

# Agnihotra Australasia

## Newsletter



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**Homa Therapy Association of Australia**

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### 3 Homa Therapy Teaching Tours to Malaysia 2009/2010

At the invitation of Mr Alan Yong and Mr Wong, 3 successful Agnihotra/Homa Therapy Teaching tours have taken place in Malaysia with public talks organized in most major Cities and visits to various Organic farms. The 3<sup>rd</sup> tour in July 2010 also took us south to Johor to an Organic farm and Eco Tourism Resort called Tanjung Sutera. Being relatively close to Singapore and the facilitator Betty Khoo having a network extending into Singapore, many Singaporeans attended the 2 day Agnihotra Retreat. As a result there is now a core group of Singaporeans practicing Agnihotra.

Mr Wong of Kuala Lumpur, Malaysia and Nazli Anwari of Singapore are receiving Agnihotra supplies from Om Shree Dham to distribute in their respective countries. Mr Tam of Kahang Organic Rice Farm in Johor obtained Brahmin cows to support his Agnihotra practice on his organic farm and is now supplying Singaporeans with cow dung patties for their Agnihotra practice. As there are no cows to speak of in the urban state of Singapore, various solutions to obtaining cow dung patties are being explored.

Frits and I are so impressed with the community spirit in Malaysia that makes things happen. Big groups of people meet every weekend at sunrise in KL to practice Agnihotra together. Mr Soh, who attended the first Agnihotra talk we gave and experienced miraculous relief from coccyx pain after attending 1 Agnihotra session, has leased a property in KL which now serves as an Agnihotra Centre, while Mr Wong has leased land owned by a K.L. Agnihotri, Mr Ong, The land is reasonably close to K.L. in a countryside area called Broga. The property is being developed as a place for retreat, healing and refuge and to support urban Agnihotris with organic food grown with the aid of Agnihotra..



Agri Business Conference K.L. with business CEO's and Govt representatives.



Frits and Lee presenting Homa Organic Farming at the Agri-Business Conference.



Several newspapers and a magazine called 'Sharing and Caring', interviewed us and published articles on Agnihotra.



At Mr Tam's Organic Rice Farm , Johor. Mr Tam was so committed to Agnihotra practice on his farm that he purchased Brahmin cows for dung supply. Mr Tam is 3<sup>rd</sup> from the left.



Mr Wong, key Agnihotra volunteer and support person for Malaysia pointing to a printing 'mistake' (?) on the sign board for Mr Tam's Organic Rice farm- '*certified organic by the Dept. of Agriculture*'



Consulting on the inclusion of Agnihotra at a Cameron Highland's organic vegetable farm.



Milly, Agnihotra volunteer, learning Om Tryambakam Homa. During our second visit to Malaysia we taught Agnihotris the other basic Homas in Homa Therapy.



Ash and ghee applied to woman with Auto Immune disease effecting skin

# HOMA ORGANIC FARMING COURSE, MALAYSIA

In 2009 Frits and Lee Ringma were invited to conduct a 3 day live in Homa Organic Farming course in Malaysia. Approx 35 participants, mostly established Malaysian organic farmers attended the course, including participants from Taiwan, Indonesia and Thailand. The course was held at a beautiful organic farm/conference Centre called Titi Eco Farm in the countryside not far from K.L. Mr Wong translated into Chinese.



Participants performed sunrise/sunset Agnihotra every day, receiving help to refine their practice.



Breaking barriers to cow dung patty making!



Frits demonstrating building Homa Biosol.



All participants received a certificate of completion of course.

Top: Mr Ho a pioneer of organic farming in Malaysia.

Below: Taiwanese participant eager to take Agnihotra back to Taiwan.

Robert Bagnall from Thailand performing Om Tryambakam.



Hands on seed prep with cow urine and ash water..



Instruction sunrise Agnihotra at the farming course

## Testimonials from Agnihotra practitioners in Malaysia 2009/2010

### **Rapid recovery from paralysis from stroke and need for triple bypass**

#### **Mr Sami, K.L.**

Mr Sami had a heart attack with a stroke. According to the medical profession he required surgery for a triple bypass. Mr Wong his friend and Agnihotra volunteer in KL advised him to do regular Agnihotra and to try drinking lots of ash water, before committing to the operation. In one week Mr Sami who had been paralyzed down one side was walking and back on track. The only remaining dysfunction was a paralyzed little finger! Also there was no longer any need for a triple bypass. Mr Sami is now managing an organic farm in Broga, Semenyih where Agnihotra is performed regularly and ash applications utilized on the plants.

### **Major improvement from debilitating effects of old age and painful knees.**

#### **Mr Wong's mother, Kelantan**

Mr Wong of KL sends ash medicine to his mother and father. His mother had very painful knees and could not walk up the stairs. After a few capsules of Agnihotra ash the 74 year old mother could walk up the stairs and her energy levels and general health improved dramatically.

### **Chronic pain from damaged coccyx releaved after 1 Agnihotra session. More peaceful.**

#### **Mr Soh, K.L.**

Mr Soh attended the first Agnihotra talk in Petaling Jaya, KL conducted by Lee and Frits Ringma of Homa Therapy Association of Australia. Mr Soh had a cold and sore throat at the time and hoped the Agnihotra session would relieve him. He was disappointed as this did not happen, but a couple of days later he realized that a long time chronic pain due to a damaged coccyx had completely disappeared and he recalled that the last time he had felt the pain was just before Agnihotra at the talk. Mr Soh is now a key Agnihotra volunteer and facilitates an Agnihotra Centre in K.L. where K.L. Agnihotris regularly meet to perform Agnihotra together and where extended hours of Om Tryambakam Homa take place on full moons. He also makes and gives away free ash water eye drops. Mr Soh also comments that he is noticeably more peaceful and balanced since taking up Agnihotra.

**Relief from severe excema****Mr T.V. Chin's brother**

Suffering from very bad excema all over the body, applied ash and ghee everyday after a shower. He recovered within a month or two. Now occasional spots occur and as soon as he treats with ash ointment it clears up. Mr Chin is a retired Agricultural scientist and is totally committed to the practice and promotion of Agnihotra and organic farming

**Gall bladder stone disappears-no need for operation.****Jack fruit doubles in size.****Mr Patrick Mark from Kajang**

An Agnihotri for 5 months . He was admitted to hospital for a large painful gall bladder stone but the operation could not go ahead because of infection and fever. He treated himself with ash and ghee ointment, ash water and regular Agnihotra. One month later he returned to the hospital for the operation but a CT scan revealed no trace of any stone which had **been** approx 200mm in size.

Also the neighbor of Mr. Patrick has a jack fruit tree. Normally the fruit is very small but after regular Agnihotra by Mr Patrick his neighbour the Jack Fruit doubled in size and quantity greatly increased.

**Spontaneously gives up Cigarette smoking****Mr Yeong**

Mr Yeong suddenly had no desire to smoke cigarettes after attending 2 Agnihotra sessions. He had been smoking for 32 years!

**Suicidal tendencies and chronic depression lifts.****Young woman from K.L.**

After attending a few public group Agnihotra meetings, a young woman found herself uplifted from debilitating depression where she would rarely leave her room. She has since found the inner motivation to practice twice daily Agnihotra and daily Om Tryambakam Homa and now her demeanour is bright and happy.

**Cataracts healed****Ann Yeong of K.L.**

Anne had cataracts that required an operation. However after spraying 3 times per day with Agnihotra eye drops her cataracts disappeared and she had clear vision.

**Suburban house attracting lots of frogs and birds. Abundant fruit free of fruit fly.****Infected wound after operation heals with ash ointment.****Mr and Mrs Ong**

Mr and Mrs Ong have practiced Agnihotra regularly and notice the above indications of a healing environment. At a group Agnihotra meeting in a park Mrs Ong noticed a frog with a damaged leg sitting in front of her Agnihotra pyramid just after Agnihotra was performed, obviously soaking up the healing energy.

After an operation on his abdomen Mr Ong had an infected incision. An Agnihotri friend suggested he try ash and ghee ointment. He was reluctant but after trying various medical ointments with no improvement he tried the Agnihotra ash ointment. The wound healed overnight.

**10 year old boy requests parents to perform Agnihotra. Harmony in family. Clarity of mind. Pauline and son Ting Shiun from Cheras**

Since performing Agnihotra both husband and wife are more harmonious. The husband is naturally more positive and no longer loses his temper so easily. Their 10 year old son requested his mother to continue to perform Agnihotra as he says he has more energy after Agnihotra and his mind becomes fresh and clear. Also his chronic sinus problems have cleared up.

**94 yr old woman receives a new lease of life**

**Loo Sow Foon of Johor**

Since performing Agnihotra in the household, Loo Sow Foon's 94 year old mother has renewed energy and interest in life. Before Agnihotra Chow Su Chan was tired and not active. After Agnihotra she feels healthy, enjoys doing housework, cooking, reading, chanting Sutras and all in all has the energy to enjoy life.

## **Homa Therapy Association of Australia**



### **FINANCIAL SUPPORT BY DONATION**

Donations support the work of spreading Agnihotra around the world. Our non-profit organization has no paid staff; all work is done by volunteers. Homa Therapy Association of Australia is non profit however donations are not tax deductible.

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Thank you for your support Frits and Lee Ringma