

SATSANG

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Perform Agnihotra • Heal The Atmosphere

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**Human Biological Energy Field and Agnihotra Homa
Biofield Meter
Let's Breathe Easily
Fivefold Path for Happy Life Patterns**

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Cover

Full moon/new moon twenty-four hour
Homa pyramid fire is essential in Homa
Therapy farming given through Vedas.

Human Biological Energy Field and Agnihotra Homa

Vasant discussed the Agnihotra copper pyramid effect on human energy functioning and human energy fields with Dr. B. Payne and Mairi Mackes of Plymouth, Mass. Dr. Payne has constructed a biofield meter for measuring Human Biological Energy Field with geomagnetic field.

1.

Agnihotra copper pyramid fire is tuned to the exact timing of sunrise/sunset. The change in the response of the bf meter in direction or amplitude exactly at sunrise may be further studied in the light of the following statement in the science of Homa Therapy.

"At sunrise the many fires, electricities, ethers and more subtle energies emanating from the sun extend all the way to the earth and produce a flood effect at those coordinates where the sun is said to rise. It is awesome. The flood enlivens and purifies everything in its path, destroying what is impure in its wake. This torrent of life sustaining energies causes all life to rejoice. At sunrise that music can be heard. The morning Agnihotra mantra is the essence of that music. It is quintessential sound of that flood. At sunset

the flood recedes."

(from *Light Towards Divine Path*, publishers Agnihotra Press)

2.

Homa Therapy healing of which Agnihotra pyramid fire is the basic aspect takes note of the special conditions obtained at full moon and new moon cycles. A twenty-four hour Homa is recommended for healing exactly at these times to induce beneficial behavior patterns among men. This practice of Homa Therapy may further be researched in the light of Dr. Payne's statement that lunar cycles are related to geomagnetic field changes and erratic behavior in people.

Vasant:

The word "lunatic" comes from Luna, meaning moon. Mental hospitals have enough evidence to show that patients get much disturbed on full moon and new moon days. The negative effect of this cycle on human behavior is now more and more recognized by the science of medicine and surgery. You mentioned that the moon plays a small part



in affecting the geomagnetic field. What are the other likely mechanisms involved in the behavior change inducement?

Dr. Payne:

The moon plays a part in weather changes as it swings in and out of Earth's magnetic tail formed by the solar wind of charged particles. Just prior to new and full moon phase the Earth's magnetic field quiets down and the weather is more apt to be clear and dry. After new and full moon phases, storms are more likely to take place and the magnetic activity around the earth increases. Human organisms, and in fact many other living beings, are sensitive to small variations in the magnetic field. In general terms, it seems that humans and animals become hyperactive when the magnetic field is quiet just before new and full moon phases.

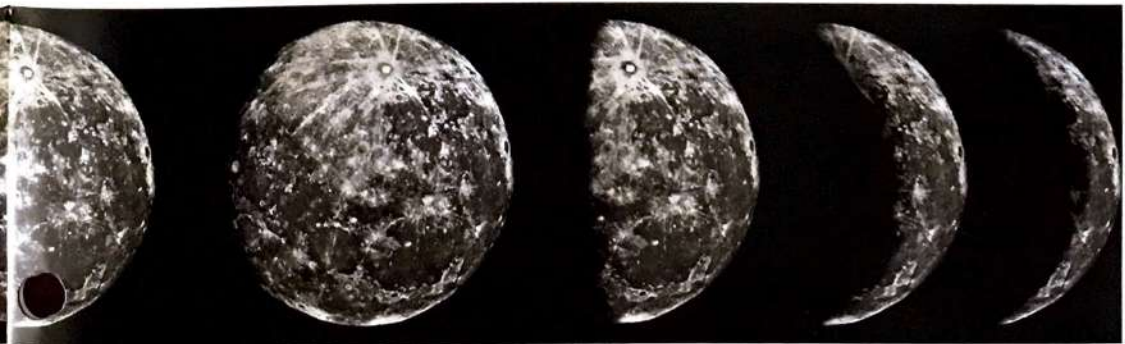
The association between moon cycles and murders has been extensively studied by Dr. Arnold Lieber. The complete picture is not yet available. A long-term cycle of human excitability has been observed by the Russian scientist Tchijevsky. People are more excit-

able after sunspot minimums which is a time of lessened magnetic activity both on the sun and therefore on the Earth.

In general the evidence seems to be pointing to changes in magnetic fields as a relevant mechanism for human behavior changes. It has just been recently discovered that water is affected by magnetic fields and this in turn may account for the healing results claimed for magnetic treatments for some human diseases. We seem to be at the beginning of a whole new field of study.

Vasant:

Full moon/new moon twenty-four hour Homa pyramid fire is essential in Homa Therapy farming given through Vedas. It is stated that the effect of full moon 24-hour Homa will keep the healing cycle going until new moon Homa and so on. Of course all this is to be done to intensify the basic healing cycle created by Agnihotra atmosphere. It will be interesting to study the effect of changes in magnetic fields on growth of plants. Homa Therapy leads to setting up the whole planetary cycle into harmony, and plants and humans are part of that.



Biofield Meter

An apparatus for measuring a Human Biological Energy Field associated with the Geomagnetic Field.

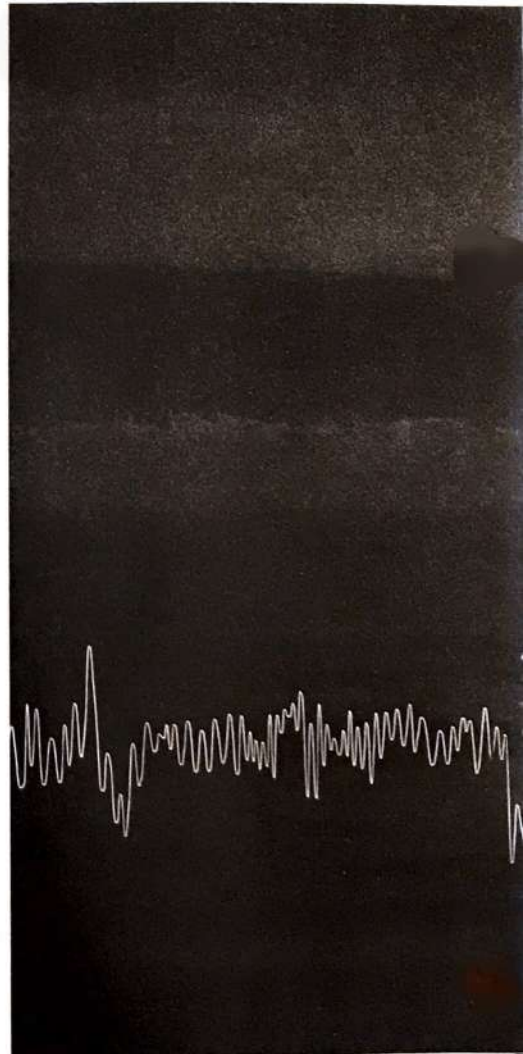
While investigating pyramid forms and their possible connection with magnetic fields, I discovered an apparatus which can be used to measure a field effect around the human body. This effect was eventually found to be related to Earth's magnetic field and to vary as Earth's field varied, being most pronounced during magnetic storms.

Developments in instrumentation have often led to new discoveries. Psychics who claim to perceive human auras have always tantalized researchers, stimulating them towards making ever more sensitive measurements. However, measurements made with the traditional instruments of physics such as photodetectors, electric and magnetic field detectors, and radio emission detectors have shown very low energies present. The exception is the infrared or heat radiation given off by any warm body.

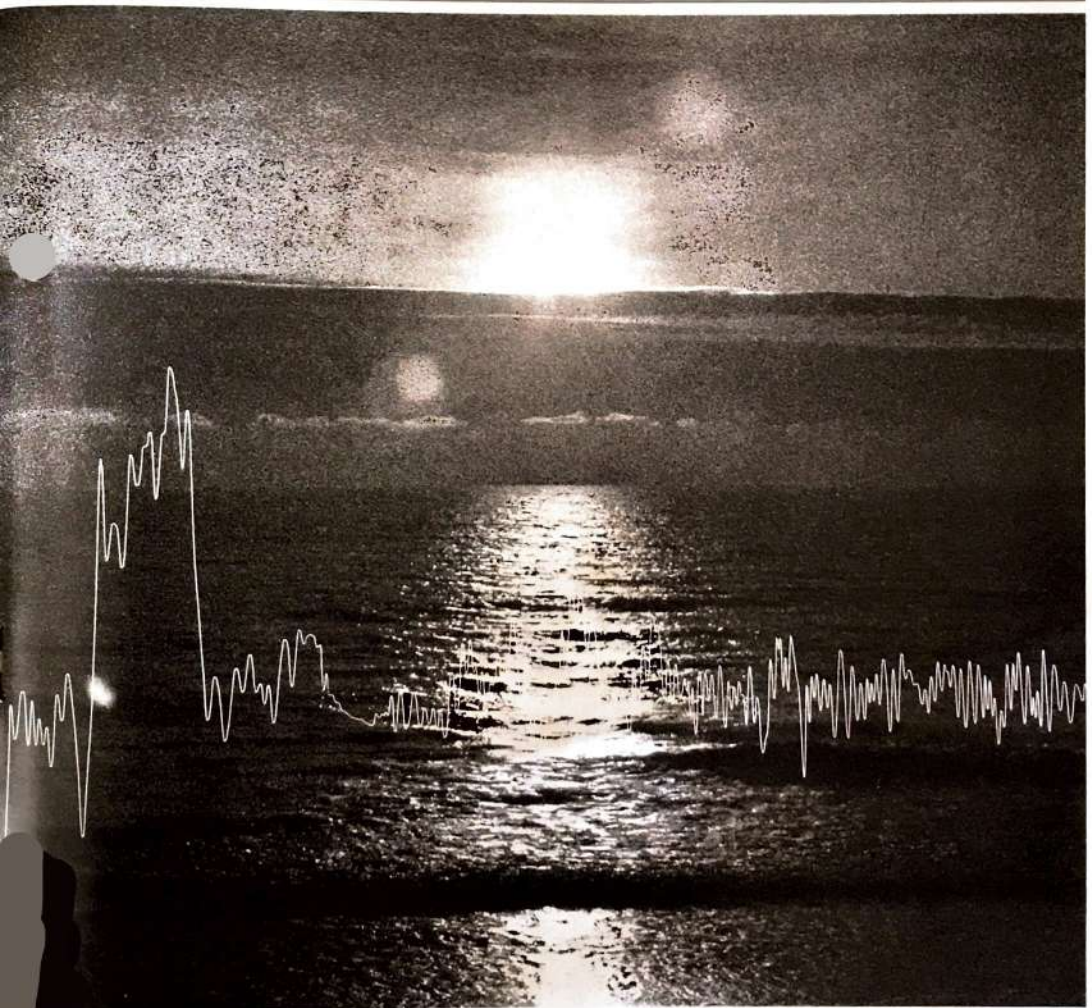
While some yogis have talked about the human magnetic field, the actual strength of the human magnetic field measured in a shielded room is of the order of 10^5 gauss (Cohen, 1975) or about one millionth as strong as a toy magnet.

Wilhelm Reich developed a device for accumulating what he called "orgone energy" which he conjectured to be present around all living organisms but his work has not been widely replicated and some of his experimental procedures are unavailable for duplication.

Earlier work by the author used sensitive amplifiers to detect two aspects of human "fields"; one related to transmission of



*Dr. B. Payne
Plymouth, Mass.*



emotional "energy" between one person and another and the second related to some "field effect" between two people which is enhanced if they first synchronize heartbeats (Payne, 1974). In these experiments humans served as the detectors for the "energy" and the effects were then measured by standard electronic instruments.

In Kirlian photography what is being detected seems to be an interactive effect between some human field or aura and an applied high frequency, high voltage electric field.

Analogously, the apparatus seems to operate by some interaction between a human field and magnetism. It has therefore been called a "biofield meter" or more simply, a "bf meter." It provides repeatable, quantifiable data and opens up many avenues of investigation.

Geomagnetic data from the Space Environment Services Center was graphed along with the responses of the bf meter.

This is shown in Figure 1.

Clearly, the greatest response of the bf meter occurs during the time of magnetic storms. Just as variations in the geomagnetic field are continuous, so are responses of the biofield meter. I would conjecture that there are daily, lunar, and seasonal variations in the data from the bf meter along with the peaks related to solar flares. In general, variations in the response of the bf meter are larger than variations in the geomagnetic data as measured at Fredricksburg, Md. (several hundred miles away) or at Weston Observatory (70 miles distant).

About once every ten days the initial deflection of the device is in the opposite direction. This sometimes occurs during magnetic storms and sometimes takes place either before or after sunrise. *A change in the response of the bf meter, either in direction or amplitude has frequently been observed exactly at sunrise.*

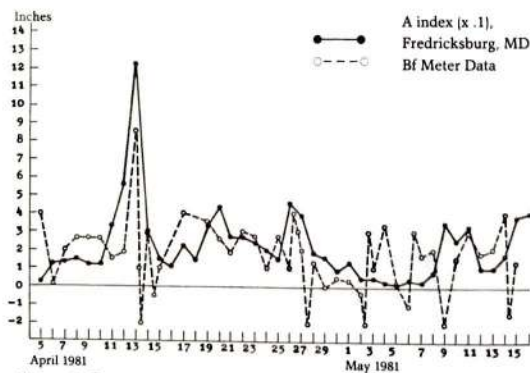


Figure 1. Geomagnetic Index (A) and Biofield Meter Deflections

The amplitude of the response varies slightly between one adult and another and is generally larger in the case of children.

Since the measured human magnetic field is only on the order of 10^5 gauss (Cohen, 1975) it could not possibly be affecting the biofield meter. The effect of a human being on the apparatus can be duplicated by gently moving a 300 gauss magnet about 15 cm. from the corner of the biofield meter. Whatever the nature of the biofield, it is large.

If one sits for a long time (30 minutes or more) under the bf meter it will usually come to a new zero point displaced in the direction of the initial deflection and about 1/10 of the amplitude of the initial deflection. This would suggest that the biofield has a steady state component. At other times it appears that the biofield meter never stops oscillating while a person sits under it and this would suggest that there is a varying or pulsing component to the biofield.

The smaller version is quite portable and measurements have been made on the coasts and in mountains of the U.S., in Mexico, Puerto Rico, and Egypt. The responses seem to be reduced near oceans and greater in mountain regions. Since the Earth's field changes rapidly at times, simultaneous measurements would be helpful.

About 100 small biofield meters were made up and sold as kits for experimenters (about 20 are still available from the author). A number of people reported back on their results. One person reported that *a hand over the top produced counterclockwise or clockwise motion depending on which hand was used.*

In its present form the biofield meter is comparable to the first light beam galvanom-

meters used by early experimenters in studying electricity. Further refinements in the instrument are obviously needed.

Implications

The biofield meter shows the presence of some kind of field around the human body which is related to solar activity. During solar flare activity, charged particles stream towards Earth in greater abundance, producing so-called magnetic storms. This in turn has an effect on human beings and apparently alters a field around the body.

Human health and behavior, as well as animal behavior, have been linked to solar activity in differing ways by many studies (Brown, 1967; Gnevyshev, 1973). *During magnetic storms people are more disturbed* (Friedman, 1963) *and the weather is likely to be more severe* (Herman, 1978). *During solar minimums international battles are more likely* (Dewey, 1970). (We seem to be headed for one around 1986!)

Lunar cycles are also related to geomagnetic field changes and erratic behavior in people (Lieber, 1978).

Can clockwise and counterclockwise deflections of the bf meter be related to solar magnetic sectors which rotate past Earth every few days reversing polarity?

Does the biofield have an alternating or pulsing component or not? Can resonant frequencies be found?

Water can be affected by magnetic treatment (Ellingsen, 1979) and ought to be studied with a bf meter. *Perhaps the concept of "living water" is related to the existence of a biofield.*

Let's Breathe Easily

Ernest Collier

Agnihotra is a purification process from the Vedas involving the agency of fire that doesn't require any particular frame of mind for its success. Agnihotra makes the air medicinal. It heals the atmosphere and the atmosphere heals you. If you feel bad, do Agnihotra, then you'll feel good. If you feel good and do Agnihotra, you'll feel even better.

Agnihotra has this capacity that it reveals knowledge to the individual as the mind grows clear during the course of its performance.

The kind of wealth that develops or accrues to the individual from practicing Agnihotra can be taken anywhere; always reducing tension, clarifying and producing that deep sense of security, satisfaction and contentment.

When we do Yajnya (Homa), we're told, nutrients are brought from higher regions back down to the general vicinity on the planet where Yajnya is performed. With pollution reeking destruction on all levels, today's environment desperately needs mass performance of Yajnya.



Agnihotra, the smallest form of Yajnya, purifies. Vasant describes purification in three aspects: Nourishment, contentment and tranquility.

Agnihotra, while doing more, takes care of these three aspects automatically. It provides nourishment for living matter from the nutrients that are put into the atmosphere, contentment from the pervading vibration of love, and a consistent level of tranquility that encourages a smiling face.

Life as we now know it is in dire need of a cleaner environment. The effects of Agnihotra towards this desired goal is nothing short of miraculous. Through use of the prodigious tool of Agnihotra which does so much for man and the rest of creation, there is a future and it's a bright, rosy one. Agnihotra is health and happiness in a copper pyramid vis-a-vis a silver platter.

It is, after all, that we breathe. Agnihotra helps us to breathe easily. Let's perform Agnihotra to breathe easily.

Fivefold Path for Happy Life Pattern

1. Perform *Yajnya* for purification of the atmosphere (Agnihotra is the basic Yajnya which relieves all tension and makes mind full of love).
2. Practice *Daan* (Sharing your assets in a spirit of humility).
3. Practice *Tapas* (disciplining the body and mind for fruition of thy affirmation).
4. Practice *Karma* for self-purification.
5. Practice *Swadhyaya* for liberation (self-study – Who am I? What am I here for?)