASING THE QUALITY AND POTENCY OF NUTRIENTS IN THE AREA.

PATHOLOGICAL STRUCTURE, NUTRITIVE STRUCTURE OF PLANTS ARE CHANGING. BY PRACTICE OF AGNIHOTRA SO MUCH OF NUTRIENT, TASTE AND ABOVE ALL A NEW AND HIGHLY BENEFICIAL INGREDIENT, LOVE ARE PACKED INTO A SMALL AREA GIVING BOTH SATISFACTION AND HEALTH. SATISFACTION IN THE SENSE OF QUALITY AND QUANTITY. THE TASTE, TEXTURE, COLOR, SIZE OF KERNEL WHICH IS THE SEED BECOME EXCELLENT.

THE ROOT SYSTEM OF A PLANT IS LIKE NADI. IT DRAWS ITS ENERGY FROM A SOURCE AND IF IT HAS DEVELOPED PROPERLY IT DISTRIBUTES THE ENERGY AND NUTRIENTS THROUGHOUT THE PLANT PERMITTING HARMONIOUS AND EQUIVALENT GROWTH. WHEN YAJNYA IS PERFORMED PROPERLY IT HELPS CARRY THE NUTRIENTS EQUALLY THROUGHOUT THE PLANT BY VASCULAR SYSTEM. IT DOES THE SAME THINGS TO HUMANS ON A SUBTLE LEVEL.

ENERGY PATTERNS OF PLANTS ARE ARRANGED IN SUCH A WAY THAT WHEN YAJNYA IS PERFORMED THE INJECTION OF NUTRITIONAL CONTENT INTO THE ATMOSPHERE HELPS SHAPE AND MOULD THESE PATTERNS HARMONIOUSLY SO THAT THE RESULT IS FANTASTIC YIELD



AND EXCELLENT QUALITY. AGNIHOTRA IS THE SMALLEST FORM OF YAJNYA.

THE SMOKE FROM THE AGNIHOTRA FIRE TRAVELS DIRECTLY EAST IN A COUNTER CLOCKWISE SPIRAL. THAT IS PECULIAR TO THIS YAJNYA ONLY. OTHER YAJNYAS MAY BE DIFFERENT. STILL THE EFFECT SHOOTS STRAIGHT UP A DISTANCE OF APPROXIMATELY EIGHT MILES. SMOKE GOES IN OTHER DIRECTIONS FROM THE FIRE ALSO BUT IT IS MOST FREQUENT AND SPIRALS TO THE EAST. THIS IS WHERE MOST OF THE CONCENTRATION IS.

IT IS FROM THE DIRECTION OF EAST THAT THE FLOOD OF ENERGIES, ELECTRICITIES AND ETHERS COMES. THIS IS WHY WE ARE TOLD IT IS BETTER IF ONE FACES EAST WHEN ONE MEDITATES.

ALBINO BUGS CAUSE CONSIDERABLE DAMAGE TO CROPS IN THE SOUTH. THEY INFEST THE CROPS THROUGH THE ROOTS OF THE PLANTS. THESE ARE WORM-LIKE OR LARVAE-LIKE CREATURES. ONLY WAY TO PREVENT DESTRUCTION IS TO PERFORM AGNIHOTRA ON THE FARM AND PUT ASH AROUND THE PLANTS.

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## HOMA THERAPY TRAVELS WEST

by Karen

In late July a fond wish was realized. I was asked to join Vasant on a cross-country Homa Therapy adventure trip. Darlene accompanied us. We used an almost new Chevy van as our mobile headquarters, spacious enough to hold all the needed literature and Homa Therapy supplies in addition to cookware, groceries, sleeping bags, tent and clothes. We started from Baltimore.

Our first major stop was South Bend, Indiana where we met Robert, an organic farmer. He had just gotten back from an organic farming convention in Kansas City, Missouri and talked at great length about man's need to feel more closely connected with the plant world. We need to take more responsibility for the terrific damage we have inflicted on the atmosphere, waters and soil and try as best we can to remedy the situation.

Listening to Robert, I kept recalling Vasant stating 'as it is in the macrocosm so in the microcosm'. I thought of planet Earth as one big ailing organism. Considering man's relationship with his environment, it should not surprise anyone that diseases such as cancer, heart trouble and respiratory ailments are the order of

the day rather than exceptional conditions. As a prelude to these physical problems our mental states are chaotic and disturbed.

Robert was having great trouble with grasshoppers ruining his crops and we heard the same complaint when we reached Des Moines, Iowa and met Valerie. Both of them were most excited and pleased to be introduced to Homa Therapy farming techniques. It would have been preferable, of course, if these techniques were started at the time of planting. Seeds have to be soaked in cow's urine for 24 hours prior to planting and then covered with cowdung and allowed to dry in the sun. This procedure makes the seed more disease resistant as stated in *SATSANGS* Vol. VI Nos. 5 and 7. Homa Therapy farming states that at every stage one needs to be full of Love. Vasant would say, "Try this Homa Therapy and see for yourself." At the very least the yield will double; size, texture and taste will improve and where 24 hour and 15 day long Yajnyas are performed as at Agnihotra Press, the nutritional value of the fruits and vegetables will increase because roots have capacity to absorb nourishment in Yajnya atmosphere. The plants become more happy and give us feedback of Love.

When we drove through Utah and Nevada states piñon-juniper trees were pointed out to me. Whole forests have been torn out at the rate of twenty acres per hour. Heavy chains are stretched between caterpillar tractors to drag the trees away whose nuts are Indian traditional survival food. Juniper, Indian tea, sacred plants and herbs are ripped from the soil. Wildlife is destroyed to clear grazing land for private use, another example of man's destruction of his own environment.

Near Nevada City, California we were invited to perform Agnihotra with Robin, Arlo and friends. The spot they had chosen happened to be where there once thrived an Indian village. Robin was particularly interested in learning more about Agnihotra ash medicine so that she can be more helpful when people come to her with minor ailments. She felt that everyone's health and well-being would improve from Agnihotra atmosphere and Agnihotra ash medicine.

Vasant spoke about the Ash, termed Vibhuti in Sanskrit, which literally means holy person. He also spoke about the healing radiations from the Agnihotra copper pot and the accentuation of the healing due to the pyramid shape of the pot.

Many meetings were arranged. People were so interested in Homa Therapy that within about a week the thirty some copper pots we had brought along were gone. David brought a new supply and he and I continued on to Oregon State.



One evening we stopped at a store and a young man jumped out of his car and looked at us with great expectation. I asked him later what he had experienced when he saw us and he said he just knew David and I were bearers of exceptionally good news. We performed sunset Agnihotra together and set up an early morning appointment so that he could learn the Mantras and learn more about Homa Therapy. We were invited to join him and his friends when they settle down for the winter in Arizona where they maintain a sort of retreat for back to nature living.

In Eugene, Oregon, a group of people had already started a Homa Therapy center. David started planning children's programs with Baraka who is a pre-school teacher while her husband and I discussed how one could go about teaching Homa Therapy to adults. He had already been asked to teach at a nearby college.

Everywhere we went I kept getting the experience that people were just waiting to be shown the how's of Homa Therapy. It is incredible Grace that one is allowed to be bearer of such exceptionally good news!

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## MUSIC THERAPY

Robert McDonald, Minneapolis

*(Robert McDonald was Research Director of United Ways in Ohio and Michigan and now lives in Minnesota. He was trained in Social Psychology and the social sciences. He has specialized in Ethnal Musicology and Music Therapy. Vasant gave a talk on Homa Therapy at his residence this month and Barry inaugurated a private Agnihotra Fire Temple in the house.)*

In the year 1970 a change seemed to come in my consciousness. I began to be more and more aware of the existence of universes much beyond the traditional knowledge that we have and I had the urge to bring in that which has always been my love which was MUSIC. I have been playing musical instruments since I was five years old but I sort of laid that aside after I went through the universities because I was involved in Social Sciences. However, I began to pick them back up again. I became much interested in Ethnal Musicology, the folk music of the world. Indian sacred music, Japanese music, Chinese music, the Iranian music which is sort of the mother of all of Hebrew and Arabic and Turkish musics, the Sufi and the North African music and so on.

I am convinced that we are in a very powerful stage of the Earth and the universe and that in these years is the change. It is time that people drop the old and get the new and help each other because there is going to be a lot of pain and anguish that needs to be resolved by filling the spheres with harmony.

Music may be divided into two basic categories. Music as language and music as energy. When I am working with some circumstances I am working with the energy. The bioenergetics of working with the energy in the body and the body and mind working together make a connection with the soul. The soul is working in connection with the universe and so on.

Some other times I am working with the mind as the imager where the qualities of music actually will allow the individual by his own inner wisdom to transport himself to the point he needs to go. Then illumination comes as to what he needs to do about it, whether it is a cleansing process in therapy or whether it is an illuminating process in spiritual growth. One can develop hundreds of things that one can do with the concept and one's sensitivity towards how music affects people.

A lot of research needs to be done regarding the esoteric aspect of music, the qualities of sound, how sound affects the body, how sound can actually relate to the mind, how sound can actually be a harmonizing and integrating kind of energy.

About three years ago I started workshops for groups in which I first worked with people's sensitivity to develop them to be more open, to be much more sensitive with all their senses to be more alive and then to work with this responsiveness, with this new capability of being aware of what they can do with it. I was teaching them how they could use it, to what levels of creativity they could rise. It can either be a personal thing or an outer manifestation of art, a meditative creativity, a body being re-created. These exercises are gentle and loving and teach them that behind the outer, the emotional, the rational reason there is always the spiritual, immortal value of the person.

What I am really working towards is consciousness even though the immediate issue may be self-esteem or being able to live more lovingly and in a more balanced way with other people. However, beyond that is the higher body and through music people can be more of the God-self. One can tune in with people and create their personal songs. A personal song is usually defined as that which a person needs right at the moment. It is a soul thing, very sensitive.

One can work with people on a one-to-one basis in addition to working in groups while practising Music Therapy. It is time that we understand the potential of music as therapy and not merely using music as sort of a milieu. The music itself is the healer. I am very excited about the great possibilities of music. I have started a national music group under the auspices of a religious group and our first national symposium will be held next May in Philadelphia. I have been working to



attract people who are interested in connecting with other people who know something about music and want to share what they have learnt. I want to meet people who want to help Music Therapy grow. It is time that people work together now towards this end. Hopefully we can create a task force on some of the issues about music that we think are most productive. In the symposium we are going to divide music into different categories e.g. Religious Ceremonies, Meditation and Transpersonal Consciousness, Education, Healing and Wholeness.

We can then go into further research more on an individual practitioner level and also for dealing with groups. **MUSIC IS THERAPEUTIC. LET US FILL ALL THE SPHERES WITH LOVE.** In future music therapy will be used more and more for healing the body and the mind.

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## **HEAL THE ATMOSPHERE ASSOCIATION**

Charles Davis

Heal the Atmosphere Association is formed to focus public and governmental attention to the effects of environmental pollution with a view to find solutions to the multifarious problems caused by pollution. We support scientific investigation and public awareness of the Science of Homa Therapy. Homa Therapy introduces purification and fumigation processes related to the science of Medicine, Bacteriology and Bioenergy given through the Vedas.

We, the members of Heal the Atmosphere Association beseech the government and scientific community to divest themselves of prejudices and fears. We ask them to use their technology and know-how to further investigate the techniques and processes of Homa Therapy. Sometimes the solution to great problems comes from little-known sources. (Did not David slay Goliath?)

We are living in days of air pollution alerts when cities such as Baltimore, Maryland and Charlotte, North Carolina have been advised of breathing "at your own risk". We have noticed how Nature seems to run rampant with vicious heat waves, cold waves, earthquakes, floods, droughts and tornadoes. It is common to hear people say that they had never witnessed such extremes before.

The science of Homa Therapy tells us that any change in the atmosphere affects the mind and that any disturbance in the ecosystem terribly disturbs the harmony of the energy cycle of the planet.

We hear of people having been told to stay alert when chemical leaks filter into the air affecting all biological functioning.

Experiments conducted by Heal the Atmosphere Association, Baltimore Family Life Center and several others measuring the effects of Homa Therapy on the growth and development of plants, mentally retarded persons, senior citizens, children, the chronically ill, show a direct connection between atmospheric purification and positive life experience.

Let us all join together in the quest to have Homa Therapy investigated thoroughly. Although it is ancient it works. We seek neither name, fame nor financial gain. The truth is powerful and truth is by practice of Homa Therapy techniques we experience the Grace of freedom from tension which is an achievement in itself.

Let us join together,  
As it must be  
Open up our minds  
So that we can truly see  
With Agnihotra fire  
Tension withers away.  
May this message of Love spread  
May Grace be unto all.

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*(Anyone wishing to get Agnihotra sunrise/sunset timings for their area, please send name and address to Agnihotra Press, P. O. Box 13, Randallstown, Maryland 21133)*

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