

Satsang

Vol. III No. 5

July 17, 1975

Twice Monthly

Fivefold Path Blossoms in Germany

By Werner Metzger

Vasant first came to Germany in June, 1974 to introduce AGNIHOTRA and the Fivefold Path. He stayed for a few weeks. He returned to Germany in May, 1975 and conducted several KRIYA YOGA classes in several towns in South Germany. I acted as interpreter for Vasant on his second tour. Vasant left Germany in July this year. We will utilise this opportunity to look back on what has happened since Vasant's first visit to Germany.

Many friends in Germany, especially in the Bodensee region of South Germany, remember their first meeting with Vasant when in a relatively short time he spread the message of AGNIHOTRA and the Fivefold Path of SATYA DHARMA (Eternal Principles of Religion). We remember several interested listeners even in the first meetings. The number has now grown enormously as the message has taken root in the soil and started to blossom.

After giving KRIYA YOGA classes for five weeks in several towns around the Bodensee area of South Germany, Vasant left for Holland. Vasant has attracted several people who have been practicing the Fivefold Path since last year. He has won several new friends. Since last year, several small groups were formed who have been following the Fivefold Path and especially AGNIHOTRA. These groups have realised that the Fivefold Path, which is the quintessence of the message of the Vedas, is fundamental to all religions and all spiritual disciplines. This message was given at Creation for the benefit of all mankind. This means it is valid at all times and absolutely corresponds to truth. This also means it can stand to all scientific inquiry. Yes, even more. Vedas contain knowledge which science has started to discover recently. One who has not completely succumbed to the tendencious reporting of modern mass media and who still takes time off to follow his train of thoughts in the hustle of the day must come to the conclusion that in spite of immense progress at all levels of science and technology, man is not happy. On the contrary, man seems to be more unhappy than ever before.

Under such circumstances, Vasant brought to Germany the message of AGNIHOTRA and the Fivefold Path. When Vasant left last September, we said goodbye with a heavy heart, well knowing that we would meet him again in

1975. Before his departure he had told us to meet in small groups so that the combination of good friends would not pull off. Since January this year, every Tuesday evening people meet at Radolfzell-Böhringen when AGNIHOTRA and the Fivefold Path is explained.

It is difficult to express our joy when we got the confirmation that Vasant would come to Germany via India. News came from Canada that Ingrid would come from Canada to join Vasant in Germany. This was added joy. Vasant specially concentrated in the Bodensee area. Vasant gave introductory lectures on KRIYA YOGA at Radolfzell, Sigmaringen, Uldhingen, Memmingen, Donaueschingen, etc. One introductory lecture was given in each place. I joined Vasant at his lecture at the Soldatenheim Hall in Sigmaringen. Here had gathered a large audience in a totally overfilled hall. People listened with great interest.

From Böhringen, Vasant started a big programme. On May 17th a FEUERSTÄTTE (Place of Fire) was inaugurated at Wald. This place is open to the public. Silence is maintained all the time; only AGNIHOTRA is performed at sunrise and sunset. Anyone who wishes to sit in meditation is welcome. No questions are asked; no money is charged. This is a rented house and needs renovation. It is in the midst of thick forest. The work is now being carried out with voluntary labour.

Horst Lozynsky arranged several classes for Vasant to teach KRIYA YOGA. Five classes in five towns and Vasant had to travel everyday to a new place. He visited each place once a week. The remaining time was utilised for personal talks and a few lectures. Vasant visited Hochst in Austria to give a talk on the Fivefold Path. He also made a quick trip to Switzerland to meet friends and readers of German SATSANG.

In the short KRIYA YOGA course which Vasant gave, people listened intently and followed willingly. The course was called "LIBERATION WITH A SMILE". It was a mind training programme. Vasant always stressed that a happy and harmonious life did not depend on circumstances outside, but on the reactions of the mind to those circumstances. It depends on how we view things, Vasant said,

"When I say, my body, it means I am not the body. Similarly, when I say my mind, I am not the mind. Let us learn to observe the thoughts.

Let them pass away as you observe them. You are not the thoughts. If you are thus able to observe the mind, you will get control over it. You will get control over your longings and desires. You will be free from the slavery of the mind. Proper breathing helps to achieve this state."

"While making the journey of life, man is attacked by six robbers which Vasant calls six crocodiles. They are in each one of us. These dangerous crocodiles are lust, greed, envy, anger, temptation and pride. They can be overcome if one tries to substitute the opposite when they arise. Persistent practice leads to success." Vasant says, "Adopt the attitude of a sportsman when you handle the crocodiles." If one is not successful against these crocodiles sometimes one should not get angry or desperate. A sportsman knows how to lose a game without getting angry. One should say "This time I am not successful; O.K., I shall win next time. I shall make it better." Vasant says,

"Which is our first weapon in this programme for liberation? SMILE. Use this weapon as many times as you wish. Let us all become smile millionaires."

Man always has some desires. Fulfillment of a desire leads to two more desires. Unfulfilled desire leads to anger. How to get over this dilemma? We must learn to free ourselves from the bondage of desires. Attachment to worldly possessions enslaves man and weakens his will for free decisions. Only getting used to constant giving reduces this attachment. This giving should be done in all humility, with all the disciplines involved. This is DAAN, the second aspect of the Fivefold Path.

Controlling the abovenamed crocodiles is TAPA, the third aspect of the Fivefold Path. This involves training the mind.

An important factor which puts tension on the mind is atmospheric pollution. We are pulled into wrong directions even against our own judgement, due to the tension on the mind generated by atmospheric pollution. In the KRIYA YOGA classes, Vasant spent much time in explaining this problem and the solution to this problem in the light of Vedic wisdom. Vasant made it very clear to the people in the classes that the pollution of the atmosphere has a great effect on PRANA, the life energy that connects us with the cosmos. PRANA automatically influences the mind. In recent years there is increase in the incidence of disease. There are more and more quarrels in the family than ever before. Automobile pollution, factory pollution, water pollution, noise pollution and some other factors disturb the atmosphere and make life unhealthy. In recent years, new weapons have been developed which overshadow all the previous ones. The atomic weapons are now old iron. These weapons include ozone bomb, disturbance of gamma rays, etc.

Happily, in the Vedas, processes are mentioned to undo the effect of atmospheric pollution on the mind. AGNIHOTRA is the smallest of them. The

most simple form of AGNIHOTRA is made known now for the first time in known history through Vasant. It cleanses the atmosphere through the effect of fire, vibrations and burning of organic substances at specific timings of nature. The whole energy cycle of the planet is out of equilibrium and it needs to be brought in order. This shall be done by Divine Will. If this is not done early, a great part of humanity would destroy itself.

Vasant always stressed in the KRIYA YOGA class that cleansing of the mind is necessary to put us into the state of "Love thy neighbour as thyself". For this, a push is necessary and AGNIHOTRA gives that push. Vasant told the story of the famous philosopher-thinker Emmanuel Kant. He had a habit. He used to walk with a walking stick in hand and he used to rotate the stick while walking. One day his stick hit a nobleman while Kant was not conscious of it. The nobleman got angry and said, "Who are you?" Kant came to know what had happened and patiently replied, "Sir, that is exactly what I am trying to find out. Who am I?" This is Self-study, the fifth aspect of the Fivefold Path. "I am not the hand; I am not the leg. I am not the mind; Who am I?"

So long as the mind is not freed from the grip of the six crocodiles, one will not know "Who am I?" The Fivefold Path of the Vedas was given to mankind to lead a happy life full of love all the time. Dignified human life is possible only if we follow the Eternal Principles given through the Vedas. This is Eternal Religion (SATYA DHARMA).

Perform AGNIHOTRA for purification of the atmosphere.
Perform DAAN for reducing attachment to worldly possessions.
Perform TAPA for fructification of thy affirmation.
Perform KARMA (Right action) for self purification.
Perform SWADHYAYA (Self-study) for liberation.

This is the Fivefold Path.

One could clearly see and feel how people felt when Vasant departed. One could read thankfulness and adoration in people's eyes when they said goodbye to Vasant. Eyes became wet and some voices could not speak. We cherish the hope that Vasant soon returns to Germany to spread the holy message.

(Translated from the original German.)

Place of Fire (FEUERSTATE) in Germany

It is proposed to set up a chain of Fire Temples around the earth. In a Fire Temple there is no priest, no diety and nothing is worshipped. Silence is maintained all the time. Only AGNIHOTRA is performed at sunrise and sunset. This purifies the atmosphere and has a wonderful effect on the mind. Anyone from the area can come and sit there as long as he likes. No questions will be asked. No money is demanded. Nothing is taught.

In this chain one more place was established on June 27th at Grossingersheim, West Germany. Christiana took a leading part in setting up the place. Roger Seal and Rainer Ewig stay in the house. Roger met Vasant last year when he was in Europe and he chauffeured Vasant in Germany during his first visit. Roger taught AGNIHOTRA to several people and gave lectures on the Fivefold Path in Germany.

Vasant left Maastricht in South Holland on 27th morning to reach Stuttgart in Germany. Carola came from Utrecht to Stuttgart. At the station, Roger and Carola met Vasant. All of them proceeded to Beitigheim where they were received by Rainer.

Vasant inaugurated the FEUERSTATE (Fire Temple) in the afternoon. He then left for Wald to visit the Fire Temple near Bodensee which was inaugurated by him on May 17.

Human mind has become victim due to the extremely polluted conditions of the atmosphere. People are intelligent, good intentioned but we find more and more quarrels in the family. No one is to blame. The effect of the pollution on human mind is dastardly. Everyone is uneasy despite material plenty. When a person feels uneasy and alienated he normally takes recourse to alcohol and drugs and the like. This pulls him down further and he gets involved in wrong actions mostly against his will. His intellect tells him that it is wrong to do such a thing, but he becomes helpless.

Under such conditions, setting up Fire Temples throughout the globe should become a priority. It is a good service to the community. Several private Fire Temples have already been established in various communities. Many public Fire Temples already grace several towns.

KRIYA YOGA in Germany

Q.: You mentioned the word psychotronics. Can you explain a little more about it? Why do you use it while teaching AGNIHOTRA?

Vasant: Let me make it clear again that the Fivefold Path is a process of purification that leads us to happiness. This happiness is here and now. It is not a post dated cheque. You start getting the experience at once. While I was talking about AGNIHOTRA I mentioned the subject of psychotronics.

While I was talking about the scientist of Europe I stated that the scientist has recently come to the conclusion that there is more than appears on the surface. Especially now, the scientist says that there are subtler forms of energies about which we know very little. While probing the subject by methods of experimental science he has found that presence of such energy. All the research then concentrated on the occult level. I use the word occult in the sense it is now being used in English and not in the original sense. PROBING THE OCCULT IS NOT NECESSARILY THE SAME THING AS PURIFICATION OF THE MIND. Many times this is not understood. Keeping this in view we may venture to try to understand what the scientist is doing.

A new terminology has come into English and other European languages. Psychotronics is a word from that terminology. Psychotronics may be described as the science which studies the field of interaction between the individuals and their environments, both internal and external. This mainly concerns the energy processes. This also takes into account the rapport between human thinking and living matter. Although the psychotronics scientist deals with the occult, he takes care to see that his work is not bracketted with arts and crafts that go by the names animal magnetism, astrology, clairvoyance, clairaudience, neckromancy, spiritism, etc. This is the reason why a new word is coined which smacks of experimental science. In practice it is parapsychology. However, parapsychology may be a better description.

From our point of view, it needs cognisance because it is the study of a new type of energy on its own and also in relation to man. A system which functions like a living system when studied by methods of experimental science becomes a part of

BIONICS and hence psychotronics may be termed as bionics. Any supernormal phenomena which can not be explained as physical or biophysical can come under psychotronics. Thus, healing, PK, ESP, become respectable in the scientific cycles of Communist countries. Psychotronics originated in Czechoslovakia.

Can a man act at a distance? What happens at the physiological level when the intensity of emotions varies. These are some of the questions studied by the scientist. A visible link between the physiological and psychological was required. Thus an instrument was devised to measure the volume of blood passing through the arteries and it was named 'plasimograph'. The change in volume corresponds with the change in the intensity of emotions of the subject under study.

AGNIHOTRA changes the reactions of the mind to conditions outside. This in part determines the change in the volume of blood flowing through the arteries and the wastage in terms of mind energy. This is a connecting link which may land us into the slogan "Love thy neighbour". It is the same as "Fill all the spheres with Love", which is the message given by the Son of Man who has come to do his allotted task of resetting the energy cycle of the planet. Control over emotional nature is an asset in the science of KRIYA YOGA. AGNIHOTRA helps us reach that state and hence the word psychotronics was used in explaining the science of AGNIHOTRA.

The communist scientists are trying to investigate how far this newly discovered energy corresponds with PRANA of ancient Yoga. They are also trying to find out how this energy is behind PK, PSI phenomenon in a person. Can we artificially induce such faculties in a person? All these things are tried by the methods of experimental science.

Modern medicine uses the word "psychosomatic" and some diseases are classified under that name. The change in PRANA has a corresponding effect on the mind which is seen in the modus operandi of AGNIHOTRA. Practice of AGNIHOTRA purifies the mind and releases it from the grip of desires. AGNIHOTRA is a material aid to make the mind tranquil. In the KRIYA YOGA classes we suggested that it would be interesting and fruitful if the scientist can bring his knowledge about the "psychotronic" generator and bioplasma body to trace the release of subtle energy at the time of AGNIHOTRA.

This energy of which not much is known to present day science is no more front page news. In the VEDIC science of bioenergy, mention is made of "electricities, ethers and subtle energies" that are concomittant to the Circadium rhythm of sunrise sunset on which AGNIHOTRA is based. If the science of medicine starts the research on a working hypothesis based on the modus operandi of AGNIHOTRA, it will come across a very powerful weapon to root out the very source of these diseases.

Pills, drugs, surgery can never teach the patient to exert to make a better effort in life. No pill can teach a person how to operate a typewriter. AGNIHOTRA gives a push to the mind to behave better. The connecting link is PRANA, the comprehensive energy. Change in PRANA automatically changes the behaviour pattern of a person. From this point of view science of medicine can benefit a great deal by the study of AGNIHOTRA. Ancient AGNIHOTRA was a difficult process practically beyond the reach of the average person of today. However, by Divine Will, the most concise form is now made available which anyone in any walk of life can practice with a little effort and with great benefit.

Editor: Vasant V. Paranjpe
Publisher: Sally Hobart Kocak for Fivefold Path, Inc.
Parama Dham (House of Almighty Father)
RFD #1, Box 121-C
Madison, Virginia 22727
U. S. A.
Published on the first and third Thursday of each month.

All SATSANG correspondence should be directed to SATSANG Editor
Agnihotra Press Inc.
P. O. Box 13
Randallstown, Maryland 21133

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