

Satsang

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Twice Monthly

Strange Resemblance or DIVINE INCARNATION?

By Jon Shore

Today a friend of mind asked me if I'd seen the new quarters (twenty-five cents coin) made in honor of the bicentennial celebration. I said no, so he reached down into his pocket and showed me with a big smile the back of the coin. Soon I was smiling as much as he was. The resemblance of an AGNIHOTRA pot, lit, no less, was obvious to all. Here too, a flame leads someone to liberation!

A lot of people are preparing to celebrate this event in history and are at the same time seeking freedom from the pressure of today's world to attain peace of mind. On this coin, the drummer plays his roll in life but his goal is in clear view. This flame is lighting the way away from the darkness of persecution to the light of liberty for him and for us. AGNIHOTRA is freeing many minds from the present bondage of desires which rule our thoughts. Today the same goal still exists that our colonial forefathers had to fight for; that is, escape from outside pressure and HAPPINESS HERE AND NOW. We must take the same attitude and find practical means to apply it to the realm of the mind. Today, the material goals our founding fathers struggled for, have been attained by many people. Material plenty is everywhere but the revolution of human mind is more urgent now in the light of impending disaster.

Today we have a great Commander who has taken charge of His troops and is marching us HOME. In His care we are sure to reach our goal for He knows every region along the way. He has also armed us with the Fivefold Path of ancient wisdom to combat these forces of bondage. Unlike the feeble muskets of yesterday, we hold the power to banish misery and establish peace within ourselves.

When we follow the 'Blueprint for Survival' that the Commander has given we win our liberty and the joy of victory is everlasting. Many enemies of peace that we encounter in our day-to-day lives are destroyed when we start treading the Fivefold Path. The camouflage the enemy uses is no good anymore, for we can see through every form he takes. Thus, in today's "revolution" all tendencies and habits can be dealt with when we practice AGNIHOTRA. AGNIHOTRA is a powerful aid for the footsoldier on the Path. Its

purifying effect on the mind constantly helps us on the way to happiness. The enlistment is open to all, no matter what religious belief, group or ideas one may possess. The bicentennial celebration of Liberty will have much more meaning to us after we sign up.

Marching Song for
"LIBERATION WITH A SMILE"

AGNIHOTRA is the way
For all the joy and all the bliss
AGNIHOTRA is the way
It will make things very clear
Purifies the atmosphere
Next the PRANA then the mind
Do not be one left behind
For all the joy and all the bliss
AGNIHOTRA is the way.

Vasant

(AGNIHOTRA is the process of purification of the atmosphere through the agency of fire. It is based on one circadian rhythm of nature corresponding to sunrise-sunset. It has a great purifying effect on the mind and we feel free. It comes from the ancient Vedic science of bioenergy. PRANA: Life energy that pulsates through us all and connects us with the cosmos.)

Letter From Peter Stahl, Memmingen, W. Germany
(Translated from German)

Dear Brothers and Sisters in America,

By Divine Grace many of us in the area of the Bodensee (South Germany) met Vasant. I personally met Vasant for the first time at

my friend Horst Lozynski's house in Meersburg on the Bodensee. By Divine guidance, on the very day when Vasant was talking at Horst's about the Fivefold Path, I came with my friend Elio Kling from Memmingen which is about 75 miles away. This was in June, 1974.

At that time we were very anxious to hear what Vasant had to tell us. Carola from Holland and Roger from England accompanied Vasant on his first journey through Germany. Carola translated Vasant's speeches and Roger chauffeured and assisted Vasant during AGNIHOTRA. In Horst's yard in Meersburg we sat in a circle of 13 people and listened very intensely to what Vasant had to tell us. He talked about the present times with all its technology and the effects upon the people, pollution and all those things that concerned people of today and about the Divine will that led him here to Germany. Vasant said that he came directly to Lake Konstanz (Bodensee) from the most northern part of Holland, covering one whole day's journey. By Divine will he was led to Horst in Meersburg on the bank of Lake Konstanz. On that sunny afternoon Vasant talked about the Fivefold Path which is identical to Christ's Sermon on the Mount. The Fivefold Path gives material and mental aids to follow the Sermon and be full of Love. It is the basis of all Scriptures. He also told us about the Avatar in India who sent him to America and from there to Europe. He explained how Germany was destined to take a leading part in this Divine Plan to spread the message of Love. During this first talk which was very impressive for all of us I had for a short time a feeling of purity and happiness.

In the evening a meeting was arranged for a large group of people at the residence of Mr. Frederick Landwehr in Baitenhausen close to the Bodensee. Here we saw for the first time AGNIHOTRA, although it took some time for us to comprehend its deeper impact and total significance. Vasant held many lectures in the area of the Bodensee, for instance in Radolfzell at Werner Metzger's, Donaueschingen, Stuttgart, Memmingen. Later he visited some parts of Scandinavia to spread the message.

Vasant returned to Germany in May, 1975. In the months of May, June and July, 1975, Vasant held many lectures in Germany and taught Kriya Yoga in several towns of Germany. For our town Memmingen, it was Friday evenings. Here we learned much about the Fivefold Path and he also showed us some breathing techniques, preparatory exercises for meditation. He also showed sound (vibration) techniques to tranquil the mind. We were all deeply im-

pressed by the love that Vasant showered upon us. He radiates Love wherever he goes.

Vasant told me that I should show AGNIHOTRA to all participants at the Kriya Yoga classes who would be interested in AGNIHOTRA and that I should show them in small groups and talk to them about the Fivefold Path and the mind training programme of Kriya Yoga. I must say that I have been helped in a marvellous way because wherever I went the right words were put into my mouth and today I know exactly that the blessing is placed upon all people who honestly strive to fulfill their Divine task as told by Vasant. AS TO MY EXPERIENCES WITH THE EXERCISE OF AGNIHOTRA, I MUST SAY THAT I FEEL DURING THE LAST WEEKS THAT MY SPIRIT AND MY MIND HAVE GOTTEN MUCH FREER. I believe that we all can go the Fivefold Path way because the burden and pressure on the mind is taken away from us and this helps us to find our true Self. WE ARE ALSO BUILDING SEVERAL CENTERS FOR THE FIVEFOLD PATH IN GERMANY. A house has been rented in Grossingersheim in which Vasant consecrated the Fire Temple. Here in Memmingen we are building such a center since we have many earnest seekers of the truth and it is the Divine will. On all his journeys through Germany, Vasant showed us through his example that one can follow the voice of the heart which means one can be full of love whatever be the outside circumstances.

It will be a blessing for our planet when many people will follow Vasant's example and will be conscious of God's omnipresence. The Divine Messenger who sent Vasant to tour the planet has given the message to the atmosphere.

The proof that everything that Vasant said is the truth I experienced through several dream adventures which I had during the past. I also heard about similar things from other people.

Practice AGNIHOTRA and render your services in resetting the energy cycle of the planet. This is the easiest way to liberation. His Will be done.

Peter

From SATSANG Correspondence

Memmingen, W. Germany (Translated from German)

Dear Sister Ingrid,

Many thanks for your lovely letter...We were all very pleased to hear from you again...I can understand very well that you are very busy now. The time of the new changes has started already and I think that we must fulfill our task very intensively. ...I hope that in the near future many people will reach a higher insight to go the new way.

Dear Ingrid, since you left, many things have gone the spiritual direction...Often we thought of Vasant and it was not until we were at Uhldingen that we realized what a great soul had visited us in Germany to give us such great GRACE.

Vasant visited us in Memmingen for one day before he returned to America. He told us many important things and gave us precise instructions for the coming time. We have known for a long time that a lot will still be. We are all instruments in the hands of the Divine Messenger and we want to be led by Him so that we can actually fulfill our tasks. He will lead us to the Light so we will all be seeing.

Through Vasant and you we have met many lovely people and with all of them we have contact. Now is the time...to work together for the Divine Plan.

Love,
Hella

SATSANG NEWS

Amid the torrential downpour of rain at the MANKIND RESEARCH FOUNDATION in Washington, D. C. on September 25, Vasant gave a talk to about 40 truly interested knowledge seekers. The theme was, "Happiness Here and Now".

It is said that the scientist of today has, through technology, gone at such a rapid pace that it is bringing us on the brink of destruction. Through this technology man is not getting any happier; on the contrary, he is faced with more and more misery. Vasant said, "Happiness is a condition of the mind and not an action". "Everyone wants to be happy."

Simple methods have come from the ancient wisdom of the Vedas. Ancient wisdom is what science is now discovering through the field of bioenergy.

A program given for the first time in known history from the Vedas called Total Kriya Yoga (the Fivefold Path) begins with AGNIHOTRA, the process of purification of the atmosphere. It is within the reach of everyone to be Happy Here and Now.

The weapon we must all have on this road to Happiness is a SMILE. Vasant says, "Always be full of Love".

For all the people gathered, the talk was rich and rewarding. Everyone left with new ideas, but most of all - A SMILE!

'LOVE' that Vasant radiated was contagious. Dr. Henry Monteith, an engineering physicist, spoke after Vasant's talk. He lauded the scientific attitude taken by Vasant to explain spiritual matters. Dr. Carl Schleicher presided.

Sam Kaplan

THE FIVEFOLD PATH
HAPPINESS HERE AND NOW

Mind Training Programme

KRIYA YOGA

AIM: Be Happy Here and Now

Do away with psychiatric problems.

Unfold spiritual powers within you.

Scientific methods from the Vedic science of Bioenergy to remove tension on the mind based on the whole psychosomatic man and his subjugation by biorhythms.

The training covers the following:

Mind Power, the inner environment.

Control over visceral and hormone functions.

Training the mind - learn to observe it.

Physiological factors that disturb the mind - a few simple postures to remove the tension on the mind from bodily causes.

Preliminary breathing practices to make the mind tranquil without drugs and make the flow of life energy harmonious through the nervous system.

Breath - mind - bioplasma body - effect of cosmic objects.

LOVE, the powerful energy that purifies the mind.

Atmospheric pollution - effect on bioplasma body - effect on the mind.

AGNIHOTRA process of purification of atmosphere to make body and mind healthy and reduce the need for psychiatry. This process is based on rhythms of nature and their effect on bio-organisms. It is a great material aid to make the mind tranquil.

Habits that put tension on the mind, and how to get rid of them. Psychophysiological techniques to conquer passion, greed, hatred, envy, jealousy and pride.

Second birth in this body - dormant energy pool - the evolutionary ascent to cosmic consciousness.

Basic meditation practices - inner harmony.

How to become a smile millionaire and ever remain so.

Our aim: "Love thy neighbour" - service to the people.

For further information write to:

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From a Class Given by Lisa Papas at Washington, D. C.
in September, 1975

"We've got our work cut out for us. We've got to make every effort to spread the message of the Fivefold Path immediately. This is the most important work going on in the world. To take part in this work is the greatest opportunity a human being could have, and it calls for total commitment. We've got to prepare ourselves. It's been said before that preparation is the key to our success and fulfillment. We have to do our techniques and disciplines religiously, so that we will have the power and the strength to convey the message. When we don't do our techniques, we cheat ourselves. We make a little effort and GRACE takes care of the rest. We have to get rid of stumbling blocks like fear and any other problems we may have. The Fivefold Path offers the means to deal with any problem you could possibly come up with. The change in the attitude brought about by AGNIHOTRA unburdens the mind. We need to get ourselves into the state of LOVE so that we can help others. By helping others we actually help ourselves.

We need to concentrate on service, and give it our attention and time. It has to be, "Not my will, but Thy will be done". We have to spread the message of LOVE.

We all know what is expected. We've been given everything. Our teachers have given their time, energy and love to bring us this knowledge. Now, let's share it!

The Fivefold Path of Vedas is a package deal ideally suited to modern conditions. It brings contentment in life."

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