

# Satsang

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Vol. III No. 9

September 18, 1975

Twice Monthly

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What's The Solution

...By Jones Blake Moore

AGNIHOTRA is the solution to all earth's pollution. AGNIHOTRA is an air cleaner, plant cleaner and above all, a human mind cleaner. The human mind is like a glass mirror, sometimes clean, sometimes not so clean. So, cleaning the human mind is like cleaning the mirror, and the more we clean it the better it reflects the image on the other side. The word clean means to be free from dirt or filth, unsoiled, unstained. So, the cleaner we can get the glass mirror, the better it can reflect the image from the other side. So it is with the human mind, the dirt has to go if we are to serve our God given purpose.

Now the dirt of the human mind are those thoughts that we entertain that we know aren't too cool. They seem to act like rude intruders, uninvited guests, party crashers, etc., etc. Their favorite topics are lust, greed, envy, jealousy, criticism, condemnation, hate, fear and we could go on and on. But, let's not do that since wiping them out of the human mind and off the face of the planet is what we want. Just give it a little thought; that no one could possibly hate a person, kill a person or do any evil deed unless the human mind first thought of it. So, any material aid that would help clean the mental dirt that we all could do without and is guaranteed, should be welcomed by all sincere seekers of truth. AGNIHOTRA, the first path of the Fivefold Path of the Vedas, is the answer.

Now, as the dirt of the human mind is cleaned like the mirror, it too will begin to reflect better the image from the other side which is God. And, the cleaner and clearer it becomes the clearer will we begin to experience and understand what is meant by such sayings in the Bible as:

"And God said, let us make man in our image,

after our likeness; and let them have dominion..." (Genesis 1:26)

"Blessed are they which do hunger and thirst after righteousness: for they shall be filled." (Matthew 5:6)

"God is Love. And he that dwelleth in Love dwelleth in God, and God in him." (John 4:16)

"For by grace are ye saved through faith; and that not of yourselves: it is the gift of God: Not of works, lest any man should boast." (Eph. 2:8)

So, the more the human mind is cleansed, the more we, the beloved children of the "Most High" can reflect God's greatest gifts of love and grace, and the more love and grace we attract, the more we can know and experience and express true mental peace, true happiness and true dominion in every facet of our being. So come join us today and you'll see that AGNIHOTRA and the Fivefold Path is truly the way. Almighty is One. Almighty loves us all. Almighty has given this "blessing" to us all.

"Not my will (the human mind) but His Will be done"

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#### SAPTA SHLOKI

Verse 4: आर्षग्रंथेषु सर्वेषु श्रुतिप्रामाण्यमेव च ।  
सर्वतः सारमादद्यात् निजकल्याणहेतवे ॥

Arsha Grantheshu Sarveshu  
Shruti Pramanya mewacha  
Sarvatah Saramadadyat  
Nijakalyan hetawe

Purport: Of all the literature given through the seers, Vedas is the standard reference. Extract the essence for thy benefit.

Commentary on Verse 4 (Continued)

... By Vasant

Review of World Religions  
Teachings of Zarathushtra (Zoroaster)

In previous issues we saw how the Messengers Buddha and Mahavir came to reiterate the eternal message first given through the Vedas. The word Vedas literally means knowledge. The word comes from the Sanskrit root VID meaning to know. The English word wit comes from the same root. Almighty Father gave this knowledge for the benefit of mankind at Creation. All Messengers of God, all Prophets, all saints reiterate the same message in different language to suit the needs of the times in which they manifest.

The main theme of the message of Zarathushtra (or Zoroaster he is called in Greek) is:

"Discipline the mind. By training, it reaches the state of cosmic intelligence. Fire is the agency of purification of the mind."

Human life is an instrument to grasp the totality of LOVE and cultivate it. The inner Self is the cosmic fire of the Spirit and man has the ability to perceive it with the cultivation of LOVE in all his responses to the world outside. LOVE manifests with purity of mind.

"Life of Zoroaster"

Zoroaster was born in the town of Rae Persia in Spitama community. His father was Paurushasp and mother Dogdo. As in case of every great AVATAR (High Messenger of God) the mother is informed about the son to be born to her who would carry out a great mission. Almighty Father revealed through him the message of Purity and Love towards all.

Zoroaster was initiated into Mazda yasmi faith of Persia which proclaimed that there is only one Omniscent, omnipotent and omnipresent God. It was the custom at the initiation to receive a shirt called SUDREH as symbol of purification. Around the SUDREH was worn a girdle



called KUSHTI to symbolise man's incessant attempts to fight against temptation. It is stated that after the initiation he went to Bactna (BALKH) which was ruled by King Vishtasp of the Kyanian dynasty. He held a fire in his hand which was burning without any fuel. This was the beginning of his mission.

Greek historians put the time of Zarathushtra back to 5000 B.C. Some others give a much later date. The confusion arose due to the fact that there may have been many teachers bearing the name of Zarathushtra.

By his simple teachings of Love and Purity of mind, under all circumstances he foiled the plans of many sorcerers who were close of King Vishtasp. He became a target of their attack and they were able to persuade the king to throw him into prison. However, he was soon released and his message received full Royal support. The following is the gist of the message:

1. Remove traces of evil from the carnal mind. Be always good and full of love to others.
2. Truth has many facets and do not use force to persuade others to your point of view. Do not force anyone to come to the faith that you hold dear.
3. Surrender to God is the master key that opens the gates to cosmic intelligence. Hence, forget yourselves and serve others.
4. Strict ethical behaviour.
5. Unquestioning faith in Divine Justice. This is manifest in the Law of Karma.
6. Practice YASNA (YAJNYA in Sanskrit).
7. FIRE is the symbol of the Divine. Fire was called the "son of Ahur Mazda", the "Holy Shirt" (the Christos within).

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#### Excerpts from SATSANG Correspondence

"I am one who is in search of permanent happiness. I have become tired of the temporary happiness that comes and goes.

While looking through a SATSANG, I found that the happiness that I am seeking is not to be found in someone else but within myself.

I would be thankful if you were to send me some literature so that I too can be enlightened with the knowledge that is the pathway to true happiness and discipline."

S.H.  
Baltimore

The Agnihotra Press, Inc.  
P. O. Box-13  
Randallstown, Maryland 21133

Dear John:

"Thank you for sending Grace Alone to me so quickly. Vasant's book is beautiful and has made me realize much. My excitedness over reading Grace Alone has been sharpened since I have had it in my hands. It is a book which I will reread many times. Enclosed is my check for Grace Alone which I feel is so little to pay for such wonderful knowledge."

A.G.  
Rockville, Md.-

In the midst of all this chaos, seeming confusion  
there is one heart of Divine Grace, out of  
which shine the iridescent rays of sun  
into which our tears fall  
with each heartache we endure.  
We are helpless, at His mercy  
He knows no boundaries -  
He observes no law, but the Divine Love.  
He dictates no sermons on deaf ears  
He listens to no pleas but those made in  
earnest  
He bears a clear heart  
an unmuddled mind  
a body of Light  
To behold Him is a majestic sight

always He dwells in the hills and the valleys  
 of our hearts,  
 in our soul's sight  
 He holds no future, no past  
 It is His Divine light  
 that keeps us whole.

Frann  
 August 13, 1975

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Food For Thought

...By Ronnie Gochrach

The diet of modern man is a reflection of himself and he is a reflection of his diet. He eats the pig and he behaves like one, greedily running over his fellow man, selfishly trying to get it all. His overstuffed belly bulging at the seams, his body is hardly more than a cesspool. He is so overcome by his desires and habits that his anger is aroused at the suggestion of a change in his diet.

Hiding under the guise of culture the so-called gourmet carefully tucks his napkin into his belt as he readies himself to partake of the finest culinary delights: broiled lobster, soft shell crabs, snails and the roasted bodies of dead animals. The music plays softly as he eats. Much money could be saved if people just ate the muck from the bottom of the sea instead of paying to eat the creature whose job it is to do this.

Man, the most developed being on this planet, has used the Divinely granted power of free will and discrimination to degrade himself. Instead of seeking the highest modern man seeks the lowest. He chooses for his diet the scavengers of the earth. He has placed carrion in a fancy package and sold it to the world.

Knowledge of the true needs and diet of man are played off as faddism. Opinions and ignorance are offered as facts. The media carries the message of the paying advertiser, and the truth is profitable. Our foods are



injected, wrapped, and stuffed with every conceivable preservative, coloring agent and flavor enhancer. Later on it is discovered that they may cause cancer, allergies and a host of other maladies in the human body. They are removed from the shelf and are replaced by something equally as bad.

There is a saying, "You become what you eat". If man chooses to lower himself to a subhuman diet of meat and flesh foods, he must take the burden of his actions as they come. The Law of Karma, or "Reap as you sow" is inviolable. When you consume the bodies of animals, you must become a recipient of fear, anxiety, hatred and all of the related mental states associated with taking the animal's life. These states of consciousness become your abode and you are held in check by the law of Karma.

It was never intended that man was to eat flesh food. His mouth, teeth and digestive system bear very little similarity to carnivorous creatures. When one looks at an apple, one feels like eating it; when one looks at a cow one does not feel like eating it. Few find it appetizing to see an animal slaughtered, to hear its death cries. It is not until the final process is completed and the necessary spices, sauces and herbs are added do we even find the taste appealing.

This unnatural way of eating is the cause of many diseases in man. These so-called foods are unable to be digested properly, and are difficult to pass from the body. They remain loaded in the many small pockets and crevices of the intestines, where they ferment and rot, becoming a breeding ground for disease. Their absorption into the system brings about deterioration in bodily organs. Cholesterol levels increase with the consumption of animal fats. The body, which is a circulatory system, becomes constipated and clogged. The system becomes stagnant.

All this must be changed if man is to become truly happy. Drugs cannot stop or cure the health and diet problems of man. The body must become purified to achieve

a healthy and calm state of being. A non-irritant and non-toxic diet, composed of large amounts of fruit, vegetables, nuts, grains and dairy products, along with sunshine, clean water and fresh air are absolutely necessary for good health, which is conducive to spiritual progress.

It is advisable to avoid meats, coffee, tea, white bread, alcohol, sugar and starches.

The validity of this can easily be experienced by anyone willing to give up the worship of convenience and to apply some self-discipline. The benefits are worth the effort. The nervous system becomes relaxed, sleep comes easily, passions are lessened and concentration is greatly improved.

Higher levels of consciousness are opened up to you as a result of mental and physical purification that takes place. Each new day you become better able to practice and secure the benefits of the Fivefold Path. It is not long before you are in possession of the common goal of all - Happiness here and now.

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Editor: Vasant V. Paranjpe  
 Publisher: Sally Hobart Kocak for Fivefold Path, Inc.  
 Parama Dham (House of Almighty Father)  
 RFD #1, Box 121-C  
 Madison, Virginia 22727  
 U. S. A.  
 Published on the first and third Thursday  
 of each month.

All SATSANG correspondence should be directed to SATSANG Editor.

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