

Satsang

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From the Ancient Science of Bioenergy

The ancient science of bioenergy given through the Vedas states that there are numberless billions of solar systems of which our planet is a tiny speck. The layer of useful atmosphere surrounding our planet earth is a very thin layer. Any change induced in this layer of atmosphere automatically leads to corresponding change in PRANA, the life energy that pulsates through us all and connects us with the cosmos. Prana and mind may be taken to be like two sides of the same coin and hence the change in atmosphere is automatically transposed to the realm of the mind.

The Vedic science of Yajnya states that mind is affected by rhythms of nature corresponding to undulations of our planet. Yajnya is a process based on biorhythms of which man is a prisoner. Various rhythms of nature corresponding to the rotation of the earth and other cosmic objects affect human body and mind. Burning specific substances into fire and uttering certain Mantras under the conditions of certain rhythms of nature produce specific effect in the atmosphere. This is the modus operandi of YAJNYA. The resultant effect is carried to the realm of the mind and mind becomes tranquil. Our happiness depends on the reactions of the mind and hence, Yajnya is a material aid to happy life.

AGNIHOTRA is the smallest form of Yajnya based on one circadium rhythm corresponding to sunrise and sunset.

AT SUNRISE THE MANY FIRES, ELECTRICITIES, ETHERS AND MORE SUBTLE ENERGIES EMANATING FROM THE SUN EXTEND ALL THE WAY TO THE EARTH AND PRODUCE A FLOOD EFFECT AT THOSE COORDINATES WHERE THE SUN IS SAID TO RISE. IT IS AWESOME. THE FLOOD ENLIVENS AND PURIFIES EVERYTHING IN ITS PATH, DESTROYING WHAT IS IMPURE IN ITS WAKE. THIS TORRENT OF LIFE SUSTAINING ENERGIES CAUSES ALL LIFE TO REJOICE. AT SUNRISE THAT MUSIC CAN BE HEARD. THE MORNING AGNIHOTRA MANTRA IS THE ESSENCE OF THAT MUSIC. IT IS QUINTESSENTIAL SOUND OF THAT FLOOD. AT SUNSET THE FLOOD RECEDES.

Thus, burning of specific substances and uttering of Mantra are to be synchronized with the timing of sunrise and sunset. This in short, is Agnihotra, the smallest Yajnya which anyone in any walk of life can practice with a little effort.

The fire is to be prepared in a copper pot which has a semi-pyramid shape. The metal and the shape have an effect on the subtle energies which induce change in the atmosphere leading to beneficial change on the mind. Agnihotra is a great material aid to unburden the mind and you begin to feel free. THIS LEADS TO CONTENTMENT IN LIFE SINCE A PUSH IS GIVEN TO THE MIND TO REACT WITH LOVE.

Agnihotra is also a process of fumigation which affects the intensity of pathogenic bacteria. Agnihotra atmosphere gives nourishment to plant life. Within three weeks you can notice the effect on plants if they are kept in a room where Agnihotra is practiced regularly. Agnihotra atmosphere results in better absorption of sun's rays by the water resources on earth. Thus, the energy cycle of the planet is kept in rhythm.

Pollution in the atmosphere has a dastardly effect on the human body and mind and hence we witness so much misery despite material plenty. Agnihotra puts the whole process in reverse gear and you feel free and happy. If you practice Agnihotra you might very well say goodbye to psychiatry troubles. When the tension on the mind is lessened one-pointedness of mind is achieved.

Hence, Agnihotra is a great material aid to happiness.

Our breathing is connected with the phases of the moon. A definite change in breathing rhythm takes place exactly at sunrise. If you are in bed at sunrise the change may not be as nature has planned it. Practice of Agnihotra automatically insures that the change in rhythm will be in tune with nature. This avoids the disharmony in equilibrium and thus proneness to disease is lessened.

Practice of Agnihotra leads to a happy state of mind and you automatically begin to experience more love. Anger and envy are lessened. What cannot be achieved by reading several books or listening to several sermons is achieved in a short time by practice of Agnihotra. Agnihotra makes you a better person in your family. The reason is simple. It is transformation of the mind. Agnihotra is an exact technique for psychophysiological victory over passion and greed.

Thousands of families in America and several countries of Europe are practicing Agnihotra.

Automobile pollution, pollution due to exhausts from factory chimneys, water pollution, noise pollution, nuclear radiation has terribly disturbed the useful layer of atmosphere around our planet. Many species

of birds and fish are disappearing. All plantlife is unhappy. The ancient science of Vedic Medicine called AYURVEDA states that if the atmosphere is starved of the nutrients which result from YAJNYAS we experience baneful changes in the atmosphere, the seasonal cycle is disturbed and the medicinal qualities of plants deteriorate. AYURVEDA comes from ATHARVAVEDA where the science of bacteriology is given.

Modern medicine is slowly veering towards the Vedic science of medicine and growing aware that health is influenced by subtler atmospheric forces of which it knows little. Many biological activities correspond to rotation of our planet around the sun. This leads to intensity undulations in performance ability. Manic depression, hypertension and several other disorders are influenced by changes in biological activities that come about due to undulatory planetary cycles. Agnihotra is based on one such cycle called a Circadian Rhythm (rhythm around a day). The specific conditions of nature at the critical points of sunrise - sunset, the effect of burning specific substances in a pot of prescribed metal having a prescribed shape and size and utterance of specific vibrations have a combined effect on the atmosphere. This affects the biological functioning and gives a push to the mind in the direction of LOVE. If practiced regularly as a part of the Fivefold Path it improves meditation. Then the stage comes when no special meditation sittings are necessary. All the reactions of the mind spring forth from LOVE.

Today we notice that there is more disease despite advances made by the science of medicine. There is more cancer, leukemia, respiratory ailments and miscarriages. Pollution in the atmosphere disturbs the functioning of PRANA and since PRANA and mind are like two sides of the same coin the disturbance is transferred to the realm of the mind. We witness that two honest, intelligent, good-intentioned people find it difficult to get along together. There is more quarrelling, alienation and upsetting in family life. Psychiatric clinics crowded with patients are a testimony to this. Practice of Agnihotra means goodbye to psychiatry. Mind is subtle matter and Agnihotra gives a push to the mind to function in the direction of love. When our car is stuck in mud we need something to pull it or push it. The mind is in the grooves of habits (repeated actions) and practice of Agnihotra enables the mind to get out of it and absorb new reinforcers of TAPA. By practice of Agnihotra you will experience how your anxiety and tension become less and how you are catapulted into joy. This makes the journey on the Path of Light facile.

(The above is an excerpt from the book Light Towards Divine Path by Vasant.

First Edition Jan. 1976	Published Agnihotra Press, Inc., P.O.Box 13 Randallstown, Md. 21133 U.S.A., Price \$1.50 + \$.50 for postage and handling, pp 44, Three coloured art cover.
Second Edition Feb. 1976	"
German Edition Feb. 1976	Published Erica Metzger, 7760-D Radolfzell Bohringen, Neuhausleweg 2, W. Germany
Dutch Edition	Under Preparation)

Seminar on Christian Education

In Washington, D. C. Vasant was invited to speak before a group of priests of various Christian denominations. Following are extracts from Vasant's speech.

"We repeat in the church at every service the following:

Thou shalt love thy God with all thy heart, with all thy mind and with all thy soul. This is the first and the greatest of the commands. The second is like unto it. Thou shalt love thy neighbour as thyself. On these two hang all the Law and and all the Prophets.

If you ask a modern youth he will say, "How can I love God whom I do not know? It is difficult for me to love even something I do know. How much more difficult for me to love something which I do not know? Well, you tell him 'At least you know your neighbour. Start loving him as you love yourself'".

Although you do not know what God is, the Bible tells you what is enmity against God. At least try to get rid of this enmity. 'Carnal mind is enmity against God.' The Fivefold Path of the Vedas is the best aid to get rid of this enmity against God. Again, if you wish to love thy neighbour it means you have to get rid of anger, greed and lust. Without this, how will you be able to love thy neighbour? The Fivefold Path offers you the material and mental aids to achieve this.

When you start talking about the mind you land yourself in the field of applied psychology. Ancient Yoga psychology has many things to offer in this regard. We should keep our minds open and accept knowledge even if it were to come from the moon. Tomorrow if the scientist comes out with a gadget

and tells us, 'Push these two buttons on the left and these three on the top of this computer and the carnality of your mind will go', we should be prepared to test it and give it a fair trial. However, the topmost scientist is now talking the language of the Vedas and says that human intellect has limitations. As science advances, it is becoming more clear that such a machine cannot be produced.

Fifty years ago the scientist used to say, 'We do not know this but one day we will know this.' The scientist of today says, 'We do not know this, we cannot know this.' This is the greatest advance made by science. Another faculty is to be brought into operation if the scientist wishes to make further advance in his field of research. However, you will realise that the Fivefold Path of the Vedas offers the best programme for removing the carnal aspect of the mind.

The Bible also suggests the methodology to establish ourselves in the state of LOVE all the time. The Bible states, 'Be ye transformed by the renewing of the mind'. The mind needs to be renewed. It means new reinforcers are to be introduced and the old ones are to be discarded. This is changing the habit patterns of which we are victims. Agnihotra, based on biorhythms gives a push to the mind to act in the direction of Love.

The message of Jesus is eternal and is not limited to any country or community. A few centuries after Jesus it came to Europe in Greek and Roman garb. The garb was devised to suit the then conditions. If you look to the message in its pristine form you will recognize that Jesus came to reestablish the Eternal Law given in the beginning. The Fivefold Path of the Vedas is the Eternal Law. Believe what you experience."

SATSANG NEWS

Agnihotra Goes to Chicago

...By Sam Kaplan

Through ice, wind and snow the Divine message of the Eternal Principles of happiness, the message of the Fivefold Path was brought to the windy city of Chicago by Vasant in January.

I drove Vasant from Philadelphia to Chicago. We started at two o'clock early morning in the freezing January cold weather. It took us seventeen hours to reach Chicago as we had to drive through bad

weather. The next morning I hit the streets of Chicago going to different bookstores asking them to carry Vasant's newly published book LIGHT TOWARDS DIVINE PATH.

Dr. Charles Wesley had arranged Vasant's first meeting in the nearby Indiana state at Highland. Reverend Katherine Nicksic presided over the meeting. When Vasant walked into the room it was already crowded with young and old alike waiting to hear the Divine message of the Fivefold Path. Vasant told the audience about the extreme urgency to spread AGNIHOTRA if we are to survive. By the time this "Message of Love" meeting was over everyone wanted a copy of Light Towards Divine Path. Vasant was invited to come again the next day by Reverend Katherine to do Agnihotra. Several new people came the next day as the word had already spread around. Vasant presented one Agnihotra copper pot to Rev. Katherine. Vasant said, "Believe what you experience".

At one bookstore in Evanston, Illinois, five minutes after Vasant's talk with the manager, he was requested to talk on a tape about the message of the Fivefold Path. The message is like a magnet and the people in the bookstore who were just browsing through books walked over to the counter to glance through copies of Light Towards Divine Path. Vasant presented one Agnihotra copper pot to the lady in charge of the bookstore. Thank you, people of Chicago, for your hospitality.

Vasant made a quick tour of several states before his departure to Europe. He visited New York, New Jersey, Pennsylvania, Illinois, Virginia and Indiana states during the course of ten days to spread the message of love given through the Fivefold Path.

From SATSANG CORRESPONDENCE

Auburn, Alabama

Dear Sally,

Hail from an Agnihotrite in Auburn, Alabama. May His Grace extend to us all over the globe. I received a part of my formal training in Pittsburgh and the rest in Washington, D. C. where I was acquainted with our brothers and sisters at the Agnihotra House.

Presently I am refining and intensifying my disciplines in preparation to begin teaching Kriya Yoga as soon as I can. Though cur-

rently in Auburn, I am interested in making contacts with people interested in Agnihotra throughout the south...I also want to go on the Satsang mailing list. Please send past copies if possible

Ruby Lewis

Thus Revealed Shree

"Science serves three purposes:

- 1) To create myths out of mystical nothingness,
- 2) To support the myths with many perplexed assumptions, e.g., one theory constantly replacing another,
- 3) To finally prove that the creating of the world out of nothingness is demonstrative only of the power of God."

"God shall take the first step in destruction as if pouring eternal rains from his very hand using it as a pouring cup."

(SATSANG received this in 1974. However, it was held over for two years as the 'time had not yet come'.)

...Henry Haney

BLESSING BEYOND YOUR HIGHEST DREAMS

I'm gonna go fishin' on a "LOVE STREAM"
Gonna go floating on a see through Beam
AGNIHOTRA, it sure has changed the whole scene.

Flyin' high, above all pain and hate
Flyin' high, the world's an open gate

Cause I'm fishin' on a "LOVE STREAM"
You gotta come feel the JOY and PEACE it brings
AGNIHOTRA, it sure will better your whole scene

Sailin' through a Rainbow Cloud of Fate
Glidin' high, beyond those worlds that break

Cause I'm fishin' on a "LOVE STREAM"
Words fail to convey the whole thing
AGNIHOTRA, it's a Blessing beyond your highest dreams.

It's a Blessing beyond your highest dreams
It's a Blessing beyond your highest dreams FADE OUT
It's a Blessing beyond your highest dreams

...James Blake

To Parama Dham, Madison

By Helen Farwell

It was a distinct pleasure and privilege to drive Vasant from Baltimore to Madison one afternoon in January. It was a beautiful day and as we neared Parama Dham, the sun was speeding toward the horizon. We entered the Parama Dham Fire Temple just a minute before Agnihotra was performed. Peace, love and security pervaded the air. The vibrations of the Mantras and Sapta Shloki moved out into the atmosphere and all around the world - to you, wherever you are.

Vasant had been given a tape of his song, "Agnihotra is the Way". Can you imagine us singing at the top of our voices along with David, Tom and Carola who made the cassette? All the roads from Madison to Baltimore heard us. It was a thrill to learn the words from the author. You can learn them from the new, hot off the press, book, Light Towards Divine Path, Vasant's latest book which went into second edition in one month.

Editor: Vasant V. Paranjpe

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Parama Dham (House of Almighty Father)

RFD #1, Box 121-C

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