

Satsang

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Everyone wants to be happy and everyone is trying to be happy in his own way. However, if you ask someone, "Have you met anyone who is happy all the time?" the answer will be "No". You ask him again, "Have you heard of anyone who is happy all the time?" and the answer will be again "No". Is it not surprising that although every human being is attempting to be happy we hardly hear of a person who is happy? The reason is not far to seek. On the day we are born as humans we inherit all that is required to become happy but we have forgotten this inheritance. It is like the son of a millionaire begging for a dollar, not knowing his father.

If you keep your happiness dependent on some future event it clearly means that you refuse to become happy in the present. The event that you hope or expect to come about may or may not come about after all and you continue to be unhappy. Out of several things that you desire you are going to get only a few and if you go into the habit of keeping your happiness dependent on the gratification of some desire you are never going to be happy.

Destiny unfolds various events in our lives according to the law of Karma, the law of "reap as you sow". However, we can train the mind to change the reactions to the circumstances outside. Happiness depends on the reactions of the mind to circumstances outside and hence training the mind to transform itself constitutes the core of discipline on the Divine Path. One can say that there is nothing spiritual about it. If you want to make the journey of life an endeavor of joy it is easy to understand that some discipline is required. The discipline has to be simple, scientific and also within the reach of the average person. The Fivefold Path of the Vedas presented in these pages takes into consideration all these aspects relating to psychosomatic man. It is presented ready to serve like instant coffee or a T.V. dinner. It is offered as a package deal to suit all requirements. It is the basis of the teachings of all saints and prophets. Train the mind to change the attitudes and happiness dawns.

LET US LEARN TO FILL THIS MOMENT WITH LOVE AND NOTHING ELSE IS REQUIRED. LET US FILL ALL THE SPHERES WITH LOVE.

Mind may be a cruel tyrant. Let us train it to become an obedient

servant. One may wave palms or sing psalms but unless he starts practicing "Love thy neighbour AS THYSELF" no progress can come. This is the fundamental teaching of ancient wisdom.

The word Divine in English comes from the Sanskrit verb 'DYU' meaning to shine. In Sanskrit it is DEVAYAN PANTH. In English it is DIVINE PATH. It means Path of Light. The discipline that transforms the mind from an instrument of bondage into an instrument of Divine unfoldment is the Fivefold Path. With renewal of the mind knowledge dawns. This is the Path of Light, Divine Path.

All this knowledge is given through the Vedas. It is in Sanskrit language. Sanskrit is the mother of all European and other languages. The word VEDAS comes from the Sanskrit verb 'WID' meaning to know. The English word 'WIT' comes from the same Sanskrit root. All languages of the world have words coming from Sanskrit. There is not a single word in Sanskrit which comes from any other language.

Knowledge of various sciences was first given through the Vedas. Astronomy, biology, bioenergy, medicine, bacteriology and several other sciences are given through this ancient wisdom. Unless we are prepared to divest ourselves of superstitions and prejudices we will not truly benefit from the storehouse of Vedic knowledge. A scientist of late twentieth century is in a better position to understand the wisdom of Vedas than anyone else. If you look at the picture of the universe given by the astronomer of late twentieth century you will notice that he is veering in the direction of Vedic knowledge. The same is the case when the scientist pronounced the principle of indeterminacy or photographed the bioplasma body or recognized the interplay of subtler energies. A beginning in this direction was made when the scientist recognized the limitations of human reason. Methods of experimental science have blasted the imaginary walls separating the so-called spiritual from the material. The future scientist will have to be a Yogi to delve deep into the mystery of Creation. The time has come when the terms Immanence and Transcendence will form part of the universe of discourse of the scientist. The days for the parochial religionist are numbered and henceforth the Light of Knowledge will illuminate all human minds.

The time is most opportune for us to follow the blueprint of cosmic wisdom given through the Vedas, the most ancient wisdom known to human race. This knowledge is no monopoly of any country or community. It is a common patrimony of human race given through the language as old as creation.

It is idle to talk about post-dated heaven if you cannot be happy here and now. Nature has no favourites and you reap as you sow. THE

FIVEFOLD PATH of Vedic wisdom is the blueprint for happy living on earth. The path is chartered. However, each one of us has to do the mapping. What religion calls GRACE is merely the operation of the fundamental law of cosmic scriptures which states 'Take care of your Karma and the rest will take care of itself.'

Give your mind the total coloration of LOVE. This is the DIVINE PATH, the Path of Light.

(The above is an excerpt from the book Light Towards Divine Path by Vasant.

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Love Sprouts in Germany

Fran

Vasant is now touring Germany spreading the message of the Fivefold Path. I was asked to join him on this historic mission and we left Philadelphia for New York on January 28th en route to Frankfurt. We reached Frankfurt on the morning of January 29th. Our first evening was spent with the Metzger family in Radolfzell.

Metzgers are such a fine example of "Love thy neighbor". Werner, Erika and their three girls gather together for Agnihotra. The atmosphere is always full of Love. While we were there, Vasant had many meetings with people who knew him from last year. Many new people also started coming.

Werner Metzger has translated LIGHT TOWARDS DIVINE PATH into German and it was printed several weeks ago. In German, the title is DER WEG ZUM LICHT. Already many copies have been distributed and the message is swiftly reaching the people.

From Radolfzell we went to Memmingen where we were lent a new car by one Agnihotrite lady for use in travelling throughout Germany. It was given with much love. The use of this car has been invaluable.

In the same town, Memmingen, a meeting was held on February 6th. The whole atmosphere was full of energy generated by Vasant's talk which was specifically related to modern science and the Fivefold Path. He

stated that it would be the scientist of Europe who would lead the way and that in the future the scientist would have to be a Yogi. Following Vasant's talk, an elderly man came to me and said: "The language of the word are so difficult, maybe someday we will all speak the same language". What went through my mind was 'Sooryaya Swaha Sooryaya Idam Namama' truly universal. Then he spoke to Vasant through Ello Kling (our interpreter that night). He said:

"Fifteen years ago in the factory where I worked with my companions, I told the people this: 'Fifteen years from now, great changes will happen. Germany will play an important part. People will see. At this time, it will not be possible to go a middle way. You have to decide if you take the good path or refuse it. And now the time has come."

As we were leaving, he shook Vasant's hand and said "I hope we receive God's blessings and He gives us what He wants for us." He was so happy. It seemed he had been long-awaiting for that moment.

Vasant received an invitation from a lady in Immenstadt, in the Bavarian Mountain region. She had met Vasant before only once and that too briefly. Vasant talked to a large group in this small town, nestled in beautiful snowcapped mountains. Agnihotra was performed in the warm atmosphere of her home for the first time.

Each detail is taken care of. At one class held in Fredrichshafen, we arrived and Vasant began his talk. Our scheduled interpreter found some difficulty in translating. A lady sitting next to her spoke up, "I am an English teacher and I will translate". She not only translated for that class, but waited and stayed to translate for the next class, as two classes had been scheduled in a row. Grace Alone.

People here are quite receptive to the scientific background of Agnihotra. In one class in a small village where Vasant spoke, twelve new people came and at the end of the class all twelve wanted to begin practice of Agnihotra. Many of them were middle-aged ladies. Following the class a discussion took place on the medicinal values of cow dung. Several people had actually had experiences about cow dung where a member of the family was suffering from some disease. The doctors told that there was nothing more that could be done. Cow dung treatment was given and the person survived. In several other classes, as soon as cow dung was mentioned, many agreed it was good and knew beforehand of its medicinal qualities. This was truly a rare experience.

In and around Stuttgart, Roland Geisselhart arranged many meetings

for Vasant. In one week many meetings, classes and private talks were held. Gabi Meister and Roland took turns translating. Roland knew only a little English yet when he got up to translate the message was carried. A meeting of specially interested people was held at Helmut Gommel's house in Vaihingen-Enz (near Stuttgart). New teachers are being trained. Around Stuttgart area, Peter, Dieter and Siegfried are already teaching Agnihotra and the Fivefold Path. Many are beginning to practice the ancient science of Agnihotra.

At one class held in Vaihingen-Enz, a doctor and his wife came to meet Vasant. They came to tell him that after having met him last year, they have been practicing Agnihotra faithfully since one year. The benefits of Agnihotra and the practice of Fivefold Path could easily be seen in their smiling faces.

One man, a school teacher, after having attended only two classes, requested someone to supply him with cow dung. The very next week he announced that he had found a farm nearby and made necessary arrangements. He is now supplying dried cow dung to others for Agnihotra.

A consignment of one hundred Agnihotra copper pots arrived in Stuttgart from Philadelphia in February.

Stu Masill of Agnihotra Press arrived February 26th from U.S. to join Vasant in spreading the message of the Fivefold Path. We picked him up at the Stuttgart airport. From there we went immediately to Pforzheim, one and a half hours away, where a group of over 75 people was organized and a meeting was held that evening. Vasant stressed again the message of the Vedas and how modern science is now pointing in the direction of the Vedas. Following Vasant's talk, several people expressed interest in receiving Kriya Yoga classes in Pforzheim. The caravan marches on to spread the message of the Fivefold Path.

It is all happening so quickly. The energy is so powerful; it can be seen. The time is now. We have no further time to waste. The atmosphere surrounding our planet earth is disturbed and the atmosphere in our own homes needs LOVE. Plant the seed of LOVE in your own home by practice of Agnihotra. From this seed all LOVE sprouts!

"FILL ALL THE SPHERES WITH LOVE"

Let Thy Light Shine

Stuart

I am connected with the Agnihotra Press since its beginning in 1974. I attended the various teachers training classes given by Vasant in

Randallstown, Maryland. I knew that I would have to commence teaching the Fivefold Path soon. However, I hardly could imagine that I would be leaving the United States so soon for Germany to spread the message of Agnihotra, the process of purification of the atmosphere which unburdens the mind.

Vasant left New York for Frankfurt, West Germany in the last week of January. In February, I received a letter from him asking me to join him in Germany as more places in Europe needed to be reached within a short time. John Brown drove me to Dulles International Airport near Washington D.C. to catch the evening flight to Frankfurt. We arrived at the airport a few minutes before sunset and performed Agnihotra in the parking lot. I reached Frankfurt in the morning, February 26th and boarded the plane for Stuttgart. Vasant and Fran greeted me at Stuttgart Airport and the three of us drove straight to Pforzheim where Horst Lozynski had arranged a group of people to meet Vasant. Horst and Mr. Merkur acted as interpreters for this Kriya Yoga meeting attended by nearly eighty people. The meeting was held at Marielu Altschüler schule. Mr. Kremetz told the audience that Vasant had given mind training Kriya Yoga classes in many towns of Germany and the U.S.

Vasant said:

"A person who is 40 years old has witnessed the sandwiching of atomic age and space age within a short life span. These powerful ages have had a terrific impact on society. The world has changed totally in the last 25 years. However, human mind has not kept pace with this development in technology and it has become a victim of various forces of the concomitant pressures developed in society. That is why we see psychiatry clinics flooded with patients.

Agnihotra is the panacea to remedy the situation quickly. Agnihotra is a simple discipline which purifies the atmosphere. This leads to purification of Prana. This unburdens the mind."

The next day we arrived in Auerbach for another meeting.

Vasant stated:

"Vedas throw light on various sciences like astronomy, medicine, bioenergy, etc. The useful atmosphere surrounding our planet earth is a thin layer. Any disturbance in this layer disturbs the human mind and has an effect on all forms of life. The scientists of Germany will soon start the search into the depth of Vedic wis-

dom. Let us keep our faith in the scientist. At least he knows what he is talking about."

Our host mentioned that in old texts it was stated that a universal comforter would come. The time is now. We stayed for Agnihotra with the Schumacher family. The atmosphere was filled with Love. We meditated together for a while. Our hosts had a special plant garden. They were pleased to hear that post-Agnihotra atmosphere as well as the Agnihotra ash has beneficial effect on plant life.

We made several stops for meetings on the way north to Hannover. Vasant addressed a group of people practicing meditation. Vasant stated:

"What I am talking about is not new. Vedic knowledge is as ancient as creation. I have not come here today to teach you meditation. However, I have come to introduce a great material aid to meditation. It is AGNIHOTRA. It is from the ancient Vedic science of bioenergy. First come concentration and contemplation. Then comes meditation."

Several people shared stories they had heard relating to properties of some of the organic substances used in the process of Agnihotra. Some of them knew about the use of cow dung in the treatment of some diseases. One person had experienced the healing properties of cow dung.

One person stated that the best time for clean air was sunrise according to science.

One elderly lady from the group felt the necessity of starting Agnihotra and I went over the procedure with her. She mentioned that it was a great thing to purify the atmosphere.

From Hannover we travelled south to Stuttgart. It was nearing sunset before we could enter the city. We stopped for Agnihotra in a forest. Several times in our travels we had to stop along the roadside for Agnihotra. Once we did Agnihotra under a bridge in the center of Köln. At another time we did Agnihotra in a field adjoining the Stuttgart Airport. As I lit the fire a person came and told us that the area was patrolled by police dogs and every half hour the police come around. We were further told that parking the car at that place was not allowed. However there was no time to change the place and we did Agnihotra and meditation in the field. It was the first time that I saw Agnihotra fire and Mantras being chanted while a jet plane was taking off with its shrieking sound.

After touring through a few cities in South Germany for 3 days Vasant, Fran and myself went to Wurzburg in Central Germany to give a Kriya Yoga class.

Vasant stated:

"There is now a greater disturbance in society than ever before. In the beginning of the century the scientist thought that he would be able to banish misery from the planet through development in technology. However, the misery still continues, perhaps in a larger measure. The ancient science of Vedas and Upanishads gives us practical aids to get rid of this misery. We have to be full of Love all the time. All reactions of the mind must spring from Love."

After Vasant's lecture the class was full of smiles and all were excited to know more about Agnihotra and its effects on the atmosphere. All the people agreed to wait till sunset to witness Agnihotra. Meditation followed. Vasant said:

"Believe what you experience. If you think what I talk is reasonable investigate further. It will benefit you a great deal. It will benefit others also."

In the Bodensee area of South Germany many Kriya Yoga classes are being given regularly. New classes have started.

In Memmingen, one lady who had been practising Agnihotra for some months said "Agnihotra is a gift". The message of the Fivefold Path is felt in the hearts of many Germans of all ages. I saw people in different age groups happily practicing Agnihotra.

Fran and myself have been travelling with Vasant for the last 15 days. During this period 12 towns, small and big, received the teachings of the Fivefold Path which is a mind training program. Our time schedule was very tight. Often we had to travel from one class to another; sometimes we were travelling for several hours at a time. Over 700 copies of the German translation of Vasant's book LIGHT TOWARDS DIVINE PATH (DER WEG ZUM LICHT) were distributed in these two weeks. The Divine Will is strong and with Love in our hearts the language barrier melts away.

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