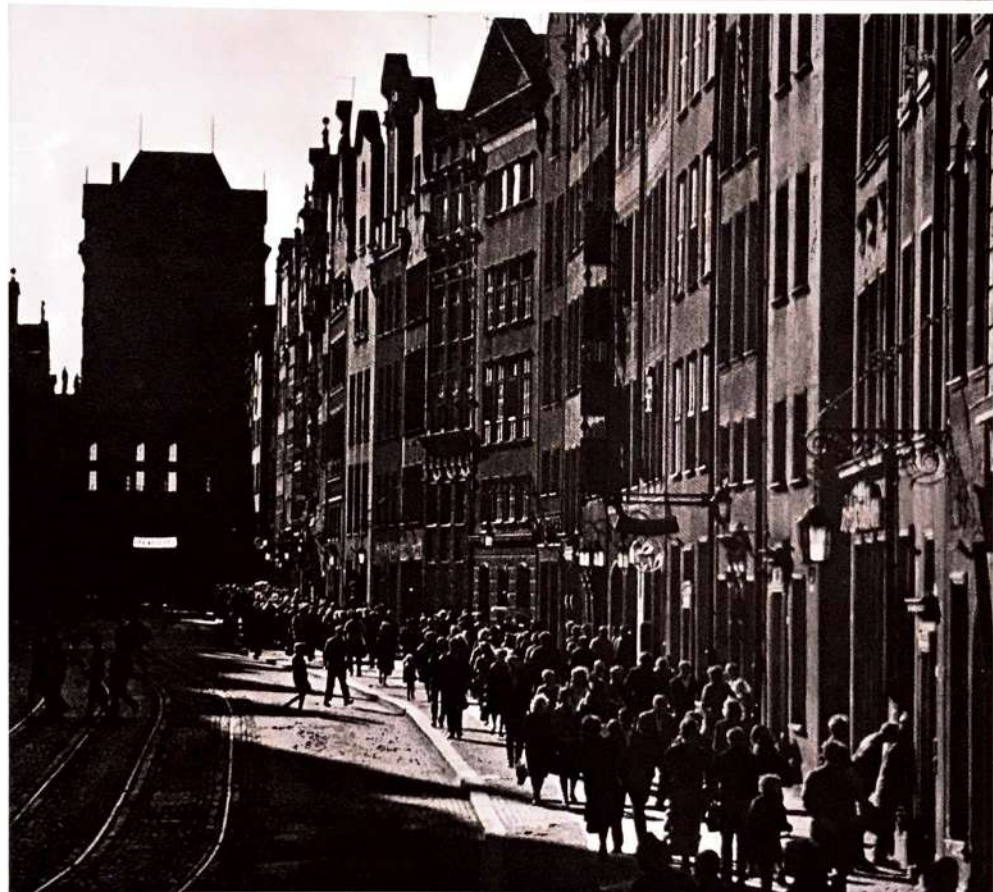


SATSANG

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Perform Agnihotra • Heal The Atmosphere

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**A Second Visit to Poland
From Vasant's Correspondence
From Satsang Mail
Homa For Children
Suggested Experiments**

Editor

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Cover

Homa Therapy returns to Poland.

A Second Visit to Poland

When Vasant and myself visited Poland in September 1981 to speak on Homa Therapy, the president of the Radiesthesia Society of Warsaw invited us to come to Poland again for a longer period. I decided to go in September 1982 and obtained the visa for the trip.

Warsaw

On the first evening in Warsaw, the leading persons of the Homa Therapy Section (which is part of the Radiesthesia Society) had come. We did Agnihotra together and then planned my tour through Poland. The next day there was a private meeting in Warsaw. I showed Agnihotra and talked about the different aspects of Homa Therapy, especially stressing the importance of Homa Therapy farming under the present conditions of pollution. People were very interested and 11 (out of about 15) wanted to start with Agnihotra. This meant 11 Agnihotra copper pyramids and I realized again that not having enough copper pyramids for Agnihotra would be the main problem. I brought 50 with me, which was much weight for the plane luggage, but which is nothing for a country so ready for Homa Therapy as Poland is. People are so eager to start that one lady had even written to a friend in Australia to buy a pyramid for her in Germany.

Bydgoszcz

Mr. and Mrs. P. had invited me to stay in their flat. They've been doing Agnihotra for nearly one year. In spring, Mr. P. had been arrested as a political prisoner for two months. Mrs. P. said that Agnihotra had helped her to hold out during this time.

The evening lecture was organized by the Radiesthesia Society of Bydgoszcz. About 200 people had come. I said "The situation today is critical all over the planet. It is difficult to be happy under such polluted conditions and pollution does not recognize national borders. So now we have to face a worldwide problem of counteracting this pollution, of which thought pollution is the worst. In this situation every means which helps should be used, and so we should also examine the old science of Agnihotra and Homa Therapy as given in the Vedas."

I explained the main principles and laid stress on Homa Therapy farming as in Poland now there is a big food problem. I asked the audience how many of them had a garden. About half of the people present raised their hands. And many of them personally knew farmers whom they could tell about Homa Therapy Farming.

I explained how to grow large, healthy crops in a small area by means of Agnihotra. They all listened very carefully. After the lecture was over, one man stood up and said that he was an agronomical engineer and was teaching at the agricultural high school of the town. He said that he would like to do experiments with his students. So I gave him a copper pyramid. Many other people also asked for pyramids in order to begin Agnihotra; however, I did not have enough. They do not yet produce the copper pyramids in Poland. However, I suggested that in the meantime they should begin with clay pyramids. I told them that no other metal, except gold or copper, should be used for Agnihotra pyramids. The next choice is clay pyramids.

Dr. Ulrich Berk,
W. Germany

Someone who knew people from a brick factory wanted to take care of the production of clay pyramids so that it would be possible for many to start with Agnihotra. Of course the problem of ghee (clarified butter) remains, as butter is rationed and one person gets only about 250 grams of butter per month. So I explained how to do Agnihotra by using very little ghee.

Gdańsk

The next day there was a meeting at the Gdańsk Society for Radiesthesia. This society has strict conditions for membership. Only people who are adept at pendulum and dowser's rod in a scientific way are admitted. So this audience was especially interested in ways of testing the results of Agnihotra. I stressed mainly the use of Homa Therapy for farming and suggested experiments to be done. I showed evening Agnihotra, and afterwards all the people came with their pendulums to make some preliminary tests. They all said the effects were wonderful and that they would continue these experiments.

We had made an appointment with one of the members who had a piece of land outside of Gdańsk which he was using as an experimental plot for biodynamic methods. Now he wants us to do experiments with Homa Therapy, too (in cooperation with the president of the Society). They want to get some support from the government for farming experiments. I asked them to refer to the cooperation with Homa Therapy centres abroad, especially the International Homa Therapy Research Institute at Shivapuri, Akalkot, India. People were very happy that I had come to give more information about

Homa Therapy. They only regretted that I did not have more time.

Katowice

Maria met me at the station. A meeting was organized by the local Radiesthesia Society and the Centre for Eastern Culture. About forty people had come. Katowice is in the center of the largest industrial area of Poland and, hence, people know by their own experience how pollution had come to a critical point. I explained that thoughts are as real as matter and that thought pollution is the worst form of pollution. Anger and desire, e.g., have a bad effect on the atmosphere and so it is very important to sublimate one's thoughts. The aim is to be full of love all the time. But this is difficult in a world which is much polluted by bad thoughts. Agnihotra purifies the atmosphere and thus helps us to become full of love. If one room could be made available for Homa Therapy, a Healing Centre could be established. Although Katowice is a big city, many of the listeners had their own gardens. So I told them about Homa Therapy farming. Some people living outside will do this experiment.

When I mentioned the problem to get enough pyramids, one man stood up and declared he could produce them. He is an expert in sheet metal work. If he is able to manufacture copper pyramids, spreading Homa Therapy in Poland will be easier.

At sunset we did Agnihotra. People got calm and afterwards they asked many questions concerning the exact way of doing Agnihotra. We did the Agnihotra mantras together, and people enjoyed it very much. After the

meeting Maria told me that this had been the longest meeting they ever had because the subject was so important and interesting.

Opole

The next town we visited was Opole. There I met an engineer who was concerned with the control of the pollution of our environment. He said that soon experiments to purify water and the atmosphere would be done. The government pays for these experiments and he would be the responsible engineer. He wants to do the experiments with Agnihotra and Agnihotra ash to purify the wells. I had given him the report of Lu Weber and Roland Heschel who had good results in this respect in Austria.

In the evening a meeting was organized and more than 100 people came. I again talked about Homa Therapy, especially for use in the garden and I showed Agnihotra. People were very interested and many even offered me to stay with them as long as I wished.

Kraków

On my way to the next town, Kraków, I met a farmer on the train. He asked what the purpose was of my coming to Poland in these difficult times. So I gave some hints about Homa Therapy method. He was immediately very interested because he understood at once that this method would help all mankind. So I had to give another lecture on Homa Therapy on the train. Everybody listened very carefully. Only an old lady who sat in the corner was suspicious. She thought this would be black magic. Before I left I gave an address to this farmer where he could get more information.

In Kraków Robert Z. and Ewa W., whom Vasant and myself had already met last year, met me at the station. They had organized meetings on two following days with the same audience. So I had the opportunity to talk on Homa Therapy in general and on Homa Therapy farming in particular on the first day and on Agnihotra medicine and Homapsychotherapy on the second day. After the lecture on the first day, one man, a journalist, told people, enthusiastically, that he was sure that there were tremendous energies behind this method but maybe it could lead to negative results. After two days of intensive discussion – and after two occasions for him to experience Agnihotra – he was convinced of this method and asked for a copper pyramid. I gave him one.

In Kraków I also met an agricultural engineer who was ready to do experiments with plants. In Poland scientists might have less difficulties than in Western Europe because there is no vested interest in the fertilizer industry.

Agnihotra Medicine

When I talked about Agnihotra medicine, Robert, a medical student, told me that he had experienced complete relief in the cases of both lymphadenitis and acute arthritis of the knee. As he already had a good deal of medical training he knew that these things normally need a long treatment with drugs and, hence, he was astonished by the power of Agnihotra.

In the end I talked about the functioning of the mind and the way Homa has an effect on it. I just wanted to say a few words but I soon realized that people were very inter-

ested. So I extended this part of the lecture. I told them that the aim was to be full of love all the time and this was the only way to become happy. Just by willing most of us cannot get into this state of love. So every method which helps us (without having bad side effects) is welcome. Homa is such a method. Our aim is to influence the mind beneficially.

The mind is subtle. By doing Homa we influence the atmosphere – which is on a less subtle level – and the conditions of the atmosphere have an effect on the functioning of Prana, which is directly connected with the mind.

In the end we did about half an hour of Yajnya together and everybody became calm and relaxed. For me, in this moment, the meeting room seemed to be an island of calmness and love in a world of distress and trouble.

Warsaw Again

The last three days I spent again in Warsaw. Two lectures had been arranged, again in the Palace of Culture like last year when Vasant visited Poland. In Warsaw many people came. I talked about farming and especially the healing aspects of Agnihotra. Then I taught the mantras. We did them together and this created a wonderful atmosphere. It was obvious that everybody experienced the blissful atmosphere after mantras were chanted.

On the third day there was a full moon. Hence, I invited the people during the lectures to come for Tryambakam Yajnya on Sunday. We started at noon. About thirty people had come. Some already had learned the

mantras, others learned it during the afternoon and then also did the Yajnya. We continued till sunset Agnihotra which was around half past five. Most people stayed for about two hours. When they went others came. In all 80 people had come to the Yajnya. For Agnihotra about fifty people were there. We all experienced a deep calmness. After the fire had extinguished they expressed their wish to do Tryambakam regularly on full moon and on no-moon day and they made a list with all the names. I gave them the ghee which was left. Ghee is clarified butter used in the Agnihotra process.

While the long Yajnya was going on, one man took me to his garden a few kilometers outside of Warsaw. He had done Agnihotra in his garden twice daily during the summer. He showed me the sunflowers which he said had never been so large before. For several years he had tried to grow cucumbers without success. This year with the help of Agnihotra the cucumbers grew, and he had so many that the family could not eat all of them. I asked this man to tell of his experience with Homa Therapy farming to other people who had gardens.

I was very happy that our visit last year had already led to some good results. Now I tried to tell as many people as possible about Homa Therapy and the Fivefold Path. I always remember the lady who was so grateful because of the relief she got by doing Agnihotra when her husband had been a political prisoner for two months.

Everybody was sorry that I had to leave. They invited Vasant and me to come back again as soon as possible to stay with them for a longer period.

From Vasant's Correspondence

Do not judge others. Remain an impartial witness if you see people arguing. This does not mean you do not care or even that you don't have a natural leaning toward one or the other person. Still you do not invest your own emotions in the matter. Already there are two sets of emotions, fears, anxieties. They do not need an additional burden. Let love come through your vehicle and in this way you serve as a bridge rather than an obstruction between the two people.

Always think of the other person first.

There is no point in taking anger out even if it is not directed at the child. If it is in the atmosphere it affects the child. Just ask for the help of Inner Self at any point you feel angry. Then you will feel love. It is so important now that you make every effort to attain that humility and devotion you once had. It can come simply in few hours. So, method is exact meditation timings.

There are so many contributing factors in one incident. I cannot begin to explain. You must listen more and talk less.

So blessed you are. So much to come through you. Have no fear. No harm will come to you.

You now have to concentrate on clean healthy food prepared with special Mantra. Then things will be made simple. Attachment to food has to become less. This is gradual, natural process. So begin tomorrow. Plan daily meals the night before. Plan activities around them instead of eating in a rush. This will be very helpful.

If your husband is mean to you then you react with love, not anger. Practice that. Just be full of love. Otherwise he becomes angry again and we do not want him to lose track. You just react with love and calm.

If things become difficult in any situation take three deep breaths and just do Mantra silently to yourself. Anything else can wait.

Now we are approaching the end and the beginning. Now is the time to love.

All day long we can go on questioning and intellectualizing. It is of no use. No need.

From Satsang Mail

Dear Vasant,

Thank you for bringing so much Love and Grace into our polluted city last weekend. We are always so grateful to have you here. My home still feels your vibration. I can tell because things have been much easier for me since you left.

We have already begun getting feedback from the people who attended last Saturday's Satsang at the Institute. I have been to their health food store and the workers there came and expressed to me how much they got out of the meeting. A couple of people have purchased Agnihotra kits and supplies.

I was concerned about Agnihotra as next week the time changes and it gets earlier. I leave work at 5 pm ordinarily, but I had already arranged with my employer that I would leave early during this period and not take a lunch hour to compensate. He was agreeable as long as someone would be there to answer the phones. As it turned out, there may be one or more days when no one but myself would be there to answer phones. That Monday morning he came into the office very different – humble. Usually he walks in like a bulldozer. I approached him with the idea that, on the days when I would be in the office alone and couldn't leave early, I could do Agnihotra in the office by making a small fire and leaving the window open. He was totally agreeable, completely trusting of what I would do. So, I can continue to have the job, which is very much needed at this time, and still do Agnihotra every day. Everything I need has been provided. What else but Grace.

Also, this job is such good training for me. As a result of the Path disciplines, I am able to handle the tremendous amount of responsibility that was given to me. My duties are diverse and include that of office manager, secretary, bookkeeper (handling of my employer's business as well as personal taxes, payroll, billing, ledger entries, etc.). I'm the only office worker among a staff of 2, so I do a little bit of everything. The Fivefold Path has helped me with the job and the job will help me be of more service in Path work. Grace again.

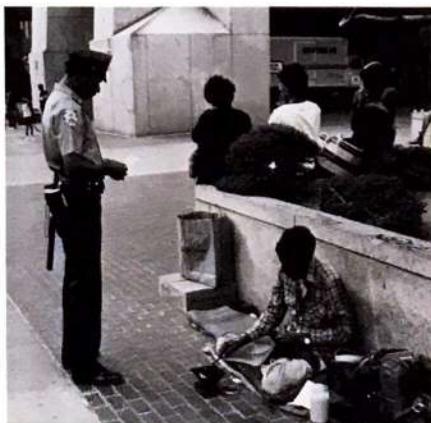
Peace and Love,
S.B.

Homa For Children

Ernest Collier

We may often start out to do some work regarding Homa Therapy only to have developments unfold in a suprisingly delightful way.

The occasion was the weekend of New York City's 1982 Harlem Week festivities. When a small group of us arrived at 125th Street early Saturday morning to select a site for the performance of Yajnya, we discovered both sidewalks were marked into small sections with chalk and that these sections were for sale. It was Shree's grace that we found the most desirable location free of charge in which to perform the Om Tryambakam Yajnya.



Signs were posted stating what we were about: *Heal The Atmosphere; Solution To Pollution; For Clean Air; For Calm Mind; For Peace Within.*

The entertainment brought out the crowds and families of Harlem both days. The young immediately took to the Yajnya

fire like nothing else. We've been told that Yajnya is especially good for children. It seems that, in instance after instance, children recognize this phenomenon quicker and better than adults.

"Grace Alone," by Vasant, states that a certain herb "when offered to fire accompanied by the proper discipline of vibrations and radiation...has the potential to increase I.Q. of children."

Children may somehow sense the value of Homa for they often understand more than they're given credit for by many adults. Their concern was demonstrated by the probing questions they asked regarding both the Yajnya and ingredients. "Why dried cowdung?" one boy wanted to know. "What makes it good for you?" He was told cowdung and ghee (clarified butter) were known to be medicinal in all ancient civilizations.

Several of the other children began trying to learn the Om Tryambakam Mantra. Without the aid of seeing the words written down, some easily learned the Mantra within a few minutes and chanted along. Another boy's mother observed she'd never seen her 10-year-old son remain so calm and still for so long.

Satsang has repeatedly stressed that good self-concept is extremely important for children; that it was a better predictor, for example, of reading success than I.Q. Homa Therapy appears to have a way of helping children develop and strengthen this quality while insuring them a healthy environment in which to grow, live and love.

Suggested Experiments

Iain Kirkaldy Willys,
Finland

1. According to certain observations I can suggest certain research and testing of a general nature, which can be developed in considerable depth as follows:

a) The nature of cowdung as the purificatory agent, performing a fumigatory function in Homa smoke (specific testing of efficacy against pathogenic bacteria and other disease agencies by conducting tests that register the evidence of bacteria counts, key timings and so on).

b) Conducting such research and tests as can substantiate the efficacy of Homa Mantra in breaking microwave, other machine and industrial resonances and vibrations that cause mental disturbances, emotional disorder and physical complaints due to the harmful and polluting effects their frequencies and intensity levels have.

c) Observational tests and a body of data testifying to the effects of Homa fire on the atmosphere – such as ion polarity changes that bring about favorable and conducive conditions in the atmosphere for life forms and the environment.

d) Data regarding the nutritional effect of Homa offering (ghee in the atmosphere, in particular) for all the inhabitants of the Earth's envelope. This can be made most specific and detailed by tests concerning skin respiration or epidermal penetration.

e) Testimony to the corrective nature of Homa Ash used medicinally, prophylactically and as fertilizer on physical conditions and in the etheric energy and force fields.

f) Research regarding the various impacts of the Homa "ceremony" as

an aggregate of all this and more in establishing a field, mini-environment, climate or sphere (capable of a ripple effect) within which harmony, equilibrium and a positive alignment of all factors and the whole exists to such a degree and extent that any disharmonious agencies or polluting elements impinging are neutralized, isolated and rendered inoperative in terms of their disturbing potential.

Briefly some further thoughts of a more concrete and positive nature.

2. You know what the Homa Therapy family and particular members require and need for their support, nourishment and development. This is something you help in providing in various ways – Satsang being but one of them.

3. You have embarked on developing understanding and knowledge concerning Homa quantifiably. There needs to be a separate independent and "official" organ for the research and data this turns up. It should not be released randomly just because there is no other medium for its release. Such a publication, consequently, can establish credibility, acceptability and scientific approval because of its quality and availability to those who subscribe to it (because they are professionally or occupationally interested in that research, the data and findings).

Such an organ should not be concerned with Homa but with the effects and processes of activity and change or impact going on in the atmosphere and environment (amongst those inhabitants at all levels within the planetary envelope).